

July 2016

WILLIAMSBURG'S

Next Door Neighbors

VOL.10, ISSUE 7

PRICELESS

Discovering the people who call Williamsburg home



Patriotism

John Glaser

WE CAN'T WAIT TO SHOW YOU...



Absolutely exceptional all brick colonial nestled on a beautifully landscaped golf front home site in Ford's Colony just a mile from the Williamsburg West entrance! Prepare to fall in love with this gorgeous gem.



Sue McSwain
Guiding You Home
Realtor®, MS, SRES, SFR
908-400-1440
suemcswain@lizmoore.com



4 SHEFFIELD DR. WINDSOR FOREST

4 bedroom, 2 1/2 bath home in the fabulous neighborhood of Windsor Forest. This home offers many upgrades, wood flooring throughout and a wonderful 3 season room. \$339,000



The Key to your Success!
Elizabeth Jones
757-870-6235



3927 THORNGATE Greensprings West

Spectacular views of the golf course! Enjoy every season from the beautiful and spacious sunroom. Built in 2013, this home offers upgrades galore and lovely landscaping! Hardwood floors, Granite countertops, first floor master retreat! Pride of ownership shines in every room. Call today for a private showing. \$525,000

Experience - Results
FAITH S. HEINEN
REALTOR®
757-778-7900
www.FaithHeinen.com • faithheinen@lizmoore.com



127 PORTLAND • \$549,900

So many special touches throughout from the open foyer to the screened-in porch. There is a 1st master suite and one 2nd floor. Gorgeous granite in the kitchen with soft close drawers and pull out shelving, lighted wet bar area, neutral solid surface counter tops and tile flooring in the baths, warm hardwood flooring throughout the living area of the first floor, staircase and hallways, + loads of storage. Gorgeous!



NAN PILAND
757-870-0611
nanpiland@lizmoore.com



Eaglescliffe in Ford's Colony 100 Edenbridge

All new, custom brick home available now in Eaglescliffe a gated community that's just a short walk to the Ford's Colony Club House. This 4 bedroom, 2 full and 2 half bath, 3284 square foot home offers an inviting floor plan perfect for entertaining. The first floor master features a luxurious en suite bath. Spectacular custom trim work and detailing throughout. Elegant and energy efficient! Offered at \$595,000.



Dave Grech
757-345-8881
davegrech@lizmoore.com
I Love Williamsburg Homes.com



Simply Stunning 204 BEESTON FIELDS

Pride in craftsmanship shines through in this remarkable move-in ready home featuring an exceptional plan accented by extensive custom mill work. Gorgeous & spacious gourmet kitchen. Enjoy spring from the back deck, paver patio, and 3 season sun porch. Offered at \$525,000.



Mish
Vaiden-Clay
ASSOCIATE BROKER
CRS, SRES, GRI, CFP, ABR, e-PRO, ASIF
757.810.7133
mishclay@cox.net | www.IKnowWilliamsburg.com

An issue of Next Door Neighbors on Patriotism practicality writes itself. Williamsburg is like a magnet for patriots from all walks of life and all parts of the country. Whether they wear or wore a uniform, volunteer, serve or served in some other civic minded capacity - many people have found Williamsburg a perfect fit for exploring and expanding their patriotic commitment through service to others and to the community.



Meredith Collins, Publisher

Many of your neighbors that we present in this issue are either serving or have served in the Armed Services; many of the people who live here have red, white, and blue running through their veins. Long renowned as the custodian of our colonial heritage and as a cradle of the American Revolution, Williamsburg shines as a place that warmly embraces and celebrates its patriots over 400 years later. More than one person interviewed for this issue mentioned how being in uniform filled them with a special sense of pride. I experienced similar feelings when I read these stories. I hope you will too. NDN

Inside

- | | |
|---------------------------------|-------------------------|
| 3. John Glaser | 28. Richard Zick |
| 6. Ed Truslow | 30. Sharon Powell |
| 9. T.C. Smith | 33. Matt Peters |
| 12. Lt. Col. James M. Kimbrough | 36. Steve & Kris Prince |
| 15. Dave Paddock | 38. David McClure |
| 18. Ken Shannon | 41. Linda Hewitt |
| 20. Harlan Olson | 44. Hey Neighbor! |
| 22. Frank Abbott | 47. In the Neighborhood |
| 25. Armando Kuppinger Velasquez | |

© 2016 Collins Group, LLC. Williamsburg's Next Door Neighbors is a community publication solely owned by Collins Group, LLC. It is published monthly for Williamsburg area residents. The stories within this publication are intended to introduce readers to their neighbors and are not endorsements for those individuals, their abilities, interests or profession.




lisa cumming
photography

www.lwcphoto.com commercial
757-532-4037 industrial
lisa@lwcphoto.com architectural
 portrait

Cover Photo by Lisa Cumming

A HUMBLE HERO

by Lillian Stevens

Military service, especially combat, is hard to imagine for those of us who have not served. Coming face-to-face with people who have been through war is both a humbling and somber experience.

Veterans like Sergeant John Glaser don't talk a lot about their service or their feelings of patriotism. In fact, according to his son, Robert, years passed before his father even spoke out loud about his involvement in World War II, specifically D-Day, which took place on June 6, 1944.

During our interview, the soft spoken veteran shared his collection of photos, news clippings and other papers and pictures from the war. At 97, he looks at least a decade younger, and his ability to remember events in great detail makes his story seem as though it happened yesterday.

On D-Day, more than 160,000 Allied troops landed along the coastline of Normandy, France, to force the Germans out. There were five beachheads spanning some 50 miles: Utah, Omaha, Gold, Juno, and Sword Beach. American forces were assigned to take the Utah and Omaha beaches.

At that time, John was serving as a medic in the 111th Field Artillery Battalion, 29th Infantry Division. He was 26 years old.

"To me, it seems like it was something I just dreamed about," John says. "because it was such a long time ago."

When he joined the Army in April 1941, the United States was not at war. The young inductee was sent to Ft. Meade, Maryland for



Lisa W. Cumming Photography

training. "When we got there, we didn't know what was going to take place," he says.

John was assigned to the artillery service battery.

"The medical group that I ended up in was from Norfolk and some of the boys in my unit were from Newport News. I liked that."

"We learned to march and use the trucks, artillery and other equipment so old it was left over from World War I. After a while, we started getting new equipment."

Things were escalating on the world stage and on December 7, 1941, Japanese planes attacked the United States Naval Base at Pearl Harbor, killing more than 2,300 Americans. The young soldier remembers hearing about that.

"We were loaded up and headed back to Fort Meade," he says. "We were outside of Washington when we heard that the U.S. had declared war on Germany. From then on, everything was crazy."

John's unit was sent to Camp Pendleton, California, where they lined howitzers along the beach. (A howitzer is a short gun for firing shells on high trajectories at low velocities.)

"There were reports of spies coming ashore so we stayed there through Christmas 1941."

The following month, they were transported to Camp Kilmer, New Jersey, where they began making preparations for their ultimate destination overseas. On September 27, 1942, John and 14,000 other soldiers boarded the Queen Mary for the five-day journey to England.

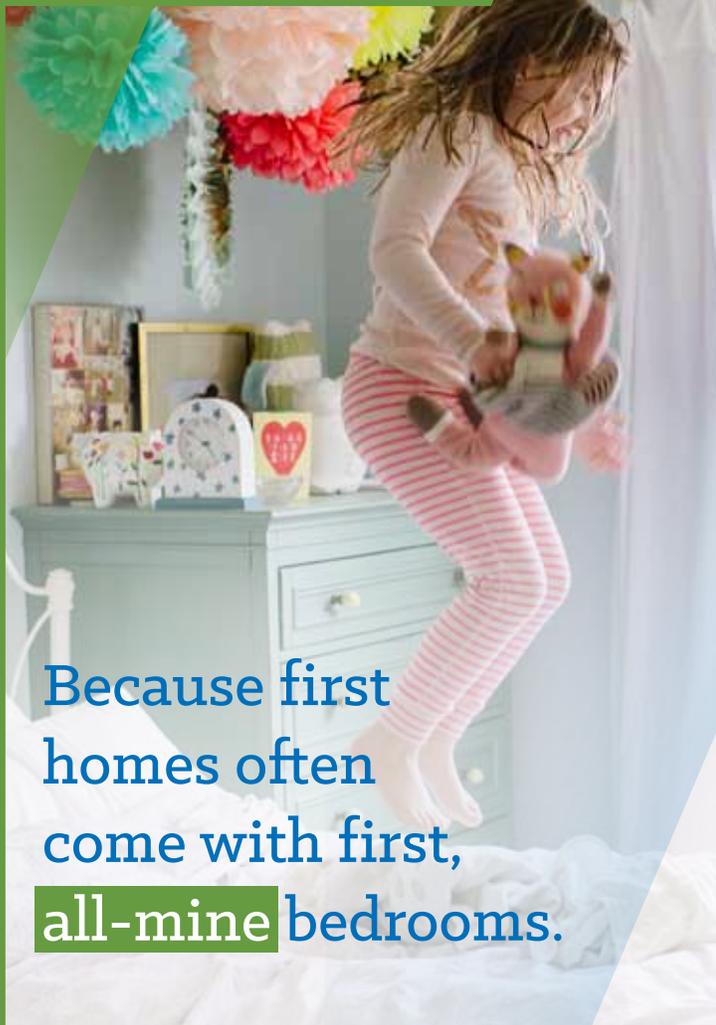
"On the last day we were at sea, I was walking down the promenade deck and I saw this officer and he saw me – and I realized it was Gordon Jones, my first cousin from Newport News. That was really something else."

That chance encounter, as well as knowing that he was in the company of others from back home, provided some measure of comfort. Another bright spot, indeed the brightest spot, happened on his second day in England. John and some of his buddies attended a dance. It was there that he met a young girl named Lilian Bailey, a clerk with the Royal Air Force.

The attraction was immediate and the couple married three months later.

Meanwhile, the 111th Field Artillery Battalion settled in Banbury, England, away from the

Mortgages



Because first homes often come with first, all-mine bedrooms.

YOUR ADVANTAGE:

Room-and rooms-to grow your family.

Get Started Today!

757-877-2444

1stAdvantage.org/Mortgages



rest of the division, which was housed in Tidworth, England. The unit spent the next year preparing for D-Day, practicing air and amphibious raids. By December 1943, British civilians were evacuated from the area. Within four months, U.S. troops were forming near the southern coast of England.

On June 5, the convoy headed east. Once night fell, they turned south, heading toward the English Channel and the French coast. The original invasion was planned for June 5, 1944, but inclement weather forced the attack to be delayed until June 6.

The 111th Field Artillery was set to follow the infantry regiment onshore. John came in with the other medics and engineers. They were loaded on a large floating barge known as a Rhino. Thirteen DUKWs (six-wheeled amphibious landing craft used in all theaters of WWII) were dropped approximately 12 miles from Omaha Beach. As the DUKWs advanced, some were swamped by enormous waves and others were shot down by Germans imbedded in bluffs on the beach. Not one of the landing craft made it. Soldiers coming off of the boats were told to run off of the beach and toward the bank of rocks.

“I will never forget the sight I saw when the sky opened up,” Glaser says. “There were so many ships there you could have jumped from one to the other. I’ve never seen anything like it in my life.”

As instructed, he ran off of the boat as fast as he could. “I ran until I heard my sergeant yell ‘for Pete’s sake, stay where you are! You’re in a mine field!’

“I froze because I didn’t know what to do.”

His sergeant followed John’s footsteps to get to him; the two followed them in reverse to get back to safety, if there was such a thing that day. “It was some of the worst fighting I’ve ever seen but we didn’t have it as bad as the infantry. We lost 139 men and the infantry lost 7,000 men when I was there. It was just like a nightmare. You can’t imagine the casualties.”

All in all, there were more than 9,000 Allied troop casualties on D-Day, but by the evening of June 6, Allied forces had accomplished their mission to take all five beachheads. The sacrifice of the dead and wounded, awful as it was, made it possible for more than 100,000 soldiers to land safely over the next several days. By mid-June, over a half-million Allied troops had arrived to turn back Hitler’s troops.

John Glaser’s work was not yet done, however.

Once off the beach, his unit was engaged in combat almost daily, in Saint-Lo and through much of France. On VE Day – the day victory was declared in Europe – John’s unit was on the Elbe River. When Germany surrendered, the 29th Infantry Division became part of the Army of Occupation.

Finally, on September 7, 1945, John returned to Yorktown where his family had lived since the American Revolution. It would be several months later, however, before his wife, Lilian, would be able to join him in the States. Once she arrived, the couple worked and raised their family, eventually moving to Williamsburg. John and Lilian Glaser spent 70 happy years together, until Lilian’s death in 2012. Today, John Glaser lives in a sunny apartment in a local retirement community where he is gracious enough to indulge reporters and magazine writers with his incredible story.

Earlier this year, John received a medal from France’s National Order of the Legion of Honour for his part in the Liberation of France, including D-Day and the Battle of Normandy. His induction recognizes him as an American veteran who risked his life fighting for the liberation of France, specifically in one of the main campaigns of the war, qualifying him for the highest category – chevalier (knight).

Even so, Mr. John Glaser does not consider himself a hero. He says he was just answering his country’s call.

“I did what I was told.”

Jacob's & Abby's Journey

Jacob and Abby Johnson began their life journey as premature babies. At birth, each weighed less than three pounds — no bigger than the beanie babies their parents, Reed and Julye, placed in their incubators.

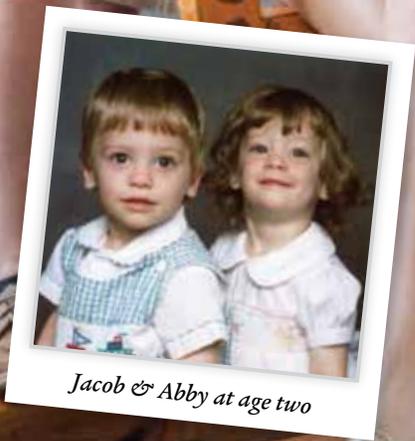
When the twins were 10 months old, the Johnsons moved to James City County and were referred to Child Development Resources. CDR therapists helped with feeding and speech/language issues, as well as gross and fine motor skills. Before long, the babies were able to attend developmental playgroup.

Healthy and active teenagers, Abby and Jacob are ready for the next steps in their journey to adulthood. And Julye says, "Reed and I are still very thankful for all of the support and services we received from CDR for the twins."

As Reed and Julye note, they used to cheer for Jacob as he learned to swallow his food. Now they cheer him on as a JV baseball player and cross-country runner at Lafayette High School. And they cheer for Abby as she plays tennis, runs track and cross-country, and participates in a 4-H program that trains therapy dogs.

Now 16 years old, the twins are looking forward to college. Abby wants to be a speech therapist. Jacob plans to study pre-med — wonderful ways to pay it forward for the care they received at CDR.

*Every child deserves the best possible start in life.
Donate today at 50th.cdr.org*



Jacob & Abby at age two



CHILD
DEVELOPMENT
RESOURCES

Questions about your baby or toddler?
Call 757-566-TOTS, or go to cdr.org



Sons of the American Revolution

By Alison Johnson

For as long as he can remember, Ed Truslow has felt a strong sense of patriotism. When he was a little boy, he had a sailor suit that he loved to wear in honor of his father, who served in the Navy during World War II.

“I am very proud to be an American,” Ed says. “I always have been.”

Ed was a child who dug up Civil War bullets

in his backyard in Winchester, Virginia, and enjoyed family trips to historic battlefields. He grew into a young man who dove into genealogy and was able to trace his roots back 12 generations in Virginia, all the way to 1622.

Combing through the library, cemetery and court documents in a time before Internet searches, he discovered eight ancestors who

fought in or supported America’s war for independence.

Today, at age 75, Ed is President of the Virginia Society, Sons of the American Revolution, an organization that focuses on patriotic, historical and educational programs. In that position, he leads about 2,000 members in 27 chapters across the state.

Custom Made Mattresses for your bed at home or sea

NOW OPEN IN MIDLOTHIAN BY WEGMANS

SEABEDS by Michelle

Did you know? We make cushions for boats and recreational vehicles.

BED CRAFTERS by Michelle

Give Us One Night and We'll Give You a Better Day...We Promise! By Land or Sea!
5227 Monticello Ave., Suite E Williamsburg • 757-564-7378
 Open Monday - Saturday 10am to 6pm; Sundays by appointment
bedcraftersbymichelle.com • seabedsbymichelle.com

Is Your Life in Transition?

We can help you through these challenging times...

- Downsizing
- Packing and Moving
- Home Clean-outs
- Estate Sales and more!

Williamsburg ESTATE SERVICES

Kim Gibbons, Project Mgr.
 Laura Kinsman, Owner

(757) 784-7764 • www.WilliamsburgEstate.com

“In our complex modern world, it can become easy to forget where we came from and just how great this country is,” Ed says. “We should never forget our foundations. The sacrifices that our forefathers made for their ideals of liberty and fair play inspire me, and they should inspire everyone to work for the betterment of our country.”

Sons of the American Revolution (SAR), was founded in 1889 and chartered by Congress in 1906. (The charter was signed by President Theodore Roosevelt, who was a member). The organization is open to any male who can document that he is of lineal descent of an ancestor who either fought in the war, provided supplies to the American side, served on a political body that supported the Revolution or signed oaths of support for the cause.

SAR has roughly 33,000 members nationwide, including 140 in its Williamsburg chapter. (Women can join Daughters of the American Revolution, while children are eligible for Children of the American Revolution.)

Ed joined SAR eight years ago and became the 96th president of the Virginia chapter this past February. He had served previously as president of the Williamsburg chapter and for

four years in several state officer positions. The Virginia Society, organized in 1890, is the third largest state organization in the nation; its first president was a grandson of Patrick Henry.

Many of SAR's efforts aim to draw in youth and veterans. The organization sponsors essay, oration and other contests for kids, often with prize money attached, organizes school history programs and reenactments and honors outstanding high school students, ROTC cadets and Eagle Scouts.

“It can be a challenge reaching kids, but we're never going to give up,” Ed says. “Some of the entries that kids put into our contests are just amazingly well done.”

SAR also is involved in assisting hospitalized veterans; recognizing individuals and law enforcement officials for patriotic achievement, good citizenship and bravery; placing markers on graves and battle grounds; and holding ceremonies to commemorate important events in the Revolutionary War.

Locally, the chapter marks the anniversaries of two 1781 battles in James City County, Green Spring and Spencer's Ordinary, that led up to the Siege of Yorktown and British surrender. The Virginia Society holds four nation-

ally-recognized commemorations, including, not surprisingly, Cornwallis' surrender at Yorktown. Typical services feature prayer, history lessons and a Color Guard performance.

The Williamsburg chapter also has placed and dedicated granite monuments for buried Patriots, such as one at the site of Church on the Main, a mid-18th-century parish near Jamestown. “It's important to remember everything that happened here, and to preserve the contributions of all the individuals who helped make the Revolution successful,” Ed says. “Our collective memory of our history is not what it used to be.”

