

August 2021

WILLIAMSBURG'S Next Door Neighbors[®]

VOL. 15, ISSUE 8

PRICELESS

Discovering the people who call Williamsburg home

Local Music

Louis Vangieri



We are healthier **TOGETHER**



A Network of Care when and where you need it.

- Primary and Specialty Care
- Emergency and Urgent Care
- Senior Living and Rehabilitation
- Home Health and Hospice

Riverside's network of expertly trained medical providers and specialists are your partners throughout your journey of lifelong health and wellness.



RIVERSIDE

riversideonline.com



OUR CLIENTS SING OUR PRAISES!



7526 Tealight Way | \$280,000

Luxury townhome living in an ideal location! This 3 BR townhome welcomes you with its open floor plan. 1st floor provides a perfect rec room/office providing plenty of privacy. 2nd floor is made for entertaining as guests gather around the granite island or make their way to the spacious dining area w/ patio doors opening to a private balcony. Kitchen features gas cooking, granite, stainless appliances, 42" cabinets & recessed lighting. Cozy bar area opens to main living area, filled w/ natural light. 1 floor up is an owner's suite w/ walk-in closet, private bath w/ granite & soaking tub. 2 addl BRs & full bath. Laundry rm conveniently on the 2nd floor. You'll love enjoying this friendly community's 2 acre park w/ green spaces, sheltered picnic area, & nature trails!



757-751-7743

brandiwalker@lizmoore.com
brandiwalkerhomes.com



Under Contract in 7 Days!

131 Leon Dr.

3BR/2BA, 17 1755 SF,
\$329,000

The real estate market remains hot with houses in good condition selling quickly for top dollar. Call me for a free consultation to see if now is your time to sell.



tonypauroso@lizmoore.com • 757.645.8168



4221 Greenview
2 Bedrooms 2 1/2 baths
Better than new & minutes to the College of William & Mary. Enjoy living in New Town, Williamsburg's "new urbanism" community which includes

homes, restaurants, shopping, entertainment & so much more. This nearly new townhome overlooks a beautifully landscaped courtyard. Two levels of living plus an attached 2 car garage. The 1st floor features spacious living/dining area & study, great for at home work or school. The kitchen has white cabinets, granite countertops, gas cook & stainless appliances. Upstairs are 2 bedrooms (14x13 & 17x11) each with a full bath & walk-in closets.



homeinfo@tammysmith.com • tammysmith.com



3350 Good Hope Road

3 BR | 2 BA | 1,970 sqft
Charming Country Retreat on over 8 AC in New Kent County. This well-built and beautiful home is the perfect size, greeting you with a lovely front porch. Hardwood floors showcase the open living area leading to a stately kitchen with breakfast bar, granite, lovely cabinets, and kitchen pantry. Large back porch overlooks New Kent hardwood forest. Enjoy a quiet evening by the firepit. This home is ready for new owners to appreciate for years to come!

Stephanie HENNING
Guiding Your Sales
607-331-9825
stephaniehenning@lizmoore.com
www.stephaniehenninghome.com



101 Vaiden Dr.

3 BR, 2.5 BA, 2,334 sqft

Charming, Dutch Colonial in Indigo Park with no HOA. Updated kitchen with new granite & appliances. Comfortable dining area in kitchen & comfortable family rm for all to gather. Large primary BR with walk-in closet & bath. Downstairs study or bedroom, plus 2 nice sized BRs upstairs. Private, fenced backyard on a corner lot. \$345,000

Check out the website:
101VaidenDrive.info



Find your way home
Charlotte TURNER
757-784-4317
charlotteturner@lizmoore.com



111 Wilson Circle

3 BRs | 2 BAs | 1,536 sqft | \$270,000

Incredible value & pre inspected!! Brand new kitchen w/ stainless appliances, subway tile backsplash, new flooring in upstairs & downstairs living areas, updated bathrooms, brand new decking, new blinds, new HVAC in 2018, brand new Nest thermostat, NEW grinder pump - the list goes on! This house is move in ready!!



