

January 2018

WILLIAMSBURG'S

Next Door Neighbors[®]

VOL. 12, ISSUE 1

PRICELESS

Discovering the people who call Williamsburg home

Our Volunteers

John Hale



www.WilliamsburgNeighbors.com

Lisa W. Cumming Photography

A 'Joint' Partnership

J.R. Barley, D.O. • Scott R. Kling, M.D. • John P. McGee, M.D.
John McGuigan, M.D. • John F. Sloboda, M.D. • Robyn Vargo, D.O.



Our highly talented team of orthopedists treat a full range of conditions, with particular specialization in total joint replacement, all with a focus on returning you to your regular activity!

Areas of Specialty

- Hand and Wrist
- Foot and Ankle
- Knee and Hip
- Shoulder and Elbow
- Diagnostic and Imaging Services
- Emergency and Trauma Care
- Physical Therapy Services
- Sports Medicine

Meet the team and see patient ratings:
riversideonline.com/wmbgortho

Make an appointment today:
757-645-0303



RIVERSIDE

Orthopedic Specialists —
Williamsburg



120 Kings Way, Suite 2700 • Williamsburg, VA 23185

Doctors' Hospital Williamsburg: *Your Care Partner*



Meredith Collins, Publisher

Reading these stories about volunteers was a genuine pleasure. I felt a little guilty after learning about the amount of time and effort so many of our neighbors put into the agencies they support. I couldn't help but think about how my time could be better spent. As each story unfolds, you will learn that the people we interviewed volunteer for many different organizations to help others.

Think of how many other individuals in our great community are doing similar things with their free time. The stories would be almost endless.

Volunteering seems to have a kind of boomerang effect. Many of the people who give of themselves are returning a kindness that was once given to them. The kindness they give comes back to them and rewards them in ways they never imagined. Above all, every volunteer, without exception, takes more time to uplift and applaud others than themselves.

I hope you will enjoy reading about these neighbors as much as I have. Perhaps one of these stories will motivate you to look for some small way you can volunteer in our community. Pay it forward! NDN

Inside

- 4. John Hale
- 8. Gary Streb
- 11. Susan Baudier
- 15. Barbara Smith
- 20. Terry Lowe
- 23. Trish Barner
- 26. Joni Stevens
- 29. Lynne Clark
- 32. Diane E. Schwartz
- 35. Duncan Hamra
- 37. Kristen Tolj
- 39. Kim Dellinger
- 41. Dr. Kent Marcuson
- 44. Rob Till
- 46. Hey Neighbor!
- 47. In the Neighborhood

© 2018 Collins Group, LLC. Williamsburg's Next Door Neighbors is a community publication solely owned by Collins Group, LLC. It is published monthly for Williamsburg area residents. The stories within this publication are intended to introduce readers to their neighbors and are not endorsements for those individuals, their abilities, interests or profession.

IT'S TIME TO DREAM NEW DREAMS THIS YEAR!



3869 CROMWELL LANE
Welcome to Powhatan Secondary's Cromwell Ridge!

3 BR 2.5 BA with gas FP, garage, patio backing to woods, NEW roof, paint, carpet and more! Only \$219,500



Colleen Hasbines
Out of this world service
757-784-0838

Colleen@WilliamsburgLiving.com
WilliamsburgLiving.com



209 GEORGE WYTHE

Freshly painted, open floor plan, vaulted ceilings, lots of windows & great storage. The 1st floor master suite has a tray ceiling with a well-planned BA and huge closet. Kitchen opens to family room & casual dining. Newly installed beautiful hardwood floors enhance the kitchen, living & dining rooms and 2 story foyer. 3 BRs upstairs plus a loft/media room which have new carpeting. Convenient to shopping, New Town and Rt 199.



NAN PILAND
757-870-0611
nanpiland@lizmoore.com



10 BRAY WOOD • Kingsmill
4 BRs • 3 full BAs • 2 half BAs
3 Fireplaces • 4,869 sqft

Totally renovated, golf front, all brick home. Separate staircase w/bedroom, full bath and bonus room that could be used as an in-law suite or a teen get away. River Course. \$699,000.
<http://10braywood.info>



Find your way home
Charlotte TURNER
ASSOCIATE BROKER
757-784-4317
charlotteturner@lizmoore.com



Thank You for Making 2017 a Great Year!



Mish Vaiden-Clay
ASSOCIATE BROKER
CRS, SRES, GRI, CFP, ABR, e-PRO, ASP
757.810.7133
mishclay@cox.net | www.IKnowWilliamsburg.com



111 OAK ROAD
Kingswood • 349,900

An updated, open-concept floor plan in Kingswood community. Fully remodeled brick ranch, 4BR/3BA with spacious rooms, includes hardwood floors, 2 fireplaces. Kitchen was totally redone, brand new cabinets, granite counter tops, and stainless steel appliances.



The Key to your Success!
Elizabeth Jones
757-870-6235
elizabethjones@lizmoore.com



2013 GERSHAM

Tucked away on a quiet cul-de-sac, this impeccable two-brick front home in Page Landing will not disappoint! Newly renovated 5 BR, 2.5 baths with open kitchen and family room overlooking wooded lot. Offered at \$408,000.



Sue McSwain
Guiding You Home
Realtor®, MS, SRES, SFR
908-400-1440
suemcswain@lizmoore.com



Cover Photo by Lisa Cumming



lisa cumming
photography

www.lwcpphoto.com commercial
757-532-4037 industrial
lisa@lwcpphoto.com architectural
portrait



Lisa W. Cumming Photography

History Well Preserved

By Linda Landreth Phelps

John Hale is, if you'll pardon the pun, a hale and hearty 80 years old. "It's a milestone, true," he says philosophically, "but it's also just another day." Most men who've accomplished that age might be content to define their fun as reading a good book, watching the Redskins on television, or with a hobby such as amateur radio. While John enjoys all those things, he can also be found having fun every Sunday morning at Historic Jamestowne, the

oldest permanent English-speaking settlement in North America. He's there faithfully in all weather conditions for his regular shift as a volunteer interpreter.

John's long legs and fast pace make short work of the pathway from the visitor center to his weekly post near the site of the original James Fort. He lingers in front of the church and archeological sites dressed in his official uniform shirt or windbreaker and name tag,

ready and eager for the opportunity to answer questions.

"Anyone who looks to me like they may have a question, I'll engage in conversation," he says. "One of the most common ones I get is where the ships are. That's the other place. Visitors often confuse us with Jamestown Settlement. They're right next to each other, but we are two different entities and two separate admission fees." The most significant differ-

CHOOSE SENTARA HEART

Trusted and Proven Heart Care From Sentara Cardiology Specialists



Sentara Heart is committed to providing local, advanced heart care to the Williamsburg community and beyond. That's why Sentara Cardiology Specialists is proud to introduce a new board-certified, fellowship trained, noninvasive cardiologist to our care team in Williamsburg.

Meet Our New, Experienced Cardiologist

| Dr. Ravi Srivastava

- M.D. – Vanderbilt University School of Medicine
- Internal Medicine Residency – Cleveland Clinic Foundation
- Cardiology Fellowship – University of Alabama at Birmingham
- Board-certified by the American Board of Internal Medicine in Cardiovascular Disease



To learn more, visit
Cardiology.SentaraHeart.com
or call **757-363-6210**.

Sentara Cardiology Specialists

400 Sentara Circle, Suite 320 | Williamsburg, VA 23188

Cardiology.SentaraHeart.com

Your community, not-for-profit health partner.



ence between the two is that Historic Jamestowne contains the evidence of the original fort uncovered by ongoing archeological digs under the direction of Dr. William Kelso. Anything guests see made of wood is merely representational. "Wood does not survive," John explains. Most surviving 1607 grave sites within the fort are now marked with crosses, where remains have been found, exhumed, and carefully studied for clues to early Colonial life.

The genesis of Historic Jamestowne began with the formation of the Association for the Preservation of Virginia Antiquities (APVA) in 1889. In 1893, this association (comprised of aristocratic ladies and their gentlemen "advisors") acquired 22.5 acres on the western end of Jamestown Island. They were anxious to promote the importance of Virginia in the pages of history. This parcel included 1861 Confederate earthworks and the only surviving structure on the island, the stone bell tower of the church founded in 1639, along with its graveyard.

"Common belief for a long time was that the original 1607 fort was under water, having fallen victim to erosion," John informs the public. "That's why you'll find the statue of John Smith, erected in 1909, facing away from the land and gazing out into the James River."

John also tells of the National Park Service's acquisition of the rest of the island in the 1930s. "We have a joint arrangement, a partnership, with them now. The APVA changed its name to Preservation Virginia ten or fifteen years ago, much less of a mouthful," he says with a laugh. "We are just one of the historic sites around the state which they oversee."

John's special area of interest is archeology, which led him to consider volunteering at Historic Jamestowne after moving to Williamsburg from Northern Virginia. John is currently in his sixth year as a volunteer. "I thought it would be fun to work here, so I filled out the paperwork. I'd done a little low-key stuff previously, nothing that would make me an expert, but I've always liked history. They first offered me a spot in the bookstore," he recalls.

"I said no way. I've always liked to be standing at the actual place where history happened, whether it's Gettysburg or Jamestown." A slot was available on Sunday mornings at the archeology dig site which had been hard to fill. "I'll take that one!" John told them. After a short yet intensive period of training, he was interacting with the public and loving it. "By now I know the answers to most of the questions I get asked, but once in a while someone stumps me. I always say I don't know, but I can find out!"

John's shift is from 10:00 a.m. to 1:00 p.m., but sometimes stretches as late as 2:30. "Until my legs give out," he says with a grin. His post is the approximately one-acre fort site within the palisades wall. He welcomes visitors to the Jamestowne Rediscovery Project and makes sure they realize they're standing within the confines of the original settlement, which wasn't discovered until the 1990s. Because the land had been farmed for generations after the fort was abandoned, surface features had been destroyed. Then the Confederate army

Experienced & Professional

OUR PRACTICE IS PROBLEM SOLVING, OUR PASSION IS PLANNING, AND OUR GOAL IS YOUR PEACE OF MIND.

FOCUSING ON:

- /// Estate Planning
- /// Trust and Estate Administration
- /// Elder Law
- /// Special Needs Planning
- /// Asset Protection Trust Planning
- /// Guardianships, Conservatorships & Fiduciary Litigation
- /// Business Law
- /// Business Succession Planning
- /// Litigation & Dispute Resolution

Visit our website for educational seminars

PEACE
OF MIND
FOR YOUR
FAMILY
Whatever stage of life you're in
ESTATE PLANNING



Richard L. Ferris, Esq.
Estate and Business Planning



Michael G. Montgomery
Estate and Trust Administration



Trey T. Parker
Estate and Business Planning



Rhiannon M. Hartman
Estate and Business Planning



Jonathan B. Osler
Estate and Business Planning



constructed their strategic earthworks, further compromising and obscuring the site.

John's love of history was kindled during the Civil War centennial celebrations in the early 1960s. "In those days I read a lot of Bruce Catton books, then a rather more challenging series, Douglas Southall Freeman's "Lee's Lieutenants". I lived and worked near Civil War campsites, so it was natural that I was drawn to that era."

"Most of my working career was in Fairfax County, and I'm a 1959 Electrical Engineering graduate of Virginia Tech," John shares with Hokie pride. "Our daughter's an '83 grad, and my father-in-law went there, too." The family has genealogical connections on both sides in the Tidewater area, and John's wife, Billie, has a sister who lives in Williamsburg. When it came time to retire in 1999, they stayed on in their home for a while, but John says Billie was so affected by the 9/11 terrorist attack on D.C. that she didn't like the idea of their California grandchildren flying into Washington airports.

"We lived inside the Beltway, and the plane that crashed into the Pentagon probably flew right over our house," he remembers. Williamsburg seemed to them like the perfect destination, a place where Kingsmill residents like the Hales think heavy traffic is having to wait through two light cycles on Route 199.

Genealogy is another of his passions, a natural tie-in with his love of history. "I did my time in the National Archives," he recalls, "but I really got into it seriously in the mid-1990s, when home computers became affordable. It's fascinating and frustrating, because genealogy's like a puzzle and, like most people, I've run into brick walls where there are pieces missing."

John loves being outside on the banks of the James River, interacting with people from all over the world and sharing with them the history of Jamestown. "Somewhere in Beijing there's a framed photograph of me with a Chinese couple," he says with a laugh. It's not all pleasant, though. "I'll admit that the heat in summer is harder than cold winters these

days. I have to be careful to stay hydrated in hot weather and not get dizzy. Sometimes I get so busy I forget to drink enough fluids."

Despite the rigors of weather and long hours on his feet, John has no plans to stop, and may have many more days of service left ahead. After all, there's a long tradition of longevity in his line. "My dad lived to be 90, and my mother passed away about five weeks before her 100th birthday," he says. "Her sister was 102, and their father was also 100 when he died. If you live long enough, mechanical issues start to catch up with you, so I'm not sure yet if I'll make those milestones myself."

Eventually, everyone assumes their place in the ongoing march of history. John Hale is doing his part to make sure those who courageously came to settle the challenging wilderness that once was Jamestown are not lost to memory. People who endured long voyages, hard labor, starvation and bloody battles will never be forgotten, thanks in part to volunteers like John who are dedicated to its historical preservation. NDN

With ChooseHome, a Successful Aging-at-Home Plan Begins...Now



Having a proactive plan for aging the way you choose is the key to its success.

ChooseHome is an innovative alternative or supplement to traditional long-term care that supports aging in your own home while helping to cover long-term care costs.

Start Planning Now! For questions about ChooseHome or to schedule a free assessment of your current long-term care plan, please call 757-585-2654.



ChooseHome member Bruce Hurwitz


CHOOSEHOME

 RIVERSIDE

Powered by Riverside and Williamsburg Landing

Learn more at choosehome.com

An Honor and a Privilege

By Alison Johnson



Lisa W. Cumming Photography

The first two times that Gary Streb experienced hospice care, he experienced it as a son. Hospice workers guided him and his two sisters through the swift loss of their father to cancer in 1983 and then, 25 years later, of their mother to complications from pneumonia.

Both of Gary's parents died peacefully, free of pain. In her final days, his mom spoke the words that would eventually lead her military son to the other side of hospice care, as a vol-

unteer.

"She told me, "These people are just so kind and compassionate and helpful," Gary relates. "Then she looked right at me and said, 'That would probably be something you'd be good at.' It stayed in my mind. It was almost like she gave me a dying wish."

In 2011, about three years after his mother's passing, Gary began working as a telephone and reception volunteer at Hospice House &

Support Care of Williamsburg. He now averages 10 to 15 hours a week in multiple roles, as a patient volunteer, lead gardener and Guild Council member. In 2014, he was chosen as Volunteer of the Year.

Working at least twice a week, Gary, 70, chats with patients, better known as "guests" or "friends," comforts family members, oversees maintenance of the 11-acre grounds, makes home visits to provide caregiver respite, and,

All the Best to You & Yours!



Give Yourself a Present.
Bring Your Company to Anna's!

Authentic Italian Food. From Pasta to Pizza & more!

Anna's Brick Oven
Pizza • Pasta

BEST OF Williamsburg WINNER
757-229-5252
2021-D Richmond Rd.
(Across from Yankee Candle)

www.annasbrickoven.com • Mon-Th: 11am - 10pm, Fri & Sat 11am - 11pm

Certified Public Accountants
Simplicity, Accuracy, and Trust

- Tax Preparation & Compliance (Personal, Business, Trusts, and Estates)
- Assurance & Consulting (Compilation, Review, and Audit)
- Business Advisory & Support (Planning, Payroll, QuickBooks, & Other Accounting Services)




1209 Jamestown Rd.
757-903-4403

www.mossandriggs.com

sometimes, sits vigil as guests draw their final breaths and helps plan memorials.

"No one ever dies alone here," Gary says. "The satisfaction of assisting people with their, or their loved ones, final days is difficult to explain. A hug and a whispered 'thank you' make it all worthwhile. It is an honor and a privilege to be part of their lives."

A hospice volunteer is above all a listener, not an advisor, he continues. Dying guests often become very truthful about their pasts, fears and hopes for their families: "I have heard so many fulfilling, uplifting life stories as well as personal tragedies. People will tell us things that they don't share with their families, their raw emotional thoughts. They may not want to tell their loved ones how afraid they are, or how worried they are about people carrying on without them. But they can tell me."

The volunteer work can be crushingly sad, of course. But Hospice House is not a depressing place, Gary emphasizes. Instead, it is all about enhancing quality of life for as long as possible and then, after a death, nudging loved ones to embrace life again through bereavement programs and support groups. "We are not only about death but living life to the fullest, no matter how long it may be," Gary says.

Founded in 1982 and run entirely on donations, Hospice House provides its services at no cost. Guests have terminal diagnoses such as cancer, congestive heart disease, dementia, chronic lung disease, severe stroke complications and advanced Parkinson's disease or multiple sclerosis. The residential center looks and feels like a spacious country home, not a medical facility, with four guest rooms and a kitchen, family room and sunroom. Each bed has a calming view of birdfeeders and flower gardens.

As leader of the Garden and Green Grounds volunteer team, Gary takes pride in those touches. Every Friday morning, he and anywhere between five to 20 other team members meet to prune, plant, weed, wash benches and fix exterior damage. Gary also oversees volunteer teams from outside groups such as churches, school teams and businesses, which pitch in on larger tasks.