Understanding the challenges of America's early history helps create national pride, he believes: “We're the most successful country in the world. In my opinion, our system is the best there is, even if we are fixing a few things along the way.” So to him, patriotism means “working to support and defend our country and its institutions that have served us so well.” Ed's father, an engineer, had the same national pride and fascination with history. In Winchester, the family was surrounded by old Civil War battlefields; Ed reports that the city changed hands 72 times between the Union

COME CELEBRATE OUR

1 Year Anniversary!

Stop by the Shop!

Thurs., July 14th • 5:30-7:30 pm

Backyard Birder



Thank you for your support during our first year in business. We strive to continue to earn your business with outstanding customer service and the best wild bird seed & supplies in town at great prices every day! Join us for light refreshments and see what we have in store for you!

757-378-2788 • BackyardBirder.org • *Nature Begins in Your Backyard*

Quarterpath Crossing (near Harris Teeter) • 1490 Quarterpath Rd., Suite 51, Williamsburg

OPEN
7 DAYS

and Confederacy. "I've always been interested in Virginia's history because so much happened here," he says. He also had a memorable trip to Gettysburg when he was 10 or 11.

In college, Ed chose to major in science, another lifelong interest. He received a Bachelor's Degree in Physics from Long Island University in New York. "I did minor in history, but I wanted to eat," he says. He went on to earn a Master of Business Administration from Adelphi University, also on Long Island. For three years during his studies, Ed took time off to serve in the Army Security Agency, two of them stationed in Germany, and was involved in electronic intelligence aimed at Soviet bloc countries.

Back in New York, Ed spent his entire career in various positions in the Engineering Department of Northrop Grumman Corporation. After 41 years in the aerospace division, he retired and in 2007 moved to Virginia to be closer to family, friends and his roots, and to enjoy some milder weather. He and his wife of 53 years, Laura, a former medical secretary, have two grown daughters and two granddaughters.

Throughout his working years, Ed never

stopped studying history, as evidenced by the hundreds of books he amassed in his office. He became passionate about genealogy in his 30s and didn't balk at the often time-consuming research required to piece together his family history.

He collected as many details as possible on individuals such as his earliest Virginia ancestor, Christopher Reynolds, who came to Virginia in 1622, died about 1654 and had six children, according to his Isle of Wight County will. Another ancestor, Benjamin Truslow, served with a cavalry regiment for three years during the Revolutionary War and was part of a local militia that pursued British troops toward Yorktown as the war came to a close.

Ed continues to discover new facts about America's birth. "No matter how much I have learned or think I know about our forefathers, I continue to read to learn more to understand the challenges they faced," he notes.

Most recently, he read two books by an Englishman, Professor Andrew Jackson O'Shaughnessy of the University of Virginia, which described the challenges that the favored British forces faced during the Revolution.

Far from home, they didn't get as much help as expected from Colonists loyal to England. "They had counted on material support and a supporting militia, and it didn't show up," Ed notes. "They didn't have enough boats to send supplies, and they didn't have a lot of money."

As SAR's Virginia Society President, Ed travels around the state to speak with different chapters. The Society also holds two formal meetings a year, a three-day session in Richmond and a two-day gathering at a rotating location picked by the president. Leaders will convene in Williamsburg in September, although Ed loves venturing to new spots, too.

"I travel to historic sites far and wide to feed the love of my country's history."

With ancestors from many historical eras, Ed also is a member of Sons of Confederate Veterans and Society of the War of 1812 in Virginia. He hopes that the growth of the Internet and online military service records will convince more people to delve into their history – and America's.

"The more we pass on," Ed Truslow says, "the stronger and more patriotic a country we will be." NDN

DEPENDABLE PEST CONTROL

Locally Owned & Operated Since 1967

Do you know what's lurking in your home's crawl space?



DEPENDABLE
PEST CONTROL



DEPENDABLE
PEST CONTROL

BEFORE

AFTER

Call us today for your crawl space evaluation!

757 220-5462

WWW.DEPENDABLEPESTCONTROL.COM

Prescription Problem Solvers



We want to be your partner in the increasingly complicated world of prescription and over the counter medications.

- Compounded Medications
 - Womens Health
 - Pain Management
 - Veterinary
- Refill Reminder Calls
- Free Delivery
- Medication Synchronization
- Automatic Refills
- Blister Packaged Medications
- ZRT Labs Hormone Testing

1302 Mount Vernon Ave. • 757.229.3560

info@propharmacywmsbg.com

Monday - Friday ~ 8:30 am - 5:30 pm

Saturday ~ 9:00 am - 12:00 pm



We can compound medications to provide Healthy Solutions specific to you.



Professional Pharmacy

Compounding Center

Healthy Solutions



Purple Heart Community

By Narielle Living



Lisa W. Cumming Photography

The Purple Heart, one of the best known and honored military medals, has been awarded to a select group of people in our nation. However, it is not a medal that soldiers generally strive for during their career. “The Purple Heart is kind of an unusual medal in that nobody wants it,” says T.C. Smith, veteran and commander of the Military Order of the Purple Heart, Chapter 1754. “You have to be wounded or killed to get it.”

Vietnam veterans were not always welcomed when they came back from the war. At one point after his return a waitress at a restaurant T.C. went to asked about his injury. “She asked if I got hurt water skiing. I said ‘No, I got shot by helicopters.’ She

asked if it was in Vietnam, then said it was too bad I didn’t get killed. We don’t look for sympathy, but we are glad soldiers today are not treated that way. We were instruments of the policy, we weren’t developing the policy...

we thought we were doing a good thing.”

The Purple Heart is the oldest medal in our military history and was created by General George Washington. Not often issued, it soon faded in popularity. In 1932 Douglas MacArthur reinstated this medal as the Purple Heart and it was then given for military merit or for wounds or fatalities in combat. After 1942 the war department, the precursor to the defense department, changed the requirements to having to be wounded or killed in combat.

Today, both James City County and the city of Williamsburg have taken steps to honor those who have received this medal. “James

BUSINESS INSURANCE
Home • Auto • Life • Business



Nationwide

Call us for your business insurance needs.
757.564.8900

www.nationwide.com/mikerock
1303 Jamestown Rd. Unit 119, Williamsburg, VA

Developed by Nationwide Securities, LLC. Nationwide Life Insurance Company, Nationwide Mutual Insurance Company and Affiliated Companies. Home office: Columbus, OH 43215-2220. Subject to underwriting guidelines, review and approval. Products and discounts not available to all persons in all states. Nationwide Insurance, the Nationwide framework and On Your Side are service marks of Nationwide Mutual Insurance Company

Luxury Townhomes
with 2 Car Garages From the High \$200's
\$5,000 Design Center Incentive - Builder Paid Closing Costs

Visit Daily
Noon - 5pm

Built by
HHUNT HOMES



199 Across from Kingsmill, turn right at Harris Teeter

Marketed by
Liz Moore and associates
Real Estate. Reinvented.®

lizmoore.com/quarterpath

City County is a Purple Heart community, and Williamsburg is a Purple Heart city,” T.C. says. “As patriotic as Virginia is, James City County is the first county to become a Purple Heart community, and Williamsburg is only the second city. But this will bring more awareness.”

Born in San Francisco, T.C. has lived in a number of places around the world. “My dad was in the Army so we moved around a lot. We lived in Denmark, Germany, France, and I lived another three years in Germany when I was in the Army. We call Virginia our home, mostly northern Virginia where my dad was stationed.”

Having a father in the Army was not necessarily what influenced T.C.’s decision to join the military. “It was the draft,” he said. “My dad was not happy with the fact that I went to the recruiting station and volunteered to be an infantryman. Infantry guys were having a tough time then.”

Wanting some control over his future, T.C. joined as an infantry paratrooper. “I don’t regret it,” he says. “From there, I went to officer candidate school, then on to flight school and I became a helicopter pilot.”

He has no regrets about his military choices,

because he realized that as a commanding officer he was able to understand the organization better having come up through the ranks. “They also have a little bit of respect if they know you’ve been one of them,” he says.

When T.C. was later assigned to Fort Eustis, his wife finished her degree at William & Mary. “We were pretty young at the time, and we liked this area. We always said one day we want to come back, so six years ago we did.”

When T.C. joined the Army, it may have started as a patriotic commitment to his country, but that sense evolved while he was in Vietnam. “When you’re in a combat zone it gets very basic very quick. And what I mean by that, you’re not thinking of duty to your country, you’re thinking I’ve got to get my job done today and I’ve got to stay alive. I have to make sure the people on my right and on my left, whether they are in foxholes or aircraft, come back alive too. It’s an unspoken bond with your fellow soldiers.” T.C. adds that they were like a family who might sometimes bicker, but if someone attacked from outside everyone would close ranks.

Herel relates the story of being in Vietnam, flying missions one day. One of the gunship pilots had to go back and get rockets, ammu-

munition and gas. En route to base camp the pilot had engine failure, which might have proved disastrous. “He got on the emergency frequency, which we’re required to monitor. He called the tower, identified himself and said his engine quit.”

T.C. and his unit heard the call, and despite the fact that the pilot was not in his unit everyone dropped what they were doing. Although the pilot had put the aircraft down perfectly, without damage to the aircraft or crew, he was in an area surrounded by the enemy. “Before his rotor blades stopped turning we had him picked up, and we had a medical evacuation flight circling over in case they were needed. Additional gunship units put down suppressive fire so we could get in and get him out, and jet pilots flew overhead providing cover if it was needed. All of us were from different units, totally unrehearsed, and we got him out. It would make you proud to be an American if you could see how it all comes together. We don’t care what race you are, what gender, rank, or service you’re with. If you’re an American and you’re in trouble we’re coming to get you. That’s a bond that we had, and the interesting thing is it’s something we never talk about.”

OUR
MOZZARELLA
IS
MADE FRESH
BY US
&
SOME VERY PROUD COWS

Delicious is in the details. That’s why we make our own mozzarella sourced from local grass-fed cows. It’s why we bake 19 different kinds of bread, roast our own tomatoes, and grow most of our own greens. Because it takes the best ingredients to make the very best food. Just ask our cows.

Savor happiness.

b|c
BAKER’S CRUST
ARTISAN KITCHEN
BAKERSCRUST.COM
f t i

(757) 253-2787 • 5234 MONTICELLO AVE • WILLIAMSBURG, VA 23188

Stop.
It’s a Precious Gem Ruby.

Heart-stopping natural ruby sparked with a pair of fiery diamonds. Handcrafted design. The quality and value you expect every day at The Precious Gem. Go.

THE • PRECIOUS • GEM

Merchants Square, Williamsburg • 757-220-1115
thepreciousgems.com • Like us on Facebook **f**

DESIGNS by REGGIE AKDOGAN

T.C. is currently the commander for the local Military Order of the Purple Heart. The funds they raise go to local veterans. "We are all volunteers, and nobody is financially compensated. All donations go to the veterans in our area. We give money to Eastern State hospital for the veterans who are patients. We also fund the emergency food voucher program, run by Fort Eustis. This is a source for families who are having trouble making it through the month. They can come get a voucher and go to the commissary and get food, diapers, milk, cereal. They cannot buy alcohol or tobacco with these funds. This is not funded by the government, and we are the largest source of income for that program. We also give money to the veteran's hospital. At the national level we have service officers located at the VA hospitals to help veterans navigate the bureaucracy to file claims and things."

They currently have a golf tournament fundraiser coming up on September 26 at Kiskiack Golf Course and welcome sponsors and players. "We don't keep the money we get, we give it away."

T.C. Smith considers himself fortunate to be here and is committed to giving back to the community. "I was once interviewed for the Chamber of Commerce up in northern Virginia, and a flip comment I made was any day where nobody's shooting at you is a good day. The interviewer laughed, and I said I'm not laughing. If you've been in combat and been wounded and survived you look at the world differently. It changes the way you look at life. Now, we're privileged to be able to spread the patriotic message and give back to the veterans in our area." 

If you are interested in playing in the Kiskiack Golf Tournament, contact T.C. Smith at tesmith3@aol.com.



LITERACY FOR LIFE

Changing lives – one word at a time

"I was a math teacher for 38 years, and when I retired I found that I missed teaching. It's a pleasure to work with motivated adults like Stephan. He wants to get ahead, and we are learning from each other. Tutoring has been a great experience." ~ **Michelle Hanley, tutor**



"When I first came here I didn't speak any English. I only went to elementary school in my home country, Tanzania, so I wanted to learn English and math. Now I can make a doctor's appointment by myself. I was able to have an interview, and I got the job. Now I am working towards becoming a citizen. I would like to thank everyone who supports Literacy for Life" ~ **Stephen Alute, learner**

Here's how you can help:

1. Spread the word.

If you know of someone who needs help with their literacy skills, tell them about Literacy for Life. Share the "tear off" below and help them set an appointment to start improving their future.

2. Volunteer.

Our tutors help adults learn to read, write, speak English, do math, and prepare for work or college. Our need for tutors is great. If you have the time to help a neighbor, please call us.

Sign up for tutor training today!
Teaching experience not required.

- **English Literacy**
Aprender Ingles
- **Community and Citizenship**
Comunidad y Ciudadanía
- **Math Fundamentals**
Aprender Matemáticas
- **Health Literacy**
Educacion de Salud



LITERACY FOR LIFE

Changing lives – one word at a time

301 Monticello Avenue
School of Education
College of William and Mary
literacyforlife.org

Call Today! (Llama hoy!)
757-221-3325



The Patriotic Spirit

By Michael Heslink

Lisa W. Cumming Photography

During this patriotic season, members of the community look toward local heroes for inspiration. Lieutenant Colonel James (Jimmy) Kimbrough, one such hero, invokes national pride through his position as Professor of Military Science and Chair of the Military Science Department for the College of William & Mary and Christopher Newport University.

Jimmy is a Level IV, or Senior Level Instructor, meaning he works with the ROTC cadets their last year before entering the army. Interacting with them is one of the favorite parts of his job. "When you watch young leaders that are developing and working through problems using leadership techniques that you've taught or coached them on, and see them lead their peers or subordinate cadets to problem solve or mission accomplishment, it's extremely rewarding," he says.

Because the cadets are already knowledgeable about the army doctrine, Jimmy says he is able to get behind the "why" with them. "I can't just say 'because the army says so.' The students are far too bright for that," he jokes. He notes his job is bittersweet, because he gets to see the investment in their training pay off.

"It's like watching a kid leave the house," he says.

Jimmy and his family have lived in Williamsburg for three years and he describes it as absolutely great. He grew up in College Park, Georgia and attended the University of Georgia for a year before enrolling in the United States Military Academy in West Point, New York. He earned his Bachelor's of Science Degree in International Relations and later went on to earn his Master's Degree in Logistics Management from the Air Force Institute of Technology and another Master's in Airpower Art and Science from The School of Advanced Air and Space Studies. He has been stationed in Georgia, Louisiana, Kentucky, and Korea, and been deployed to Kuwait and Iraq.

One of the things he loves most about his job is the family time it allows. He married his wife, Jennifer, in 1998 and describes her as "absolutely by far my better half." They have two boys, James, who is a freshman at Jamestown High School, and Charles, who is in 5th grade at Clara Byrd Baker. They plan to stay in the area at least until their youngest son graduates high school.

The biggest influence in Jimmy's life and why he chose to enter the army was his grandfather, who also served and whom he is named after. He admired his honesty, work ethic, and how he carried himself. Jimmy enjoys the military because it allows him to be part of something bigger than himself and pay back the benefits he has been given. "I really do believe there is great honor in being able to lead soldiers and the trust that goes with that through military service," he says. When he graduated from West Point, he initially planned to serve his 5 years and get out, however he says he keeps going because he still loves the army and it has been very rewarding to his family.

As a local hero, Jimmy celebrates patriotism in his career and at home. Through his education of the cadets and as the liaison for the military at both schools, he says that students come up and ask him questions all the time. At home, he teaches his kids respect for their national heritage, the Pledge of Allegiance, the National Anthem, and to honor holidays beyond the 4th of July, such as Veteran's Day, Memorial Day and Labor Day. One of the first things his family did when they moved to the



July is Park & Recreation Month

The event is celebrated nationally to promote the many benefits of local parks and recreation and the value they bring to communities, including James City County!

James City County Parks and Recreation offers over 3,000 customer-driven programs annually, serving our citizen requests for opportunities for exercise and recreation, social interaction and learning, and growth and relaxation. This summer, come discover all our community offers.

Parks - Get Outside!

We have a beautiful outdoors - 18 County parks offering spectacular sunrises and sunsets, scenic views along trail systems winding through



historic sites and forests, hiking and biking trails, outdoor swimming pools, six parks along the shorelines of the James and Chickahominy rivers, beachfronts accessible by boat, tent camping and RV'ing, ball fields, a skate park, picnic areas, covered shelters, bike and paddle craft rentals and so much more!

Programs - So Many Choices... You'll never get Bored!

We'll keep your family active with more than 70 summer camps including outdoor adventures, arts and pottery, sports, cooking, photography, science and technology, camps for youth with disabilities and much more! Come out to our upcoming special events-Freedom Stories on July 16, the Park-to-Park Bike Tour on July 23, Drool in the Pool on Sept. 10 and the Harvest



Festival on Sept. 17. Let us keep your family occupied, safe and happy this summer!

Centers - Keeping You Cool

When the temperatures rise, come inside for a wide variety of program offerings. At the James City County Recreation Center, 5301 Longhill Road, walk the indoor track, take a dip in the pool, relax in the whirlpools or saunas, or get your game on the racquetball courts or in the basketball gym. Tone up or slim down in the fitness area. Take a class, we offer more than 150 each month. Child care is also included in your Longhill facility membership.



July is Park & Recreation Month

This coupon entitles you to One Free Visit at the James City County Recreation Center or the Abram Frink Jr. Community Center.

Please bring this coupon to the facility of your choice! Offer available to new customers only. Each visit includes use of the center facilities, excluding classes. Offer may not be combined with any other discount. One coupon per person per offer. Coupon has no monetary value. Offer expires Sept. 30, 2016. (Note: the Abram Frink Jr. Community Center in Grove, as part of the James River Elementary School facility, is closed for maintenance and will reopen on Aug. 22).

Name _____
Phone _____
Email _____



Let Us Help!

- Looking for a place to host a special event, family picnic or birthday party? You can now check out the availability of facilities and register online for our picnic shelters. Shelter capacities range from 35 to 150 people. Shelters include picnic tables, grills, and most are located next to a playground and have restroom access, electricity and lighting. For information, call 757-259-5360.

- Discount Assistance is available to any qualifying resident based on total gross household income, for details call 757-259-5414.

Come Volunteer!

Lend a hand, make a difference, be a part of something great in Parks and Recreation! For more information, call Angie/Volunteer Services at 757-259-5403.