Jackie Mierle
757-684-4327
jackiemierle@lizmoore.com



UNDER CONTRACT IN 2 DAYS!

109 Oslo

Move in Ready! This home has been meticulously maintained by the owners. One level living makes this home easy to love. 3 Bedrooms with 2 1/2 Baths. The backyard is level with fenced in yard and fire pit with shed! You will love the newly stained deck with Pergola. Freshly painted with hardwood floors!



List with Leigh Ann
LEIGH ANN FISHER, REALTOR®
757-784-3230
leighannfisher@lizmoore.com

The real estate market is hitting a high note...
Call me to hear more!
Mish Vaiden-Clay
ASSOCIATE BROKER
SRES, CRS, GRI, ABR, SRS, CFP, APO, ASP
757-810-7133
mish@lizmoore.com



FORDS COLONY

Custom 4+ bed/3bath home nestled in a wooded Cul de sac with circular drive and surrounded by nature. Truly one of a kind home with rustic details and a cool vibe! 1+Bed/Full Bath on 1st Floor. Includes a sassy red deck. Enjoy all the amenities of Fords Colony while enjoying something a little different! Offered at \$435,000!



Shelley Sheehee,
Realtor®

757-870-4640
ShelleySheehee@lizmoore.com

LizMoore.com/ShelleySheehee



Update Now.
Pay Later.

Sell for More!

Want to learn more? Please visit
lizmoore.com/agent/NanPiland/UpdateNowPayLater

Newly Married?
Time for a new home too?
I'm here to Help!
Elaine Roberts
757-880-3330



4001 Kings Oak Lane

3 BR, 4 BA, 4,331 sqft, \$600,000
Spacious and Gracious. Loaded w upgrades. Open flowing floorplan-perfect for entertaining or just everyday enjoyment. Gorgeous hardwood floors, elegant crown molding & very neutral painted interior. Gourmet kitchen w upgraded cabinets, granite, SS appliances, & tile backsplash. Enormous 1,671 sqft basement, offers perfect flex space. This home is a MUST SEE!

Jennifer BROWN
REALTOR®
There's No Place Like Home

(757) 876-2496
jenniferbrown@lizmoore.com
lizmoore.com/jenniferbrown





OLD POINT TRUST

Are You Certain...



You are on track for the retirement you want?

Your portfolio reflects your risk?

You have the right amount of insurance?

Your Estate Plan reflects your wishes?

Your Estate Plan will cover expenses?

**Contact Old Point Trust
to make sure**

YOU ARE CERTAIN.

OldPointTrust.com

757.599.2200 |    



Meredith Collins, Publisher

The local music community is thriving and bursting with talented and widely experienced artists. I enjoy music of all types, especially when there is a good beat, but I can't tell you much about music beyond that. I never learned to play an instrument and as much as I like to sing, I have no talent there either. Zero. Zip. Nada.

I thought I had a pretty good idea of the Williamsburg music scene when we decided to include this theme in the magazine but after reading these stories I realized I am just a novice in that area too. I found that the number of artists and groups and bands and the variety of music they produce is way beyond my scope. And yet, we were able to bring you some interesting and talented artists even though we were only able to tell a handful of stories.

For those we interviewed for this issue we discovered a passion that was passed down from parents or grandparents or siblings that is, in turn, being passed on to children and grandchildren and others. Each musician shares the story of their journey of learning that, at some point, involves teaching others as well. Together these gifted neighbors are creating a special soundtrack for our community. NDN

Inside

- | | |
|--------------------------|-------------------------|
| 5. Louis Vangieri | 26. Kathy Parisi |
| 9. Chris Mooney | 29. Logan Layman |
| 12. Scott Hyland | 32. Sammy Lee |
| 15. Stewart Pittman | 35. Mary Dart |
| 18. Patrick Rooney | 38. Antonio James |
| 22. Neighbor to Neighbor | 39. In the Neighborhood |
| 24. Brett Cahoon | |

© 2021 Collins Group, LLC. *Williamsburg's Next Door Neighbors* is a community publication solely owned by Collins Group, LLC. It is published monthly for Williamsburg area residents. The stories within this publication are intended to introduce readers to their neighbors and are not endorsements for those individuals, their abilities, interests or profession.