"I want our grounds to give people the first impression that we care, that if we care this much about our appearance on the outside, we must really care about the people inside," he explains. "And we do."

Gary's military service, particularly his time in the Vietnam War, gave him outlooks on life and death that Hospice House has reshaped. Born in Rochester, New York, he moved with his family to Miami as a toddler and considers Florida his home state. He earned a political science degree at Stetson University in Florida and a master's in history/international relations at Creighton University in Nebraska.

While Gary hadn't planned on joining the military, he jumped at an offer to earn \$40 a week by signing up for the Reserve Officers' Training Corps, or ROTC, in college. He went on to a 24-year career in the Army, serving as a Lieutenant Colonel in Military Intelligence. His work spanned from conducting aerial surveillance intelligence in Vietnam to inspecting nuclear missile sites throughout the former Soviet Union under two disarmament agreements. He also helped distribute humanitarian aid when the USSR collapsed in the early 1990s.

Gary's wife, Barbara, is also retired from intelligence positions within the Defense Department. Parents of two and grandparents of four, the

COMBER

PHYSICAL THERAPY

FUSION CHIROPRACTIC

Growing in Providers & Services



Danielle Young, DPT



Daniel Muniz, DPT



Matthew Budavich, DC

- Pre & Post Natal Therapy
- Sports Rehabilitation
- Acupuncture & Dry Needling
- Vestibular Rehab/ Vertigo
- Urinary Incontinence
- Orthotics

Same Quality Care

Cheryl Jones, DPT • Bret Schaller, DPT • Mya Fields, MSPT
Bob Dill, PTA • Scott Brubaker, PTA • Kristin Rosler, MSPT, IMT-C
Kristin Beilstein, PTA • Joanne Gerdner, PTA • Amy Gomez, PTA
Stephen Clark, PTA • Tracy Sawyer, DC

To learn more about our providers

Visit www.ComberPT.com

Two convenient locations!

New Town 757.903.4230

5388 Discovery Park Blvd. Suite 100

Williamsburg, VA 23188

Lightfoot 757.229.9740 & Fusion 757.603.6655

109-B&C Bullfants Blvd.

Williamsburg, VA 23188



& automatically be entered for a chance to win a FREE massage!

couple relocated from Northern Virginia to Williamsburg about 15 years ago and live in Windsor Forest with their spoiled grey tuxedo cat, Jake.

Gary came to Hospice House with a deep personal awareness of how medical workers and volunteers could ease families' burdens, from taking care of the physical needs of hospice patients to providing a shoulder to cry on.

"I remember how they gave my sisters and me the help we needed to be the caregivers we wanted to be," he says. "Being a caregiver is the hardest job you'll ever have. Hospice allows the wives, husbands, sons, daughters and grandkids time to really be with their loved ones and just be families, to enjoy every second to the fullest as much as they can."

Gary also was once more of a "Type A" personality, with powerful memories of Vietnam. "I had a view of death that wasn't what you'd wish for anyone you love," he notes. "You wish for peaceful, painless and, when quality of life is gone, quick. I've witnessed that comforting kind of death so many times now."

He wasn't always the patient, compassionate

person he has tried to become in more recent years. Gary continues, "Hospice House puts what's important and what's not important into perspective. What's important is family. That's it: the love of your family. I have learned to cherish each day, each relationship and each moment."

Not surprisingly, the biggest challenge of the volunteer work is maintaining boundaries. With patients in hospice care for anywhere from a few days to several years, Gary inevitably forms close bonds and friendships. "You have to realize, and remind yourself, that there is going to be an end. You can love people and be told you will always be part of their family, but really you are still an outsider. You have to be able to say goodbye and go on with your life, as they go on with theirs."

Hospice House also helps families say goodbye, with support groups, memorial services, a walking club and organized social outings. Survivors go to movies, plays and restaurants together, as well as on trips inside and outside the United States. One widow and widower even fell in love and remarried. "They found a sec-

ond chance," Gary says. "That was beautiful."

Outside of Hospice House, Gary's other volunteer passion lies with the Master Gardeners of the James City County/Williamsburg Extension Office. As president of the Master Gardener Association, he is involved with homeowner outreach programs and youth programming and is on the board of the Williamsburg Botanical Garden. Meanwhile, his half-acre property at home is so well-tended that a neighbor affectionately calls him "the plant hoarder." He also proudly supports Barbara's volunteer work with the Heritage Humane Society and church-based social and homeless outreach programs.

Gary encourages more local residents to learn about Hospice House, a resource that he emphasizes is a true community effort. While families often are coping with a loved one's death or a certain disease for the first time, as he once was with his father, hospice workers know what to expect and how to help.

"It's a bewildering time, but you don't have to feel alone," Gary Streb says. "Use hospice to take care of your loved one and of yourself, too. Just let us be there." NDN

Celebrate the Extraordinary.



1.25 carat diamond cuff bracelets, available in 18K white or yellow gold. Only here.

THE PRECIOUS GEM

Merchants Square, Williamsburg • 757-220-1115
Open Mon. - Sat. 10 a.m. - 6 p.m., Sunday noon - 5 p.m.
thepreciousgems.com • Like us on Facebook

DESIGNS by REGGIE AKDOGAN

Retina & Glaucoma associates

Retina & Glaucoma Associates specializes in the diagnosis and treatment of retinal diseases and glaucoma.

- Diabetic Retinopathy
- Glaucoma
- Macular Degeneration
- Retinal Tears
- Retinal Vascular Disease
- Visual Field Loss



Dr. Nordlund is a board certified Ophthalmologist practicing full-time in Williamsburg.

- John R. Nordlund, MD, PhD

Fellow, American Society of Retina Specialists

- Retina fellowship at the Mayo Clinic
- Glaucoma fellowship at Johns Hopkins

Fellow, American Glaucoma Society

Open Monday - Friday 8 a.m. to 5 p.m.
113 Bullfants Blvd., Suite A | Williamsburg, VA 23188

757.220.3375 | RGAVA.com

SUSAN BAUDIER



Lisa W. Cumming Photography

ALWAYS ROOTING FOR THE UNDERDOG

By Christopher LaPointe

Who has the desire to help others? Everyone, right? That desire is pretty similar to the ubiquitous New Year's resolutions to lose weight, eat healthier and save more money. We all like to say we have that desire, but how often do we act on that desire? Susan Baudier can say yes. Yes, she has. She has devoted her life to helping others, especially those who are underdogs through no fault of their own. She says, "I've always had a soft spot in my heart for people who are in situations that they can't control. They're the underdogs. And I always root for the underdogs."

Susan was born and raised in the ethnically and socially eclectic community of Mount Vernon, New York. She describes her childhood there as wonderful. "I grew up in an Italian family, but I went to school with all types of people. The city was culturally and ethnically diverse." She credits her childhood in the city and her exposure to so many different

CORNER CUPBOARD Furniture Co.

Custom-Made Amish Mattresses

Queen Mattress Sets As Low As \$699

Amish mattresses made the old fashioned way. Options include 2 sided flippable mattresses and true flexible coil box spring. Zero gravity adjustable beds also available.

www.facebook.com/cornercupboardfurniture

HOURS Monday, Tuesday, Thursday, Friday 10 am - 5 pm
Saturday 10 am - 3 pm • Closed Wednesday and Sunday

On Rt. 33, 5 mi. East of West Point in Shackelfords • Call 804.785.6291

From gas at the station to that impromptu vacation-

It's not just a checking account.

It's part of the family

1.51% APY*
Refunded ATM Fees
Mobile and Online Banking

baylands family credit union
Helping families live better lives.

**TRUST YOUR FAMILY CREDIT UNION.
OPEN AN ACCOUNT TODAY!**
888-843-2520
BAYLANDSFCU.ORG

APY = Annual Percentage Yield. Dividends are compounded daily and credited monthly based on the average daily balance method. You must satisfy all of the requirements in our Truth in Savings disclosure during each qualification period to obtain the qualifying percentage yield. ATM fees may be refunded up to \$25.00 on qualified accounts. If you close your account before accrued dividends have been credited to your account, all accrued dividends will be forfeited. Fees may reduce earnings. No minimum balance required, although \$5 must be deposited into a Share Savings Account in order to open a Grow Green Account. Balances over \$15,000 earn .05% APY. If requirements are not met, the APY on all balances will be .05% APY and normal ATM fees will apply. This rate is effective as of 10/18/2017 and is subject to change. See Member Service Representative for additional disclosures. This credit union is federally insured by the National Credit Union Administration.

cultures and people as one of the reasons she became interested in helping others. This led to an interest in nursing.

After completing nursing school in her native New York, Susan and a couple of her friends hopped on a bus and came to Virginia, where they met up with a few Navy sailors. For the next three years, while she was still working at a hospital in Yonkers, she kept in contact with David, one of the sailors she met while vacationing in Virginia. David joined the Newport News Police Department shortly after leaving the Navy. Within a year, Susan and David had married, and she had relocated to Virginia permanently.

The happy couple settled down and raised a family in her new state. Susan continued to work as a nurse in a variety of different fields and specialties, including working for a cardiologist in emergency rooms and in hospice care centers. She was content to be helping others as a nurse and raising her children with her loving husband.

Happily retired in 2013, Susan's yearning to help others no longer included nursing as an outlet. While reading a local magazine, she came across an article about Literacy for

Life. The article was about the newly developing Health Education and Literacy (HEAL) program. One of the unspoken calls to action of the article was a request for volunteers. Interested by the possibilities, she volunteered. Thinking back, she describes the difference between working and volunteering, "I'll never work for anybody another day; that's why I volunteer."

Susan was particularly drawn to the HEAL program given her healthcare experience and love of helping others. The program was set up to educate people to communicate with their healthcare providers more effectively. When a person cannot explain his or her needs to the doctors and nurses, there is little that the healthcare providers can do. People may need help pronouncing the names of medications and diseases, or they may need help determining when or if they should go to the emergency room or wait to schedule an appointment with their doctor. Her students also learn what questions to ask when they see their primary care physicians. When it comes to one's health, communicating effectively is necessary. Susan says, "You have to be able to make your provider understand what you need, or else, how

are you going to get it?"

After attending a training seminar by Literacy for Life to develop teaching techniques and best practices, Susan started as a tutor for adult education. The HEAL program was still getting off of the ground at this point, and Susan's unique talents could be applied elsewhere until the HEAL program was ready.

At that time, Colonial Williamsburg and Literacy for Life had a reciprocal agreement. Employees of Colonial Williamsburg could take classes for occupational and personal development. One of Susan's first students was a gentleman who had been working in Williamsburg for more than thirty years, but who had not tested well in written portions of his yearly evaluation. His reading and spelling skills were not up to par. He could not use a computer at all. His wife handled the household finances.

Each week, Susan would ask him what he wanted to work on. Together, they slowly developed his literacy and comprehension of some of the real world skills, like logging checks in the ledger. Early on, the lessons involved reading the newspaper and Susan checking for understanding. Later on, Susan helped him develop his computer skills. He even got himself a li-



Your Life. Your Style. Your Plan.

*Call to learn more and reserve your space
in our exclusive New Neighbors Program –
only a few spots remain!*

Call today! 757-585-4435

Your Vibrant Lifestyle. Your Plan for Tomorrow.

Live vibrantly at Williamsburg Landing, enjoying an all-inclusive resort lifestyle that emphasizes choice, convenience and comfort. It's easy to relax today when you have a plan for tomorrow, with all levels of care available.

Best yet, Williamsburg Landing is the only Life Plan Community in the Hampton Roads area to earn distinguished accreditation – regarded as the mark of exceptional quality. Less than 15% of communities in the country have earned this distinction!



WilliamsburgLanding.com

5700 Williamsburg Landing Drive | Williamsburg, VA 23185



WHAT QUESTIONS KEEP YOU UP AT NIGHT?

DO YOU PLAN ON DOING YOUR BUSINESS
FOREVER? WHAT IS YOUR BUSINESS WORTH?
CAN YOUR BUSINESS SURVIVE WITHOUT YOU?

February 2, Session 1: **Business
Structure and Asset Protection**

February 16, Session 2: **Business
Model and Business Growth**

March 2, Session 3: **Business Growth/
Financing and Valuing the Business**

March 16, Session 4: **Disposition of
Business**

**WORKSHOP FACILITATED
BY FINANCIAL
ADVISORS PAUL ROA AND
JEFF HAMMER**

with special guest
RON MONARK

*Managing Director of Alan B. Miller Entrepreneurship Center and
W&M Lecturer of Business*

Business workshops take place every
other week starting February 2 through
March 16
Friday 1 pm-5 pm
Final follow-up workshop on March 30

W&M Mason School of Business
Miller Hall Room 1069

To receive a parking permit, please RSVP to
katelin.goolsby@nm.com

brary card. They worked together for a number of years. Eventually, he was a keynote speaker at a local event. This was one of the highlights of Susan's burgeoning career as a volunteer.

As HEAL got going, Susan attended another training seminar to prepare her for tutoring those courses. She believes it is imperative that people understand the words used around them, especially when it comes to their health. "Literacy equals outcome," she says. "If someone does not understand their diagnosis or medicines, their outcome isn't going to be very good." Susan was finally going to be doing what drew her original interest to Literacy for Life.

Thus far, all of Susan's students have been English as a second language learners. Looking at the textbooks for HEAL and other programs, she is reminded of her own time learning this information. She remembers how challenging the language was for her, and she was a native speaker from a good home and school system. "The language barrier – that's the hardest part." Getting her students to comprehend medical jargon is no easy task. But the reward for the hard work Susan puts in is more than enough to keep her going.

Her students have taught her a few tricks along the way. She overheard a conversation between two of her students discussing how one was able to remember something the other struggled with. The advice stuck with both Susan and her student. When she could not seem to remember the definition in English, she would just remember it in her native language. Since then, Susan has been passing along this advice when she sees her students struggling. Sometimes, misunderstandings between Susan and her students arise due to different facial expressions and mannerisms used by people with different ethnic backgrounds. Susan uses what she knows about non-verbal communication to help her figure out if her students are comprehending. Unfortunately, not all cultures show understanding or confusion in the same way. In other cases, some of her students do not know enough to know that they do not understand. This is just a slightly different twist on the language barrier.

Susan works with people at all stages of development. She will get some students before they even start the official programs, as a sort of prep course. She gets others at the start of the programs, and in one case even after the

program began. She helped students prepare for the lessons and review the previous lessons. For one program aimed at helping people become medical assistants and nurse's aids, she helped out with the practical parts as well. She is always careful to point out that they need to study on their own, too.

Literacy for Life is constantly developing new programs. Susan is excited about one of these programs that will assist students in finding employment. They will learn interviewing skills and resume writing skills. They will get pointers on dressing for the job they want as well as how to act appropriately in the interview and once they have the job. Susan's experiences with managing patient care in hospice centers have afforded her plenty of opportunities to conduct interviews, making her a perfect candidate for teaching these courses.

While, she says she will never work another day in her life, Susan is far from letting herself sit idle in the house. Her desire to help others cannot be contained. She shows no sign of slowing down or stopping any time soon. Who knows, maybe the next Susan is out there reading this article and making the choice to volunteer for Literacy for Life. NDN

HAPPY NEW YEAR!

Make 2018 the Best Yet!

Best Peruvian Chicken!

The Only Latino Food in Williamsburg

Family Owned and Operated

Lunch Buffet \$8.99

MON - FRI
11AM - 2PM

New Winter Hours:

Mon.-Thurs.
10:30-4
Fri., Sat., Sun.
10:30-10

20% Off Dinner Entree

Excludes whole chicken and pupusas. One coupon per table. Excludes alcohol. Good through 2/28/18.



El Sabroson
TRADITIONAL
LATIN FOOD

Voted Best Latin Restaurant 2016

DINE LOCAL!

122 Waller Mill Rd.

Located in the K-Mart Shopping Center next to Tu Tienda

(757) 220-3145

www.ElSabrosonVal.com

DECORATING DEN INTERIORS®

Creating Beautiful Homes One Room at a Time.

- COMPLIMENTARY IN-HOME DESIGN CONSULTATION
- CUSTOM WINDOW TREATMENTS
Designed & Installed
- FURNISHINGS
- FLOORING
- BEDDING
- LIGHTING
- KITCHEN DESIGN





Amy Ahearn | Interior Designer

(757) 378-2785 ~ (757) 561-6592

AMY@DECORATINGDEN.COM • AMY.DECORATINGDEN.COM

14 NEXT DOOR NEIGHBORS JANUARY 2018

BARBARA SMITH



Lisa W. Cumming Photography

Giving IS GOOD

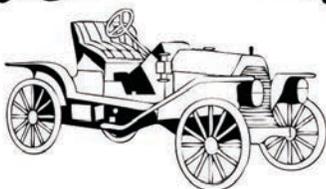
By Laura Lane

Visit the Pineapple Gift Shop at Sentara Williamsburg Regional Medical Center any Friday morning, and you'll find volunteer Barbara Smith ready to help choose a gift for your loved one. But she often has a chance to provide something more.

"Listening when people have a story they need to tell is also part of that," she says. "All of us feel like we've helped ease some of what's going on for folks." A board member and past

Auto Wash, Lube & Detail Shoppe

Buggy Bathe



2217 Richmond Road • Williamsburg
(Across from Yankee Candle)

757-220-9315
www.buggybathe.com

WE SERVICE ALL MAKES & MODELS!