Contact Us:

Parks: 757-259-5360 Programs: 757-259-5351 Recreation Center: 757-259-4200
Sponsorships/Advertising: 757-259-5412 Outdoor Events Weather Hotline: 757-259-3232



jamescitycountyva.gov/recreation
Connect with James City County!
Also find us on Facebook, Twitter and YouTube.

“Chiropractic Care and Nutritional Guidance With a Gentle Touch.”



- A thorough, holistic focus with personalized, non-rushed appointments
- Chiropractic adjusting and therapeutic muscle work
- Tailored, research-based vitamins and nutrition to support your healing
- Experience with both new and chronic, complex cases



Dunn Chiropractic
& Natural Health
1158 Professional Dr., Suite A
Williamsburg
757-378-2747
www.dunnchiropractic.net

area was tour Colonial Williamsburg, and he says having been immersed in history and toured other areas such as Jamestown, Yorktown, Fredericksburg and Arlington has contributed to their sense of patriotism.

He defines patriotism as specifically a love of one's country, not necessarily a love of the government at any particular time. Despite his opinions and disagreements with the government, he says he will never quit loving his country. According to Jimmy, patriotism also involves being thankful for what others have done and continue to do, which stretches beyond the military to include the police department, fire department and public service officials. Growing up, he viewed patriotism as being about the 4th of July, but as he has matured he sees it as being thankful for what the country has done.

His work is inspired by the ideals of the country's forefathers. He has read the Declaration of Independence and Constitution to learn the thought the nation was established on, and also because his oath as an officer requires him to defend the Constitution and he wanted to be aware of the document he was protecting.

Jimmy believes patriotism is extremely important "for the simple fact that it acknowledges something more than just me." He says it is recognizing that you are a member of a community and country. It is a necessary human connection and everyone has their niche, whether it involves parades and visiting significant locations or making a statement against the government. "That can be a form of patriotism: acknowledging that the ideas we stand for are still valid, but I may not agree with the current decisions being made by our government officials," he says.

He believes Williamsburg is a very patriotic town, partially due to its strong ties to history. It goes beyond the tourist attractions to include the large presence of retired military. He says the area has been very kind and generous to members of the military and that people frequently thank him for his service. While he struggles with how to answer them, he says he is grateful for the appreciation he has been shown.

He recognizes the patriotic nature of his service. "There's not much more you can do to celebrate an idea or thought and show how much you value your country than to place yourself in harm's way and potentially die to protect that belief and the citizens back home," he says. While he is still in the army, he now must answer to the dean and president at each institution. He remarks that his job is relatively difficult because of the academic rigor and high admission standards that both schools employ. There is a great amount of enthusiasm for his program as well. "I cannot say enough good things about the support I have received for the ROTC program and the cadets," he says.

Some of Jimmy's other interests include military history, college football and professional baseball. When he was a Captain he began reading military history and uses it to learn from other's actions moving forward. "There are very few things I am dealing with that someone has not had to wrestle with before," he says.

As far as college football, he is a University of Georgia fan first and foremost, but says he enjoys watching the Tribe and Captains play locally as well. He admits his love for the sport, saying, "If I could set my Saturdays, I would watch college football from beginning to end."

Growing up in Atlanta, he states he has remained a Braves fan. "As a kid, baseball was always my sport," he says. He notes that the last thing he did before entering in to West Point was attend an Atlanta Braves game.

Lieutenant Colonel Jimmy Kimbrough celebrates patriotism at all levels from the stands of a baseball field to the ROTC classroom to the service of veterans. "It's bigger than any one person. Patriotism is our national spirit." NDN



TAKING A BREAK

Presented by Ed Golden, President

There are different cultural norms related to caring for aging parents. In some cultures, children welcome aging parents into their household and provide daily care for them as needed. In other cultures, parents live in their own home as long as possible, relying on children to help them with activities of daily living. When children are the only caregivers, they often find juggling work, family, and caregiving tasks overwhelming. Many healthcare agencies offer respite care to give exhausted family caregivers a break from their caregiving responsibilities. With respite care, the agency provides qualified personnel to give temporary care to senior clients on a one-time or regularly scheduled basis, and weary caregivers get time to relax.

If you're caring for a loved one, you need regular breaks to recharge your batteries. Otherwise your quality of care will degrade. Let COMFORT KEEPERS give you the breaks that you need. If you find the whole task to be simply overwhelming, we can provide more long-term assistance as well. You don't have to go it alone.

**For More Information Call
(757) 229-2777**



www.comfortkeepers.com

Home Care Services

- Companionship
- Conversation
- Meal Preparation
- Laundry
- Light Housekeeping
- Grocery Shopping
- Errands
- Incidental Transportation
- Medication Reminders
- Grooming Guidance
- Personal Care
- Specialized Care

DAVE PADDOCK



Lisa W. Cumming Photography

A LIFE OF SERVICE

By Lillian Stevens

Dave Paddock's public service trajectory has been a very interesting one. Starting with his college years at the U.S. Military Academy at West Point, followed by time spent in the Army, to the career he has built at NASA, he has built his life around service.

"I believe that for me, a feeling of patriotism was rooted from a young age," Dave says.

Growing up in New Hampshire, he and his two siblings enjoyed a nearly idyllic childhood.

"Our parents were wonderful, and we lived in a great community. Everywhere I turned, I saw the benefits of living in America. I knew that someday it would be really important for me to somehow give

YOU'LL BE ALL SMILES

with **invisalign**

NO ONE NEEDS TO KNOW YOU ARE STRAIGHTENING YOUR TEETH!

Invisalign® is the invisible way to straighten teeth without braces. Using a series of clear, removable aligners we can gradually straighten your teeth, without metal or wires.



New Town Dental Arts

SEBASTIANA SPRINGMANN, DDS

GENTLE AFFORDABLE CONTEMPORARY DENTAL CARE

Family Dentistry • Cosmetic Dentistry • Zoom Whitening

www.newtowndentalarts.net



4939 Courthouse Street, Williamsburg • 757.259.0741

Located in New Town across from the theater parking lot



The Finest Steaks, Chops & Seafood



FREE APPETIZER!

Present this coupon and receive a **FREE APPETIZER** with the purchase of any dinner entrée from our regular dinner menu. Up to four guests may use one coupon.

Choose from the Following Delicious Appetizers:

Shrimp Cocktail, Ahi Tuna, Calamari Frita, Miniature Crab Cakes, New Orleans BBQ Shrimp, Bourbon Pecan Brie, Chesapeake Bay Fried Oysters or Homemade Onion Rings.

Excludes Lobster Scampi & New Zealand Lamb Lollipops. Coupon not valid with Prix Fixe or Reception Menus. Not valid on July 4th or with any other offer or promotion. May be used during dinner hours only.

RESERVATIONS SUGGESTED • Coupon Expires 7/31/16

Opus 9
Steakhouse



New Town Center
5143 Main St

757-645-4779

Opus9Steakhouse.com

**The Colonists revolted.
The British resisted.
The French assisted.**



**The Italians had pasta vongole
and vino bianco!**

And we still do!

**Happy
4th of July!**

10% off Entrees*

*with coupon. Offer good for lunch or dinner. Limit one coupon per person. Not valid with other offers. Excludes gratuity, tax and alcohol. Expires 7/31/16

GIUSEPPE'S
ITALIAN RESTAURANT

5525 Olde Towne Rd., Williamsburg (Adjacent to Premium Outlets)
757-565-1977 • www.Giuseppes.com

19th Anniversary

Sale!

- Two Days Only -

Sat. & Sun., July 16th & 17th

Browse 45,000 sq. ft. of antiques & excellent collectibles from over 300 dealers.

**THE WILLIAMSBURG
ANTIQUES
MALL**

Mon-Sat 10-6 • Sun Noon-5

(757) 565-3422 • 500 Lightfoot Road

www.AntiquesWilliamsburg.com

back.”

Not that everything about those years was perfect. Dave was born in 1963, during the Vietnam era.

“I can remember my dad reading the daily newspaper and just getting choked up with emotion,” he says. “That was so out of character for him. My dad served in the military, too. After graduation from the ROTC program at Virginia Tech, he was in the Army just before the start of the Vietnam War.”

Like many veterans of that generation, the elder Paddock encouraged his young son to serve also. “Besides, I had pretty good grades in high school,” Dave says with a chuckle. “So my dad encouraged me to shoot for West Point.”

Accepted at West Point, Dave graduated in 1985. He went into the Army with an officer rank. His first assignment was the 1st Armored Division in Erlangen, West Germany, where he was a platoon leader in the 2nd (Iron) Brigade. The unit was a forward-deployed combat battalion whose mission was defense of the West German border.

In 1986, Dave married his love, Georgeann (Gigi) Doersch. The couple returned to the states in December 1988. Upon completion of his service obligation in the summer of 1990, he was ready to put his engineering degree to work, despite the fact that the push for an officer coming out of the military was toward more of a management track.

“Employers figure that, as officers, we have managed people and handled big budgets,” Dave explains. “However, I thought that in order to lead engineers, then I’d first have to do some engineering myself. So I went into an entry level engineering position.”

Long interested in space, Dave transferred to the Transportation Corps at Fort Eustis because he had heard there was a space program there. Once he arrived, though, he learned that the Army had cancelled the space program at Eustis. So, he went to Plan B: Langley Research Center at NASA. “I do consider my work there an extension of my service. We don’t become government servants to get rich.”

He loves his job in the Mechanical Systems Branch because it incorporates engineering, science and service. His work involves designing and developing the hardware of airplanes, rockets and space vehicles. Much of his early-career work has been tested in NASA’s wind tunnels.

“I enjoyed designing the nuts and bolts of wind tunnel test vehicles, which is really creative for me. The incredibly smart scientists and researchers come in with their ideas about how to make, for instance, a more efficient airplane. We mechanical engineers then turn the idea into hardware that is tested in the wind tunnel. We design the test articles to carry instruments to gather information about airflow and aerodynamic forces so that we can determine the behavior of an aircraft or its components at takeoff, in the air, and during descent and landing.”

Dave also enjoys working with people he describes as some of the brightest, most dedicated people he’s ever met.

In the early 2000s, he was involved in some interesting design work with moon landers, but says that his eye was always on Mars. “Even when the push was to go back to the moon, I thought that Mars holds such potential. In my opinion, the moon is really a burned out rock

so you can't live there. Mars, on the other hand, has soil that has everything Earth soil has. The atmosphere there is mostly carbon dioxide and plants love that."

This writer could not resist asking if he had seen the blockbuster movie "The Martian" because of the plants that Matt Damon's character was able to cultivate on Mars. Not surprisingly, Dave is a huge fan of science fiction and describes the movie as brilliant.

"Read the book, though," he says. "It's even better."

Undaunted by the lack of water on Mars or the shortage of air on the planet, Dave and his colleagues believe that a human mission to the Red Planet is not too far in the distant future.

"It would be a pretty rich place to go. To me, it's not unlike the New World (back in the 1400s). If you're going to do anything in space with people, that's the next thing. So I've tried to stay with projects that are Mars oriented, such as deep space vehicles that house people."

When he's not working or reading science fiction, Dave unwinds with music. He's one of four Williamsburg-area musicians that make up The Runaway String Band. "We do a mix of traditional and contemporary bluegrass, old time, and swing music. It's Americana in that it builds on the spirit of the old time string bands."

They have a gig coming up on July 4th at Colonial Williamsburg's Hennis Auditorium (inside the DeWitt Wallace Decorative Arts Museum). Dave creates many of the band's vocal arrangements, sings both harmony and lead, and plays the five-string banjo.

Dave's wife, a classically trained musician herself, connected him with his bandmates. "For a time she worked as a balladeer for Colonial Williamsburg and knew many local musicians."

In fact, Gigi also comes from a military family. Her father was a fighter pilot (double-Ace) in World War II, and her mother is a Navy veteran.

For two people who have lived a life of military service across the U.S. and in Europe, Dave and Gigi have been more than content to reside in Toano for the past 20 years, where they reared three children, one of whom was tragically killed in a car accident in 1998. Their grown son lives in Minnesota; their daughter attends Warhill High.

Gigi Paddock is so proud of her husband.

"The USMA rallying points of 'duty, honor, country' find their way into all aspects of Dave's life, as a Civil Servant, a parent, and a mentor," she says. "As much as the punch lines fly about government workers, Dave continues to serve this country, not just through his professional work at NASA, but through his passions of giving back to the community."

For him, giving back includes organizing fundraiser concerts and advocating for veterans and local seniors. Dave has also served through his church as a liaison to Boy Scouts and Alcoholics Anonymous.

"In the vast diversity of the military, there are universal lessons embraced by military families. That all can answer a call to duty, that in flexibility is great strength, and that communities can pull together to support one another and accomplish amazing things. To Dave Paddock, therein lies our greatest service to the country. NDN



**"WHEN LOCAL
BUSINESS THRIVES,
WE ALL SUCCEED."**

Rob Shuford, Jr.
President & CEO

Local Matters to Us

Old Point is 100% committed to this community. We all live, work, and shop in Hampton Roads.

We know your family.
We know your business.
You matter to us.



OldPoint.com
757.728.1200



#localmatterstous

Member FDIC
©2016 Old Point National Bank

The Right for Freedom

By Chris Jones

Over the last 117 years, the Veterans of Foreign Wars (VFW) has championed the rights of American veterans. The organization was instrumental in the founding of the Veterans Administration, the creation of the GI Bill and the development of the national cemetery system, among other noble endeavors. One such cause spearheaded by the VFW is its Poppy Drive, a fundraiser inspired by the poem, "In Flander's Field" by John McCrae.

"It's part of our relief fund," says VFW Post 4639 Commander

Ken Shannon, who is also a 31-year National Guard veteran. "The relief fund can only go to help veterans. Anyone with an honorable discharge can come to us when they have a need."

The poppies, little red flowers assembled by disabled and needy veterans in VA Hospitals, are sold in front of locations like Panera Bread as a fundraiser to provide monetary aid for indigent and disabled veterans, as well as provide

financial assistance in maintaining state and national veterans' rehabilitation and service programs.

"One of the [VFW] members got into a financial situation. He couldn't pay a deposit for an apartment and we gave him \$500 for his deposit. The relief fund is just that. We don't expect anything back. Our main mission is to help veterans in any way we can," says Ken.

international conflict was very different from his comrades at the post who fought in Vietnam.

"I have seen and experienced the hurt of my fellow veterans. Our Vietnam veterans were spit on when they came back and haven't gotten the recognition that they so deserve for their time serving. Having been a Desert Storm veteran, I saw an outpouring of support



Lisa W. Cumming Photography

Join us for...

Award Winning Deli & Pizza!

Best of Williamsburg Winner
2007, 2008, 2009, 2010,
2011, 2012, 2013, 2014 and
2015



6546 Richmond Rd. • (757) 564-9258
newyorkdelipizza.com

Enjoy All of Life at Spring Arbor...

Where Neighbors Become Good Friends!

Long Term, Respite and Memory Care.
Residents Welcome.



Visit us soon. Find out how you can enjoy a new, rewarding life in a gracious setting.

Residential Assisted Living
Alzheimer's & Dementia Care
Respite & Short Term Stay

AN HH HUNT PROPERTY, PROUDLY SERVING WILLIAMSBURG.

Spring Arbor of Williamsburg
935 Capitol Landing Rd. ♿

757.565.3583
SpringArborLiving.com

and yellow ribbons. My sister, who works at a grocery store up in Pennsylvania, said my name was on a window at the grocery store the whole time. That outpouring, there, rivals the outpouring for Iraq & Afghanistan, but I see that declining a bit now.”

After the war, Ken taught EOD school at Eglin Air Force Base in Valparaiso, Florida, for two years and then opted for reserve duty. When the Iraq War broke out, Ken was in Dothan, Alabama and was part of a unit that was called up and sent to Qatar for six months in 2003. After spending a couple of years overseas mobilizing and demobilizing units in Kuwait and running all of the ports in southwest Asia, he was sent to Fort Eustis.

“I was at Eustis from 2006-2010 on active duty and I qualified for sanctuary. I spent a year at Fort Lee and retired after 20 years. Just took me 31 years to get there,” he says, laughing.

It was at this time when he learned about the VFW, the good that it does in the community, and its benefit and commitment to caring for the needs of its veterans, a mission that drives Ken.

“We need to take care of our veterans. We’ve asked them to do a lot and face a lot of challenges,” he says. “We need to recognize them,

their services and their sacrifices. We need to care for their orphans and their widows, and their spouses and children (for those in active duty military).”

At the VFW in Williamsburg, where Ken is commander, he strives to do just that. Members of the VFW, all of who must have served in foreign wars or conflicts, get together for breakfast at least once a month on the third Saturday of the month. They also visit the VA Hospital’s spinal cord ward monthly to help with Bingo.

“Part of our relief is to give back to the veterans in the spinal cord ward. We give them a dollar for every win. It helps them with incidentals. We always need volunteers for that. If you’re having a bad day, just go there. You’re not having a bad day. And their attitudes will lift you up,” says Ken.

On the community front, the VFW offers awards and scholarships to youths and educators. Voice for Democracy, which provides students in grades 9-12 the opportunity to explore democratic ideals and principles through audio essays, is one such scholarship. The first-place winner receives \$30,000 and a trip to Washington, D.C.; another, Patriot’s Pen, an essay contest for students in grades 6-8 on American history and their own experiences

based on a patriotic theme, awards \$5,000 and a trip to Washington, D.C. The VFW also honors a Scout of the Year and Teacher of the Year. You can learn about these opportunities at vfwpost4639.org. Ken also hopes to find a way to provide recognition to first responders and police officers, too.

On the cusp of Independence Day, a holiday honoring the sacrifices made by our founding fathers, Ken, who served for over three decades, offered a few thoughts on what it means to be patriotic in today’s America, which looks different than the one to which he gave his service.

“For all people to be able to do what they want to do within due reason, that’s what we fought for. We wanted to make sure everyone had the opportunities they wanted,” Ken Shannon says. “I like the lines from the American President, ‘You want free speech? Let’s see you acknowledge a man whose words make your blood boil, who’s standing center stage and advocating at the top of his lungs that which you would spend a lifetime opposing at the top of yours.’ I may not like [what others do with their freedom] and I may not understand it, but that’s what we fought for, so that you could have that right. But that’s patriotism, and it’s not easy.” NDN

Set Sail for Adventure with Royal Caribbean!



Receive up to \$100 on board credit per stateroom.