LOUIS VANGIERI

TURN THE DIAL

By Lillian Stevens



Murawski Photography

Much to the delight of locals, Williamsburg enjoys a vibrant live music scene thanks in large part to artists like Louis “Lou” Vangieri, aka, the LCV Project.

The musician’s humble and relaxed manner goes hand-in-hand with the music he composes and performs. “I’d describe my music as calm and tranquil,” Lou says. “It is just really pretty music. That’s what people tell me, anyway, which is nice.”

His solo act combines original rhythm

acoustic guitar recordings with live acoustic guitar performances. “It’s sort of like two hands that play the two ends of a piano. Plus, this way I can incorporate all of my 12 guitars, each of which has a different sound.”

He admits to a slight guitar addiction.

“I play them all regularly,” he says with a laugh. “Especially the one made of Koa wood, which is a Hawaiian wood. I use that as my rhythm guitar for my rhythm tracks.”

Lou got his start in the acoustic-music com-

munity in the mid-70s while attending West Chester University in Pennsylvania. Over the years his performances have run the gamut, ranging from folk and soft jazz to peaceful new age, classical to nostalgic big band pieces. His strongest influences have been in the folk genre but Lou has also been inspired by the acoustic work of the Beatles, James Taylor, Jackson Browne and Cat Stevens. Other guitarists who have influenced Lou’s music include Boston jazz guitarist Pat Metheny, and a

Not sure how to help your teenager file college applications?



Pam Rambo, Ed. D.
pamela.rambo@cox.net
Experience in admissions,
counseling, scholarships
and financial aid.

We can help!

Get expert assistance with:

- Choice of college major
- Choosing the right college
- College admissions applications and essays
- Scholarship identification and applications

RAMBO Call for a **FREE**
RESEARCH AND CONSULTING **consultation.**
757-903-6511
www.ramboresearchandconsulting.com

Everyone Needs a Little Help Sometimes.

Companionship • Personal Care • Caregiver Relief • Meal Preparation • Medication
Reminder • Bathing • Toileting • Personal Grooming • Light Housekeeping •
Laundry • Home Management • Grocery Shopping • Walking Stabilization



“We assist individuals
with living a dignified
and independent life.”
~ Keesya Hill-Jones,
Owner

Caregivers In-Home Care
757-345-0393

243 McLaws Circle, Suite 102
www.CaregiversInHomeCare.com

Still Fiddling with Your Fireplace?



*Schedule your gas fireplace service now...
ahead of the busy heating season!*

Taproot
HEARTH & PATIO

Designed, Delivered, Installed and Serviced.
(757) 229-3722 • 157 Second St.
www.taprootstore.com



“Comfort Keepers® provides the trusted, in home care that helps people maintain full and independent lives right in the comfort of their own home.”

~Ed Golden, President

**For More Information
Call (757) 229-2777**

*Our Comfort Keepers are
carefully screened, bonded,
and insured.*

www.comfortkeepers.com

Comfort Keepers® Keeping the Comforts of Home.

Home Care Services

- Companionship
- Conversation
- Meal Preparation
- Laundry
- Light Housekeeping
- Grocery Shopping
- Errands
- Incidental Transportation
- Medication Reminders
- Grooming Guidance
- Personal Care
- Specialized Care



Williamsburg, VA.

guitar player named Maury Muehleisen. “When Jim Croce was at his peak, Maury Muehleisen was his backup guitar,” Lou says. “He was a very excellent guitar player, just incredible.”

Locally, Lou enjoys performing at a variety of venues large and small, with small being his favorite. During the pandemic, he even hosted a few garage concerts at his home. Other backdrops for his mellow music include the Williamsburg Farmers Market, local museums, universities, wineries, regional libraries, tea houses and coffeehouses.