OPEN 7 DAYS

- Express Washes
- Interior Services
- Complete Detailing
- Tire Rotation
- Oil & Lube Service
- Preventive Maintenance

\$15⁰⁰
OFF

**COMPLETE
DETAIL**

BUGGY BATHE

Not valid with other discounts or coupons. With this coupon. Expires 1/31/18. NDN

\$10⁰⁰
OFF

OIL CHANGE



with a
CAR WASH

BUGGY BATHE

Not valid with other discounts or coupons. With this coupon. Expires 1/31/18. NDN

\$3⁰⁰
OFF

**GOVERNOR'S
CARRIAGE WASH**

- Full-Service Wash
- Undercarriage Wash
- Triple Foam Wax • Polish Wax
- Dash Protectant • Wheel Magic
- Tire Gloss • Air Freshener

BUGGY BATHE

Not valid with other discounts or coupons. With this coupon. Expires 1/31/18. NDN

president of the hospital's Auxiliary for more than a decade, Barbara began her volunteerism journey in this gift shop, the Auxiliary's largest source of fundraising.

Barbara had previously enjoyed 18 years as a part-time receptionist with furniture retailer Ethan Allen, where she made close friends. "It was a very good time of my life," she says. "I loved the opportunity to meet all kinds of customers from around the country and to work with interior designers. They gave great advice and helped me with my home. It was a lot of fun."

But eventually, the time came to switch gears. "I didn't feel like I needed to be a paid employee anymore, so I started looking for volunteer opportunities," Barbara says. After exploring the options, she decided to help at the hospital gift shop. "Before I knew it, I was on the Auxiliary board and became president a few years later," she says. "It has been a continuous ride since then. Once you get on, it's hard to get off." Currently, Barbara chairs the planning and funding committee.

The Auxiliary was established in 1962 to provide assistance to Williamsburg Community Hospital, later acquired by Sentara. "It's a great organization that does so much for the hospital," Barbara says. "A lot of people don't realize that we raise money annually to support programs that wouldn't normally be funded." One initiative has provided almost \$750,000 for free mammograms to uninsured women for 20 years.

Other contributions include 900 hand-knitted newborn hats per year, age-specific gift bags for children in the ER, a simulated car to help with orthopedic rehabilitation, free hats, wigs and scarves following treatment-related hair loss, and healthcare education scholarships. The purchase of a freezer for donated, pasteurized breast milk has increased the Family Maternity Center's breastfeeding program by 50 percent.

A recent project, the first of its type in Virginia, is a mobility park requested by the Sentara Therapy Center at the YMCA. "The hospital staff knows we're there to support them, and

they have wonderful ideas," Barbara says. "This park enhances therapy for mobility issues. It gives people with joint replacements the opportunity to practice on various outdoor walking surfaces and gain confidence."

Though Barbara hears much positive feedback, one incident remains most memorable. It was after the Auxiliary had purchased the Bioness®, a nerve-stimulating medical device to increase mobility for people with neurological disorders. "We were at a meeting, watching a video of a former teacher with multiple sclerosis who was unable to walk or work anymore," she says. "It depicted her life at home with three children and the limitations she faced in a wheelchair. But she was a Bioness® patient. They put those devices on her legs and she got up from the audience, walked to the podium and spoke to us! We were so thrilled."

Results like this only come after a lot of work, like the intense planning involved with the Auxiliary's annual fundraiser. Barbara co-chaired this year's event, "We Should Be Dancing," successfully raising more than \$23,000 to

Need Assisted Living or Memory Care for Just a Few Weeks? Come stay with us!

Edgeworth Park at New Town has fully furnished apartments available for a short term stay. With our 24/7 nursing staff available, 3 meals per day, weekly housekeeping and laundry - the only thing you will have to worry about is *feeling better!*

Schedule a tour - Call (757) 345-5005



EDGEWORTH PARK
at New Town

5501 Discovery Park Blvd., Williamsburg, Virginia 23188 | EdgeworthParkatNewTown.com

supplement proceeds from the volunteer-staffed Pineapple Gift Shop. "We're trying to improve the quality of life within the hospital for staff, patients and visitors, giving them more opportunities for better outcomes," Barbara says.

Barbara is also passionate about supporting the Colonial Williamsburg Foundation, serving as an active volunteer at its donor reception center, the St. George Tucker House. "I love going to C.W. every day, meeting people from around the world and sharing our love of history. I see the people who want C.W. to suc-

ceed. We all treasure it."

But that's not all. Barbara serves as moderator of an 18-woman community outreach circle at Williamsburg Presbyterian Church, where she and Bob, her husband, are members. A historical traveling group called the Antique Adventures relies on her as their newsletter editor. She has served as "queen" of a Red Hat ladies group, as well as a leader in the Kingsmill Women's Club.

Being such an active volunteer is not something Barbara set out to do. "It just happens,"

she says. "Before you know it, the word 'no' doesn't seem to be in your vocabulary and here we are."

Born in Chicago, Barbara and her two younger brothers moved frequently with their parents due to their father's Navy service. While he was stationed in Hawaii, she became a college student at the University of Hawaii. "I think I was studying boys," she says with a smile. She was actually studying liberal arts, but her life soon took a different route.

At a party, 19-year-old Barbara met Georgia-

Why We Volunteer

"It broadens my horizons to meet learners from all walks of life and from different cultures."

"I have had a blessed life, and it's so satisfying to give back."

"I am new to Williamsburg, and I wanted to get involved and meet like-minded people."

"I enjoy the challenge of learning new skills."

"It's satisfying to help someone achieve their goals."

Literacy for Life tutors teach adults reading, writing, math, ESL, health literacy, GED prep, work skills, and family literacy. Come join us!



757-221-3325

literacyforlife.org

native Bob Smith, who was stationed in Hawaii with the Army, but not for much longer. Their first date was January 5, 1965 and just a few short weeks later, they were married and off to Bob's new post in Alabama. After a one-year deployment to Vietnam, Bob's 27-year military career took the Smiths all over the world.

"The most interesting place we lived was South Korea in the mid '80s," Barbara says, remembering spontaneous trips with her girlfriends to Tokyo, Hong Kong, Bangkok, and Manila. "It was exciting and different, a wonderful opportunity."

Because of Barbara's military upbringing, the frequent moves didn't come as a shock. "Actually it was kind of fun," she says. "I was a shy child and never really enjoyed moving. But as a wife, I had a partner. And of course he always knew the men he worked with, so we'd go to social functions and we were immediately connected and had a family."

When Bob's final assignment brought him to Hampton, the Smiths purchased the Kingsmill home where they've now lived for 32 years. He

later served as assistant manager for the James City County Service Authority. "We had been stationed at Fort Monroe before, so when we had the opportunity to come back, we were so happy," Barbara says. "We've always liked Virginia." Barbara's late parents also lived nearby in Virginia Beach. In fact, her mother followed Barbara's lead in community service, receiving several designations as the Virginia Aquarium's "Volunteer of the Year."

Barbara and Bob have two children. Their first, Kristin, was born with Down syndrome. Today at age 49, Kristin thrives in a Toano group home, is an active member with The Arc, and volunteers at the Sentara hospital like her mom. "She is one of these types of folks that has never met a stranger," Barbara says. "She's so friendly, outgoing and fun to be with. She adds a lot anywhere she is. Her limitations don't show up as much because of her wonderful personality."

Kristin's younger brother, Rob, graduated from the University of Kentucky and moved to Atlanta, where he serves as director of video

management for the Atlanta Braves. "He loves his job," Barbara says of her son. "He travels with the team everywhere they go, so we've enjoyed seeing the Braves play at lots of baseball stadiums." Rob and his wife, Carmen, also gave Barbara and Bob a grandson, Tyler, almost 10 years old.

Though the Smiths wish they could see their Georgia family more often, they have no doubt that this is where they belong. "Williamsburg just has a charm that is hard to overlook," Barbara says. "The community is large enough but not so big. It's nice to go to the store, church or wherever, see people you know and just feel like you're part of a community here. Whenever we come home from traveling, we think, 'Oh, we're back in Camelot.'"

Clearly invested in our community, Barbara Smith has no plans to stop volunteering. "I like to be with people," she says. "I like to do things that are helping people. I get as much from it as I give, or more. I don't know what I would do without these groups. I feel like I'm contributing, and I hope that I am." NDN

GOOD FOOD, CONVERSATION & A GREAT MEAL!

1/2 PRICE
APPETIZER OR DESSERT

Classic American Dishes
Fork Tender Pot Roast, Grandma's Meatloaf, Fall off the Bone Ribs

Contemporary Dishes
Jamaican Jerk Chicken, Pad Thai, Creative Vegetarian Dishes

Sandwiches and More!

Coupon not valid with other discounts or specials. One coupon per table. Expires 1/31/18

Please Join Us for Lunch or Dinner!

NOW SERVING BREAKFAST SAT. & SUN. 8AM TO 11AM

REDEEM YOUR BLUE SECRET SANTA CARDS from Jan 1st to Feb 12!

FOOD FOR THOUGHT
1647 RICHMOND RD. • 757-645-4665
Open 11am Mon.- Fri. • 8am Sat. & Sun. • foodforthoughtrestaurant.com



Find conversation, experiences, and new memories for adults with early memory loss and their care partners



January 19
2-3:30 p.m.
James City County Library
Don't forget to tell your neighbor!

SPRAINS, TWISTS, PULLS AND BREAKS DON'T STAND A CHANCE AGAINST OUR

SUPER SPECIALISTS



ONE POWERFUL TEAM—WITH THE RIGHT EXPERT FOR YOUR ORTHOPAEDIC TREATMENT AND RECOVERY

A stress injury of the hand or foot requires different expertise than a torn rotator cuff or a chronic condition like arthritis. That's why we introduced the concept of super-specialized orthopaedics to the region. Whether you just got hurt playing your sport, or need relief from aches and pains that have hindered your mobility for years, we'll match you with a doctor who has dedicated an entire career to orthopaedic issues like yours.



Tidewater Orthopaedics
Specialized Care You Can Trust

RATED

S

100% SPECIALTY-
TRAINED
ORTHOPAEDICS



CAREPLEX
ORTHOPAEDIC
AMBULATORY SURGERY CENTER

HAND AND WRIST | FOOT AND ANKLE | HIP AND KNEE | NECK AND SPINE | SHOULDER AND ELBOW
JOINT REPLACEMENT AND REVISION | SPORTS MEDICINE | TRAUMA AND FRACTURES

HAMPTON | 901 Enterprise Parkway, Suite 900 | WILLIAMSBURG | 4037 Ironbound Road
(757) 637-7016 | WWW.TIDEWATERORTHO.COM



Here to Help with Taxes

By Lillian Stevens



Lisa W. Cumming Photography

About seven years ago, Terry Lowe was looking for fulfilling ways to invest his new-found free time. After a fulfilling career with the United States Air Force, followed by a decade of working for commercial airlines, he was retiring.

Over the years, the family visited Williamsburg a few times and enjoyed their visits.

“I always felt at home in Virginia,” he says. “We lived in Virginia three different times when my dad was in the military, so I finished high

school in Virginia, then did my undergraduate work at the University of Virginia.”

After majoring in aerospace engineering at UVA, Terry went on to earn a master’s degree in aviation safety. His education had served him well, professionally, but with retirement, he wasn’t sure what the next step would be.

“I had 40 hours a week on my hands!” he exclaims.

Like many of their Fords Colony neighbors, Terry and his wife, Georgia, felt they found the

perfect place to retire. They quickly settled in, becoming very active in their neighborhood and their church community, where they are regular volunteers.

Still, Georgia was a tad worried about her husband. “He doesn’t really have a lot of hobbies,” she says with a chuckle. “And he’s not a golfer.”

Terry, however, swiftly set about filling up those extra 40 hours.

“Right away I saw an ad,” he says. “Wil-



Love at 425°



25% OFF
Your Order
purchased at regular
menu price

Applies to walk-in and call-in orders only.
Must present coupon at time of purchase.
Must present coupon.
Phone ahead. We'll have it ready.

757-903-2156
www.papamurphys.com
4680 Monticello Marketplace
Shopping Center
Expires 2/28/18

No Insurance? No Problem!

Purchase Our **Annual Membership Program**

For \$280 per person*, receive:

- 2 exams, 2 cleanings (without signs of gum disease),
- 1 set of x-rays, and 15% off any treatment done in the office.

New patient exam (exam, cleaning, X-rays) regularly \$352.
Annual savings of \$234 for exams & cleanings! No Waiting Period!

Call 757-280-1347 to receive this offer today!
*SOME RESTRICTIONS APPLY.



Curry Dental Center
Dr. Lisa J. Curry





Dr. Lisa J. Curry

312-H Lightfoot Rd., Williamsburg, VA 23188
757-220-3450 • www.williamsburgdmd.com

Williamsburg AARP Foundation Tax-Aide was looking for volunteers. The timing was such that I was too late for training as a tax counselor that year, but they brought me in as a program facilitator.”

Program facilitators greet clients upon arrival, and make certain they have all of their state and federal tax paperwork in order. After a year in that role, he completed counselor training and quickly learned the IRS ropes, as well as Virginia tax laws.

Terry and his Tax-Aide colleagues are all volunteers. Certified by the IRS annually (upon passing a pretty comprehensive test), they are prepared to complete all common forms and schedules for individual tax returns. Business forms are generally limited to Schedules C, D and SE. The program operates out of two locations, one at the Williamsburg Regional Library in town, and another at the James City County Library in Toano. During a volunteer’s first year, he or she will work with a mentor. “We use a program that the IRS provides called TaxSlayer,” Terry says. “We ask the client a standard set of questions, follow up on certain issues and then enter their information online. It’s very easy.”

Once the information is entered, the returns are printed out and reviewed. Each tax return undergoes a second level of review by a quality reviewer before being filed electronically. Terry says that sometimes the IRS will send someone like a secret shopper posing as an ordinary taxpayer. “It’s like a double check on us but we do well,” he says. “Our accuracy rate is pretty good.”

Generally intended for senior citizens, Tax-Aide also serves low and moderate income taxpayers of all ages. At one end of the spectrum, there might be the young adult with his or her whole life ahead, but who never completed a tax return. At the other end, there might be an elderly person whose spouse just passed away.

“I have helped a widow who came in with a grocery sack full of a year’s worth of receipts and paperwork,” Terry says. “She laid her papers out on the desk and asked if I can help her.”

He did.

“No matter who your client is, you talk to them and hear what they have to say. As you spend time getting to know that person, you begin to understand their story. The first thing to do is to be a good listener and help get them organized.”

Some tax returns are completed pretty quickly, while others require more effort.

“It can take some time helping a client sort through all of their documents,” Terry says. “But sometimes people need that kind of help. And they honestly appreciate what we do. I don’t know where else they’d turn.”

He and his 60 local volunteer Tax-Aide colleagues will typically prepare about 3,000 returns between February 1 and April 15. They take clients either by appointment or as walk-ins.

“Usually, the first couple of weeks are packed,” he says. “And so are the last couple of weeks! In February, we tend to see people who want their money back right away. In April, it’s mostly the ones who don’t want to pay before they have to.”

The majority of clients tend to be repeat customers.

“That makes it go really smoothly, because we can log in to the computer and pull up last year’s return for a good starting point.”

As tax season approaches (and all year round, really), Terry is looking for new volunteers.

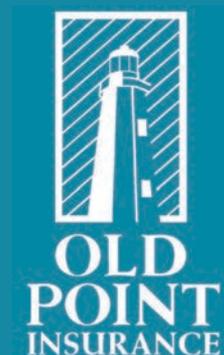
“Recruiting is ongoing,” he says. “Volunteers don’t have to be AARP

Old Point Now Offers Insurance



Your trusted financial partner now offers a full suite of personal and commercial insurance options.

Contact us below or visit any Old Point location.



OldPointInsurance.com

757.224.1463

info@OldPointInsurance.com

Insurance products offered through Old Point Insurance, LLC, a wholly owned non-bank subsidiary of Old Point National Bank, are not deposits, are not insured by the FDIC or any other Federal Government Agency, are not guaranteed by the Bank or any affiliates, and may go down in value.

Agapé Home Care

Personal Care & Companion Services

 Start the New Year with
Our High Quality Care

757-229-6115

Wishing you Fun, Friendship,
and PEACE OF MIND in 2018



- ✓ Meal Prep
- ✓ Bathing
- ✓ Errands
- ✓ Light Housekeeping
- ✓ Medication Reminders
- ✓ Transportation & More

Revolution Golf and Grille

Revolutionizing Your Dining Experience



10% off
Meal Ticket

Excludes specials, other coupons, alcohol and gratuity.

Offer expires 1/31/18.



1430 High Street, Williamsburg
(off of Richmond Rd.)

757-645-4711

www.revolutiongolfandgrille.com
Locally owned and operated

Join Our Leagues!
Indoor Winter Leagues Starting!

members, accountants, or even a math whiz. Mainly, we're looking for people who are comfortable doing their own income taxes, people who are good with attention to detail, and especially people who enjoy working with a team of people and with the public."

Comprehensive training is provided, as is a mentor to work one-on-one with new counselors throughout their first year. "A lot of our volunteers have never prepared professional taxes before, so we all go through the training."

Terry has had great luck recruiting a few volunteers from the student body at William & Mary. "I have visited the business school there, especially their tax classes and master of accounting classes. Last year we had four really good students helping us out."