Brilliance of the Seas
Roundtrip from Barcelona
12 night Mediterranean Venice
From \$1213 pp

Explorer of the Seas
Roundtrip from Sydney
10-night South Pacific
From \$563 pp

Radiance of the Seas
Roundtrip from Sydney
11-night New Zealand
From \$732 pp

Vision of the Seas
Barcelona to Amsterdam
10-night Western European
From \$809 pp

Anthem of the Seas
Roundtrip from Ft Lauderdale
7-night Bahamas
From \$957 pp

Harmony of the Seas
Roundtrip from Ft Lauderdale
7-night Caribbean
From \$799 pp

Williamsburg
757.229.7854

Newport News
757.599.3011

www.warwicktravel.com



CALL THE TRAVEL PROFESSIONALS AT WARWICK TRAVEL

Prices are per person and based on double occupancy. Other ships, dates of sailing, and promotions are available on request. Prices are subject to change and availability at any time. Government taxes are additional. ©2016 Royal Caribbean Cruises Ltd. Ships' registry: The Bahamas. Rates are for 2017 sailings.



HARLAN OLSON

Support for Veterans

By Rachel Sapin

Lisa W. Cumming Photography

Part of 86-year-old Harlan Olson's daily routines includes a phone call to a longtime friend in Illinois. "We talk about what we had for supper. We tell each other what we cooked, what we've done for the day," Harlan explains of the ritual calls, which have been a part of his life for several years.

That friend is a former sailor Harlan trained with at the U.S. Navy boot camp in Great Lakes Illinois. The two, who met in 1951, both served for a year on the USS Roanoke, which was based out of Norfolk, Virginia.

"We just hit it off," Harlan says. "He came from Illinois, and I came from North Dakota. Both areas are flat." That friend even ended up

being the best man at Harlan's wedding.

In addition to daily phone calls, according to Harlan, his close military friend also visits regularly. "I lost my wife about six years ago," Harlan says. "He comes down here and we go to ship reunions, to the Cruiser Roanoke reunions and the Battleship Missouri reunions."

Harlan grew up on a farm in the southwest corner of North Dakota. He remembers a childhood full of chores and lots of walking, including a 1.5-mile trek to and from school each day. He received a draft notice to enlist in the Korean War. "That was when the Korean War was hot and heavy," he explains.

He said he was drawn to serving in the Navy

over the Army because it gave him a guaranteed place to sleep and there was always a kitchen where he could eat. "I wasn't going to go to Korea and sleep in a foxhole in wintertime. I was a radio man in the Navy," he says.

Even with the Navy, Harlan was not sheltered completely from South Korea's bitter cold. "Korea was probably the coldest place I had been in my life. My duty station was up on the open bridge. You couldn't get enough clothes on to keep warm," he remembers.

He served aboard three ships: the cruiser USS Roanoke and the battleships USS Missouri and USS New Jersey.

"When I got transferred from the Roanoke

25% OFF

Any One Regular Priced Item

Cannot be used with other discounts. Must present coupon. Any large or family original or thin crust pizza. Limit 2. Expires 7/31/16.

(757) 903-2156

4680 Monticello Ave., The Monticello Marketplace (Near Martin's & The Wine Seller)

www.papamurphys.com

STUFFED PAN MAKE IT THIN

DOUGH MADE DAILY • FRESH PIZZA, FRESH BAKED by YOU!

Papa Murphy's TAKE 'N BAKE PIZZA

Community Partnership Program

Curry Dental Supports Local Non-Profit Organizations

Through our Community Partnership Program, each month, our featured charitable organization will receive 10% of the revenue collected from new patient exams.

"Hospice House and Support Care of Williamsburg" is our July 2016 Recipient

See Curry Dental Center's Blog or Facebook page for more information.

CURRY DENTAL CENTER, PLC
Lisa J. Curry, DMD
"the gentle dentist"

312-H Lightfoot Rd., Williamsburg

Most Major Dental Insurance and Children's Medicaid Accepted
757-220-3450
williamsburgdmd.com

Follow us for the latest dental tips, promotions & FREE GIVEAWAYS!

Dr. Lisa J. Curry

to the Missouri, everybody was telling me, 'You're going to hate a big ship,' he says. "Being on a big ship was a lot better than being on a smaller cruiser."

The USS Missouri was the last and largest battleship the U.S. military built at almost 900 feet long and more than 200 feet in height. Its deck served as an end point for World War II, historians say, when General Douglas MacArthur accepted Japan's official surrender. Today, it is decommissioned and is stationed as one of the most popular war memorials in Pearl Harbor in Hawaii.

When Harlan left the Navy in 1954, he went on to complete his engineering degree at Dickinson College in North Dakota, and ultimately pursued a long tenure inspecting and testing equipment for the Federal Aviation Administration.

He also later worked as a quality engineer with Unisystem supervising the installation of The Nexrad Weather system before retiring and moving to Williamsburg in the late 1990s.

"I worked on those from Guam to cities all over the U.S.," Harlan says. "My wife said we moved 17 times in my career. As soon as she fixed up the house, I got transferred."

For Harlan, being patriotic has always been a part of his identity. He grew up during a time when military culture was weaved into everyday life, when most families had a member serving in the military.

"Coming from the midwest, I think the people in my generation, they were very patriotic," he says. "Everybody I knew out there went into the service—some in the Army, some volunteered in the Navy."

Today, serving in the military is a much rarer experience than it was during early- and mid-twentieth century. According to the Defense Manpower Data Center, less than 1 percent of the nation's population serves in the U.S. armed forces. However, there are 19.3 million veterans as of 2014, according to the 2014 U.S. Census Bureau American Community Survey.

Though Harlan left active military service in the 1950s, he has remained active with Veterans of Foreign War Posts wherever he lived. "I've been a VFW member since 1957," he says. "No matter where I went, I was with the VFW."

Harlan founded and was the first commander of Tanners Lake VFW Post in St. Paul, Minnesota when he lived there. He fondly remembers his time living in Sioux Falls, South Dakota, and being a member of that city's VFW as well. He even became a member of The Military Order of the Cootie of the United States, comprised of the officers and leadership of the VFW, while in South Dakota. "I still belong to the cooties in Sioux Falls," Harlan says.

When Harlan retired to Williamsburg, he twice served as the commander for the city's VFW Post 4639 in the late 1990s and early

2000s.

During his tenure with Post 4639, Harlan earned a white hat for increasing the post's membership. The honor designates a member has exceeded criteria set for the post by the state department. Harlan says he increased membership by approaching anyone in Williamsburg he believed looked like they had served in the military. "Everybody laughed," he remembers of the recruiting experience. "They said, 'One of these days you're going to get popped.'"

He says active duty members and veterans have a certain camaraderie that comes from serving their country. "You both have had the same experiences that someone not in service will never have. It keeps you close," he says.

Harlan says some of his favorite experiences with the Post 4639 in Williamsburg have been playing bingo with disabled veterans at the Hampton VA Medical Center. He says all eligible individuals should join a VFW.

He notes the VFW is a great resource for veterans who need medical assistance or have trouble receiving their military benefits. He says he hopes younger veterans will also consider joining a VFW post.

"It seems like a lot of the younger ones, once they come back, don't seem like they want to join any veterans' organizations," Harlan Olson says. "They feel like they were not treated right when they came back. We are here, and we're willing to help them any way we can." NDN



Your Life. Your Style. Your Plan.

Build Your Own Social Network.

Get connected and reserve your space in our exclusive
New Neighbors Package – only a few spots remain!

Call today! 757-585-4435

Life at Williamsburg Landing offers so many opportunities to connect, engage and grow. We invite you to live a lifestyle as vibrant, active and uplifting as you wish, with comprehensive health care services available. Choose from an array of activities, such as:

- Dinner with Friends at the Cove Café
- Volunteering at Colonial Williamsburg
- A Class at The College of William & Mary
- A Tasting Tour at The Williamsburg Winery
- An Aquatics Class at the Health Club and Spa
- A Performance of The Williamsburg Symphonia



www.WilliamsburgLanding.com
5700 Williamsburg Landing Drive | Williamsburg, VA 23185



Historical Commissioner

By Cathy Welch



Lisa W. Cumming Photography

Even as a boy growing up in the turbulent atmosphere of the 1960s, Retired Lieutenant Colonel Frank Abbott loved his country. Today he expresses his patriotism by doing small things to better his community.

“I was growing up in the Vietnam War and the civil rights movement era when people were questioning whether America was worth celebrating,” he explains. “I recognized those controversies as much as a small boy can, but still saw America as a great place to live.”

Raised in Albuquerque, New Mexico, with

six siblings, Frank wanted to go to an expensive school, the best there was for an international relations course of study. He joined the United States Army after being able to receive a four-year ROTC scholarship to Georgetown University in Washington, DC. He earned his Bachelor of Science in International Relations there and later finished his MBA at William & Mary.

“I entered the Army thinking I’d stick around as long as I enjoyed it,” he says. “Twenty-two years later, I retired as a military

intelligence officer.”

Frank completed multiple tours of duty in Bosnia and two in Germany before his 2003 retirement. Subsequently, he accepted a government contract job at Fort Monroe. He and wife, Kari, chose to live in the Williamsburg/James City County area because of the strength of its public school system. At the time, they had two school-aged children: daughter, Courtney, who graduated from Lafayette High School and the Cleveland Institute of Art; and son, Justin, who graduated

Pizza. Perfect for Picnics!

Delicious Pizza and Authentic Italian Food.

Bring your family and friends to enjoy great food and a warm, family atmosphere. Private room & catering available.



Authentic Italian Food.

From Pasta to Pizza & more!

BEST OF Williamsburg WINNER 2010

757-229-5252
2021-D Richmond Rd.
(Across from Yankee Candle)

Anna's Brick Oven
Pizza • Pasta

www.annasbrickoven.com • Mon-Th: 11am - 10pm, Fri & Sat 11am - 11pm

Not sure how to help your teenager file college applications?

We can help!

Get expert assistance with:

- Choice of college major
- Choosing the right college
- College admissions applications and essays
- Scholarship identification and applications



Pam Rambo, Ed. D.
pamela.rambo@cox.net
Experience in admissions, counseling, scholarships and financial aid.

RAMBO Call for a FREE consultation.
RESEARCH AND CONSULTING 757-903-6511

www.ramboresearchandconsulting.com

from Lafayette High School this year and plans to attend Christopher Newport University in the fall.

Today, Frank is a contractor at Fort Eustis. He expresses his patriotism by doing small acts of service, such as displaying the American flag in front of his home. "One of the best ways to express patriotism is just doing small things to make your corner of the world better."

Frank and Kari volunteer with the 4-H youth development and mentoring organization. Previously, he devoted his time to the career and technical education advisory board (CTE) for the Williamsburg and James City County Public School System. Due to former term limits, he left CTE and looked for another opportunity to serve his community. He found the James City County Historical Commission about three years ago.

Currently, Frank is chairman of the commission. His principle duties are to run their bi-monthly meetings and provide resources needed to accomplish member initiatives.

Established in 1985 and funded through James City County, the Historical Commission's all-volunteer members are appointed by

the county's Board of Supervisors for three-year terms. Their mission is to help the county document, preserve and promote its historical heritage. They also conduct and encourage activities at all levels of education that stimulate interest in the county's historical and archeological assets. "One factor that makes a community a community is a shared heritage and a shared understanding. That's what I hope we at the commission are contributing to."

The James City County Historical Commission gives annual awards to those who have made a significant contribution to the preservation of the county's historic resources. Honorees receive their award at a fall Board of Supervisors meeting. Historic Preservation Awards are presented to individuals, groups, for-profit and non-profit organizations. Recipients for 2015 were: Staff of the Jamestown Rediscovery Project for more than 20 years of work to uncover new and important information about the early settlement at Historic Jamestown; and The Norge Depot Association for their efforts to enhance the Depot by conducting fundraising initiatives, obtaining the donation of a caboose to stand in front of the depot, now located next to the James City

County Library location on Croaker Road.

"One of our next steps is to contact high school history clubs," Frank says. "We talked about putting a high school student in our group. We'd like to get some younger perspectives."

The Historical Commission is beginning an outreach program to serve veterans and groups that are also interested in history, such as Sons of the American Revolution. "We want to form a better partnership and identify community needs," he explains. "We certainly don't have all the answers on the commission. We like to talk to people in the community and find out what historic projects they are interested in."

In his free time, Frank and his family vacation a lot of different places. "But no matter where we go, I like going to the tacky tourist attractions," he says. "If anything has a World's Largest in front of it, I'm there." The World's Largest Frying Pan in Iowa and the World's Largest Ball of Twine in Minnesota have been on his trip itineraries in the past. He also made a side trip to the Spam Museum at the Hormel plant in Austin, Minnesota.

He has given a lot of consideration to the



The Peninsula Center for Estate and Lifelong Planning

The Peninsula Center Welcomes Attorney Erin Smith who joined our family on May 9th. Erin's practice focuses on the areas of Estate Planning, Family Law, Guardianships, and Estate Litigation.



Our attorneys are skilled in the following areas:

- ▶ Estate & Trust Planning
- ▶ Tax & Business Planning
- ▶ Asset Protection Planning
- ▶ Special Needs Planning
- ▶ Veterans' Benefits & Medicaid Planning
- ▶ Elder Law & Life Care Planning
- ▶ Estate Litigation
- ▶ Family Law
- ▶ Guardianship & Fiduciary Services
- ▶ Probate & Trust Administration

We rarely know what the future holds for us. That's why protecting yourself, your assets, and your family is so important.

The Peninsula Center

461 McLaws Circle, Suite 2 • Williamsburg
757-969-1900 • www.tpcestate.com

definition of the term, patriotism.

"Obviously, it's a love of country," he says. "But it shouldn't be a blind love. It's a love of country recognizing the mistakes or sins of the past. And, it's recognizing that there are improvements that need to be implemented."

He compares this love of country with the love of one's children. "Let's be honest: you love your children, but they've done things that are wrong," he says. "There are areas that they need to improve in, but you love them anyway."

Frank has admired the founding fathers of The United States and visits their homes to discover more about how they lived. "Generally speaking, the founding fathers were wealthy guys who were well-established in society," he explains. "One of the things that always struck me about them is how they put both their lives and their fortunes at risk for what they believed in. They were men who had a lot to lose if they were not successful."

Frank and his family have visited Thomas Jefferson's, James Monroe's and James Madison's homes. "I'm often fascinated that you can read in history books about what they did with the Declaration of Independence and the Constitution, but, personally, I'm

fascinated with how they lived their day-to-day lives."

Frank enjoys living in James City County's suburban/rural environment. "It is a respite," he says. "It's wonderful to go to a quiet neighborhood surrounded by trees, and we are fortunate enough to live in a neighborhood where we know our neighbors." His family visits Freedom Park, and he makes use of the hiking trails in the area.

When asked what his hobbies are, his first response is Geocaching. "It's using a handheld GPS device to locate treasure hidden worldwide," he explains. Trinket-filled containers, usually metal ammunition boxes, are hidden. Latitude/longitude specifics are provided online at www.geocaching.com along with additional clues, as needed. "The fun part is going out and finding it. They're usually buried, in the trees or things like that," he says. "You're usually taken to places you wouldn't ordinarily go." If a hunter needs more information once they get to the location because the treasure is a little hard to find, he can get more clues.

Frank Abbott has found the right place in his community. He doesn't need any more clues as he is still celebrating life in The United States of America. NDN

Next Door Neighbors

Publisher.....Meredith Collins
Editor.....Greg Lilly greglilly@cox.net
Copy Editors.....Al White, Ginger White
Photographer.....Lisa Cumming, Corey Miller
Graphic Designers...Sue Etherton, Lara Eckerman
Account Manager.....Anne Conkling

Writers

Linda Landreth Phelps, Rachel Sapin,
Brandy Centolanza, Sandy Rotermund,
Alison Johnson, Ryan Jones, Lillian Stevens,
Erin Zagursky, Erin Kelly, Narielle Living,
Natalie Miller-Moore, Morgan Barker,
Susannah Livingston, Cathy Welch,
Susan Guthrie, Cindy Laraway, Erin Fryer,
Wynne Bowman, Nicole Puskar, Elinor Warren,
Michael Heslink, Carrie Eriks, Naomi Tene' Austin,
Gail Dillon

Advertising Information

Meredith Collins

(757) 560-3235

meredith@williamsburgneighbors.com

www.WilliamsburgNeighbors.com

Next Door Neighbors is a monthly, direct-mailed magazine serving the residents of the Williamsburg area.

Circulation: 39,911



PO Box 5152, Williamsburg, VA 23188

HAPPY

4th of July!

All You Can Eat Lunch Buffet
\$8.99 Mon-Fri 11am-3pm



New Menu! New Web Site!
www.elsabrosonga.com



Whole Chicken

WITH 3 LARGE SIDES

\$15.99

Offer Good for up to Five Chickens! Not valid with any other offers. Coupon good through 7/31/16.

Voted Williamsburg's Best Latin and Best Specialty Food Restaurant (Peruvian Chicken)

122 Waller Mill Rd.
Located in the K-Mart Shopping Center next to Tu Tienda
(757) 220-3145
www.ElSabrosonga.com

El Sabrosonga
TRADITIONAL LATIN FOOD

ShelfGenie
EVERYTHING WITHIN REACH™

MORE ACCESS. MORE SPACE. MORE JOY.



TRANSFORM YOUR EXISTING CABINETS
with our custom-designed pull-out shelves.

50% OFF INSTALLATION

with purchase of 5 or more Glide-Out™ shelves. Offer expires 7/31/2016.*

SCHEDULE YOUR FREE IN-HOME DESIGN CONSULTATION
757.208.7214 | shelfgenie.com/richmond

• expert installation • lifetime warranty

Limit one offer per household. *Valid on Classic or Designer Glide-Out purchase with offer. Cannot be combined with other offers. Lifetime Warranty valid for Classic or Designer products only.



ARMANDO KUPPINGER VELASQUEZ



Lisa W. Cumming Photography

PUTTING DOWN ROOTS

By Wynne Bowman

It was 1999 when Armando Kuppinger Velasquez was introduced to his first Virginia residency. Fresh out of Missouri State University with a Bachelor's Degree in Political Science, Armando received his commission for the U.S. Army and was stationed at our region's own Ft. Eustis. When 9/11 struck, he was given his first assignment as a lieutenant: coordinating air lifts in Saudi Arabia. Five deployments and seventeen years later, Ar-

Full-Service Auto Wash, Lube & Detail

Buggy Bathe



Williamsburg • Virginia Beach
757-220-9315
 2217 Richmond Rd. • Williamsburg
 (Across from Yankee Candle)
www.buggybathe.com

WE SERVICE ALL MAKES & MODELS!

Exterior Wash & Hand Drying from \$7.95



OPEN 7 DAYS!

- Complete Detailing
- Full Interior Services
- Oil & Lube Service
- Hand Waxing
- Paint Protectants
- Tire Rotation

Conserve Water. Protect the Environment. Use A Professional Carwash!

ALL YOU CAN WASH™
\$19⁹⁵
 monthly
See Cashier For Details
BUGGY BATHE

\$10⁰⁰
OFF
ANY OIL CHANGE
with a car wash

\$3⁰⁰
OFF
GOVERNOR'S CARRIAGE WASH
 Full-Service Wash
 Undercarriage Wash
 Triple Foam Wax • Polish Wax
 Dash Protectant • Wheel Magic
 Tire Gloss • Air Freshener



NDN

BUGGY BATHE
 Not valid with other discounts or coupons. With this coupon. Expires 7/31/16. NDN

BUGGY BATHE
 Not valid with other discounts or coupons. With this coupon. Expires 7/31/16. NDN

Armando finds himself back in the city of Williamsburg.