“I love them all,” he says. “It’s been really amazing because I’ve had a chance to work with so many musicians and artists here. With the Williamsburg Farmers Market and events like the Waterman’s Museum Folk Festival in Yorktown, there’s always something going on.”

Music has played an integral role in Lou’s life since he was in the fifth grade. “I grew up in a suburb of Philadelphia,” he says. “I was a drummer first, and I was pretty good at it. By the time I got to middle school, someone handed me a guitar.”

That was the pivotal point.

Lou started taking guitar lessons and was particularly interested in Jazz, folk and big band guitar playing. In sixth grade, he performed with an all-state band as well as an all-state orchestra. He also played in a band called The Computers.

“We were playing Beatles songs at bar mitzvahs and other events,” he says. “Then we wound up on the Gene London show, which was a TV show for kids on Saturday mornings.”

After high school, Lou attended West Chester University, but not as a music major.

“In college, I studied Sociology and Anthropology,” he says. “As fate would have it, I had four roommates and they were all music majors. I quickly learned that when you major in music, there are performances and concerts required. My roommates were always looking for an accompanist.”

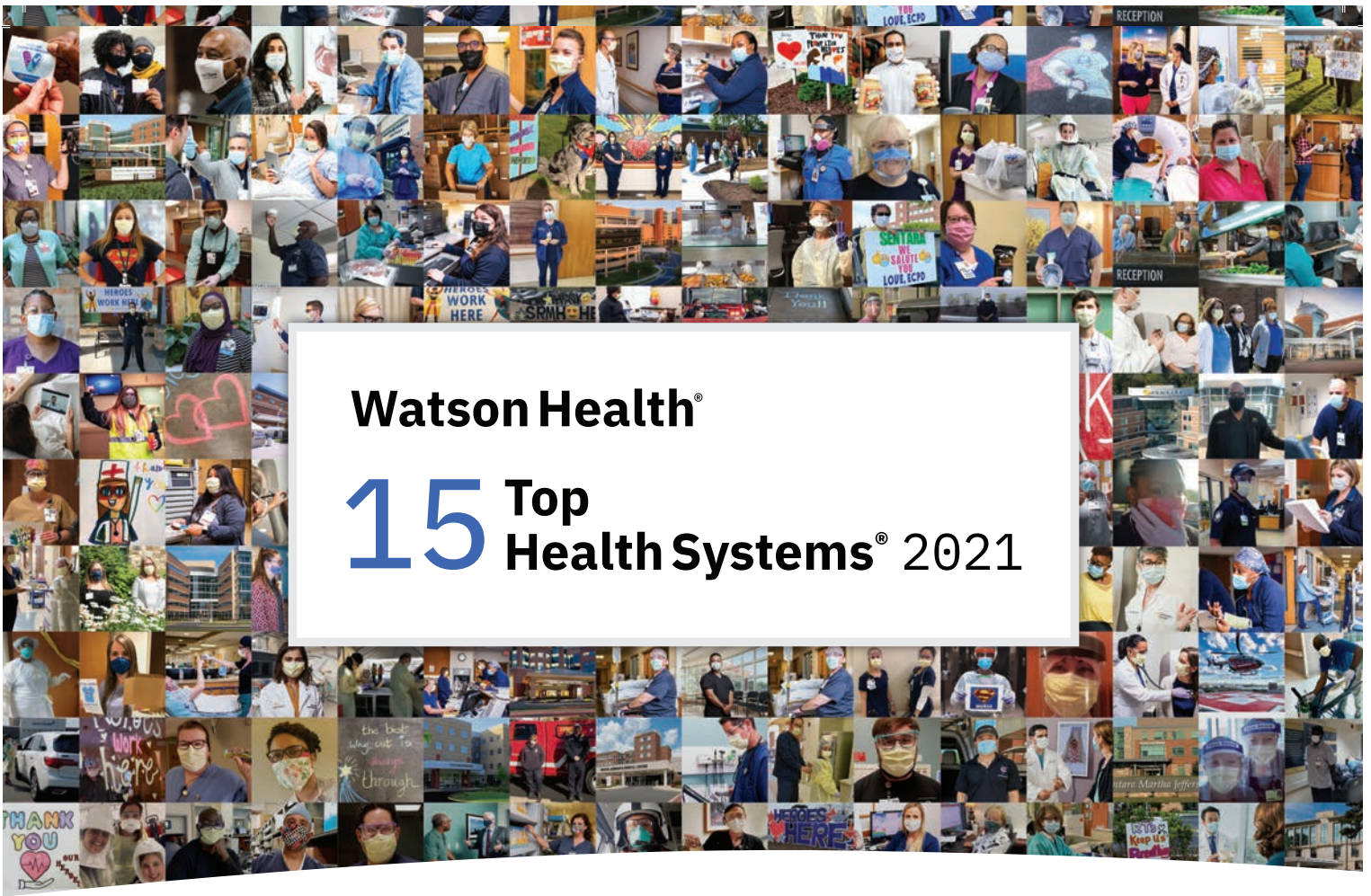
Lou was happy to oblige. By then, he was taking regular lessons, focusing on jazz and rock techniques, so this was really his entrée into the world of live performance. After graduating from college, he formed a band and played music for the next five years. Eventually, Lou returned to school to seek a degree in education. During his second tour of West Chester, he would meet his wife, Lauren, whom he later married in 1985.