He hopes that as they graduate and enter the business world, the students will continue to volunteer their expertise and become involved in their community.

Terry clearly enjoys what he is doing because he's coming up on his eighth year. "I guess you could say it's the people who keep me coming back because they are just so thankful for what we do. Some even try to pay us."

As non-profit organizations, AARP Tax-Aide and its sister tax preparation group, Volunteers in Tax Assistance (VITA) do not charge money. "Sometimes, a client brings us cookies, though," Terry says with a laugh. "That's allowed."

One of the best ways for a client to express thanks to these organizations, of course, is to simply spread the word about the services they offer. "The best publicity is word of mouth. So, I encourage them to tell their friends."

In the off-season, Terry manages to keep busy with other Tax-Aide endeavors. "I have a couple of different roles," he says. "In addition to being a tax counselor, I'm the district's communications coordinator. That involves publicity for the program, as well as recruiting and training volunteers."

Terry also serves on a national task force for recruiting and retention, and as communications specialist for the Virginia AARP partnership. As such, he is responsible for the coordination of communications for all 12 districts throughout Virginia.

While his own background is not in the business or tax realm, volunteer activities and a sense of pride in giving back to the community are not new concepts for Terry.

"Over the years, I volunteered a lot," he says. "When our son was growing up, I was active in scouts, coaching, school and things like that. As we moved around, I was always involved in church activities too."

Those were busy years, especially considering Terry spent three decades in military service. Indeed, Georgia calls the Air Force their family business. "My father had 30 years in the Air Force and retired out of Langley," Terry says. "Then, I put in my 30 years. We have a son who has served 20 years and is now working at the Pentagon."

The couple recently celebrated their 45th wedding anniversary and enjoy frequent visits with their son, daughter-in-law and two granddaughters who live in Northern Virginia.

It's a busy time, of course, and will soon be getting busier with a new tax year underway. For Terry Lowe, the takeaway is simple. He derives great satisfaction from helping people. "I think of all the things that people gave me when I was growing up," he says, "and I feel there is value in giving back." NDN

TRISH BARNER



Lisa W. Cumming Photography

Volunteer Coordinator

By Brandy Centolanza

Trish Barner views her role as volunteer coordinator for Colonial Williamsburg as more than just a job. “For me, it is not just about having a working relationship with the volunteers here,” Trish says. “It’s about friendship. My volunteers are my friends. If you are a good friend, you’ll do anything for your friends.”

Got Game?

February Issue of

Next Door Neighbors

Publishes January 25, 2018

Advertising Deadline January 9th

For more information call

Meredith Collins at 757-560-3235



HOME AUTO BUSINESS

Providing you with knowledge, service, and a strong commitment to our community.

Mike Rock Agency

Call Us Today **757.564-8900**

1303 Jamestown Rd. Unit 119, Williamsburg • www.mikerockagency.com

Trish takes that to heart. She often checks in on her volunteers when they are ill, sends them cards to let them know she cares, and has even spent an afternoon in the hospital with one volunteer who injured herself in a fall.

"I try to stay on top of things with my volunteers," Trish says. "I do want them to know I care about them, and if they are hurting in any way, I want to help. I just love my volunteers. I really do."

As the volunteer coordinator, Trish oversees roughly 1,000 people who dedicate their free time in all areas at Colonial Williamsburg. Her volunteers describe her as the mother hen. Trish looks to Colonial Williamsburg President Mitchell B. Reiss and his wife, Elisabeth Reiss, for inspiration when it comes to working with the volunteers.

"Colonial Williamsburg truly values their volunteers," Trish says. "Mitchell and Elisabeth are great with them. When Elisabeth first came here, she was a volunteer. That speaks volumes. They are so incredibly kind and thankful for the volunteers. And that makes me thankful, to have my superior see value in what the volunteers do here at Colonial Williamsburg for us every day."

Trish has been a part of the Colonial Williamsburg family for nearly ten years. She started at the front desk at the Franklin Street offices and later applied for the position of volunteer coordinator when it became available in 2010.

"It just seemed like a natural fit for me because I love working with people," she says. As the volunteer coordinator, Trish helps with recruitment of volunteers, schedules their time, and keeps track of their hours.

"Our volunteers help us here in all facets," she says. "We also have a number of on-call volunteers who help us with special projects and other things. Our volunteers are a great group of people, and they will do anything they can to help."

A majority of Colonial Williamsburg's volunteers are retirees who come from all walks of life. Other volunteers are doctors, lawyers, or housewives and other individuals who have a love of history. Trish also works with about 120 youth volunteers between the ages of eleven and seventeen who devote time over the summer as part of the Junior Interpretive program. The children and teens help educate guests on what life was like as a kid during the 18th century.

"The most rewarding part of my job is all the

people I meet," Trish says. "They are incredibly gifted, so kind, so humble and so giving."

Volunteers at Colonial Williamsburg fill a number of roles. Some paint fences, work in the gardens, or muck the stalls at the livestock stables. Other volunteers greet visitors as they arrive at Colonial Williamsburg and help them plan their day or give tours at The Art Museums or Wetherburn's Tavern.

"They are so generous with their time and talents," Trish says. "We have volunteers who are photographers. Two of them helped write a book. I have a volunteer who comes in and helps me once a week. Our volunteers like to assist in any way they can."

One challenging aspect as volunteer coordinator is finding positions that are suitable for people or placing them where they specifically want to be. A lot of volunteers, for instance, want to spend time at the popular Liberty Lounge, which opened last year as a place for veterans and their families to come and relax and recharge.

"Meeting the needs of my volunteers can sometimes be difficult," Trish says. "I receive volunteer applications every day. Being able to place everyone who wants to volunteer and find-

Celebrity Edge, the first in our new Edge Class of ships designed to leave the future behind.



Infinite Veranda, where with the touch of a button, your entire living space becomes the veranda, letting you walk right out to the water's edge.



Introducing Eden, a tranquil garden escape featuring stunning panoramic ocean views and an atmosphere that changes throughout the day.



The Magic Carpet is an extraordinary venue that changes mood, function, and even its location, with breathtaking views reaching 13 stories above sea level, a full bar, and space for live music performances.



The Rooftop Garden is full of unexpected pleasures day and night. Enjoy BBQ at the Rooftop Garden Grill, dance to live musical performances, sip a refreshing cocktail, or just lie back on a comfy lounge and gaze up at the sea of stars.

**7-NIGHTS
WESTERN
MEDITERRANEAN**

**June 15, 2019
Rome to Barcelona**

**June 22, 2019
Barcelona to Rome**

Prices from \$1499 pp

Celebrity X Cruises®

**Call the Travel Professionals
at Warwick Travel!**



www.warwicktravel.com

**Williamsburg • 757.229.7854
Newport News • 757.599.3011**

Disclaimer: All prices are subject to change and availability and are based on double occupancy. Rates based on lead in inside stateroom. Government taxes are an additional \$85.40 to \$111.80 per person. ©2017 Celebrity Cruises. Ships' registry: Malta and Ecuador.

ing the right fit for them can be a challenge.”

In spite of that, Trish is proud to be surrounded by people who've devoted decades to Colonial Williamsburg. Each year, volunteers are honored at a reception at Williamsburg Lodge. Four individuals recently celebrated 30 years as volunteers, while others have dedicated their time for at least fifteen years or more.

“That is so amazing to me,” Trish says. “They love this place more than the average person. They have given themselves to Colonial Williamsburg. They are here to leave their legacy, and I just love that.”

Trish, who was born and reared in Hampton and later settled in Williamsburg with her husband, Jim, and their three children, first started volunteering when her children began their schooling. For nine years, she worked as a special education assistant at what was then Rawls Byrd Elementary School.

“I just loved working in the school system,” she says. “I helped my students with taking notes, reading and writing, and test-taking. I spent a lot of time with each of them one on one. I just loved them. I learned a lot through volunteering at school.”

Trish and her husband, whom she met at

church, also volunteered through the years with each of their children's sports teams. Trish has also been active with her church, CrossWalk Church.

Her children, now all grown up with two of them having recently gotten married, also enjoy giving back to their communities.

“My kids are now all volunteer-oriented,” Trish says. “It's pretty neat to see.”

Trish feels everyone should give back in some shape or form.

“Volunteering is important because it helps you leave your legacy,” Trish says. “You are leaving your mark in your community. No one can do exactly what you are doing in the way you are doing it.”

She especially feels that way about the volunteers at Colonial Williamsburg.

“When you are a volunteer at Colonial Williamsburg, you are not just leaving a legacy on history, you are leaving a legacy in the Williamsburg community,” Trish says. “Without Colonial Williamsburg, Williamsburg would just be another town.”

Trish is looking forward to joining the ranks of the other volunteers at Colonial Williamsburg. When she retires, part of her plans is to

devote time to cleaning out the livestock stables. “I can't wait to retire so I can work in the stables,” she says with a laugh. “I am an animal lover and I would love to just spend the day grooming the horses and mucking the stalls. Plus, they have a great group of volunteers over there and I think it would be a fun atmosphere.”

At the moment, Trish is content to work side by side with the current crop of volunteers to continue to make Colonial Williamsburg a better place. She would one day like to broaden the volunteer program to make better use of people's talents and even perhaps have more costumed volunteers participate in various activities with the guests.

“I would love to grow the volunteer program and make it more interactive,” she says.

Trish treasures her time at Colonial Williamsburg and is looking forward to spending more time there for years to come.

“I believe in Colonial Williamsburg, and I believe we need to continue to preserve Colonial Williamsburg for our children,” Trish Barner says. “The people here are wonderful. What I am most looking forward to is sharing Colonial Williamsburg with my children and grandchildren.” NDN

Discover resort-style living and engaging activities in a people-focused community. Remain independent while receiving the support you need with daily activities from our caring staff.



Williamsburg's Best Choice for Assisted Living



Learn more, 757-561-2204 | riversideonline.com/bestchoiceforassistedliving

 Patriots Colony, part of Riverside Health System's continuum of care

find us on



AT WILLIAMSBURG DRUG

WE LIFT YOU UP!

Lift Chairs - in stock and special order!



GOLDEN

Our American made power lift recliners come in a variety of shapes and sizes for the perfect fit. Our premium fabrics match nearly every décor, and our patented technologies give you the most comfortable powered lift and recline experience.



1302 Mount Vernon Ave.
757-229-3560

240 McLaws Circle
757-229-1041

www.williamsburgdrug.com

JONI STEVENS



Lisa W. Cumming Photography

LIBERTY LOUNGE

By Brandy Centolanza

Joni Stevens has always felt a special connection to the United States military and Colonial Williamsburg, so it comes as no surprise that she relishes devoting her time as a volunteer at the new Liberty Lounge at Colonial Williamsburg.

The Liberty Lounge, an initiative spearheaded by Elisabeth Reiss, the wife of Colonial Williamsburg President Mitchell B. Reiss, opened its doors last year along Duke of Gloucester Street. The lounge provides a respite for active members of the military, veterans and their families. Guests of the lounge are welcome to refreshments, wireless Internet access and a children's play area. More than 80,000 visitors have been to the Liberty Lounge since it opened. Joni is one of the lounge's volunteer hostesses.

"The Liberty Lounge is the Colonial Williamsburg version of the



Comfort Keepers® Keeping the Comforts of Home.

"Comfort Keepers® provides the trusted, in home care that helps people maintain full and independent lives right in the comfort of their own home."

~Ed Golden, President

**For More Information
Call (757) 229-2777**

*Our Comfort Keepers are
carefully screened, bonded,
and insured.*

www.comfortkeepers.com

Home Care Services

- Companionship
- Conversation
- Meal Preparation
- Laundry
- Light Housekeeping
- Grocery Shopping
- Errands
- Incidental Transportation
- Medication Reminders
- Grooming Guidance
- Personal Care
- Specialized Care



Williamsburg, VA.

USO,” she explains. “It’s a chance for members of the military to get together and communicate. It’s been a lot of fun.”

Joni volunteers at The Liberty Lounge roughly three times a month. She is there to welcome visitors and offer them a beverage. Some of her encounters with current military members and veterans there have been memorable, including observing one recent interaction between an active U.S. Marine and two older Marine veterans who fought together in the Vietnam War. One of the veterans had commented to Joni that it had been one of the best afternoons he had had in years.

“It’s hard to put into words,” Joni says. “The Liberty Lounge is just a very special place.” For Joni, all of Colonial Williamsburg holds a special meaning.

Joni grew up in Cooperstown, New York, a town also steeped with its own rich history. She first visited Colonial Williamsburg during a trip in 1965 when she was a senior in high school.

“It felt like home to me,” Joni recalls. “When I first stepped onto Duke of Gloucester

Street, I immediately felt I needed to work here. I always wanted to work for the Colonial Williamsburg Foundation.”

That dream wouldn’t be fulfilled until more than 30 years after her initial visit. After high school graduation, Joni attended college and then started working in the political arena, first for the New York Republican State Committee. That led to a stint in the White House.

For the next 25 years, Joni worked in the White House, starting out as a member of the staff for both First Lady Pat Nixon and First Lady Betty Ford. Joni later worked in The White House Military Office.

“I started right after Watergate,” Joni shares. “I helped with the POW dinner in May 1973. There were 1,300 POWs and their spouses. I was the aid to Phyllis Diller that day. I helped with a lot of social events for Mrs. Nixon, making guests feel comfortable before Mrs. Nixon arrived. I enjoyed working for the First Ladies because I got a lot of insight into their personalities.”

Joni worked under six U.S. presidents during her time in the White House, though she

didn’t have a lot of interaction with the presidents themselves.

“They were all very different,” Joni says. “I would say the two that were easiest to talk with were President George Herbert Walker Bush, number 41, and President Bill Clinton.”

Even while she was working in the White House, Joni longed for an opportunity to work at Colonial Williamsburg. The chance finally arrived when she applied for a position with the concierge office at the Williamsburg Inn in 1997.

“They wanted me to start on April 1, the day after Easter, but I couldn’t do it that day because I was the Easter Bunny during the White House Easter Egg Roll,” Joni remembers with a laugh. “I just remember it being very hot and not very comfortable in that suit. So, I started with Colonial Williamsburg on April 2, and that was the day before the 60th Anniversary of the Williamsburg Inn, and I jumped right in.”

For 15 years, Joni worked at the Williamsburg Inn, welcoming guests for special programs and holidays. One of her fondest mo-

Meet The Arc. We’re here for you.



When Jeff Kime came to Williamsburg 13 years ago to live with his sister, Lorraine Perkins, she knew caring for her younger brother would be a challenge. He had finished special education, and had left all his friends behind when he moved. He had no social outlets through which to build friendships and share activities. Lorraine found a place where Jeff could continue to learn, grow, and form his own social circles - The Arc.

“I like running races like the 5k, playing basketball, swimming, and bike riding. I love The Arc. My friends are there,” Jeff says. He is also a Special Olympian and works full-time. Jeff participates in 2 to 3 Arc activities each week. This also provides some respite time for Lorraine as it enriches Jeff’s life by giving him a place to belong where he and his friends can enjoy being together. Jeff is The Arc.


The Arc
Greater Williamsburg

150-D Strawberry Plains Rd.
Williamsburg, VA 23188
(757) 229-3535

Visit www.thearcgw.org to learn more about how you can support The Arc.

ments was meeting Queen Elizabeth II during Her Majesty's stay at the Inn.

"The staff from Buckingham Palace couldn't have been nicer," Joni says. "The best part about working in hospitality is meeting all the people who come here. There are people who keep coming back year after year. I've stayed in touch with people who've been coming here for years."

After semi-retiring in 2012 (she still provides assistance at the Williamsburg Inn for special occasions), Joni immediately signed up to volunteer at Colonial Williamsburg.

"I just can't get enough of Colonial Williamsburg," she states.

Joni started out as a volunteer hostess at The St. George Tucker House and the Goodwin Building until the Liberty Lounge opened.

"One of the nice things about being a volunteer at Colonial Williamsburg is it is a team effort," Joni says. "If someone is sick or can't make it, someone else will immediately take the shift. The volunteers here are so dedicated and go above and beyond."

In addition to devoting time at the Liberty

Lounge, Joni also knits twiddle muffs for local dementia patients and individuals with Alzheimer's disease, another initiative started by Elisabeth Reiss. Twiddle muffs are handwarmer comforters that serve as therapeutic tools for Alzheimer's patients.

The idea for the twiddle muffs stemmed from a photo hanging in the Liberty Lounge of Abby Aldrich Rockefeller knitting a scarf for a serviceman during World War II. When Joni figured out how to knit the pattern of Mrs. Rockefeller's scarf, Elisabeth Reiss asked her if she would be interested in knitting the twiddle muffs for the dementia patients. Joni and other members of the Williamsburg Knitting Guild have been creating the twiddle muffs ever since.

"The twiddle muffs help keep people with Alzheimer's disease from becoming agitated," she says. "I've knitted almost 40 so far, and Mrs. Reiss distributes them to those in need. It's very entertaining to do. I work on the twiddle muffs when I am at the Liberty Lounge. People see me doing it and want to know more about it."

Beyond Colonial Williamsburg, Joni is active with the Williamsburg Woman's Club and the Daughters of the American Revolution (DAR). Both of her parents served in the military and were active during World War II.

"I always help with the First Thanksgiving Festival at Berkeley Plantation," Joni says. "I think giving back started with watching my parents give back when I was growing up. I just wish there were more hours to the day."