Armando has a Masters of Arts in International Relations from the University of Oklahoma, and is also a graduate of the Command and General Staff School. He is an Adjunct Professor at Strayer University where he teaches Political Science.

As a recent college graduate in his early 20s, Armando did not predict that Williamsburg, Virginia could be the place he would one day call "home." Because he grew up as part of an Army family, he has a record of relocation that followed him through 16 years of active service. However, Armando admits that Williamsburg has welcomed him with open arms.

"We are still trying to shake the feeling of being newcomers," says Armando about himself and wife, Isaura. "But we are definitely starting to embrace Williamsburg as home." After both Armando and Isaura retired from the Army, his retirement as a major in March 2015, the young family considered settling into a different town, but started asking

themselves why.

"I've realized Williamsburg is actually an awesome place," he says. "It is very welcoming to veterans, and there is a lot going on here that people don't know about." After recently becoming a member of the VFW (Veterans of Foreign Wars) off of Monticello Avenue, Armando's Williamsburg roots seem to be growing.

"There are a lot of heroes here," he adds, "and the Williamsburg VFW is welcoming to all. It's a place where I can stand next to my friends and my neighbors and we can all relate to each other. We all want to get involved and there are people of all ages. It is timeless."

Armando, who grew up moving between Germany, Missouri, Washington and Texas, and Isaura, who spent her childhood in Puerto Rico, are excited to provide their four-year-old daughter, Alana, with a traditional American upbringing. After six years of living in the town he now refers to as home, Armando and Isaura are beginning to make connections and open the door for more hometown opportu-

nities. "I got to be in the Christmas Parade with my daughter this past year, and that was just surreal. That was a moment when I really felt, 'Wow, I am a part of the town.' When it comes to feeling included, the subtle things are huge. A little bit goes a long way."

Walking alongside his friends from the VFW and his daughter, Alana, in the annual Christmas Parade gave Armando the cherished memory of a lifetime. Thankful of all the opportunities presented to him by the Williamsburg VFW, he mentions that some of the first fighters of the Korean War are part of the local organization: "To hear some of their accounts first hand and to be around these people is a true privilege."

While remaining humble in the presence of his colleagues, Armando is an ideal reflection of what it means to serve. He has put extensive volunteer efforts into organizations like the VFW, The Mission Continues, The Armed Services Arts Partnership, Wounded Warrior Project and The American Legion Boys State of Missouri. "Whatever needs to

ACE Peninsula Hardware
\$10 off
any purchase of \$40 or more
Expires 7/31/16 • Regular Priced Items Only

PROUDLY LOCAL
ACE PENINSULA HARDWARE
PART OF THE ACE STORES

ACE Peninsula Hardware

Terry Deaver Brian Deaver Kevin Deaver *Family Owned and Operated*

FIVE LOCATIONS TO SERVE YOU

Governor's Green Shopping Center
4511 John Tyler Hwy. • 757-220-9362

Williamsburg Shopping Center
1230 Richmond Rd. • 757-229-1900

Newport News and Hampton

www.acepeninsulahardware.com • **OPEN: Mon.-Sat. 7:30 a.m.-8 p.m., Sun. 9 a.m.-5 p.m.**

CORNER CUPBOARD Furniture Co.

The Area's Best Selection of Adirondack Chairs!

Thousands of Pieces in Stock!

Made of Polyresin • Amish Made
Maintenance Free • Fade Resistant
• Stainless Steel Screws

www.facebook.com/cornercupboardfurniture

HOURS Monday, Tuesday, Thursday, Friday 10 am - 5 pm
Saturday 10 am - 3 pm • Closed Wednesday and Sunday

On Rt. 33, 5 mi. East of West Point in Shacklefords • Call 804.785.6291

be done, should be done with pride,” he says, explaining that serving in any way possible is what it takes to carry the torch of patriotism. Now a civilian, Armando has filled his schedule with duties that give life to his country, community and neighborhood.

During his time with the U.S. Army, Armando deployed five times at echelons above brigade with assignments ranging from CENTCOM Joint Movement Center in Saudi Arabia, Multi-National Force, Iraq in Baghdad, Terminal Service Battalions in Kuwait, and Joint Task Force, Port Opening during the Haiti earthquake disaster relief. His last operational assignment was as Rapid Port Opening Detachment Commander.

After 16 years of active duty, he is still committed to the success of the U.S. Army. As a Technical Logistics Analysts and Team Leader at the Logistics Management Institute (LMI), he is working on a project that is the first of its kind. Describing this Enterprise Resource Program as “three army logistic systems put into one,” Armando happily claims that in

a lot of ways, he feels as if he never left the army.

“I try to ask myself, ‘What can I do to continue helping?’ I continue my sense of belonging and patriotism through service,” he explains. “Getting involved helps make the transition from military to civilian much easier. Most of us go from base to base and are still trying to figure things out. I look at it this way: this is my new unit now.”

He continues, “The more we can integrate veterans into society, the more we can all benefit. There are a lot of people like me who don’t have a traditional home, who just came back from their longest war and who are looking for a place that will not only accept them, but challenge them. By giving us [veterans] something to do, we feel like a part of the community.”

It is Armando’s dedication to organizations like the VFW that proves his proactive nature and ability to enrich our community. Sincerely, he speaks on the motive of himself and his affiliates: “We always want to figure out how

– how to raise money for a fundraiser, how to clean the roads, how to pass out poppies on Memorial Day.”

When he is not working for LMI at Fort Lee or dedicating himself to non-profits, you can find Armando and Isaura bike riding around town or taking their daughter to the park. “The service organizations I work with take up a lot of time, but when I’m not volunteering I am spending time with my family in town. My wife does stand up comedy, so I do what I can to support her, too.” The couple works together in committing their time to service organizations, and these organizations seem to return the favor. The VFW has welcomed Armando to into the community, and the Comedy Boot Camp provided by The Armed Service Arts Partnership has given Isaura her start as a stand-up comedian.

As a supporter of his family, neighbors, students, community and country, Armando Velasquez carries his connections with pride and continues with vigor to encourage those who surround him. NDN

RETIREMENT WISH LIST



When you retired, perhaps you had dreams to travel, dreams to play golf, dreams to give something back to society.

Jackson Hewitt® offers an opportunity that may be a good fit for those retirement plans.

Discover how working part-time at Jackson Hewitt could help you get more out of your retirement!

For a confidential interview please call 757-258-9000
or Email us at taxprepseasonaljobs@gmail.com

For other locations nationwide call 800-234-1040 or visit
www.JacksonHewitt.com

Jackson Hewitt®
WHERE TAXES ARE LESS TAXING

An equal opportunity employer M/F/D/V. Most offices are independently owned and operated.

CHANGING WITH AGE

By Gail Dillon

Richard Zick is by every measure a patriotic man, though he believes his definition of patriotism has evolved with maturity over the years. The 72 year-old served 20 years in the Army, continued to serve another 15 as a civil servant at Fort Eustis, and has held several key leadership positions in the Williamsburg Veterans of Foreign Wars (VFW) over the last 16 years.

"I think patriotism changes with age," he explains thoughtfully. "When you get a little bit older you start to look at things a little bit deeper and think: I'm patriotic, I believe in my government, I believe in what they've been doing before, but do I rally around the flag pole the way I did when I was 18 or 19? Or am I going to analyze it and look at it and say, 'I don't know if I believe in all that they're telling me anymore.' Am I less patriotic? I don't think so."

Richard's Army career began in 1963 when



Lisa W. Cumming Photography

he joined the Army from his tiny hometown of Macon, Michigan and headed off to Fort Gordon, Georgia for basic training, before going on to serve as a field artillery soldier. Both his father and younger brother were in the Army as well, though he admits to knowing little about what his dad did in the service. "We really did not discuss a lot about the military," he says,

"I had one of the best assignments for Vietnam." Richard left just before the infamous Tet Offensive, for which he says he was grateful.

In 1969, he wanted to see what opportunities were available to him outside of the Army, so he handed in his fatigues and began work at Tecumseh Products, where his father had long been employed. As an assembly line worker,

adding that he suspects his dad didn't want to talk about it.

Explaining that he felt a "strong pull" toward the military, he recalls his father was extremely proud when he joined. After a stint in Germany, he decided to go into aviation hydraulics, training in Corpus Christi, TX, and eventually serving in Vietnam on-board a ship, repairing Huey helicopters and other aircraft.

Luckily for him, he saw no combat during his year there. "It was very peaceful," he says. "I went to work every day, 12 hours a day."

LA TERRAZA
MEXICAN GRILL

1840 Richmond Rd. Williamsburg
757.707.3333
www.laterrazamex.com

HAPPY 4TH OF JULY!
Open 7 Days • Full Bar Available

\$5 OFF | **\$4 OFF**

The Purchase of 2 Dinners & 2 Drinks | The Purchase of 2 Lunches & 2 Drinks

With coupon. Not valid with any other specials. Excludes alcohol. Good through 7/31/16.

LA TERRAZA | **LA TERRAZA**
HAPPY HOUR: 4-7PM | HAPPY HOUR: 4-7PM

House Won't Sell?
We'll Help You Rent It!

#1 Property Manager for 2011...and 2012!

We're your full service Property Management Department: residential listings, owner services, tenant services and more!

"Call me! I can help reduce your worry over monthly mortgage payments by finding a qualified renter."

Beth Mueller
Property Manager, Associate Broker
(757) 229-5681
bmueller@century21nachman.com
Serving Williamsburg, James City & York Counties
Each office is independently owned and operated

Century 21
NACHMAN REALTY

www.century21nachmanrents.com

Live aware, not in fear.

AVOID ◀ DEFEND ▶ ESCAPE

BMG SAFE
bmgSAFE.com
admin@bmgSAFE.com | 757-941-6959

he soon found the job repetitious and dull. "I hated it," he says with a chuckle. "You go in there, whatever time it is and you punch in and you do the same job until you punch out."

Within 18 months, he returned to the Army, though he had some stipulations. "I said to the recruiter, 'I want Fort Eustis, Virginia and I want my E-6 stripe back.' And he said, 'We can do that.'" Despite not looking for a serious relationship, "I was having too much fun", Richard met his wife, Nancy, at a coffee shop in Newport News. They soon fell in love, marrying in 1972. "She's a local, born and raised here," he says.

In the late 1970s, he was "talked into" switching jobs to become a recruiter in Cedar County, Iowa, which he remembers fondly despite the negative stereotypes. "I'd heard all the stories and everything else but I probably considered myself to be a little bit different," he says. "I had an old farmer out there in Iowa tell me, 'I know all these people. I know all the kids, all the students.' He says, 'Son, I'm gonna tell you now, if you lie to one of my kids, your recruiting days are over!'" Richard knew the farmer was right and took his advice. "I think it made me a better recruiter," he says. "When I was station commander, I used to tell my recruiters, the day that you're tempted to do something dishonest to get that young man or

lady into the Army, go to the mirror, put your uniform on and look at your sleeve and remember when you were a private."

Richard retired from the Army in 1985 and immediately went to work as an aviation hydraulics instructor at Fort Eustis. About 10 years later, he completed his bachelor's degree in business administration at St. Leo University and says graduation day was extra-special because he and his daughter walked the stage together to collect their diplomas.

"After leaving Civil Service in 2000, I went to work here, there and everywhere," he jokes. This next phase of his career included working in Human Resources at Busch Gardens and at Home Depot, where he was a Receiver. He finally truly retired about five years ago, but has remained active in VFW 4639 in Williamsburg, holding various leadership positions there, most recently Treasurer and "Poppy Chairman."

"My philosophy is: I will hand you a poppy, and you will hand me a donation," Richard says with a smile, though he quickly added that donations are not required. "That money can only be used for one thing, it has to go toward Veteran Programs to help a vet," he states.

The Zick's have two grown children and four grandchildren, one who lives in the area and for whom Richard regularly babysits. His face lights up when the subject of four year old Col-

by arises. "I am the babysitter," he says clearly relishing his role as a hands-on grandpa. "He's with me all the time."

When he isn't spending time with his grandson or at the VFW, Richard is often on his bicycle. He aims for 2,000 miles a year and often pedals for hours, calling himself "slow but steady." His wife, Nancy, on the other hand, enjoys going on cruises, and they also travel in their Recreational Vehicle. Seeing other cultures and ways of life have helped him better appreciate living in the United States. "I've looked around a bit and believe that we have the best government and quality of life here," he says.

He is a firm believer in keeping records and says people should write their life stories down in order to preserve valuable family history. "When you go into kindergarten, you should start a journal, just start writing," he says.

Finding time to nurture relationships face-to-face is something he also feels strongly about. "How many times do we really sit with our husbands and our wives and have a meal together?"

Although VFW 4639 is not sponsoring any events for July 4th this year, Richard Zick points out that they are planning to hold a free picnic for veterans and "anyone who wants to come" on July 3rd from 12 to 6 p.m. "Just come by. It's an open house," he says. NDN



COLEMAN NURSERY & FARMERS MARKET

If you like fresh fruits and vegetables, come out and see what Coleman Nursery/Farmer's Market has to offer. You'll also want to check out our large selection of beautiful plants, shrubs, trees, and flowers.

Come Visit Us!



3000 Ironbound Road • Williamsburg, VA 23185 • ColemanNursery.com • Follow us on Facebook!

Immigration Law

By Greg Lilly, Editor



Lisa W. Cumming Photography

Growing up in east Africa, Sharon Powell knew how it felt to be “foreign” to a culture. A natural path for her was to become an immigration attorney helping people establish their lives in a new, sometimes confusing, country.

“My parents were missionaries with the Lutheran Church in Tanzania for about 20 years,” Sharon explains. “I lived there for 13

years and attended an international school. Today, my best friends are from that school, one is from Ghana and one from Holland.”

Although working as an immigration is a natural fit for Sharon, the idea wasn’t on her mind when she came back to the U.S. to attend Luther College in Iowa. “For a long time, I felt like an outsider at college because I had

lived overseas for so long, I wasn’t connected to the culture of my peers. I had a lack of commonality with my college classmates. They would talk about prom, football, ‘The Simpsons’ television show, all these things that were normal to them, but foreign to me.”

In her international high school, Sharon had been outgoing, engaged and part of the

bryant
Heating & Cooling Systems
WHATEVER IT TAKES.

ICE COLD CASH

K&J MECHANICAL LLC
HEATING
AIR CONDITIONING
& REFRIGERATION

SAVE UP TO \$1,500 IN ENERGY REBATES & TAX CREDITS ON A QUALIFYING HIGH EFFICIENCY SYSTEM.

757-585-8926

*LIMITED TIME OFFER. SOME EXCLUSIONS MAY APPLY. SEE DEALER FOR DETAILS.

WWW.KJMECHANICALSERVICES.COM

Celebrate this Month in Red, White & Blue!

Show Your Patriotic Pride in the History of Virginia's Historic Triangle with a beautiful arrangement from...

Morrison's
flowers & gifts

(757) 220-1242
1303 Jamestown Rd, Ste. 129
www.morrisonsflowers.com

conversation. In college social situations, she rarely spoke up because she didn't know how to relate to the cultural interests of her classmates. During her senior year in college, she helped with the international student assistance program welcoming international students to the campus. "I had been in the States for three years, so I had a foot on each side. I understood what it was like being an outsider, and I was an 'insider' as an American citizen."

She graduated with a Bachelor's Degree in Communications with a concentration on writing, leadership and public speaking skills geared toward business. "I joined the Lutheran Volunteer Corps for a year after college. I went to Baltimore with the Lutheran Immigration and Refugee Service. That was my first step into the immigration world. After that, I moved to Minnesota and worked with the Refugee department in the Lutheran Social Service for about four and a half years."

During those years working with refugees, Sharon saw the difficulty immigrants had applying for green cards and then for citizenship. "With the more complicated cases, I worked with an immigration attorney. I realized that was an area I wanted to be a part of." Subsequently, Sharon graduated from Hamline University School of Law with a focus on immigration law.

Immigration is a large and diverse subject. Most people get their views from television reporting and politicians, but working with individuals, Sharon sees a very complicated and different perspective. "There are so many reasons for people to come here. Illegal immigration is a very hot topic and gets a lot of attention. In reality, the majority of immigrants are not sneaking across borders without papers. Many times, they entered legally then didn't renew their visa and overstayed or realized they couldn't go home or any number of situations."

A major reason for immigration is family. She recounts a client whose mother and siblings are now U.S. citizens. He entered legally with a temporary status to join his family, but in the dealings of the paperwork for a green card, he ran out of time under the law that applied to his case. Now, he's told he has to leave the country for ten years before he can re-enter and apply for a green card. "He has a job and family here, but his status is temporary. Family is a huge reason people come here and want to stay."

The green card is the first step in immigration and the path to citizenship. Marriage to a U.S. citizen allows the immigrant to immediately file for a green card. "Immigration is on very high alert for sham marriages," Sharon adds. A visa allows temporary status to be in the U.S., whereas a green card grants permanent status that can lead to citizenship.

She says, along with the spouse of a citizen, others in the family that can apply for a visa are the citizen's children and parents and siblings of U.S. citizens. Extended family like grandparents, cousins, nephews, in-laws can't use the citizen to apply for a visa. "There is no limit on the number of visas granted for immediate relatives of a U.S. citizen (spouse, parent or unmarried child under 21 years old)," she says. "Other categories like children over 21 and siblings, there are a limited number of visas available. Tens of thousands are waiting for those – some

OLD POINT INVESTMENT SERVICES

LET'S TALK STRATEGY.



Products & Services

- Brokered CD's
- Mutual Funds
- Municipal Bonds
- Life Insurance
- Tax-Deferred Variable & Fixed Annuities
- College Savings Plans
- Business Retirement Plans
- Comprehensive Financial Analysis
- Long Term Care



OLD POINT
INVESTMENT SERVICES

Tom Vitaletti

Wealth Strategist/Program Manager

4139 Ironbound Road | Williamsburg

757.728.1865

www.OldPointInvestmentServices.com

Securities offered through LPL Financial, member FINRA/SIPC. Insurance products offered through LPL Financial or its licensed affiliates.

The investment products sold through LPL Financial are not insured Old Point National Bank deposits and are not FDIC insured. These products are not obligations of the Old Point National Bank and are not endorsed, recommended or guaranteed by Old Point National Bank or any government agency. The value of the investment may fluctuate, the return on the investment is not guaranteed, and loss of principal is possible.

Present your **Military ID**
and receive
10% off
wine,
sandwiches
and gift
items.



Thank you to our military!

Offer good through July 31, 2016. One coupon per customer. Not valid with any other offer. Discount does not apply to beer and cigars.