“One of my musician friends was a key person for getting me back into education,” he says. “He told me he thought I’d make a great college counselor. That was interesting to me, especially because I’d managed to flunk every course in my first semester as a college freshman.”

Lou earned his Master’s Degree in Counseling and then spent 30 years as a college counselor at Delaware Technical and Community College, where his chief role was to teach young students how to be successful in college.

Because of his own academic start, Lou has a special place in his heart for community colleges. “As a counselor at a community college, there is more regular interaction,” he says. “So, you can see when kids aren’t progressing at the right pace. That’s not always the case at a four-year university where you might see 700 students in a large lecture class.”

Lou has tried to pay forward some of the guidance and counsel from



Sentara Is One of the Nation's Top 15 Health Systems

Sentara Healthcare has been nationally recognized for excellence among the 15 Top Health Systems in 2021 by IBM Watson Health. This is the second time Sentara received this prestigious honor, which highlights top-performing U.S. health systems with excellent clinical outcomes, operational efficiency and patient experience. Winning health systems have demonstrated exceptional performance in quality outcomes, clinical efficiency and community value. This recognition would not be possible without our clinical teams, nurses, physicians, team members and leaders across the communities we serve.

which he has benefited over the years.

“My life has been full of mentors,” he says. “I’m the first one to encourage young people to find people who understand who they are and what they’re about. It doesn’t have to be your parents. My mentors were other kids about my age, maybe a little older.”

One mentor stands out, one who knew nothing about music, but he knew plenty about how to book bands.

“This guy was a friend in college, a business major who knew what it took to succeed academically. He shared his techniques and tips with me and became my study partner. Then he started booking me at restaurants and taverns located on the Main Line.”

The Main Line is a well-known informally delineated historical and social region of suburban Philadelphia. One day, a call came from a concert venue called the Main Point, where performers included such luminaries as Bonnie Raitt, Bruce Springsteen and James Taylor.

“A person from the Main Point hears me and I get a call because an opening act was

needed,” Lou says. “All these kids from New Jersey were playing there. It was the 1970s, you name it, they were there.”

He was invited to open for Taj Mahal, a noted African American blues player.

“Playing the Main Point became an incredible door opener,” he says.

Lou also served as the opening act for other marquee performers such as Livingston Taylor who is James Taylor’s brother, Chris Smither and Ralph Towner.

“Then, we wound up playing music for WMMR radio, a major rock station at that time in Philly.”

As exciting as those times were, Lou feels that he and Lauren are in the best possible place at this point in their lives. Now fully retired, he enjoys the time he’s able to spend creating music and hanging out with his wife of some 35 years.

“Lauren has played such an important role in my life and in my music,” he says. “She’s truly my muse.”

The couple fell in love with Williamsburg

years ago and purchased a condo, anticipating an eventual move to the area.