Joni and her husband, John, whom she met in Washington D.C. when they lived in the same apartment building, also enjoy doting on their dog, an Australian shepherd poodle they've named Yankee Doodle.

"He is a lot of fun to be around," Joni says. "He has a lot of energy. We love to walk Duke of Gloucester Street with him."

Any time she can be at Colonial Williamsburg, Joni will take it.

"Everyone in Colonial Williamsburg and Williamsburg in general are all so welcoming," Joni says. "I think that stems from our Founding Fathers and how they were also so welcoming to the people who came here." NDN



Gas Inserts Really Work!

Our new direct vent gas inserts can heat large areas efficiently, have great flames and full featured remote controls. They use outside air and vent combustion waste up the flue, not into your home.

15 burning displays!

Come see what's new in gas products for your fireplace.

Taproot

HEARTH & PATIO

Design • Installation • Service

(757) 229-3722 • 157 Second St.
www.taprootstore.com



Individual & Corporate Tax Preparations

the accounting firm of

Payne

A + S - S x O % C / I - A + T % E - S

FREE e-filing!

WILLIAMSBURG GLOUCESTER
757-564-0701 | 804-695-9900

call for your appointment today!

www.payneassoc.com

A + C - C x O % U / N - T + I % N = G

LYNNE CLARK



Lisa W. Cumming Photography

Delivering Meals & Smiles

By Ben Mackin

For some, volunteering is a means to an end. They do it to get into college or because of a job requirement, or because a judge told them they needed to do it. Then there are others who volunteer solely because they can and because they have an innate drive to help their fellow humans who are in need. Williamsburg Area Meals on Wheels volunteer, Lynn Clark, falls firmly into the latter category.

Lynn, a soft-spoken mother of four and grandmother of six, has been delivering between eight and 15 meals to the elderly every

Is Your Life in Transition?

We can help you through these challenging times...

- Downsizing
- Packing and Moving
- Home Clean-outs
- Estate Sales and more!



Kim Gibbons,
Project Mgr.

Laura Kinsman,
Owner

(757) 784-7764 • www.WilliamsburgEstate.com

Every day your property sits vacant, you lose money. Enjoy 45 Days Lease Out + 2 Year Lease & Tenant Replacement Guarantee.

- Winner- Best Property Management Company 2015 & 2016.
- Full and customized services offered.
- We are the trusted leader in residential property management & leasing.
- We handle the hassle, you receive the money!



Each office is independently owned and operated.



Unwavering Integrity. Unquestioning Reliability.

5388 Discovery Park Blvd., Suite 130A • 757-251-9188 • www.rpmvapeninsula.com

Friday for the last ten years. “I’m the fish lady,” Lynn jokes. “I bring fish every Friday but they can have chicken if they don’t like fish.”

Lynn was born to two lawyers and raised in Washington D.C. Her mother worked for the Tax Appeals Division of the Justice Department, and her father was in private practice. She attended the National Cathedral School in Washington followed by Sweet Briar College where she majored in mathematics. Having grown up in a house of attorneys Lynn decided she had no interest in the legal trade whatsoever.

“I swore I was never going to be one, and I swore I would never marry one. Well, I was half right.” Lynn married her husband, Morton, a maritime lawyer, in 1961. The couple settled in the Norfolk-Virginia Beach area, and Lynn taught seventh grade math until 1963 when she and Morton had their first child. Deciding to focus on raising children, Lynn stopped teaching but still found time to volunteer.

She became a member of the women’s service organization, Junior League. “It was a good volunteer program,” Lynn says of the

League. Through her work with the organization, Lynn spent a lot of time volunteering at the Children’s Hospital of the King’s Daughters (CHKD). “I worked in the clinic and took histories from patients. These were people who couldn’t afford to pay for their care, so there were many forms that had to be filled out and basically that is what I did.”

As her family grew, the amount of free time Lynn had for volunteer work shrunk, and with the arrival of her fourth child, she put the Junior League on the back burners.

In 2000, Lynn and Morton moved from Virginia Beach to Williamsburg to enjoy retirement. Lynn, not being one to sit still for long, soon found ways to get involved in the community. In 2007, she started working with Meals on Wheels.

“I knew about Meals on Wheels when I lived in Virginia Beach, but I just didn’t have time for it. So, when I moved up here, I was determined that it was something I wanted to do.” Lynn enjoys the flexibility of the program. “You can do as much or as little as you want,” she says. “You can do it every other week, once a month, you can have a partner.”

The program services about 500 local residents each year and delivers nutritious noon-time meals Monday through Friday all year round. For an organization that gets 60 percent of its funding through subsidies, volunteers like Lynn play a vital role in daily operations.

Lynn has driven the same route every Friday throughout her tenure and truly enjoys the work. “I’ve become very close with some of the people. It’s great fun to see them every week, and I hope they think so too,” Lynn says with a smile. “I talk to them about their families. I get to know their likes and dislikes. I get to know their animals, and I often bring dog treats. I’m helping them pass the time of day so that they have someone to talk to.”

After ten years, Lynn has only great things to say about her experience with Meals on Wheels. “The people who run it are lovely. It’s just a pleasant and worthwhile organization. Oh, and the food always smells good.”

When Lynn is not taking meals to people around the area, you might find her talking to visitors at Bruton Parish in Colonial Williamsburg. As well as being a parishioner, she

“Let Our Family Help Yours”



Helena S. Mock, Esquire

If one of your New Year’s resolutions is to update those old wills and/or powers of attorney, call us for a free, no obligation consultation to review what you have currently and update it to what you need now.

Our attorneys are skilled in the following areas:

- Estate & Trust Planning
- Tax & Business Planning
- Asset Protection Planning
- Special Needs Planning
- Veterans’ Benefits & Medicaid Planning
- Elder Law & Life Care Planning
- Guardianship & Fiduciary Services
- Probate & Trust Administration



The Peninsula Center
for Estate and Lifelong Planning
461 McLaws Circle Suite 2
Williamsburg, Virginia 23185
757-969-1900 | www.tpcestate.com

has been a parish guide for over a decade. She says her main duty as a guide is to interpret the church for the visitors who come through while walking down Duke of Gloucester Street.

Lynn says, "Some of them are very aware what we are and what we do. Others have no idea, so we explain our history and the people who have gone to church here." From the outside it might sound like easy volunteer work for anyone with social skills, but in reality being a Bruton Parish Guide requires a love and understanding of history, not only of the church's story, but also of the story of the surrounding area and all of its intricacies. Just to be added to the guide rolls, a candidate must participate in training classes and continuing education, mentor with an experienced guide and maintain their certifications by working no less than two shifts per month.

Hosting at one of the few buildings in the area that is not technically affiliated with Colonial Williamsburg, Lynn and the other guides often find themselves dispelling myths and preconceived notions guests come in with, sometimes to no avail. "Because the church is

an original building, people see names on the pews and think they sat in those pews which is not the case. The names are there to help people understand that they did worship in the church."

Lynn remembered one tourist who came to the door just as she and another guide were about to close up for the day. "A man came to the door and said 'I would like to show my son where Patrick Henry gave his famous speech. I didn't say anything and Ann said, 'I am afraid you will have to go to St. John's Church in Richmond for that.'" Lynn said the man looked incredulously at her colleague. "Don't you know anything about history?" he asked.

"I just smiled and thought if you only knew how much history this lady knows. We let him look around our church anyway even though Patrick Henry had not given a speech there."

When asked what keeps her coming back week after week and giving up her free time, Lynn Clark pauses and says "I'd love to say that I just like doing great works, but it's actually very selfish. I have the time and volunteering makes me feel good. I just hope the people I serve get as much out of it as I do." NDN

Next Door Neighbors

Publisher.....Meredith Collins
 Editor.....Greg Lilly greglilly@cox.net
 Copy Editors.....Al White, Ginger White
 Photographers.....Lisa Cumming, Corey Miller
 Graphic Designers...Sue Etherton, Lara Eckerman
 Account Manager.....Anne Conkling

Writers

Linda Landreth Phelps, Rachel Sapin, Brandy Centolanza, Alison Johnson, Ryan Jones, Lillian Stevens, Narielle Living, Chris Jones, Morgan Barker, Susannah Livingston, Erin Zagursky, Cathy Welch, Erin Fryer, Christopher LaPointe, Michael Heslink, Naomi Tene' Austin, Gail Dillon, Lauren Plunkett, Ben Mackin, Laura Lane

Advertising Information

Meredith Collins

(757) 560-3235

meredith@williamsburgneighbors.com

www.WilliamsburgNeighbors.com

Next Door Neighbors is a monthly, direct-mailed magazine serving the residents of the Williamsburg area.

Circulation: 41,242



COLLINS GROUP

PO Box 5152, Williamsburg, VA 23188



Brett C. Dunnill, D.D.S.

Ricky J. Rubin, D.M.D., M.P.A.

Omar Hasham, D.D.S.



WILLIAMSBURG FAMILY DENTISTRY

Family and Cosmetic Dentistry

757.345.5500

www.WilliamsburgFamilyDentistry.com

A Decade of High Quality Dentistry with Detail

MOST INSURANCE ACCEPTED • EMERGENCIES SEEN PROMPTLY

Welcome

Dr. Omar Hasham, D.D.S.!

**New Patients
Welcome!**

Michael Commons • 213 Bulifants Blvd., Suite E • Williamsburg VA 23188 (across from Williamsburg Sentara Hospital)



Lisa W. Cumming Photography

Finding Her Comfort Zone

By Erin Zagursky

One of the first times that Diane Schwarz volunteered with the Arc of Greater Williamsburg, a fellow volunteer asked her for help in breaking down a table.

“I thought, ‘I am the least mechanical person on the face of the earth,’ but I said, ‘All right,’ and I turned it upside down and figured it out,” she says.

One of the Arc clients saw her succeed and shouted, “Diane did it! She did it! Yay, Diane! Great job!”

Not sure how to help your teenager file college applications?



Pam Rambo, Ed. D.
pamela.rambo@cox.net

Experience in admissions, counseling, scholarships and financial aid.

We can help!

Get expert assistance with:

- Choice of college major
- Choosing the right college
- College admissions applications and essays
- Scholarship identification and applications

RAMBO Call for a **FREE** consultation.
RESEARCH AND CONSULTING **757-903-6511**
www.ramboresearchandconsulting.com

House Won't Sell?

#1
Property Manager
for 2011, 2012, 2015
& 2016!



We'll Help You Rent It!

We're your full service Property Management Department: residential listings, owner services, tenant services and more!

"Call me! I can help reduce your worry over monthly mortgage payments by finding a qualified renter."



Beth Mueller
Property Manager, Associate Broker
(757) 229-5681

bmueller@century21nachman.com
Serving Williamsburg, James City & York Counties
Each office is independently owned and operated



www.century21nachman.com

“And I thought, you know what? This is good. This is really good,” says Diane.

Two-and-a-half years later, Diane considers the Arc’s staff and clients family. She is a regular volunteer with the organization, which serves adults with developmental disabilities, and is a member of its board. They are roles that took Diane outside of her comfort zone, but she’s grateful they did.

“You just never know what gift you’re going to get when you walk in the door,” Diane says.

A native of Charlotte, North Carolina, Diane moved to Williamsburg to get her master’s degree in museum education from William & Mary and went on to work for a local living history organization.

“I was one of those kind of boring stories. My undergraduate and graduate degrees were in the field that I spent 31 years in, and I thought, ‘I’m going to retire from there and I don’t want to go anywhere else.’”

But the organization she worked for underwent restructuring, and her position was among those that were eliminated.

“That started me on a road to a brand new world,” she says.

Diane started working with an outplacement service, which asked her what she wanted to do next. She decided she wanted to work for a small, local nonprofit where she could help people in some capacity and feel passionate about her work.

The service told Diane that she wouldn’t find her next job through a posting but through networking.

“That is so not me, to get out there and cold call someone to say, ‘Could I meet with you and could you introduce me to other people I might meet with?’ But I did it,” Diane says. “What I discovered after working at the same place for so many years is that there’s a whole world in Williamsburg that is an incredible place. It really opened my eyes to things I’d never seen before, and the people I met with were so generous with their time and connecting me to other people.”

Among the people Diane met were Pam McGregor, executive director of the Arc, and Audrey Smith, executive director of Hospice House & Support Care of Williamsburg.

“They both said, ‘We can always use volunteers,’ and so I started volunteering at Hospice House & Support Care, telephone and reception, and I started volunteering my time with various Arc programs.”

According to its website, the Arc serves adults with developmental disabilities when they age out of special education services in the schools at the age of 22. Among the Arc’s clients are people with Down syndrome, autism and cerebral palsy among other diagnoses. The organization provides recreational activities and educational programs as well as a day support program.

A byproduct of the programs is respite time for caregivers, according to Pam McGregor at the Arc. “The reason that volunteers are so valued, important and critical for the Arc is the fact that family members get a break to refresh,” she says.

“This community is fortunate because the Arc of Greater Williamsburg offers not only the services that every Arc does, but the calendar is filled with the different types of programs,” Diane adds. “I think it’s an organization a lot of people aren’t aware of and think that the clients’ needs are taken care of with public funding, but they are not.”

Volunteering was yet another step out of Diane’s comfort zone. She had volunteered for a summer in her elementary school library and been a candy striper when she was 12, but that was all.

“I wasn’t a big volunteer, and that was just a huge eye-opener to me

OLD POINT INVESTMENT SERVICES

LET’S TALK STRATEGY.



Products & Services

- Brokered CD’s
- Mutual Funds
- Municipal Bonds
- Life Insurance
- Tax-Deferred Variable & Fixed Annuities
- College Savings Plans
- Business Retirement Plans
- Comprehensive Financial Analysis
- Long Term Care



Tom Vitaletti
Wealth Strategist/Program Manager

4139 Ironbound Road | Williamsburg
757.728.1865
www.OldPointInvestmentServices.com

Securities offered through LPL Financial, member FINRA/SIPC. Insurance products offered through LPL Financial or its licensed affiliates.

The investment products sold through LPL Financial are not insured Old Point National Bank deposits and are not FDIC insured. These products are not obligations of the Old Point National Bank and are not endorsed, recommended or guaranteed by Old Point National Bank or any government agency. The value of the investment may fluctuate, the return on the investment is not guaranteed, and loss of principal is possible.

HAPPY NEW YEAR!



ACE
The helpful place.

Promotion 68



\$500
off



Your purchase of
\$25 or more.
Expires 1/31/18
Regular Priced
Items Only



FIVE LOCATIONS TO SERVE YOU

Governor's Green Shopping Center
4511 John Tyler Hwy. • 757-220-9362

Williamsburg Shopping Center
1230 Richmond Rd. • 757-229-1900

Newport News and Hampton

www.acepeninsulahardware.com • OPEN: Mon.–Sat. 7:30 a.m.–8 p.m., Sun. 9 a.m.–5 p.m.

A Better Way To Better Grades!

One-On-One Tutoring...In Your Home!



Club Z! In-Home Tutoring, the nation's leading in-home tutoring service, has just expanded to Williamsburg, Yorktown, and Newport News!

We provide one-on-one tutoring, in your home, with one goal in mind...results. On average, Club Z! students improve two letter-grades in just 60-90 days!

We also provide SAT/ACT PREP,
Call for a FREE Diagnostic!

Z-Prep!
Test Preparation Services

\$50 Off Registration!

Use Code NDN122017
Expires: 01/31/18

Club Z!
In-Home Tutoring Services

757-612-4689

clubztutoring.com/williamsburg

to see just how giving this community is," she says. "This is a very caring community and a very involved community."

Diane had also never worked with people with disabilities before.

"It was such a learning experience for me to recognize that they're people just like anyone else, and they have the same hopes and dreams for relationships, education, jobs and independent living. Like Pam says, 'We're there when the school bus stops coming.' I had no idea that there was a gap and a real decline when you get to a certain age and are considered an adult. Getting to know these adults one on one, you do become family in a sense, and you do want to continue to give back and get more involved because they deserve it and they have so much to contribute if given the right resources."

Throughout her time with the Arc, Diane has helped with activities from fitness sessions to arts and crafts. Picking a favorite Arc memory is impossible, she says. There are just too many, but the dances are especially fun.

"I get to feel like I'm really with it and a great dancer, and everybody's willing to dance with you," she says. "You don't have to stand in the corner and wait for someone to ask you."

Diane has enjoyed getting to know each of the clients and is always touched when they share their joys and concerns with her.

"When you've been there enough that they know your name and when they see you outside of Arc activities and they call you out, it's a great feeling, and they genuinely care about me as person and want to know how I am doing. That's why I want to stay connected with this as long as I can."

While she may be giving of herself through volunteering with the Arc, Diane has received much in return, including increased patience and a greater appreciation for the "basics of human compassion," she says.

Diane has always believed that things happen for a reason, and the Arc came into her life at exactly the right moment, she says. "It was at a time when my ego was bruised and a little battered, and I was feeling a little insecure and saying, 'Oh my gosh, what can I do? My previous field is all I know. And if I've been doing this for over 30 years, how am I ever at my age going to find something else?' And just really having a pity party," she says.

"But coming into a group that is so genuine, so accepting, so non-judgmental, and they are so giving of their graciousness, their compliments, their praise, their wanting to get to know you as a person, it really boosted my spirits, and it was exactly what I needed at the time."

Diane, who now works as the volunteers and operations director at Hospice House & Support Care of Williamsburg, joined the Arc's board a year ago. It was another first for her but Diane was beginning to grow comfortable in being uncomfortable and embraced the challenge. She is now working on a volunteer manual for the Arc.