4680-15 Monticello Marketplace
(757) 564-4400
www.grapesbythecrate.com



applications are waiting from 1996, a 20 year wait.”

Sharon also works with people seeking employment-based immigration. “There are various visas; almost all require an employer to sponsor an employee. Say William & Mary wants to bring in a professor. There are a lot of steps for the employer to go through to get the visa for an employee. In some cases, an employer can sponsor an immigrant for a green card, but the process requires proving that the professor has been recognized internationally as outstanding in their field. It’s a very complicated, involved process.”

Relief-based immigration is for asylum-seekers and for victims of crime. “I work with women (and some men) who have been victims of domestic abuse or gang violence in their home country. Asylum is a very particular area of law for someone with a ‘well-founded fear of persecution if they return to their home country.’ It has to be based on one of five categories: race, religion, nationality, membership in a particular social group or political opinion. They have to fit into one of those five categories and show that their government is unable or unwilling to offer them protection. And, they have to show that they can’t relocate within their own country. People seeking asylum have faced persecution or fear persecution if they return home. For a lot of them, their past was violent.”

She also cites the Violence Against Women Act. “If the immigrant is married to a U.S. citizen and is a green card holder and has been abused (and several other criteria), the immigrant can apply for their green card independent from their spouse. The reason is that a lot of abusers use immigration status as a way to manipulate and control their spouses. It’s frightening to be in an abusive relation, but then to have the immigration fears with it can create a horrible situation for the spouse.”

Success in helping victims of domestic abuse rallies Sharon’s resolve. “I’m working with a victim of domestic abuse and just received a work permit for her. That brings her out of the shadows and allows her to be free from her abuser.”

She met her husband, Michael, in Tanzania when they were children, and they moved to Williamsburg in August 2015. “Michael is the assistant coach for William & Mary’s men’s gymnastics team. He was part of the team when he attended W&M.”

One area of her immigration practice she wants to develop is helping athletic organizations and gyms bring in coaches with exceptional ability. “There is a very specific employment-based visa for people of exceptional abilities,” she says. “They are in the top ten percent of their field. I started with gymnastics facilities, since that’s what Michael does. I’m hoping that will become a niche for my office.” She will work with former Olympians to help bring them to the gymnastic organizations to make them more competitive. “The whole process is exciting: to work with an athletic organization and to see how it can benefit the United States, by giving gyms a competitive edge and hopefully increasing Olympic prospects.”

Immigration law is a complicated and diverse field, but one well-suited for Sharon Powell. “I’m excited about immigration because it changes someone’s life.” NDN

Always Inspiring

Splendid artwork,
music, youth and culinary events.
September 30—October 2

An OCCASION
for the ARTS 



Generously supported by: The City of Williamsburg,
The Williamsburg Area Arts Commission,
The Greater Williamsburg Chamber & Tourism Alliance.
Preview our favorite weekend at www.aofta.org.



Lisa W. Cumming Photography

Swimming the Pools of Williamsburg

By Greg Lilly, Editor

Swimming has been a lifelong passion for Toano Middle School art teacher Matt Peters. He grew up swimming in the pools around town. Today, he coaches the Kingsmill Sharks summer league and coaches with Williamsburg Aquatics Club. “I had some success in swimming throughout the years and a lot of fun. I met some good friends, who I still keep in touch with, all swimmers. I’m really glad

PROVIDING SALT THERAPY TREATMENTS SINCE 2008

Williamsburg Salt Spa
Breathe Better Naturally
A great experience for the entire family

Salt Therapy Sessions are Effective in Alleviating:

- allergies • asthma
- chronic respiratory tract illnesses
- cardiovascular diseases
- bronchitis • depression
- thyroid gland disorders
- weakened immune system
- COPD • Cystic Fibrosis

Wide Selection of Himalayan Salt Lamps & other Salt Products
Gift Certificates Available!

1111 Old Colony Lane 757-229-1022
WWW.WILLIAMSBURGSALTSPA.COM

Everyone Needs a Little Help Sometimes.

Companionship • Personal Care • Caregiver Relief • Meal Preparation • Medication Reminder • Bathing • Toileting • Personal Grooming • Light Housekeeping • Laundry • Home Management • Grocery Shopping • Walking Stabilization

“We assist individuals with living a dignified and independent life.”
~ Keesya Hill-Jones, Owner

Caregivers In-Home Care
757-345-0393

243 McLaws Circle, Suite 102
www.CaregiversInHomeCare.com

that swimming is the sport that I chose. It's a life-long sport."

As a young swimmer, Matt swam in the local summer league and with the Williamsburg Aquatic Club (WAC). In high school at Lafayette, he was the MVP all four years and the captain of the team.

"My sister got me into swimming," he says. "Well, I guess she decided she was going to start summer league swimming, and my parents said if Kate was going to swim league that I might as well go too." He excelled in swimming, starting with the summer league and then he joined WAC, swimming for Coach Harold Baker.

After Lafayette, Matt went to East Carolina University with a swimming scholarship. "I hadn't figured out what I wanted to major in at that point. While at East Carolina, some people noticed that I could draw. I realized it was a talent, but I didn't think it was something that I wanted to pursue. At the time, I was interested in swimming, getting fast and going as far as I could with that. I got to the point where I needed to make a decision if I wanted to keep swimming or start down a career path." He put together a portfolio of his artwork to transfer and complete his degree at

Virginia Commonwealth University (VCU). "I was a painting and print making major."

He hadn't thought about teaching while studying at VCU. "I wanted to be a professional artist," he says. "I took studio art classes and painted and drew. That was a lot of what I did in college. I happened into teaching from swimming. During college, I worked around the pool. I worked at the Jewish Community Center in Richmond, helping with their swim team. I did lessons for kids and adults. After college, I started coaching."

He returned to Williamsburg and worked with Typhoon Aquatics, Windsor Forest and Ford's Colony swim teams. In 2006, he became an assistant coach with WAC, where he had started as a young boy.

"I happened into teaching through summer league swimming, which is what I coach at Kingsmill," he says. "At the time, I was at Windsor Forest. I was coaching there and had been there for a couple of years. One of the parents told me there was an art teacher at the elementary school that was leaving. She knew I had an art degree and said I should try teaching. I liked it and earned my teacher's license through ODU."

Matt explains that there are definite simi-

larities in coaching at the pool and in teaching in the classroom. "At this point, since I've been teaching for eight years, there are probably more things that carry over from being a teacher that I take with me when I'm coaching." The kids in the pool are enthusiastic about being there. Kids in school can be the same way. He gives individual attention and something for each child to work on. "I like to do that at practice and in the classroom."

The challenge in the classroom is the diversity of the students' interests. "I'm not just working with swimmers with a common goal, I have everybody in class. I have students who are into athletics and sports. I can connect with them on that level." Also at Toano Middle School, he has kids into farming, fishing and hunting. "There's a girl I talk to about chickens, because I have chickens, too. In school, there's more diversity. In swimming, it's all: 'let's get good at swimming.' Those differences keep teaching and coaching fun."

The bait that keeps his swimmers in the pool is the enjoyment. "Swimming is fun, and the kids feel a bit of success in developing their skill along the way. Another big part of swimming is learning to be part of a team. That's what is so great about summer league,"

A Nice Shady Deal from Taproot!



30% off
retail, instock & special order

- Auto tilt & sun blocking
- Round, oval & rectangular
- Heavy duty 85 lb wind bases

Taproot
HEARTH & PATIO

Design • Installation • Service
(757) 229-3722 • 157 Second St.
www.taprootstore.com



Retina & Glaucoma associates

Retina & Glaucoma Associates specializes in the diagnosis and treatment of retinal diseases and glaucoma.

- Diabetic Retinopathy
- Glaucoma
- Macular Degeneration
- Retinal Tears
- Retinal Vascular Disease
- Visual Field Loss



Dr. Nordlund is a board certified Ophthalmologist practicing full-time in Williamsburg.

- John R. Nordlund, MD, PhD

Fellow, American Society of Retina Specialists

- Retina fellowship at the Mayo Clinic
- Glaucoma fellowship at Johns Hopkins

Fellow, American Glaucoma Society

Open Monday - Friday 8 a.m. to 5 p.m.
113 Bullfants Blvd., Suite A | Williamsburg, VA 23188

757.220.3375 | RGAVA.com

Matt says, “Kingsmill and the teams of VPSU (Virginia Peninsula Swim Union), it’s the fun element. It’s not quite the high stakes of year-round swimming at WAC. It’s neighborhood competitions with your friends. You get to see your buddies and make new friends and hopefully get a little better at swimming. At the end of the summer season, I encourage kids to get involved in the year-round team if they like it. I also encourage them to do summer league again next year if they had fun.”

The summer neighborhood league has kids from 4 to 17 years old, so the skill range is wide. Matt focuses on developing the swimmers’ techniques and skills. “Stroke techniques and stroke mechanics that I’d like to see from a year-round swimmer,” he says of the goal for developing skills. “They’re doing simpler stroke drills and shorter sets than the more competitive programs, but they’re developing as a swimmer. They’re also developing as part of a team. They have some competition on a local and not so intimidating level. I always have a lot of parents coming to me, wondering if their kids is ready for meets. Some kids are still developing and may be a little unsure of themselves, so we hope to see them swim in a couple of meets by the end of

the season.”

Kingsmill is one of the larger programs with over 180 swimmers in four different practice groups.

“Hopefully, we see some development on technique, on social level, on their skill set, and as being part of a team from everybody during the season. We’re working with 4 and 5 year olds, who may not be ready for a meet until the middle of the season, and we’re working with high school kids who may be swimming in college the next year, plus everybody in between. I think every swimmer gets something from league, even if it’s just a break from year-round swimming. It’s also a chance to play some games like water polo once a week, instead of practicing every day in the more competitive league.”

Matt swims almost every day. “I wouldn’t be as healthy without swimming. I love all aspects of swimming, national level, college level and neighborhood levels, it worked for me. I love the sport. Now, I’m 38 years old, and when I finish at school, I go straight to the Y and get in and swim. I don’t do as much yardage as I used to, but I do enough to feel good and relaxed. Then I go home and get ready for swim practice at WAC.”

With the Olympics starting this summer, Matt’s favorite event is the 200 meter backstroke. “I was a backstroker,” he says. “I like all the swimming, backstroke, the relays. I even like watching the mile. I was never a very good distance swimmer, but I like watching it all. I’ve worked with a couple of kids who went to the Olympics. It’s exciting. You see people you’ve heard of.”

One aspect of the swim community is the connections made. “My coaches have been great to me through the different stages of my life,” Matt explains. “Harold Baker with WAC was awesome to me growing up. He was my high school coach. Steve Parker, my year-round coach, helped me a lot when making decisions about college and after I came home from East Carolina. Harold gave me a job at WAC.”

Just like in the pool, life has a circulatory effect. Matt swam as a child for Coach Harold Baker in the 1980s and ‘90s. Today, he coaches alongside him. “This year, there’s a coach in the summer league who I coached when he was a 7 years old,” Matt Peters says. “Now he’s a coach coming up against me this summer. I’m at the point that some of my students are now my peers.” NDN

ARE WATER & SWEAT

Destroying Your Hearing Aids?

20 PEOPLE WANTED....

To evaluate the latest wave of **smart, rechargeable and water proof** hearing aids suitable for active life style. These hearing aids provide **exceptional hearing experience in background noise** and were even proven to provide **better than normal hearing** capabilities in certain hearing situations.

*Subject to a 30 day field trial to guarantee your satisfaction. Mention code “**WATERPROOF**” to participate in the trial and receive **tremendous savings**.

**Call us for more information and to schedule your hearing evaluation and demonstration*

Colonial Center for Hearing

757.229.4004

430 McLaws Circle, Suite 101, Williamsburg, VA | www.WilliamsburgHears.com

Life

CHANGING

HEARING

SOLUTIONS

Telling a Story of Faith

Arts
& ENTERTAINMENT

By Greg Lilly, Editor

Lisa W. Cumming Photography

Steve and Kris Prince explore issues of faith in their book, *Farewell the Innocent*. “The main character, Will, explores the concept that many people have: How does a good God allow bad things to happen to good people? That question is intensely explored in the book,” Steve says. “That’s a very real aspect of faith that I’ve had to deal with just as others have. The ability to flesh that out through Will’s experiences has, in some ways, been therapeutic for me.”

The book follows the history of a Confederate regiment fighting in the Civil War and is told through the eyes of a young soldier named Will. The son of a preacher, he volunteers for the war, filled with idealistic visions of what a soldier should be. His expectations collide with reality and his faith is tested.

Steve and Kris grew up in central Ohio and met at Ohio State University. “We served pizza

together, waiter and waitress. We’ve been a team for a long time,” Kris says. Steve studied Computer Science and planned to go into Information Technology, while Kris studied Art and Photography.

“The cost of college changed our plans,” Steve says. “I joined the Navy.”

“When we were young and poor, we’d drive up to Williamsburg and spend time,” Kris says of their time in Norfolk years ago. “We fell in love with Williamsburg. We love history. I didn’t imagine we’d retire here.”

The area’s rich sense of history appealed to the self-described “history nerds.” They also enjoy the diversity of people who have settled in Williamsburg.

In the Navy, Steve had been writing for many years. “Technical publications, correspondence, reports,” he lists. “Writing has al-

ways been a skill set I’d developed, but I wanted to do it recreationally and express myself. On our way to moving to Williamsburg, we stopped in Gettysburg and toured the battlefield.” Once settled here, he began looking for Civil War reenactors. “I connected with a man who lived in Charles Town, West Virginia, which in the Civil War, Charles Town was still part of Virginia. His great-great grandfather served in the Confederate Army in the 2nd Virginia Infantry. He put me onto the 2nd and gave me copies of the enlistment rosters and other documents on the history of that unit.” With the historical documents on the 2nd Virginia Infantry, Steven began researching the unit’s involvement in the war. “It became a story.”

Kris explains that she has always been a writer. “The first thing I had published was when I

SUMMER SPECIAL



GEL MANICURE
\$28
(with this coupon, cannot be combined w/other offers) Now thru. 7/31/16

NAIL CONCEPTS
6522 Richmond Rd. (Near the New York Deli; adjacent to Francesco's)

757-903-4998

Your IRA shouldn't stop working when you do.



Antonija P Simpson
Financial Advisor
5388 Discovery Park Blvd
Suite 130b
Williamsburg, VA 23188
757-253-7554
www.edwardjones.com

Edward Jones
MAKING SENSE OF INVESTING

Member SIPC

Be Smart, Buy & Create Art!

“On Demand” Art Classes

Mixed Media & Painting

Local Artwork for Home & Gifts

Open Studio

Ceramics & Potter's Wheels

Home Gallery & Studio for Artist Beverly M. Buehler

Colonial Folk Art Studio & Gallery
110 Bacon Avenue
345-6926 | colonialfolkart.gallery

was 15," she says. "I had never considered it a profession until recently. I've been a freelance illustrator for just over 30 years. When Steve wrote this first book, he needed illustrations, and we were off!"

Transitioning from technical writing in the military to historical fiction took a leap of faith. Steve explains, "For me, the ability to bring history to life comes through good storytelling. There are a lot of great non-fiction stories throughout history, but some of the best ways to engage people in history is through something unique, interesting and entertaining. One thing we've found in our research is that the records are incomplete. No one knows exactly what one person said to another in conversations. In order to tell their stories, we figure out what they might have said or deduce how things might have gone. We try to find as many historical records as possible to structure the story and then fill in the gaps with fiction so it becomes an interesting storyline. I hope it deepens the reader's appreciation for history. Ideally, we're looking for a way to tell a story of faith."

Kris says that their individual strengths create a productive writing partnership. "What makes this perfect for us to do together is that Steve is a brilliant technical writer. He will get the history down. My strength is in creating

fictional characters and developing wonderful people that the reader can live the experience through. I hope they find themselves falling in love with history, again, or for the first time."

With researching a time in history, Steve and Kris take the facts and create a chronological narrative. "Plugging fictional characters into the real, historical timeline is the exciting part," Kris says. "That gives us a chance to laugh with them, to cry with them, to be in situations that we can learn from."

"I'll bring a point of fact in, something that we know happened," Steve says. "So how do we bring it into the story in an interesting way? Kris takes that creative part and runs with it. The concept is developed over a period of brainstorming."

While their first book is set during the Civil War, Kris and Steve had other historical eras that interest them. "I love colonial times and the Revolutionary War," Kris says. "I like any part of history where I see ordinary people living in extraordinary times. That amazes me how they attempted to carry on with their day to day lives during extraordinary times."

"My favorite era used to be World War II," Steve adds, "but since the Ken Burns' PBS special on the Civil War, my attention has been on that timeframe. It's the most fascinating part of history for me. But specifically in theme,

our nation's heritage of faith speaks to me. I like stories where people lived out extraordinary faith in difficult times, that covers a whole gamut of timeframes. Military history has always been an interest to me since grade school. I had teachers who were storytellers and that captured my interest."

In their current book, the main character, Will, finds that war isn't romantic or glorious, but it's a horrific event. "The war doesn't just affect the soldier," Steve says, "but it affects his family, his friends, his hometown and everything in his life. It's about how the war changed the nation, told on an individual perspective of how it affects him and his family and his faith. The whole story is about the loss of innocence, not just of the character, but of the nation. The book explores how a person of faith can go to war."

Steve and Kris make a dynamic writing team, exploring the history of the United States through the lens of a fictional character and their faith.

Steve describes the typical Confederate soldier as not a slave owner, but a man from meager means.

"The joke among the soldiers was that it was a 'rich man's war and a poor man's fight.' A rich man could afford to pay a substitute to fight for him. A poor man had to fight." NDN

Military Appreciation Sale!

50% OFF a complete pair of prescription eyewear for active and retired military members and their families!*

 **EyeCenter**
OF VIRGINIA

101 Tewning Rd., Williamsburg, VA
(757) 229-1131
www.eyecenterofvirginia.com

*See us for details.
Offer ends 7/31/16.

Authentic Mexican Cuisine

135 Second Street, Wburg
757.259.0598 • Fax: 259.0548

3048 Richmond Rd., Wburg
757.253.2939 • Fax: 253.2112

OPEN 7 DAYS

Takeout Available



10% OFF

Excludes Alcohol.
Coupon Expires
7/31/16

Lunch or Dinner

LA TOLTECA

Authentic Mexican Cuisine

135 Second St. • 757.259.0598
3048 Richmond Rd. • 757.253.2939

10% OFF

Excludes Alcohol.
Coupon Expires
7/31/16

Lunch or Dinner

LA TOLTECA

Authentic Mexican Cuisine

135 Second St. • 757.259.0598
3048 Richmond Rd. • 757.253.2939

Next Door Neighbors Health



AUGUST ISSUE

Next Door Neighbors Law & Order

Publishes July 28, 2016

Advertising Deadline
Tuesday, July 12th

DISCOVERY PARK FAMILY MEDICINE

Accepting New Patients and Old Friends

Same Day Appointments Guaranteed!
Call by Noon, Seen by 4 pm

- Dr. Thomas Hoag
- Dr. Glenn Rauchwarg
- Eileen Vernon NP-C

Call For An Appointment
(757) 345-2071

Physician Prescribed Weight Loss

DISCOVERY PARK FAMILY MEDICINE
5424 Discovery Park Boulevard
Bldg. A, Suite 201
Williamsburg, VA 23188

mytpmg.com

Transcend

By Greg Lilly, Editor

Unlike other type of meditation that focus on guided imagery or deep breathing or banishing all thoughts, transcendental meditation (also referred to as TM), allows your body to “transcend” into a state of peaceful relaxation that produces healthful benefits. David McClure has practiced and taught TM for many years.