“The plan was always to retire here,” Lou says.

They moved to Williamsburg full time in 2012, and Lou returned to his academic roots, teaching at Thomas Nelson Community College. He feels fortunate that his career in education came with a pension for his retirement years, which means he’s had the luxury of time to immerse himself in his music.

“I’ve made so many friends here, that it’s almost scary,” he says. “It has been a joy living and teaching here, and it’s been a joy playing music here.”

Lou makes it a practice to live life in the present moment, treating each new day as a gift. He derives great pleasure from composing and playing music in and around Williamsburg. NDN

Learn more about Lou’s music and upcoming performances at www.reverbnation.com/LCVProject, where you can also hear some of his songs, such as “Turn the Dial.”



Envirowash
Restoration · Pressure Washing · Coatings

Pavers

Repair, Wash, Sand & Seal

Roof Cleaning
Safely, Effectively & Gently

Aggregate
Repair, Wash, Sand & Seal

Decks
Repair, Restore, Wash & Seal

House Washing
Low pressure, heated water, mild solution



Angie's list
Reviews you can trust.

804-744-2974
envirowashinc.com

ACCREDITED BUSINESS **A+**
BBB

Licensed • Insured • References Available



Photo courtesy of Lepp Photography

The Finest Steaks, Chops & Seafood

Please Understand...In an effort to stop the spread of the Corona Virus, and in keeping with the Governor's Mandate, we require all guests to wear a mask when entering. The mask is required at all times inside our restaurant except when seated at your table.

FREE APPETIZER!

Present this coupon and receive a **FREE APPETIZER** with the purchase of any dinner entrée from our regular dinner menu. Up to four guests may use one coupon.

Choose from the Following Delicious Appetizers:
Shrimp Cocktail, Ahi Tuna, Calamari Frita, New Orleans BBQ Shrimp, Bourbon Pecan Brie, Chesapeake Bay Fried Oysters or Homemade Onion Rings.

Excludes Lobster Scampi & New Zealand Lamb Lollipops and Lump Crabcake. Coupon not valid with Prix Fixe Menu. Not valid with any other offer or promotion. May be used during dinner hours only.

RESERVATIONS SUGGESTED • Coupon Expires 8/31/21



Opus 9
Steakhouse



New Town Center
5143 Main St
757-645-4779
Opus9Steakhouse.com

NDN

CHRIS MOONEY



A Lifetime of Music

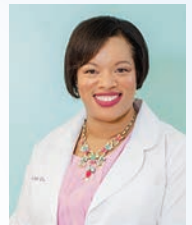
By Ashley Smith

Chris Mooney credits his high school choir director for the beginning of his musical career. “She made me her project,” he says. Mooney grew up in Cornwall, New York, a bedroom community about an hour north of New York City. His teacher introduced him to opera by taking him to the Metropolitan Opera. “I hated it,” he declares. She tried again and took him to the New York City Opera theater next door. There he saw Sweeney Todd and other performances that piqued his interest, and from then on, he dedicated himself to music.

“I thought, this I could do!”

Chris pursued music after high school by attending the Eastman School of Music in Rochester, New York. Eastman, now associated with the University of Rochester, is a small music conservatory that served approximately 700 students at that time. He felt restless at Eastman. The school was small, and he didn’t feel as though this was the college atmosphere he had anticipated. A friend with similar ideas convinced him to travel to the University of Texas in Austin (UT-Austin) during spring break. While visiting the campus, they attended a performance of the same opera that the Eastman students had just finished perform-

 **Curry Dental Center**
Dr. Lisa J. Curry



**No Dental Insurance?
We've Got You Covered.**

We offer an ANNUAL DENTAL SAVINGS PROGRAM for only \$315.00/year, per person.
(New patient exam, cleaning, x-rays @ full price = \$370 Great savings per year!)

For 1 year from the date of purchase you may receive:

2 dental exams • 1 set of x-rays • 2 basic professional cleanings* • 15% off our regular fees for any other services provided in our office. No waiting period, no claim forms to fill out or file. Begin receiving your discount when you schedule and pay for the program.