"I feel like I'm really getting my stride now. I know the staff a lot better, and I know the clients a lot better, and I'm feeling my way in how I can contribute to the board," she says. "It's very rewarding. It's a great group, and I feel like I'm still in the learning curve but maybe have enough experience now to give back and help such a worthy staff and group of clients."

Although the Arc was not even on her radar three years ago, Diane Schwarz knows she is right where she needs to be. "This is the most fun volunteering you can do. You get to dance. You get to do yoga. You get to do arts and crafts," she says. "You get to feel energized. You feel good every night when you go home, and you get to meet some of the most awesome people that you'll ever meet." **NDN**

Idea Launch

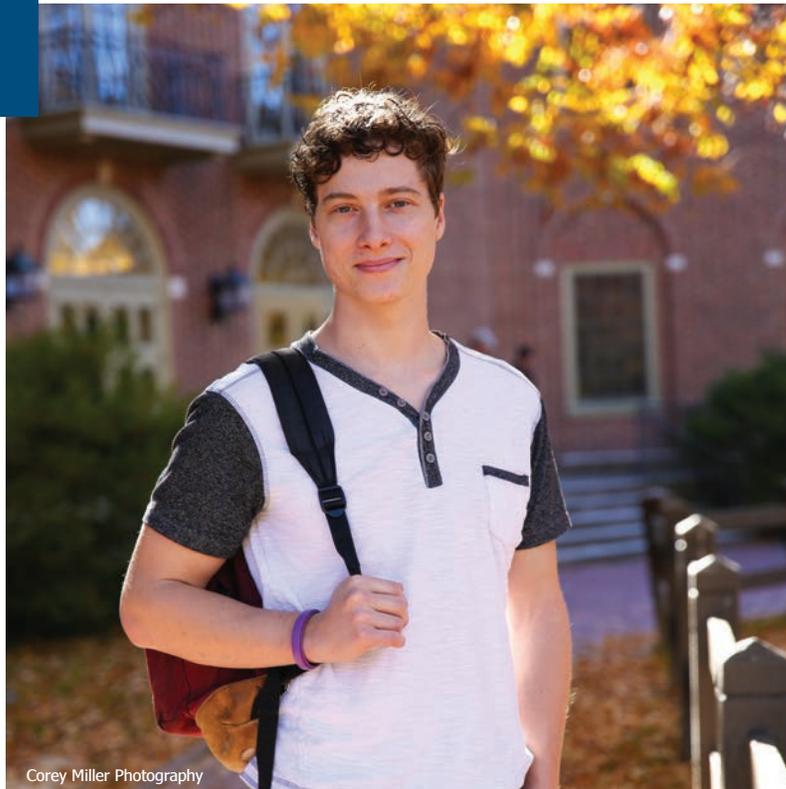
By Greg Lilly, Editor

Duncan Hamra and his business partner, Tyler Bell, recently received an award for their business idea at the Start Peninsula. Their pitch for Affordify, a tool for students to balance college costs and loan debt with future earning potential, generated a position in the top 10 of the Start Peninsula entrepreneurs. Then in the next round, they placed second to receive \$7,500 to start their business.

“The problem we want to address is that there is a ton of student debt and the numbers around college are hard to figure out,” Duncan says. Brainstorming with each other, Duncan and Tyler created a prototype of their idea just to have something to illustrate what they were thinking. They understood that the main design would come after many hours of research and interviews with business leaders, academic administrators, students and parents.

“The advice I have in my head is to have a vision, have evidence that the vision is good, and then do what you have to do to make that vision a reality. We have a vision of a world where fewer students would default on their loans.”

The seed of their idea came from going to



Corey Miller Photography

college and realizing how fast costs add up, many unexpected. Duncan adds that they have heard horror stories from their peers about the burden of student debt. “This is a touchy subject, but I have seen students struggle to repay their student loans. I know of one person who just refinanced their loans for 30 years! They are paying more on their loans than they do for their mortgage. That’s ridiculous. That surprised me when I was doing research for school. We both like researching things, but this didn’t come up. It’s a problem on a huge scale.”

He explains that no one wants a student to default on their loans, but it happens frequently. “Our central question was: Can the career we’re working toward generate enough income for us to pay off the debt it took to get the ca-

reer?”

Duncan sees a tipping point coming in the balance of education and student debt. “At some time, we’re going to have a bunch of PhD students that can’t afford a home because of their student loan debt. That’s a broken system.”

There are several organizations to assist people on the back-end of acquiring student debt, after the student has graduated and realized the debt is more than their career can support. Duncan says they want to tackle the problem from the front-end. “We want to go to the beginning of it, not to keep students from all debt, but to keep them from going into too much debt.”

They want to set expectations. “Once they have their expectations, they can work with that and see how many scholarships or financial aid

K&J MECHANICAL LLC
COMPLETE AIR CONDITIONING & HEATING SERVICE

SERVICING ALL MAKES AND MODELS | DRYER VENT CLEANING | AIR DUCT CLEANING

K&J MAINTENANCE AGREEMENT MEMBERS
RECEIVE 10% DISCOUNT ON PARTS AND LABOR

Contact Us Today!
757-585-8926

TRANE
It's Hard To Stop A Trane.

VISIT US ONLINE: WWW.KJMECHANICALSERVICES.COM

Everyone Needs a Little Help Sometimes.

Companionship • Personal Care • Caregiver Relief • Meal Preparation • Medication Reminder • Bathing • Toileting • Personal Grooming • Light Housekeeping • Laundry • Home Management • Grocery Shopping • Walking Stabilization

“We assist individuals with living a dignified and independent life.”
~ Keesya Hill-Jones, Owner

Caregivers In-Home Care
757-345-0393

243 McLaws Circle, Suite 102
www.CaregiversInHomeCare.com

they need to apply for. We want people to be able to afford college.” The idea for the business is to take the blinders off the costs of a higher education. Students may discover that they will have to struggle after college to pay back their loans or they may have to work throughout college to build up funds to help pay it back. “It sets the student’s and their parents’ expectations.”

He adds, “This is information that high school students need, their parents need, the schools need, and the government needs. People are behind this issue and want to do something, but a lot of them lack the data.”

A comprehensive system would require access to a large amount of timely information. “We’re confident we can get the data we need. In the 48 hours to build the prototype, we have close to a million data points. They’re outdated, but it would require some data mining. The information is out there, but not in a consolidated spot. Tyler has a handle on pulling the data together.”

From their research, they found that there aren’t any tools to tell a prospective student that for a certain degree they would have to spend less than a set amount to make the education costs feasible. “The example that I like,” Duncan says, “is that if I had picked graphic design as my career in high school, we would have the numbers that show not to spend more than ‘this amount’ on loans, based on the starting salary of a graphic designer. That would be data presented in a way that is unique and gives students a place to make some decisions. They could see if they could afford it.”

Duncan’s family moved to Williamsburg when he was four years old. “Our family came from Missouri. My dad is military, a doctor. Mom’s a nurse. They came to Langley, and we

moved here.” He attended Walsingham Academy from kindergarten through graduation, then to Thomas Nelson Community College and the Art Institute in Washington, D.C. “That was for a few months,” he says, “I found that the design industry doesn’t require a degree. I decided that the return on investment for going to that college wasn’t there for the amount I was paying. I could get a job without that degree.”

During high school, Duncan and Tyler started a lawn care company. “We needed flyers,” Duncan says. “The initial ones were made in Microsoft Word and were terrible. I didn’t like them and I wanted to know how to make them better. I started learning design for that. When we sold that company, we sat down and thought about our favorite part of the whole process. I really liked designing the flyers.” That set his mind on design for all different aspects of providing information.

Their next venture was a website called Formatically, which helps students format papers. “We built that in high school, funded from the lawn care company. That was the first time I went from paper to a screen for design. I had no experience. We worked with someone in India and then with someone in New York to build the first version. Everything that could have gone wrong went wrong, but the problem solving side of it was the same as before. I knew it was bad and I wanted to make it better.”

Over three years, they built new and better versions of Formatically, and now it’s an on-line product that people use and pay for.

“With Affordify, we want to avoid the mistakes we’d encountered with developing Formatically,” Duncan says. “Originally, we had a concept, built it, and put it out – without talking to anyone. Then we found out it was bad

and needed to be improved. This time, we’re taking the idea and getting it in front of as many people as possible to find the ‘pain points’ and to see what the app should be for the customer. It’s still an idea and we’re talking to people.”

The idea was what excited the judges at Start Peninsula this past November.

“We pitched Formatically in the second Start Peninsula in 2014. We made it to the top ten, but not the top three. Looking back on our pitch, I’m not surprised!” Duncan says the process of pitching ideas to a panel is helpful in that the panel asks questions that they may not have considered before. “We love building things. We know we need to make money from it, but we’re not great at sales and marketing. It’s not our passion or what we are best at. Going to an event like Start Peninsula where they ask, ‘How are you going to make money?’ pushed our comfort zone. Once we went to that first one, we knew it was something we would want to do again. We feel we’re a little smarter about business now, so we decided to try it again with Affordify.”

Their pitch worked, and they now are gearing up their research. Tyler graduates from William & Mary this spring with his degree in computer science. They plan to work with LaunchPad in New Town, an area business incubator.

“We will work with a project manager to set our milestones and work toward those milestones.”

Other ideas are percolating for Duncan and Tyler. “We’re up to 85 on our list,” Duncan says. They have ideas of how Affordify could grow and encompass even more of the high school to college decision making process. NDN

To see the progress of Duncan and Tyler on this business venture, visit: www.DuncanHamra.com

LA TERRAZA
MEXICAN GRILL

1840 Richmond Rd.
Williamsburg
757.707.3333
www.laterrazamex.com
Open 7 Days • Full Bar

\$5 OFF | **\$4 OFF**

The Purchase of 2 Dinners & 2 Drinks
With coupon. Not valid with any other specials. Excludes alcohol. Good through 1/31/18

The Purchase of 2 Lunches & 2 Drinks
With coupon. Not valid with any other specials. Excludes alcohol. Good through 1/31/18

LA TERRAZA | **LA TERRAZA**
HAPPY HOUR: 4-7PM | HAPPY HOUR: 4-7PM

Professional, quality cleaning with a personal touch

FREE CONSULTATION

- Residential & Commercial Cleaning
- Move-in and Move-out Cleaning
- New Construction Cleaning • More!

Pristine Cleaning Co.

Kim Amos • Owner & Operator
757-603-5779
www.pristinecc.com
LICENSED • BONDED • INSURED

HERITAGE HUMANE SOCIETY
430 Waller Mill Rd. • (757) 221-0150

Adopt a Pet SAVE A LIFE!

Thank you, Williamsburg, for all the loving support you have given to me since the passing of my beloved wife, Adrienne. Happy New Year! Charles

The Coffeehouse
5251-6 John Tyler Hwy.
Williamsburg
757-229-9791
www.coffeebistro.net

Serving Virginia's Best Since 1992

Fun & Fitness

By Greg Lilly, Editor



Lisa W. Cumming Photography

Kristen Tolj, James City County Recreation Center's health and wellness coordinator, invites her neighbors to an Open House on January 20, from 9 – 11 a.m. "It's a highlight on our facility and fitness classes. There will be class demos that people can try for free. The instructors will be there. That's a big part of a class experience – the instructor. I'm very fortunate here with the awesome group of instructors."

Along with the classes, Kristen explains that the Open House is a great time for people to check out all that happens at the Rec Center and to start fitness and wellness goals for the

new year.

"We'll have demonstrations of our Kids Yoga, Kettlebell and TRX classes, plus Yoga, Cardio Kickboxing, Barre and probably a Tai Chi class." The Indoor Cycling and Indoor Rowing classes are popular winter activities. "We also have a lot of the SilverSneakers and Arthritis Foundation classes."

Kristen grew up in Sonoma, California. "I went to school in Santa Barbara and graduated from Cal State Fullerton." She played sports throughout her life and knew she wanted to have a career that focused on athleticism

and helping people. "I did athletic training, worked in a physical therapy clinic, did personal training and boot camps for ages 5 to 100 for at least twelve years."

She has programs and classes for all ages. "For the kids, we have Storybook Yoga. It's different from regular kids' yoga because the instructor uses a storybook. The kids do yoga poses based on the story. They love it." The Rec Center has a wide variety of yoga classes for all levels, for all ages.

"We have 65 land classes (not counting the aquatics classes) a week. We'll do more outdoor

Jellenek Family Eyecare

Professional Eye Care



Gregory P. Jellenek, OD

- Comprehensive eye exams
- Family Eyecare - children to adults
- Treatment for eye diseases
- Lasik & Refractive surgery consultations

If you're looking for a great eyecare experience in the Williamsburg area, with a friendly, professional and knowledgeable staff to provide you with superior eyecare service, call us today!
757-645-3930
Over 1,000 Designer Frames! Buy One, Get One 40% off

4640 Monticello Ave., #8A • Williamsburg
 www.drjellenek.com

We accept most insurance



HAPPY NEW YEAR

Best of Williamsburg Winner 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016 and 2017



10

NDN

% Entire Check off with this Ad

Excludes Alcohol. Offer Expires 1/31/18
 6546 Richmond Rd. • (757) 564-9258 • newyorkdelipizza.com





Weddings & Private Events

**Jamestown Settlement &
American Revolution Museum at Yorktown**
historyisfun.org • (757) 253-4838

**HERE,
YOU'RE AS
YOUNG
AS YOU
FEEL.**



Book Your Rehabilitation Stay

Let Morningside's Five Star Rehab & Wellness program help you get back to your best after a hospital stay.

- Fully furnished apartment featuring Five Star Dining
- Physical, Occupational, and Speech Therapy
- Personal Training

Scheduled for surgery?
Tour and reserve your exceptional stay.

**MORNINGSIDE
WILLIAMSBURG**

A FIVE STAR SENIOR LIVING COMMUNITY

440 McLaws Circle • Williamsburg, VA 23185

757-221-0018

www.MorningsideOfWilliamsburg.com

**ASSISTED LIVING • MEMORY CARE
REHABILITATION**

©2016 Five Star Senior Living



circuit style classes in our parks in the spring and summer. We have so many amazing parks and beaches. To get out in the fresh air and work out is unique in the area. I used to teach Beach Boot Camps in Newport Beach, California. They were a huge hit. They were fun, but hard, and so nice to be near the water and workout.”

Kristen’s favorite classes for fun and fitness include the Fit Mama – Stroller Fit class. “I love teaching that class. I have three children under five years old. I just had a baby a few months ago, so I definitely connect with that crew, and a lot of relationships are built there. We go outside and do the trail and end up at the My Place Playground to the side of the Rec Center and the moms finish their exercise while the kids play.” The next Fit Mama class starts in January.

“I also used to teach PiYo, which is a combination of Pilates and yoga. It is really good for strength and flexibility. It’s choreographed to music, and I love it.”

Kristen’s third favorite class is TRX (Total Resistance eXercise). “I happen to teach these three classes because I love them. TRX is undervalued because people may be intimidated by it, but so many people can use it. It’s a suspension training system. It seems involved, but it’s really not. After one class, you will have it down. I like to demo that so people can see how fun it is.”

Her advice for readers to make a healthier change for the new year starts with the January 20th Open House. “Come to the Open House to find out what you might enjoy. Gyms and even titles of classes can be intimidating. So, trying the different classes helps before you commit.”

The key to continued success is to find sports, classes and activities that are enjoyable. “If people feel like they have to go to the gym, have to lift weights, have to run on a treadmill, they will find excuses to stop. I want them to have fun. I want them to try new things. Our classes are like a family unit. People stay with what they love doing and connect with their classmates. I’ve seen them have class parties throughout the year.”

Another part of fitness is the mind/body component. Meditation workshops are available at the Rec Center. Upstairs, the staff hopes to expand the offerings into a new space. “We’re adding a mind/body studio for Pilates and yoga and meditation, the healthy mindfulness aspect. Also upstairs, we’ll add some personal training space.”

Fitness classes are held at the James City County Recreation Center on Longhill Road and at the Abram Frink, Jr. Community Center in the Grove area.

“The number one rule about starting a new sport, fitness class or activity in the new year is to have fun,” Kristen says. “When people have fun, they continue. Continuing an activity leads to change. People will not come back if they don’t like the activity. They won’t drag themselves to the gym. They’ll fall off. That’s the whole New Year hype where people swarm the gyms then find they aren’t enjoying it and stop going. That’s why we do this in January so people can see what they like and can try different things.”

She and Alex have three children, two boys and a girl. “They are my life,” Kristen says. “Alex is an English professor at John Tyler Community College in Richmond. We’re busy and on the go. As a family, we love to be active together. We do different trails around town all the time. We try different sports. I’ll be getting my master’s degree in the new year. I want to continue with public health. I want to find what works for people and keep them healthy and happy and living the best life they can live.” NDN

The James City County Recreation Center (5301 Longhill Road) holds its Open House on Saturday, January 20, from 9 – 11 a.m.

All About the Kids

By Greg Lilly, Editor



Corey Miller Photography

For the third year, Bacon Street Youth and Family Services will hold its “An Evening for Bacon Street Auction” event to help support the mission of prevention, education, and counseling to youth and their families in the challenges of substance use. Kim Dellinger is Bacon Street’s executive director.