“TM is a simple, naturally effortless technique, with the use of a mantra that allows us to go deep within ourselves to find peace,” he explains. “There is no belief structure. It is not religious in any sense. It’s a natural, almost mechanical, technique. That’s what we are taught as teachers, how to take the student to that level, how to deal with thoughts and other reactions when we are very deep inside our minds.”

A former U.S. Marine, trucker and teamster, David is not the stereotype that most people imagine when they hear the term "Transcendental Meditation Teacher." He confesses, with a laugh, that he doesn't sit in a hut or wear a robe when he teaches the technique.

"For me, it's been 43 years of TM," he says. Born and raised in Broomall, Pennsylvania, just outside of the Philadelphia area, David and his family moved to Aston, Pennsylvania. "We relocated when the Blue Route (Interstate 476) was built." The interstate would eventually go through their original home.

At the age of 17, David joined the Marine Corps. "My mother signed the papers thinking it would teach me discipline and straighten me out. I feel that it did. I spent three years in the Marine Corps, honorably discharged. I was stationed at Okinawa, Japan."

He admits that he wasn't very studious in high school, but in the Marine Corps, stationed in Japan, he began reading a lot. "I started with Louis L'Amour westerns; that got me reading. From there I went on to a lot

of the classics, like The Iliad and The Odyssey. Then I started checking out Alan Watts and his teachings on Zen. I got into Hatha Yoga. I was not only getting into incredible shape physically by being a Marine, I was also starting to expand my spiritual side. Another great book on Zen was Be Here Now, by Ram Dass."

When David returned to the U.S., transcendental meditation had a lot of publicity and interest. Maharishi Mahesh Yogi had brought the practice to California for researchers to document its physical effectiveness on reducing stress, anxiety and hypertension. The Beatles' interest in TM also helped fuel the public's curiosity. "In 1972, in Spain, the Maharishi Foundation taught 2,000 teachers, not meditators, but teachers," David says. "They covered the college campuses with the spiritual regeneration movement. My good friend was attending Penn State. When I got out of the Marine Corps, he said I needed to check it out." David began TM that next spring, March 23, 1973.

"When I left the Marines, I practiced dif-

ferent things: concentration, breathing with yoga. TM seemed like a perfect fit for my interests and the direction I was going."

Exactly a year later, March 23, 1974, David was in a major truck accident. "I rolled a loaded gasoline tanker down a hill. I survived it. That was one year to the day that I had started TM, so I always remember that date." Luckily, he survived with a just few broken ribs. "TM (after practicing for a year) did help in the recovery. The deep rest you're able to get with TM helped me physically recover."

After 16 years of trucking based out of Pennsylvania, David spent 23 years at Anheuser Busch Brewery here in James City County. "I continued to practice TM, but didn't talk much about it to my trucking buddies."

Today, David is certified by the Maharishi Foundation to teach TM. He also helps fellow veterans. "There are two levels that I work with veterans," he says. "One is Boulder Crest, that's the extreme end of it." Boulder Crest Retreat in Bluemont, Virginia, is a privately-funded wellness center for combat veterans and their families. Programs focus on the vet-

GUTTER GUARD
Gutter Protection System

Holds up to extreme weather conditions and lasts years.

- No more gutters to clean, no more dirty hands, and no more ladders to climb
- Rainwater from the roof drains through a patented per-flow filtration system allowing only water to flow through
- Air circulation from above and below allows the leaves and debris to dry up and blow away in the wind
- Fits snugly to the top of your gutters — low profile makes it virtually invisible from street level
- Adds years of life to your gutter system
- Manufactured with hi-temper aluminum - will never rust or distort
- Available for 5" and 6" K Style Gutters
- Water capacity greatly exceeds the U.S.A. record rainfall amounts

ALAN ONCKEN + CO.
PROFESSIONAL GUTTER CLEANING
EST. 1994 · 757-565-6302

LICENSED INSURED DEPENDABLE

© 2013 RainPower Corporation. Gutter Guard Gutter Protection System is a trademark of RainPower Corporation.

REAL DEEP TISSUE MASSAGE WITH
Russian Therapeutic and Sports Massage

Try our clinically-styled massage to target specific areas of pain and tension including headaches, sciatic pain and sore or tight muscles.

We offer stretching and trigger point release, as well as many styles of massage, including **deep tissue, sports, integrated, myofascial and Swedish.**

1761 Jamestown Road
Suite 103A
Williamsburg, VA 23185
(434) 229-1855

INTRODUCTORY SPECIAL
50% OFF FOR FIRST TIME CLIENTS
\$10 OFF for our regular clients.

www.russiantherapeuticsportsmassage.com

Tom Batis, Massage Therapist

erans' physical, emotional, spiritual and economic wellbeing.

"At Boulder Crest, many of these men and women are diagnosed with PTSD (Post-Traumatic Stress Disorder). With PTSD, they may have run the gamut of alcohol, drugs, and even considered suicide. Twenty-two veterans a day commit suicide," he says. "They find out about Boulder Crest and they join that week-long program." David teaches TM at Boulder Crest on a regular basis. "Boulder Crest takes care of our veterans. Being a veteran is one of the reasons I became a teacher there," he adds.

"Then there's the case where a veteran would like to start meditating, not necessarily associated with PTSD, but just interested in reducing stress and anxiety, getting more rest and improving brain activity."

TM also helps with ADHD and ADD children, David explains. "TM is the opposite of anxiety. Anxiety is the number one affliction in the country." Organizations such as Stanford University, the National Institutes of Health, the American Medical Association, the American Association of Cardiology and

the American Psychological Association have researched and published studies on the effectiveness of TM.

People come to David interested in TM after seeing videos of celebrities who swear by the technique or have heard about TM from friends. "There really isn't a typical TM student. I teach people from all walks of life. I get a lot of people who have been aware of it for a long time and decide to do it. They are seekers. Since it doesn't interfere with religion, it's something they want to try. I tell people, 'You grow the heart. Your compassion, your understanding just grows and grows.'"

He estimates the about ten percent of his students come to TM looking for a higher state of consciousness. "But, the majority are looking for a way to relax. They're anxious and just want to explore a more practical use of mind and body. It's mindfulness with different types of concentration. TM keeps your mind on an active level."

Unlike other types of meditation, TM doesn't focus on anything, not even the mantra. "The mantra is a vehicle. With TM you

don't block out thoughts, but thoughts are just signs of things being released. It's very unique. That's the reason it's hard to learn from a book."

David says that TM is a natural process. "It's not a philosophy or change in lifestyle and uses no belief system. Bob Roth, a popular TM teacher, uses the analogy of an ocean. He says to think of yourself in a small boat in the middle of the ocean. Waves and swells lift and drop the boat, a hurricane of motions. That's at the top level, deeper down in the ocean the water is calm, silent. The ocean is active on the surface and silent in the depths. Same with the mind. The surface of the mind is active and thinking. The deep part of the mind is settled, calm, wide awake." This is the part of the mind that the technique helps meditators reach.

"The TM technique allows your mind to easily settle inward, through quieter levels of thought, until you experience the most silent and peaceful level of your own awareness," David says. "That's pretty cool," he says with a smile. NDN

Mid Summer

Sale!



As always,
we will meet
or beat any
competitor's
price!

The Finest Outdoor
Furnishings, Accessories
and Grills on the
Peninsula!

Enhance Your Home With Top Name Brands!



HEA
LIVING

Patio & Hearth

1480-2C Quarterpath Rd.
(Next to Harris Teeter)

757-221-8070

Open Mon. - Sat 10:30 - 6, Sun 11 - 3

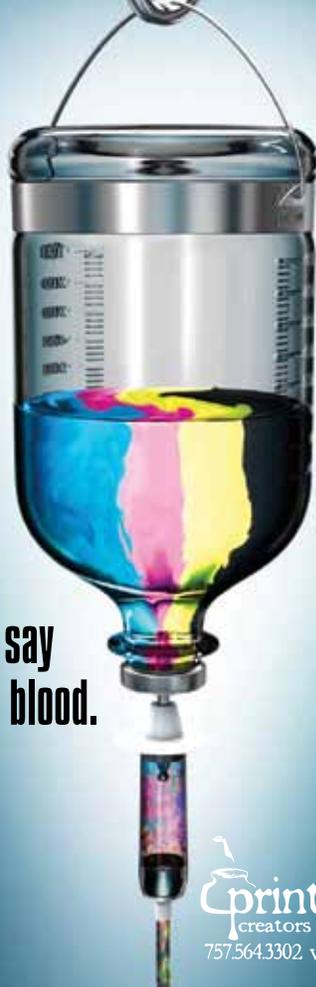
Accepting All Credit Cards



printwell, inc.

creators of quality printing

757.564.3302 www.printwellinc.net



You could say
it's in our blood.



printwell, inc.

creators of quality printing

757.564.3302 www.printwellinc.net



Lisa W. Cumming Photography

Growing Up in Colonial Williamsburg

By Greg Lilly, Editor

Memories of Colonial Williamsburg in the 1950s fill Linda Hewitt Upshaw's mind every time she walks along Duke of Gloucester Street. Linda's parents moved the family here, from New York, in 1956 when her father took a job with Colonial Williamsburg. "My dad was in charge of any hotel service, telephones, laundry, reservations, food, for the Inn, the Lodge and the Motor House," she says.

They moved in the early summer, and many of Linda's favorite memories are of summers in Williamsburg alongside the tourists in the restored area.

Rockefeller Woods had a lure to the children of the 1950s. Linda's father told her dogs guarded the property to keep her from roaming be-

Francesco's
Ristorante Italiano

My country tis of thee
Experience the true taste of Italy...

Happy 4th of July!

Free Delivery*
After 5PM
(within 5-7 mile radius)

Serving Lunch & Dinner
Gluten Free

Mon-Thur 10:30am-10pm • Fri-Sat 10:30am-11pm • Sun 10:30am-10pm
6524 Unit D, Richmond Rd • 757-345-0557
www.francescosristoranteitaliano.com




J.G. WENTWORTH.
HOME LENDING

*"your Lender
for Life"*

- Residential Mortgage Lending
- Purchase or Refinance
- Low or No Down Payment
- Great Service
- Quick Approvals



Kevin Onizuk
757-645-8996
"I close loans others can't"
NMLS Number 192993

Celebrate the

Red, White & Blue



**6564 Richmond Road,
Williamsburg, VA 23188**
Mon-Sat 10 a.m.-5:30 p.m.
757.565.0747
www.boyersjewelry.com

Boyer's
DIAMONDS & FINE JEWELRY

hind Bassett Hall and the Williamsburg Inn. “But, we’d go in there with a picnic lunch,” she says. “If you follow the trail to the Green Course, which of course was not there in the 1950s, there are places with moss and streams. We would pretend that it was a fairy land, and we would have lunch with them (the fairies). It was a favorite place in the summer because it was cool, and I never heard any guard dogs.”

Most of her summer centered around swimming pools. “The Williamsburg Inn swimming pool was the morning pool. My brother and I would hide our bicycles and follow the back sidewalk behind the Inn. We would bicycle over there about ten o’clock every single morning. Town’s kids got to swim there until one o’clock. Then it was closed so the tourists could use it. We usually took our lunch there or we came home for lunch.”

After lunch, the local kids hopped on their bikes and headed to the Motor House pool, or they went into the Visitors Center (or Information Center as it was known then) to watch “The Story of a Patriot” because the theater was air conditioned. “We had all the lines memorized,” she adds with a laugh. “They filmed ‘The Story of a Patriot’ a couple of years

before we moved here, so all these girls and boys I grew up with are the children in the movie.”

The Hewitt family lived in the Palmer House. Employees rented the restored homes, and her parents would sometimes dress in 18th century dress for special events. “We did a lot of things in costume,” she says. Even though her father was in the operations area, he had colonial garments because he and Linda’s mother would perform as dancers. “At Christmas and at special occasions, they would be the colonial dancers and ran the 18th century games.”

To hide the 20th century, her parents parked behind the Palmer House among the trees and shrubs. “These paper mulberry trees were here back in the ‘50s,” she says as she walks around the house. “My best friend, Rosemary, lived on the other side of the Capital. I would write her a note and run over there to that broken tree by the Capital wall and hide it. This mulberry was where she’d hide hers to me. Rosemary would call me and say, ‘I left you a note.’ I would run out to this tree to retrieve it.” That was the 1950s’ version of texting for the girls.

The house and gardens haven’t changed

much. The place where Linda and her brother, Jim, hid their bicycles from tourists’ views is the well house. On the front of the well house is the outline of where they had their basketball net. “My brother grew to six foot, nine and played basketball, and I was also a basketball player, so when we got a little older, we loved doing lay-ups and playing ‘Horse’ at that basketball goal in the back garden.”

Linda’s birthday is in August, and she has fond memories of birthday parties on the screened back porch of Palmer House. “Also, we’d play in these boxwoods,” she says while indicating the garden to the side of the house. “These hedges have open spaces underneath. These were our ‘houses’ with living room and kitchen and bedrooms. Picture nine, ten and eleven year olds playing house in these boxwoods. Eventually, as we grew older, it became more fun to run into town and see who we were in love with. See who was hanging out.”

The front of the house has a bulkhead that leads to a full basement. “I was one who had a lot of parties. The house has a full basement with four rooms.” The Hewitt home was a hangout for Linda and her friends Mary Humelsine Norment and Rosemary Fuller Fau-

Bountiful Blends



Try our new summer blends and receive
10% off your purchase.

(With this ad. Expires 7/30/16)

**Williamsburg
DRUG/CO.**



established 1895

(757) 229-1041 • 240 McLaws Circle

Route 60 near Busch Gardens in Market Place Shopping Center, (Next to Starbucks)

DECORATING DEN INTERIORS OF WILLIAMSBURG



DECORATING DEN INTERIORS

Services Include:

- Complimentary in-home design consultation
- Window treatments
- Furnishings
- Flooring
- Lighting
- Accessories
- Kitchen Design



AMY AHEARN | INTERIOR DESIGNER

757.378.2785 • 757.561.6592

amy@decoratingden.com • amy.decoratingden.com

erbach.

"My usual early summer afternoon would be coming home from school and having a snack with my mother. My brother, Jim, was little and still in first and second grade, so he would stay inside. But I would climb a tree in the back of Palmer House and sit there and do my homework." That kept her occupied until a quarter 'til five o'clock.

"Now, at a quarter to five, Jim and I would race up to the wigmaker. We sat on the floor and talked to him for about ten minutes. He was a great friend with a lot of stories. At five minutes 'til five, we ran across the street to the Raleigh Tavern kitchen, the gingerbread cookies, the broken pieces were saved for the town's kids. We would get several pieces, enough to make a cookie."

Then, the kids made their way to the apothecary shop for rock candy. "By five o'clock, we could be out playing, otherwise it had to be an 18th century game if we played before five o'clock. We could not be out on the street with our bicycles, a hoop maybe, but when we waited until five o'clock, we could play Whiffle ball and the boys could play football. That's when the town's kids could come out and begin to

play."

The town kids all went to Matthew Whaley Elementary School through the sixth grade. During grades seven through twelve they attended James Blair. "We would cut through the woods by the Palace on our way to school. Mary Humelsine's dad was the president of Colonial Williamsburg, and the president's house in the 1950s was by the Courthouse. Rosemary and I would run and get Mary on our way to school."

Although the colonial part of Williamsburg hasn't changed much, the outlying areas have. "At the corner across from Matthew Whaley's ball fields, where the post office is, that was one of the grocery stores. My mom would walk there for groceries. The drug store was where The Trellis and the Christmas Shop are today. Rose's Five & Dime was where the Cheese Shop is. The Howard Johnson's restaurant was where Binn's is located. Talbot's is where my Methodist Church was. No air conditioning, so sitting in church on Sundays, I could hear the dishes clanging at the Howard Johnson's."

Linda says that today's intersection of Jamestown Road and Highway 199 was considered too far for her parents to drive her to

see a friend. Toano was considered to be "almost half-way to Richmond."

After Linda graduated from James Blair, she earned her teaching degree from James Madison University and then moved to south Florida to raise her family. When her brother and his family said they were moving back to Williamsburg, he asked Linda to come too. "Their children in 1998 were in first and fourth grades. Mine were in college. They asked me to come help with their twin boys and daughter. Yes! I wanted to come. In 1998, we all moved back."

Linda's son is a West Point graduate and serves in the Army. "He's someplace different every three years. My daughter stayed in Florida when she married. Four years ago they moved to Minnesota. I have two grandsons there and one grandson with my son. I'm staying here."

She enjoys showing her grandsons the town where she grew up: horses and carriages, fife and drum corps, cannons, colonial residents and tourists. "They come here about twice a year," Linda Hewitt Upshaw says, "and we like to have our picture made on the steps of Palmer House. We change, but it doesn't." NDN

Local. Lending. Thriving.

Experience the powerful advantage of a growing mortgage company right in your neighborhood.

- **95% Construction-Perm Financing**
- **First Time Homebuyer Program - 97% Financing**
- **Medical Professionals Program* - up to 100% Financing**

Please call **757.229.6981** today to speak with one of our trusted loan officers for more information.

Fulton Mortgage Company

A Division of

Fulton Bank, N.A.

fultonmortgagecompany.com

Fulton Bank is a Member FDIC. Subject to credit approval.

*Medical Doctorate degree required. Restrictions apply.



Enjoy State of the Art Dentistry

- ▶ CEREC One Visit Crowns
- ▶ Bridges and Veneers
- ▶ Cosmetic Dentistry
- ▶ Preventive Care
- ▶ Implants
- ▶ Extractions
- ▶ Root Canals
- ▶ Teeth Whitening
- ▶ And More!

Over 20 years of experience in a full range of dental services.

CHILDREN & ADULTS
MOST INSURANCES ACCEPTED



Edward A. Owens D.M.D.

211 Bulifants Blvd. - Suite A, Williamsburg, VA 23188

757-229-6414

www.DrEdwardAOwens.com

Hey Neighbor!

Please visit

www.WilliamsburgNeighbors.com,

go to the magazine site and click on

Hey Neighbor! for a complete list of current community announcements.