Call 757-280-1347 today. *Basic cleanings only for patients without gum disease.

<http://www.currydentalcenter.com>

757-280-1347 • 312-H Lightfoot Rd., Williamsburg, VA 23188



360 AIR TECH

HEATING AND AIR CONDITIONING

INDOOR AIR QUALITY PROFESSIONALS

Our technicians are factory trained, NATE (North American Technician Excellence) certified and equipped to handle anything from routine maintenance and repairs to complete system replacement.

Installation • Maintenance • Service
Upfront Pricing • Financing

CALL TODAY! (757) 630-7678

**5% Discount for Active Duty Military,
Vets, First Responders**



Visit us on our website
www.360airtech.com

Email: info@360airtech.com • Licensed, Bonded, Insured

FREE ESTIMATES



ENRICHING
LIFE'S
JOURNEY

**REMEMBER HAVING
FUN WITH FRIENDS?**

AT WINDSORMEADE, it could be tonight.

With one of the highest vaccination rates in the region, our beautiful retirement community is getting back into the swing of things in Williamsburg.

READY TO JOIN US? LET'S CHAT. CALL 757 848 4625.

WindsorMeade
WILLIAMSBURG

 | WINDSORMEADE.ORG
3900 WINDSOR HALL DRIVE | WILLIAMSBURG, VA 23188

ing. Chris was blown away. “It was incredible. I had thought that you could only study music at a conservatory, but the musicianship on display at UT-Austin was spectacular.” Immediately, Chris sought out the director and requested an audition. “He didn’t know me, he hadn’t solicited any auditions, but I got in,” he recalls. Ironically, his friend did not.

The University of Texas-Austin provided the college experience that he had been missing in Rochester, and Chris received his Bachelor of Music before auditioning for acceptance to The Juilliard School in New York City. “It was a little funny, because I participated in a music festival in Aspen, Colorado and got to know so many of the people who would later be at my audition. I should have been nervous, but because I knew everyone, it was a really comfortable experience for me.” Chris earned his master’s degree in music at Juilliard.

In the city, Chris launched his singing career, operating as an independent contractor and singing in various productions and choirs across New York and even overseas. “My first


dream was to sing at the New York City Opera, and I did that,” he says. He was on retainer with them for quite a while. Music, however, does not pay well. “If you aren’t a headliner, then you aren’t bringing in a lot of money. It’s enough to get by, but just.” He performed in different venues throughout the world for 10 years, but the heavy travel schedule took a toll on his family life. “I was missing out on a lot,” he says, describing how his son’s arrival was even planned around his touring schedule.

Then, fate intervened. During a rehearsal at Carnegie Hall, Chris was in the audience sitting near another singer and as people sometimes do, they constructively critiqued their colleagues. His seatmate asked, “Do you teach?” He admitted that he had some private lesson students but had never formally taught. She offered him a position teaching voice at Sacred Heart University in Connecticut. Chris accepted this new role and discovered that he enjoyed it. Teaching allowed him to be present with his family and provided a steady income while still allowing him to pursue his

passion.

It also challenged the idea that to have a successful music career, he would need to live near the city. This opened the door for the family to live other places and for him to seek other positions. Chris’ parents had since retired and settled in Williamsburg, and it wasn’t long before he brought his own family to live in the historic area. His first position in Virginia was as a voice instructor for Virginia Commonwealth University in Richmond. After a few years, Christopher Newport University (CNU) recruited him to help build the music program. They had invested money in the new Ferguson Center for the Arts and were eager to create opportunities for students in music, voice and other performance art forms.

Chris spent many years at CNU but when his son started classes at Randolph Macon College, he transitioned there, teaching voice part time. This opportunity allowed him to focus on his private lesson studio, Mooney Vocal Arts, and maintain a collegiate teaching position. Through his private studio, Mooney



The Prescription Shoppe

Vaccines Here!