“It’s an evening that includes live and silent auctions, a party, a celebration, a wonderful dinner, live music and lots of fun and entertainment,” Kim describes. “The point is to

raise funds for the agency. We’re excited about this third year of the event. It will be at Two Rivers Country Club at Governor’s Land.”

The Friday, February 2nd evening opens with sunset cocktails at 5:00 p.m. Last year the event sold out. “We’re capping the attendance at about 200,” Kim says. “It was a super successful event last year, and we raised over \$70,000. We introduced the Circle of Promise and Community Champions campaigns. We had quite a number of folks pledge to be a part

of those. It is a way to pledge a thousand dollars a year for three years. People can spread it out over the year and make a big difference.”

The auctions build excitement for the evening and the attendees say it’s a favorite part of the event. “Seeing people get excited about the auction items is fun for me,” Kim says. “For both the silent auction and the live auction, we’ve had some very generous donors who have provided a variety of different things. For example, last year, one of the auction items



Ladybug Consignment Boutique

Fashionable Upscale Clothing and Accessories
Shoppers and Consigners Welcome
Appointments Necessary to Consign

CHANEL LOUIS VUITTON
GUCCI PRADA
BURBERRY TORY BURCH

Lilly Rubtzyer
St. John

5251 John Tyler Highway #44 • Williamsburg Crossing Shopping Center • 757-345-6633 • Ladybugconsign@gmail.com



was a four day, three night stay in Aspen with parasailing and hotel accommodations – a great package. Then we have live entertainment that people really enjoy.”

The event is an opportunity for neighbors to get out on a winter night and do something good for the community and for families and youth.

Bacon Street started in 1971 by a concerned group of citizens who wanted a safe place for their kids to go during the afterschool hours. “It started as a teen center. It changed over the years; the first focus was as a prevention agency. Then when I came here,” Kim explains, “most of what the agency did was substance abuse treatment. The Board really wanted to see the prevention program grow again. I was excited about the challenge of that. We want to provide kids with healthy opportunities and the support to grow into being successful adults. If a kid, as an adolescent, experiments with things and makes an unhealthy choice, we want to be there for them as a soft place to land. That is our clinical treatment program. We have a two-prong approach: prevention and treatment.”

The staff and counselors at Bacon Street have a comprehensive approach to treatment. “When a client comes to us in a place of crisis, we are going to treat them, but we’re also going to treat the family. We believe that a teen should not be going through treatment in isolation.” The agency sets the infrastructure of support around the teen so when they are at home or at school, there are people who can help the teen be successful. “That’s a model extremely successful with adolescents.”

The substance abuse prevention and treatment services work in a variety of ways because no two people are the same in their needs. “For our clinical program, we do an individualized assessment process to figure out what is going on. Then we put together a treatment program based on their needs, which can be everything from parent support groups to youth life skills enhancement to individual or family counseling. It really depends on the needs of a particular individual. Every kid is different. Every situation is different.”

Kim has been with Bacon Street for just over two and a half years. She was born in Tucson and grew up in Prescott, Arizona. She

decided to go to the University of Northern Arizona in Flagstaff to earn her bachelor’s degree in history and social studies education. “I’m a trained teacher. I decided that I wanted to do something different than a traditional teaching career.” For her master’s degree, she had two objectives: to do work in higher education student affairs and to get out of Arizona. “It’s a beautiful state, but I wanted to experience something different environmentally.”

She applied to a graduate program at James Madison University (JMU) in Harrisonburg and moved to Virginia in 2001. “At the tail end of my graduate work, I met my husband, Scott. We were married in 2005.”

After graduation, she found a job at the University of Vermont. “We decided I should accept the position and we moved to Vermont. I worked in the university’s Residence Life program. Part of being in that position was that we lived on campus.” After a couple of years, Kim was ready for something new. Since they lived on campus, when she left the job, she needed to find housing in the area.

“Scott had a job at the university, so we didn’t want to move far from Burlington. We moved to a little town about 20 minutes north of Burlington called Milton.” She began working with the Milton Family Community Center as the Director of Teen Programs. “I would be coordinating their Community Coalition.” The small group met monthly, focused on substance abuse prevention. “I realized that the group could be much bigger than it was,” Kim says. “With their blessing and support, we spun off the Community Coalition into its own non-profit organization. I started as the executive director and served until 2013.”

Kim and Scott decided their twin daughters, Kaylee and Claire, should be closer to their grandparents. Scott had grown up in Newport News. They made the decision to move to Williamsburg in 2014. Kim was working a part-time development position for an agency in Newport News when the Bacon Street position came open. “I was excited that this was an agency concentrating on substance use prevention and treatment services and was in the town I was living in. It was the best opportunity for me: kids making healthy choices and afterschool programming. The educator in me appreciates the nontraditional educa-

tion opportunity kids get in the afterschool hours.”

An Evening for Bacon Street Auction event is crucial for supporting the services of the agency. “We are experts in adolescents. There aren’t a lot of agencies out there that want to do clinical substance abuse treatment. This is super important.”

A gala event is a balancing act for the agency because the mission is very serious for the kids and the families.

“People don’t like to think about kids struggling with these issues. But they do struggle with them. There needs to be an agency helping them,” Kim stresses. “There is stigma around substance abuse and around mental health. We do a lot of education and a lot of training, and re-educating the population about all the different issues going on with regards to substance use, why it’s important to be compassionate and why it is actually a disease. There are many people who don’t realize addiction is a disease. The person’s brain chemistry fundamentally and permanently is altered through addiction.”

Bacon Street and its services act as a safety net for the teens. Instead of being sent away from family and friends and school, the kids are still at home. The substance use was caught early, and they can go to counseling and work with their family, all while staying at home.

“Come out and support the kids and their families,” Kim says. “Support an organization that’s been doing good work and helping kids make healthy choices.”

Knowing she has made a difference in the life of a teen motivates Kim Dellinger.

“Kids come in here, maybe sad, hurting and/or angry. Parents come in, crying, frustrated, at their wit’s end. We get to see them move out of that place. The gratitude they have, the relationships they develop with our counselors or the adults who care about them, is phenomenal. I have the privilege of making sure that those moments of connection happen, those beautiful moments when laughter happens, where parents enjoy their teenagers again and see the success. I get to see moms and dads crying because their child has graduated from high school or college. Those are the moments that matter and keep me coming back. For me, it is all about the kids.” NDN



WOUND HEALING

By Greg Lilly, Editor

Corey Miller Photography

At the Sentara Wound Healing Center, Dr. Kent Marcuson investigates why a wound is not healing as it should. “I’ve had an interest in wound care throughout my career as an internist,” Dr. Marcuson says. “It’s a subject that comes up in most practices.” The Sentara Wound Healing Center has been open for about five years at the Geddy Outpatient Center, and Dr. Marcuson explains there’s a growing recognition of wound care as a specialty.

“But for a long time, it’s been that general surgeons did some wound care, plastic and vascular surgeons did some wound care, primary care doctors did a little wound care. But no one had the comprehensive approach to wound care that the center has.” Instead of various medical professionals with their own specialized view of wound care, the center has experts that analyze and determine all aspects of the healing process.

Dr. Marcuson focuses on internal medicine

in his practice with his wife, Dr. Patti Marcuson, and Dr. Pranav Parikh. “I liked internal medicine because of the ‘detective’ approach to problem solving. There is a symptom, or a problem, and the list of potential diagnostic possibilities is really long. By questioning and thinking about different possibilities and other clues, it really is like a mystery that needs to be solved. That was appealing to me and lined up with my interest in scientific inquiry.”

Growing up in Newport News, Dr. Mar-

Airports • Weddings • Wine Tours • Special Occasions



757.927.5049 • WilliamsburgChauffeur.com

DMV Certificate #738 | US DOT #2558921 | MC #892589

HAPPY 10TH YEAR!

Offering Authentic Italian cuisine right here in Williamsburg for over a decade!

10% off
(excludes alcohol) through 1/31/18.
Serving Lunch & Dinner • Gluten Free
Delivery Starts at 5pm. 5-7 mile radius.

Francesco's
Ristorante Italiano

Mon-Thur 10:30am-10pm • Fri-Sat 10:30am-11pm • Sun 10:30am-10pm
6524 Unit D, Richmond Rd • 757-345-0557

www.francescosristoranteitaliano.com

2013 BEST OF WILLIAMSBURG

cuson attended William & Mary as a biology major with medical school as his goal. "My mom's a nurse," he says. "She taught nursing and was the head of the nursing department at Thomas Nelson Community College. We had science, anatomy and medical books around the house. I remember looking through those books and being captivated. I always liked science."

After graduating from W&M, he went to the Medical College of Virginia (MCV) in Richmond for medical school.

As a student, he was hooked by the science side of medicine. "Initially the service part of medical practice was secondary, but still a good part of it. Those roles have completely changed over time. Now, I feel very fortunate to be in a field where everyday it's an opportunity for me to serve other people. That has become very important, not just in medicine and my job, but as a theme for my life."

At MCV, Dr. Marcuson decided on internal medicine. But, he had started MCV with the intention of being a surgeon. "I had an experience at W&M where I had a really bad hand injury – a tendon was severed." His injury was repaired by a Williamsburg surgeon.

"The idea of being able to fix something that seemed maybe unfixable really appealed to me." In medical school, he did a few surgery rotations then came to a conclusion. "I really didn't like it."

He admits he found the process long and tedious. "The really interesting part of surgery was pretty short. Like anything that is technically complex, there is a lot of preparation and set-up, it has to be slow and meticulous. I didn't like that part. Plus, I'm tall. Standing for a long time, hunched over is hard on my back. A short surgery is an hour to two hours. I did a cardiothoracic surgery rotation. A routine surgery for that was four to six hours, and some would be ten to twelve hour cases."

He had gone to medical school on an Air Force scholarship and did his residency at Keesler Air Force Base in Biloxi, Mississippi. "That turned out to be a great experience." The general training of the air force base allowed Dr. Marcuson to have more direct interaction with the experts in the field than he would have had at a large civilian hospital. "I did three years of residency and then I had a three year active duty obligation after that. I ended up staying at the same location at Kee-

sler. My wife, Patti, is an internist like me, but not Air Force. She had a civilian job at the hospital in Biloxi. It worked well for us to stay there for the extra three years after my residency was completed."

His family was mostly in Newport News and his wife's immediate family had relocated to Virginia Beach, so the couple decided that Williamsburg was the place for them after Biloxi. They returned in 2000 and joined the practice of Dr. Kevin Bedell.

About 15 years ago, the Doctors Marcuson opened their own practice at the Geddy Outpatient Center. A doctor who had worked in a wound care clinic in Newport News talked to Dr. Marcuson about opening a center in Williamsburg. "I knew Dr. Ben Proto through TPMG. He's a TPMG doctor like we are. I had all the connections in Williamsburg that he didn't. I had been chief of the medical staff here at the hospital a few years before. I had been involved in hospital administration. Wound care was something I really had never had training in. Ben and I were talking, and he floated the idea by me about opening a wound care center here. It grabbed my interest. We started working on it with Healogics,

The Finest Steaks, Chops & Seafood



FREE APPETIZER!

Present this coupon and receive a **FREE APPETIZER** with the purchase of any dinner entrée from our regular dinner menu. Up to four guests may use one coupon.

Choose from the Following Delicious Appetizers:

Shrimp Cocktail, Ahi Tuna, Calamari Frita, New Orleans BBQ Shrimp, Bourbon Pecan Brie, Chesapeake Bay Fried Oysters or Homemade Onion Rings.

Excludes Lobster Scampi & New Zealand Lamb Lollipops and Lump Crabcake. Coupon not valid on 12/24/17 or 12/31/17, or with Prix Fixe or Reception Menus. Not valid with any other offer or promotion. May be used during dinner hours only.

RESERVATIONS SUGGESTED • Coupon Expires 1/31/18



New Town Center
5143 Main St

757-645-4779

Opus9Steakhouse.com

NDN

Discovery Park Family Medicine



Accepting New Patients
Same Day Appointments



Thomas Hoag
DO, MBA



Glenn Rauchwarg
DO, FAAFP



Virginia Knight
PA-C



Dannette Yuiska
PA-C



Eileen Vernon
NP-C

Onsite Imaging and Lab

TPMG | Discovery Park Family Medicine
Tidewater Medical Center at New Town
5424 Discovery Park Boulevard, Bldg. A, Suite 201
Williamsburg, VA 23188

Office: (757) 345-2071



TPMG
YOUR HEALTH, SKILLFULLY GUIDED
mytpmg.com

the wound care partner for the clinic.” Today, five years later, the Sentara Wound Care Center has the expert knowledge to help patients with non-healing wounds and the treatment steps to healing.

“A rule of thumb that we use is if somebody has a wound that has been present for more than a month, there is something wrong with the healing and that should be a flag for them to have the wound evaluated. That’s a common reason we see people – a non-healing wound, a month or older. We tend to specialize more in chronic wounds than acute wounds,” he describes, “and wounds that arise as complications of some medical aspect of the patient’s condition rather than a really severe injury in a healthy person.”

He lists medical conditions that may complicate healing, such as diabetes and chronic vascular disease, both arterial and venous. “Venous disease causes people to develop chronic swelling of the legs as a complication. The swelling causes changes in the skin that predispose a patient to injury and non-healing wounds. We see pressure-related wounds in the elderly with limited mobility and in people with different types of neurologic dis-

ease that limit their mobility. There are some unusual conditions we see here like vasculitis, which is an inflammatory condition of blood vessels. It’s not common. It’s an example of a disease that can be a mimic with lot of different faces that can present as kidney disease, skin disease, lung disease, neurologic disease. Different types of vasculitis have the potential to cause skin breakdown and chronic wounds.” This mimic effect can be the reason an undiagnosed condition keeps the wound from healing normally.

The Sentara Wound Healing Center brings a knowledge base to the healing process.

“As physicians, we have part of the knowledge already,” Dr. Marcuson explains. “Healogics, the wound care partner company, was formed by physicians and nurses out of the motivation to systemize wound care. They compiled existing evidence based study data in wound care and developed a systematic approach so they could teach other people how to do it.”

To explain the wound healing process, Dr. Marcuson uses the analogy of trying to get from one destination to another and having a series of roadblocks along the way.

“We’re trying to get from ‘chronic, non-healing wound’ to ‘healed, healthy skin’, and there is something impeding that. The challenge is to figure out the roadblock. It’s commonly many roadblocks, multifactorial. There is a series of things we think about in that systematic approach to a chronic wound. Whenever we find a deficiency or problem, there is a plan to address it.”

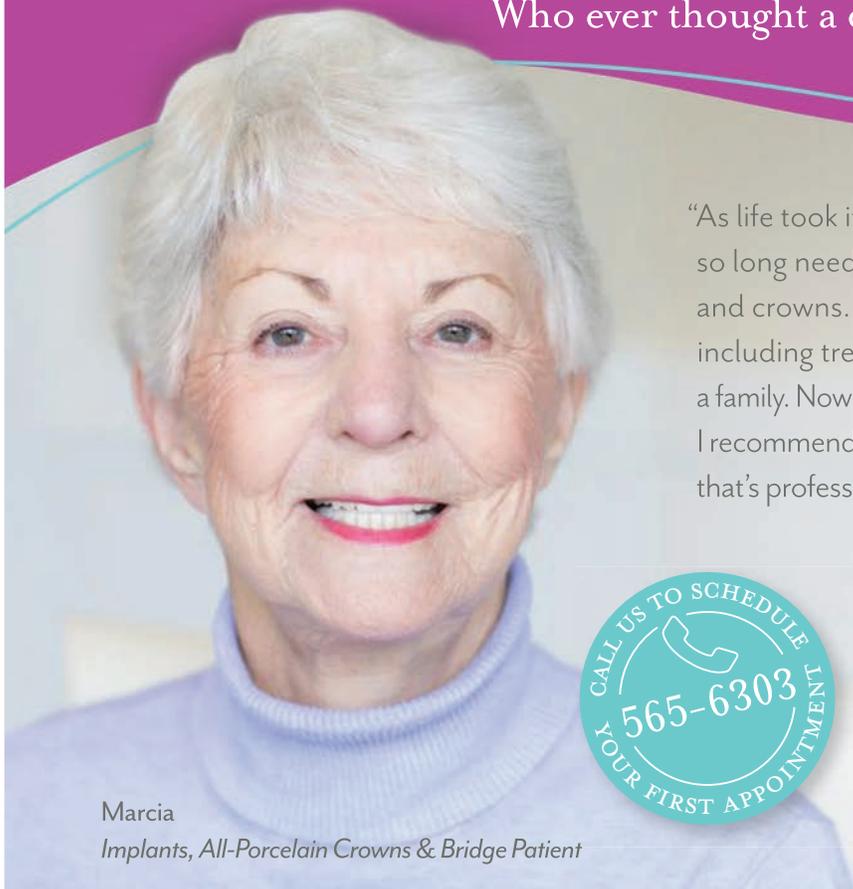
As he moves forward in his work in wound healing, Dr. Kent Marcuson hopes to see a better continuity of care through the health care system for patients. “A limitation we have currently is that some of the patients with hard to treat wounds also have severe underlying health problems.”

These patients have frequent visits to the hospital and may end up going to rehab and then back to their home. During these episodes, their wound care is not consistently treated, and the healing process suffers.

“I’d like to see healthcare not be compartmentalized, but have the hospital, rehab facility and centers like the Sentara Wound Healing Center work together to set a plan in place for wound healing and the overall health of the patient.” 