To submit your non-profit event to Hey Neighbor! send a paragraph with your information to:

heyneighbor@cox.net



United for Shelter

United Way provides emergency, transitional, and permanent housing assistance to those in need.



Need help? Call 757.229.2222
Want to help? Visit www.uwgv.org

Hey Neighbor!

**MASTERWORKS CONCERT
SERIES: MICHAEL LIANOS AND
AARON RENNINGER, ORGANISTS**

July 3, 2016

Celebrate the anniversary of our country's independence with a performance of American masterworks by Copland, Ives, Buck, Sousa, and more! Organists Michael Steven Lianos and Aaron Renninger will perform for this scintillating free concert. Time: 7 p.m. at Saint Bede Catholic Church, 3686 Ironbound Road. All are welcome. For details, call (757) 229-3631, or visit www.bedeva.org/concerts.

Hey Neighbor!

**INDEPENDENCE DAY
COMMUNITY PICNIC**

July 3, 2016

Join the Williamsburg VFW Post 4639 at 106 Jesters Lane for their annual Independence Day Community Picnic! We invite all Veterans and their families to meet other local Veterans and VFW members. The event will be held at the post from 12 noon – 6 pm. Contact vfwpost4639@gmail.com or (757) 561-3334 for more information.

Hey Neighbor!

**ARCHAEOLOGY WASH & TALKS
AT NEW QUARTER PARK**

July 8, 2016

Come to New Quarter Park from 10 am - 12 noon to wash and sort artifacts from recent public archaeology digs at the park led by The Fairfield Foundation archaeologists. The public is in-

vited to gather in the picnic shelters near the parking lot to participate in this hands-on event. While working, volunteers will learn what the artifacts tell us about early occupants on the bluff overlooking Queen's Creek, now located near the center of the county park.

Hey Neighbor! SCALES AND TAILS

July 9, 2016

Freedom Park Interpretive Center at 10 am. Come join us to explore the differences between reptiles and amphibians. Children can enjoy some hands on activities with creatures brought in by the visiting naturalist Catherine Short. Limit 30. Registration is required for all Williamsburg

Botanical Garden children's programs. Please register by emailing wbgkids@gmail.com. A \$5.00 donation is suggested. All ages welcome.

Hey Neighbor!

LACEMAKERS AT WORK

July 9, 2016

The handmade bobbin lace exhibit of the Colonial Lacemakers continues through the month of July with a mixture of contemporary designs, wearable art, jewelry, as well as traditional designs. From 2 – 4 pm, in Room B, Williamsburg Regional Library, see lacemakers practice their art. Try your hand making basic stitches on a practice pillow.

Hey Neighbor!



CAPITOL GRANITE

\$100

Off your countertop purchase
Residential only, available now through 9/30/2016, 35 sq. ft. minimum.

5810-C Mooretown Rd, Williamsburg, VA 23188 • (757) 221-0040
www.capitolgranite.net

Every day your property sits vacant, you lose money.

**Enjoy our 45 days Lease out
& 2 year Lease Guarantee!**

- Winner- Best Property Management Company 2015 & 2016.
- Full and customized services offered.
- We are the trusted leader in residential property management & leasing.
- We handle the hassle, you receive the money!



Each office is independently owned and operated.



Own The Property, Not The Stress!

5388 Discovery Park Blvd., Suite 130A • 757-251-9188 • www.rpmvpeninsula.com

RETREAT FROM GREEN SPRING

July 9-10, 2016

Reenactment of American troops' 1781 retreat and encampment at Green Spring Plantation after the Battle of Green Spring. On Saturday, reenactors will march to Historic Green Spring and set up a field camp. Living history programming both days will include artillery and musket demonstrations, a field hospital, and soldiers' camp life. Events are open to the public from 9 am - 3:30 pm each day. No parking on the site; shuttle buses leave from the Park Service Visitor Center on Jamestowne Island. Free. For more information, www.historicgreenspring.org.

Hey Neighbor!

LADIES VACATION BIBLE SCHOOL - FOR LADIES 14 & UP
July 12-14, 2016

7-9 pm. "Catch Your Breath, Catch Your Wave, Catch Your Joy". Join us on this adventure as we dive into 3 different scriptures: Psalm 46:10; Matthew 14:28; 1 Peter 1:8. Location: New Town UMC, 5209 Monticello Ave. Presenter: Karen Bossieux; Worship Leader: Stacey Coopriider. Questions: Contact karen@westgraceministries.org.

Hey Neighbor!

PUT THE SQUEEZE ON CHILDHOOD CANCER
July 15-17, 2016

For the ninth year in a row, hundreds of lemonade stands will pop up throughout Hampton Roads to raise money for an important local cause during Anthem LemonAid weekend to raise awareness and funds for the fight against childhood cancer at CHKD. Families, businesses and community groups are encouraged to register and participate to benefit childhood cancer treatment at Children's Hospital of Lemonade sells for a \$1 donation and 100 % of the proceeds benefit CHKD's cancer program. To register visit AnthemLemonAid.com.

Hey Neighbor!

GREENHOUSE AND HERBARIUM TOUR
July 16, 2016

At 10 am in Freedom Park. Beth Chambers, Curator of the herbarium at the College of William and Mary, will lead a tour through the herbarium, explaining the work of a curator and the importance of these records of plant specimens. Beth will also lead the group through the new greenhouse at the Integrated Science Center. Contact Beth at (757) 221-2213 to register and for more information. Sponsored by the John Clayton Chapter, Virginia Native Plant Society.

Hey Neighbor!

SUNFLOWERS, A NATIVE AMERICAN BEAUTY

July 16, 2016

Freedom Park Interpretive Center at 10 am. This program is presented by James City County native, lawyer and gardener, Andy Bradshaw. He will tell us about the history, cultivation and beauty of the sunflower. The program is free, although a \$5.00 donation to help the Garden grow is appreciated. For more information, contact Andy during business hours at (757) 566-1282 or email him at anabradshaw@aol.com.

Hey Neighbor!

BYOK (BRING YOUR OWN KAYAK) TO NEW QUARTER PARK

July 16, 2016

Bring your own kayak or canoe on third Saturdays through October for out-and-back paddling on beautiful Queen's Creek. The program is offered by York County Parks, Recreation and Tourism in cooperation with Chesapeake Experience. The program is free with your own kayak or canoe and open to the public. Rentals (kayak, paddle, and life vest) are available. New Quarter Park is located at 1000 Lakeshead Drive.

Hey Neighbor!

BACKWARDS BROADWAY CONCERT

July 16, 2016

Backwards Broadway Concert, featuring local talented performers and professionals from Hampton Roads. Come and see the "Six Murder Mistresses" from Chicago, a drag queen from Follies, and Broadway chorus girls. This show not only supports your local community theatre, but also raises awareness for those in need. We have teamed up with Broadway Cares/Equity Fights AIDS. After the performance, we will have a special collection (not part of ticket sales). Shows: 2 and 8 PM, tickets \$12, \$15. For information, contact www.williamsburgplayers.org. Box Office (757) 229-0431.

Hey Neighbor!

FREEDOM STORIES
July 16, 2016

Join Williamsburg native Dylan Pritchett, best known as 'The Storyteller' along with other Virginia Black Storytellers (VirBS) as they share with you Freedom Stories at Freedom Park! The Free Black Settlement area is the backdrop for this special event, held noon-3 pm at Freedom Park, 5537 Centerville Road. All ages welcome. Also featured are unique crafts for kids, music and food available for purchase. Info: (757) 259-4200 or jamescity-countyva.gov/recreation.



Help your loved one thrive in place with

Agapé Home Care

757-229-6115

www.AgapeHomeCareVA.com

- Meal Prep • Transportation • 24/7 Care
- Errands • Medication Reminders
- Light Housekeeping • Bathing • Dressing

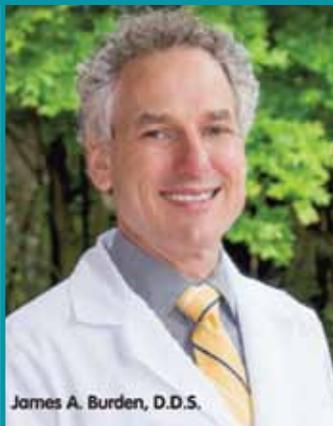
Special Offer to Celebrate Independence Day:



10% OFF First Month of Care for New Customers

Licensed, Insured & Bonded

Best Dentist & Customer Service of 2015



James A. Burden, D.D.S.

We offer:

- Implants
- Invisalign
- Traditional Braces
- Sleep Apnea Treatment
- Cerec Crowns

Offering same day emergency appointments!

Create Your Beautiful, Natural Smile With Us!



James A. Burden, D.D.S. & Associates

Family & Cosmetic Dentistry

277 McLaws Circle • Williamsburg

(757) 229-1224

www.SmilesOfWilliamsburg.com



KICK OFF SUMMER FUN

WITH A LOAN FOR:

BOATS
RVs
MOTORCYCLES
AUTOS



GET OLYMPIC SIZED SAVINGS
- ASK TODAY!

BAYLANDSLOANCHALLENGE.ORG



Membership eligibility required. Rates, terms and conditions are subject to change and may vary based on creditworthiness and qualifications. All loans subject to approval. A Prime Share account (membership) with a minimum deposit is required upon loan approval. See a Member Service Specialist for more details. This credit union is federally insured by the National Credit Union Administration.

Register online at 5k.cdr.org



Saturday, August 13, 2016

Fun Run 8:00am Children's Activities ★ Awards
5K Run/Walk 8:30am Ben & Jerry's Ice Cream ★ Raffle

Start or join a team today at 5k.cdr.org



Be a Hero for Child Development Resources!

Hey Neighbor!

CHRISTOPHER WREN ASSOCIATION COURSE, LECTURE, AND ACTIVITY REQUEST

July 18, 2016

The Christopher Wren Association is a self-funded, volunteer-led organization dedicated to adults of all ages who seek opportunities for learning and enrichment of their lives. This fall, CWA will be offering over 150 courses in a wide variety of subject areas, one-time lectures, various activities, and special events to its membership. Students can submit their course requests beginning July 18. For information about becoming a member, and to obtain a new CWA course catalog, contact us at www.wm.edu/cwa, or (757) 221-1506.

Hey Neighbor

EARLY CHILDHOOD MUSIC SCHOOL FOR INFANTS – AGE 7

July 18 - 22, 2016

Morning or evening classes are available for ages 4-35 months (with parent) and 3-5 years (without parent). Age-appropriate activities are offered through a balanced program of singing, moving, listening, and playing instruments. The Early Childhood Music School is located at Williamsburg United Methodist Church, 500 Jamestown Road, Williamsburg, VA 23185. Tuition for the week is \$40-\$60 depending on the level. There is an additional fee for materials. Register online: ecms.williamsburgumc.org.

Hey Neighbor!

BENEFIT CONCERT FOR THE ARC

July 22, 2016

"The Top Hats" will perform a benefit concert to honor The Arc's 40th anniversary. Hosted by the Williamsburg Adult Community Center the concert will be held at 7 pm at the Kimball Theater. Tickets are \$20. For ticket information, contact chelsea@thearcgw.org.

Hey Neighbor!

A COOL RAVINE BOTTOM WALK

July 23, 2016

From 9 - 11 am in Freedom Park. Park near Go Ape. For information and to register contact Donna at (757) 565 - 0657 or dmeware@verizon.net. Sponsored by the John Clayton Chapter, Virginia Native Plant Society. Walk is free and open to the public.

Hey Neighbor!

PARK TO PARK BIKE TOUR

July 23, 2016

Register for this annual self-guided bicycle tour which starts at Chickahominy Riverfront Park (CRP), 1350 John Tyler Highway! Choose from a family ride (ride as little or as much as you'd like), 15 miles, 30 miles or the NEW Half Century ride (50 miles)! TFee

includes refreshments, pool admittance, maps, support vehicles to help out tired riders and lunch! Exact start times (8 am - 2 pm) & cost (\$10-\$20) dependent upon ride option. Registration forms available online at jamecitycountyva.gov/recreation. Offered in partnership with Williamsburg Area Bicyclists. Weather permitting.

Hey Neighbor!

THE AUXILIARY OF SENTARA WILLIAMSBURG HOSPITAL "BOOKS ARE FUN" VENDOR SALE

July 26, 2016

From 7 am - 4 pm. The RL Graves Conference Room, Sentara Williamsburg Hospital, 100 Sentara Circle, Williamsburg. Books, games, and movies for all ages will be available. Proceeds support the Sentara Williamsburg's Free Mammogram Program. barbiesiegel@yahoo.com

Hey Neighbor!

BLACK LIGHTS & BUGS AT NEW QUARTER PARK

July 27, 2016

From 8:30-10:30 pm, celebrate National Moth Week! Meet Virginia Master Naturalists members of the Historic Rivers Chapter to observe moths and other creatures of the night. Bring your flashlight, camera, and curiosity. New Quarter Park is located at 1000 Lakeshead Drive near the Queens Lake neighborhood. For more information, call (757) 890-5840.

Hey Neighbor!

FLUTE FRENZY SUMMER CAMP

August 1-5, 2016

From 9 am -12:30 pm. Beginner flute players-12th grade Professional Directors, Margaret Carlson and Olivia Stansbury will conduct the instruction as well as special presentations by other professionals. The daily schedule will include theory and technique classes, small ensembles, large ensemble, an opportunity to play the piccolo, alto and bass flutes, snacks, a craft and two small performances. For information and registration please visit the Flute Frenzy Website at www.flutefrenzy.org.

Hey Neighbor!

BUTTERFLY FESTIVAL

August 6-7, 2016

The Williamsburg Botanical Garden will present the Second Annual Butterfly Festival at the Garden in Freedom Park from 9 am - 5 pm. This year there will be two butterfly tents with over 500 butterflies. There also will be craft projects for children, face painting, educational programs for children and adults and plants of interest to butterflies for sale. For additional information, call Karen Jamison, (757) 880-1893 or email her,karenjamison@cox.net.

Williamsburg's IN THE NEIGHBORHOOD photo challenge

COLONIAL WILLIAMSBURG GIFT SHOP WILLIAMSBURG REVOLUTIONS

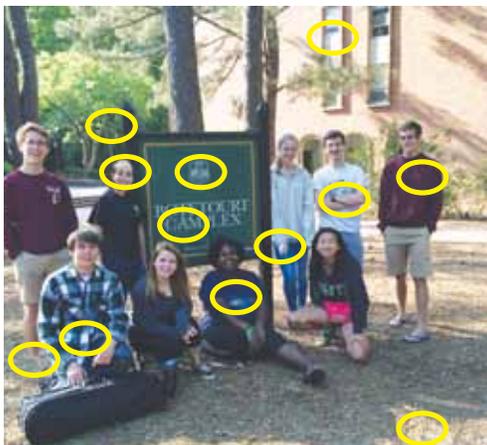
Find the 12 differences
between the original
photograph (top) and
the altered photograph
(bottom).

Enjoy!

ADVANCED LEVEL

Look for the answers
in the next issue of
Next Door Neighbors

June 2016
In the Neighborhood
Photo Challenge





Real Estate. Reinvented.®

CELEBRATE YOUR NEW LIFE IN YOUR NEW HOME



KINGSMILL • \$540,000

Fall in love with this 3,300 sqft, 3 BR - PLUS BONUS ROOM - 2.5 BA, Transitional style home with first floor MBR. Spacious Gourmet Kitchen with granite countertops, double ovens and two pantries! Enjoy the tranquil wooded views from screened porch or large deck. Master suite features bamboo floors, vaulted ceiling and spa like BA with granite countertops.

dianebeal
REALTOR®/ASSOCIATE/PROFESSIONAL
(757) 291-9201
dianebeal@lizmoore.com



GOVERNORS LAND

2948 Nathaniel's Run
New Price ~ \$479,000

4 BR, 3.5 BA, 3,064 sqft
Nestled down a private driveway this magnificent brick home is surrounded by 200+ acres of wooded sanctuary. Make sure you check this one out for more information.
http://2948nathanielsrun.info

Find your way home
Charlotte TURNER
REALTOR®/ASSOCIATE/PROFESSIONAL
757-784-4317
charlotteturner@lizmoore.com



3620 SOUTH SQUARE

Beautiful Brighton floor plan - 2,740 sqft, 2 BR, 2 BA and study with built-ins. Sitting room in MBR. Finished basement with half BA and walk-up attic. 3 season room with attached deck overlooking conservation. MAINTENANCE FREE living! Offered at \$450,000 in The Settlement at Powhatan Creek.

Rebekah BREWSTER
REALTOR®/ASSOCIATE/PROFESSIONAL
rebekahbrewster@lizmoore.com
www.rebekahbrewster.com 757-272-8981



105 Winged Foot

3 BR | 2.5 BA | 2,371 SQ FT
One floor living w/bonus room up
Kitchen with granite
Great Room w/cathedral ceiling & built-ins opens to Sun Room area
Fabulous outdoor living space w/ organic garden area | \$430,000

Deelyn
a passion for home
757-503-1999
Deelyn@lizmoore.com
www.PremierWilliamsburgRealEstate.com



503 RIVER BLUFFS

Kingsmill

River Bluffs Condo in Kingsmill. 2 bedrooms, 2.5 bath. 2833 square feet. Breathtaking views of the James River. Lots of upgrades, underground garage and storage room. Move in ready. \$795,000.

Tim Parker
(757) 879-1781
Cyril Petrop
(757) 879-8811
www.timparkerrealestate.com



QUEENS LAKE • \$405,000

Private deck overlooks beautifully landscaped rear yard & gardens. Front porch, over-sized garage. New roof 2015. Spacious LR & adjacent DR. New flooring & quartz counters in Lg. Kit. 1st floor bedroom could be an office. Family room with custom brick fireplace. Four of the bedrooms, upper hall, Living & Dining room have Hardwood.
http://www.lizmoore.com/111SherwoodDrive

Susan B. Smith
REALTOR®/ASSOCIATE/PROFESSIONAL
757-876-3838
susansmith@lizmoore.com
www.lizmoore.com/susansmith



402 Marks Pond Way • REDUCED 50K!

BUILDER'S OWN HOME! Close to 7,000 sqft! 90+% high efficient gas furnace + heat pump = very low energy bills! Salt water pool with stone retaining wall & fire pit. HUGE basement with wet bar and full bath+BR. Great for a large family that needs space for the retiree that loves space for visitors. Priced well below assessment. \$685,000

William Moore Home Finder
Andrea Pokorny
757.291.9119
andrea@williamsburghomefinder.com



KINGSMILL

104 Blair Ct • \$565,000
3,400 sqft • 4 BR • 4 full BA
ALL BRICK Transitional style home sits on a private almost half acre wooded site. Gorgeous mill work throughout. Gourmet kitchen with quartz island, wet bar and fabulous Bonus Room.

dianebeal
REALTOR®/ASSOCIATE/PROFESSIONAL
(757) 291-9201
dianebeal@lizmoore.com