Restoring more than YOUR SMILE.

Who ever thought a dentist could feel like FAMILY?



Marcia

Implants, All-Porcelain Crowns & Bridge Patient

“As life took its toll on my teeth, the smile I’d loved for so long needed restoration with implants, a new bridge and crowns. Dr. Hall took the time to explain everything, including treatment options. It felt like a partnership, like a family. Now I love my smile again, and share it with everyone. I recommend WCDH to anyone who wants dental work that’s professional, beautiful and pleasant to experience.”



WILLIAMSBURG CENTER
for Dental Health™



Stacey Sparkman Hall, D.D.S.

appt@williamsburgdentalhealth.com
WilliamsburgDentalHealth.com





Cultivating Community

By Greg Lilly, Editor

“I’m primarily here as an educator, a good gardener and a community-oriented person,” explains Rob Till, volunteer director of the Grove Community Garden. “I want to bring the community in, let them know that everybody is included, and to help them in the garden, if they need it, and to get out of their way when they graduate from the first steps.”

Located behind the James River Elementary School and the Abram Frink Jr. Community Center on Pocahontas Trail, the Grove Community Garden hosts a persistent harvest of crops, from corn, tomatoes and onions to lettuce, rosemary and seasonal flowers.

The community garden is a place where the people of Grove can tend to their patch of garden, raising vegetables, flowers and herbs. “This is the Grove community garden, but if

you live nearby, you are included as well,” Rob says. “For a garden, you want a sunny space, that’s close to where you live so it’s convenient to tend. That’s what we have here.”

Besides his gardening skills, Rob knows how to cultivate relationships, both in the Grove community and beyond. “I work with a lot of churches and politicians to help get the things we need for the garden. We’re always under development. There’s no one I won’t beg for seeds or plants or material or money!”

Walking along the paths of the garden, Rob points out different beds and patches of plants. “This was tended by a lady who passed away this year. We’re going to put a marker in there for her memory. This is a local nurse’s bed. She’s teaching her grandchild about the earth, nutrition and to play in the dirt. People have dif-

ferent reasons for being here. It’s peaceful and quiet and safe. Here’s okra, tall and gorgeous. This is a gift of pears from the Virginia Forestry Nursery. If I see another garden doing something interesting, I call to see if they can gift us with seedlings, bulbs, or whatever.”

Rob collaborates with the elementary school, so the children can grow and tend to the plants, experiencing the progression from seed to harvest. “They love to dig, to plant, to learn. There is always something for them to see and help with.”

The garden has space for fields, plots or terraced beds. “I can put 20 families in this garden. That’s impact,” he says. “They sign up. They grow what they like. I help or stay out of their way. We have common areas where we grow. I had corn in there last year. Now it has

flipped to something else. The common space is so if someone wants anything I'm raising, it's there for them. If it were all taken up by families, I would be maintenance and a teacher. It's not, so I grow for them. If there is a death in the family, or a grandchild in the hospital, or life gets them away from their garden plot, I help them. We're not staffed, so we help each other."

Rob explains that the availability of fresh vegetables and fruits is deficient for the people living in the Grove community. The community garden addresses that issue. When the gardeners grow more than they can use, they are happy to share with their neighbors. Rob shows visitors to the Community Center or the elementary school around the garden and the range of fruits and vegetables being produced. "A lot of people tour the gardens," he says. "We gift to anyone who comes in. We want to make friends. This is for the community."

Rob was born in High Point, North Carolina. Soon after he was born, his father took the family to Florida. "My father was the base records manager at Homestead Air Force Base. I was raised there in Florida." He explains that being near the base and around such a diverse population, he lost what southern accent he might have developed from North Carolina. "But, I have southernisms," he adds with a smile.

His voice is recognizable to people he encounters around town. They remember his voice even though Rob has been out of the entertainment field for several years. "I had 30 years in show business," he says. "I was a DJ for 20 years, before that, 10 years with bands of many kinds."

His father was also a band leader and motivated Rob to learn a musical instrument. "From my father's work in the band, I saw that playing an instrument meant I could earn money. That inspired me to learn six instruments and then go into a band career and DJ work." Music saturated their home. "My sister was nine years older, so I heard her playing music from the fifties. Then, I lived through the sixties and seventies."

Due to his music study, Rob became a linguist, speaking some 20 languages. "For some of the plants in the garden, I can say their names in ten languages." This mastery of languages brought together Rob's interest in a diversity of cultures, cuisines, geography and agriculture. "We and our music and our foods are a great mix from all over the world."

During his years as a DJ, Rob was based out of Hampton. "I ran the nightclub music in the Ivory Horse. There was a bar behind it called The Zodiac. So people in their 'upper years' would know those places and me from the Hampton music scene. I was hot on the turntables, voice and personality. I wanted to peel off and go to Williamsburg."

His band work had brought him to Williamsburg in the late 1960s and '70s. "Something about Williamsburg lured me. Every once in a while, I'd quit the job and go drive a taxi. I'm radical independent!"

The garden is surrounded by buildings, athletic fields and forest. "A garden needs a variety of plants and flowers for the pollinators. The education here is phenomenal. Look at the bees, butterflies and birds coming into the garden. Life attracts life. This garden is life."

He changes the crops and the beds to allow for more people and plants to participate. Paths meander through the plots and raised beds, through the staked plants and trellised vines, around bird houses and rain water barrels. "This has been a five year dream to create an experience in the garden, encouraging people down paths to discover something new, focusing on what's going on and what's growing and giving back to the

people. It's a cycle of people bringing in their energy, and us giving back to them. This is a healing garden. Dedicated to peace and healing."

Along with the gardeners with their planting beds in the space, volunteers assist in the daily maintenance. "William & Mary students inspired me to do these graduated height beds. They helped me for years. Hampton University students come to help. Master Gardeners, Grove community members and people from all over the area have volunteered, but we still need more volunteers!"

Rob helps others start community gardens. Currently, he's working with a minister in Hampton. "I'm here for anyone who asks. This is my primary thing. I'm retired. My goal is to help others create community gardens."

He encourages Williamsburg neighbors to visit the garden. "I try to tell everyone to come and see it. It's not just a garden and not Busch Gardens, but it's healing and peace."

The Grove Community Garden flourishes under the guidance of Rob Till, a 35-year resident of Grove. "This will outlive me," he says. "In other gardens, it's just about food. Food is only 20 percent of this. Community is 80 percent. This is about impact. I must do this. One, I'm not a quitter. Two, it's for the community. Three, it is stimulating and educating and contributory. What happens after I'm gone and they put me in the compost pile? I don't know. But, I'm going to keep at it while I'm here." NDN

For more information on the Grove Community Garden, please contact James City County Parks & Recreation at 757-259-5372 or parks.rec@jamescitycountyva.gov

Spring Arbor offers *Short Term Stays*



Take time to live with us when your family is out of town or your loved one needs some extra care. Enjoy companionship, meals, activities and more...

- Stay one week to 60 days
- Receive additional care following an illness or injury
- Enjoy the experience without the commitment



Call Linda Schiavone for more
information 757-565-3583

Spring Arbor of Williamsburg
Assisted Living & Memory Care
935 Capitol Landing Rd.
SPRINGARBORLIVING.COM



Hey Neighbor!

Please visit

www.WilliamsburgNeighbors.com,

Click on **Hey Neighbor!** for a complete list of current community announcements.

To submit your non-profit event to Hey Neighbor! send a paragraph with your information to: heyneighbor@cox.net

Hey Neighbor!

WILLIAMSBURG LANDING ADULT DAY CENTER

Beginning early 2018

Williamsburg Landing (WL) Adult Day Center meets the escalating need in greater Williamsburg for extended care for adults 50+ and respite for their Caregivers. The Adult Day Center will offer full and half-day access to its "Wellness Model": engaging programs and wellness support with the oversight of a Registered Nurse. Williamsburg Landing can provide the quality care for you and your loved one. The anticipated opening date will be in early 2018. Call (757) 565- 6542 now to schedule a visit and complimentary consultation.

Hey Neighbor!

HERB SOCIETY TO HOLD OPEN MEETING

January 9, 2018

The Colonial Triangle of Virginia Unit (CTVU) of the Herb Society of America will hold an open meeting in Williamsburg. The program for the meeting, "Saving Myself To Save Others," will feature Keisha Harris, a stage 4 cervical cancer survivor from Richmond. Ms. Harris will discuss the healing benefits of using herbs, foods, extracts and minerals to mitigate illness and disease. The meeting will be held at King of Glory Lutheran Church, 4897 Longhill Road, Williamsburg, beginning at 1pm in the fellowship hall and is free of charge. For more information, contact Donna Pratt at (757) 608-8929.

Hey Neighbor!

JOHN BULLARD, CLASSICAL BANJO

January 10, 2018

This free concert will feature John Bullard performing his stunning transcriptions for classical banjo. Saint Bede Catholic Church, 3686 Ironbound Road. For more information, go to www.johnbullard.com, call (757) 229-3631, or visit www.bedeva.org/concerts.

Hey Neighbor!

CELEBRATE THE BIRTHDAY OF ALDO LEOPOLD

January 11, 2018

The Historic Virginia Land Conservancy and the Northern Neck Land Conservancy will join together on January 11, 2018 at 6:30pm at the Williamsburg Regional Library, Croaker Road location, to celebrate the birthday of Aldo Leopold. "Green Fire" will be shown to introduce the topic of a land ethic: a calling for an ethical and caring relationship between people and nature. Admission is free, but space is limited. Please reserve your seat at Ann@HistoricVirginiaLandConservancy.org or by calling (757) 565-2990.

Hey Neighbor!

"CABARET & COCKTAILS" CONCERT

January 13, 2018

The Williamsburg Symphony Orchestra presents its fourth annual "Cabaret & Cocktails" concert at the Williamsburg Lodge. Janna Hymes, Music Director. Featuring the nationally acclaimed Byron Stripling, performing vocals and trumpet in *What a Wonderful World: Tribute to Louis Armstrong*. All tickets are table seating, available now at www.williamsburgsymphony.tix.com.

Hey Neighbor!

WOMEN'S ROLE IN COLONIAL ERA RELIGION

January 14, 2018

Anne Conkling, an expert on women's rights and their role in religion, will discuss the role of Women in Colonial and Revolutionary churches in Tidewater Virginia. The lecture will be held at the Hennage Auditorium of the Art Museums of Colonial Williamsburg, 3 pm. Admission is free. For more information contact Jane Burton, (757) 258-5587 or by email, harryjane@verizon.net.

Hey Neighbor!

ADVICE FOR PRUNING IN

YOUR GARDEN

January 15, 2018

Virginia Cooperative Extension (VCE) Master Gardeners will provide hands-on training to help homeowners maintain healthy ornamental shrubs and small trees. Sign-ups are being taken until Jan. 15 at www.jccwmg.org. For more information, contact the Virginia Cooperative Extension James City County Office at (757) 564-2170.

Hey Neighbor!

WILLIAMSBURG COMMUNITY FOUNDATION GRANTS

January 17, 2018

WCF makes up to \$5,000 available for organizations that support a broad range of community enrichment opportunities and respond to changing community needs. Application deadline: Jan. 17, 2018. Application is online at WilliamsburgCommunity-Foundation.org/apply-for-a-grant-2/. Questions? Call Nancy Sullivan at (757) 259-1660.

Hey Neighbor!

THE STRANGEST PLANT IN THE WORLD

January 18, 2018

Dr. Lytton Musselman, Mary Payne Hogan Professor of Botany at Old Dominion University, will speak on "The Strangest Plant in the World" at the meeting of the John Clayton Chapter of the Virginia Native Plant Society. The meeting will be held at 7 pm in the fellowship hall of King of Glory Lutheran Church, 4897 Longhill Road

Hey Neighbor!

NEW YORK METS' DAVID WRIGHT HOSTS ANNUAL VEGAS NIGHT EVENT

January 19, 2018

Hometown hero David Wright, captain of the New York Mets, hosts the eighth annual Vegas Night to benefit children at CHKD, beginning at 7 pm at the Virginia Beach Convention Center. A \$150 general admission ticket includes \$2,000 in non-poker gaming chips. A

\$300 poker tournament ticket includes general admission plus \$4,000 in poker chips and \$2,000 in non-poker gaming chips. Advance tickets are required and are on sale now. No tickets will be sold at the door. Call (757) 668-7070 or visit CHKD.org/davidwright.

Hey Neighbor!

PRUNING—WINTER TREE CARE

January 20, 2018

Freedom Park Interpretive Center, 10 am open to the public. This workshop will provide instruction on early winter tree care. James City County/Williamsburg Master Gardeners will demonstrate the proper use of pruning tools and will discuss the basics of pruning trees and shrubs. The program is free, although a \$5.00 donation to help the Garden grow is appreciated. For more information, contact JCCPruners@gmail.com

Hey Neighbor!

2018 FAMILY HEALTH FAIR

January 27, 2018

The Arc of Greater Williamsburg and James City County Parks and Rec will host their annual Family Health Fair from 9 am - noon at JCC Rec Center, 5301 Longhill Road. Join us for a fun-filled morning that will include healthy recipes and demos, nutrition workshops, giveaways, and activities for all ages! For more information or to become a vendor or sponsor contact Pam McGregor at (757) 229-3535.

Hey Neighbor!

LATISHA'S HOUSE WINTER WONDERLAND GALA

January 27, 2018

Latisha's House Foundation's 5th Annual Winter Wonderland Gala, black tie optional, 5 star dining experience with live music, dancing, shopping and fine wines. Two Rivers Country Club from 5:30-to 9:30 pm to help rescue and restore victims of sex trafficking. Individual tickets and sponsored tables can be purchased at www.latishashouse.com.

Williamsburg's
IN THE
NEIGHBORHOOD
photo challenge
CSX TRAIN

Find the 12 differences
between the original
photograph (top) and
the altered photograph
(bottom).

Enjoy!



ADVANCED

Look for the answers
in the next issue of
Next Door Neighbors

December 2017
In the Neighborhood
Photo Challenge





Real Estate. Reinvented.®

IS A NEW HOME IN YOUR FUTURE? WE CAN HELP!



BRICKSHIRE

3 BR, 2.5 BA, 2,300 sqft

Open floor plan

Light and bright freshly painted interior with first floor MBR Suite
Gorgeous hardwoods on first floor
Peaceful wooded privacy

\$299,000



dianebeal
PREMIER REAL ESTATE PROFESSIONAL
(757) 291-9201
dianebeal@lizmoore.com



QUEENS LAKE • \$799,000

Custom home on private 1.2 acre lot.
Extensive beautiful millwork and hardwood.
Open formal LR/DR w/wood burning FP.
Renovated kitchen has all the bells & whistles.
Two spacious first floor Masters.
3 season room boasts 28x16 tiled pool with double sliders to back patio.
Second fireplace in lower level family room.
2 BRs with en-suite tiled full BAs on second floor separated by multi purpose room.
<http://www.lizmoore.com/115Holcomb>



Susan B. Smith
Working Hard. Working Smart. Working for You.
757-876-3838
susansmith@lizmoore.com
www.lizmoore.com/susansmith



98 WOODLAND ROAD

4 Bedroom • 2.5 Bath • 3,156 sqft

Live in the country but close to everything.
Spacious kitchen with center island.
Large master w/ 2 closets & en suite BA.
Amazing deck, patio w/pergola and full backyard privacy fence. \$375,000.
<http://98woodlandrd.info>



Find your way home
Charlotte Turner
ASSOCIATE BROKER
757-784-4317
charlotteturner@lizmoore.com

Happy New Year!

Tim Parker
(757) 879-1781

Cyril Petrop
(757) 879-8811

www.wesellwilliamsburg.com



PINEY CREEK ESTATES

5 BR | 4 BA | 4,860 sqft. | \$569,000
City of Williamsburg Joel Sheppard custom built home
Open concept Great room with three-sided gas fireplace
Expansive kitchen with new granite and stainless appliances
Master bedroom with gas FP
Second floor in-law or teen suite
Workshop



Deelyn
a passion for home
757-503-1999
Deelyn@lizmoore.com
www.PremierWilliamsburgRealEstate.com



NEW LISTING

4853 BRISTOL CIRCLE

Westray Downs

3 BR • 2 BA • 1,661 sqft

Great starter home or for growing families or even empty nesters who need room for grandkids! Large fenced in back yard. Terrific location – close to shopping, dining and entertainment! Offered at \$285,000.

Rebekah Brewster
HOME IS WHERE YOU HANG YOUR HEART
rebekahbrewster@lizmoore.com
www.rebekahbrewster.com **757-272-8981**



SOLD IN TWO WEEKS!

This home did, along with several other homes I've listed this year.
If you are considering selling, and if you would like a free market report of the homes that have recently sold in your neighborhood, call me directly at 757-508-5019 or go to my website:
www.williamsburgrealestatenow.com
and create your own market report and check your home's value.

Elena Chando
Caring is Just the Beginning
757.508.5019
elenachando@lizmoore.com • williamsburgrealestatenow.com



KINGSMILL RESORT

Nothing to do but move in, this home has been updated, painted, new counter tops, new stainless steel appliances, some hardwood floors, two sunrooms, 1st floor owner's retreat with private full bath, lots of storage. Call today!

Faith S. Heinen
REALTOR®
Experience = Results
757-778-7900
www.FaithHeinen.com • faithheinen@lizmoore.com