Henry and Jade Ranger, Pharmacists

“The Prescription Shoppe is your one-stop shot Shoppe for all things vaccines. In addition to being on the frontlines of the COVID-19 vaccine distribution here in town, we offer an array of vaccines to keep our patients and our community safe.

We have Pfizer, Moderna, and the J&J vaccines.
We welcome everyone 12 years and older.
Bring your teens to get vaccinated before school starts!
No appointments are necessary.

757-206-1630
 5223 Monticello Ave., Suite C · Williamsburg

Transfer your prescriptions now to earn \$25 to use on any item in-store!



THE PRESCRIPTION SHOPPE
 Where you're not a customer...you're family
 www.tpsva.com



Starting at **\$595**

Ready Roofing
 company

Roof Maintenance Program

- Annual roof and gutter inspection
- Removal of debris
- Photo and letter documentation of roof condition
- Discounts on large scopes of work
- Caulk and reseal as needed

It matters who's on your Roof! Scan HERE to see how we've worked hard to bring you the best warranties the industry has to offer!

Call today to add time to your existing Roof!
(757) 251-9022
 We'll See You On The Roof!




has developed talented singers and helped them to pursue their dreams at the highest levels. As Governor of the Virginia chapter of the National Association of Teachers of Singing (NATS), he was often able to connect students to music programs across the state and even across the country.

Recently, however, Chris accepted an offer to teach at William & Mary beginning this fall. He is excited to bring his years of experience and professionalism to the university. He hopes to establish relationships that can bring the program at W&M to the international stage. "I would love to bring students overseas to perform at some of the greatest venues in the world such as Rome," he says with enthusiasm.

Though he had been teaching and performing in the area for years, Chris had often been approached by students asking if he would start a youth choir. Many of these students were advanced musicians, and while they had private lessons, they wanted to perform with others of the same caliber. Though a youth

choir of that design met regularly in Virginia Beach, the drive precluded many singers in the historic area from participating. During a bike ride on Jamestown Island, Chris struck upon an idea. He would establish the Jamestown Youth Choir for the historic area. He auditioned singers between the ages of 11 and 18 and required that they read music and have a commitment to their craft. The Jamestown Youth Choir began in 2018 and performed three concerts in its inaugural season. Each concert focused on a particular era of music: 1607, 1776 and the Civil War. They performed at Jamestown, Bruton Parish Church and the American Revolutionary War Museum at Yorktown. Chris teaches the young musicians healthy singing habits, music history, advanced sight reading and proper foreign language pronunciation, all essential skills for any aspiring music professional. Though the coronavirus pandemic cut short the second season, he remains optimistic about the choir's future in 2021-2022.

"Once I settle into my new role at the uni-

versity, I plan to re-establish the choir. It will take some work since many of our singers have graduated or moved, but we will be singing again soon," he asserts.

While Chris performs regularly at the Bruton Parish Church, in addition to training and developing musicians, he also enjoys spending time outdoors with his family. Along with his wife, he regularly bikes Jamestown Island and the Capital Trail. He loves to kayak around the island as well and recently took his grandson out on his first excursion. Last month, he spent a week with his son hiking the Appalachian Trail around Roanoke, Virginia, where they attempted the triple crown: Dragon's Tooth, McAfee Knob and Tinker's Cliffs. "We pushed and did the first two legs in one day, but my son finished the last leg on his own," he says ruefully. Despite this setback, his enthusiasm remains high. The same energy that he brought to his hiking adventure and his pursuit of music will guide Chris Mooney as he continues to honor Williamsburg's musical past and enrich its future. NDN



Helena S. Mock, Managing Attorney

Catherine E. Sears, Associate Attorney

Proactive Planning for peace of mind

Proactive planning for disability or death before a catastrophic event occurs will protect your assets and minimize costs and delays. Most importantly, it will give you peace of mind in knowing that you have made a major life change easier on those you love.



The Peninsula Center
for Estate and Lifelong Planning

461 McLaws Circle, Suite 2, Williamsburg, VA • 757-969-1900 www.tpcestate.com



MAKE Back to School Extra Special!

Trust Morrison's Flowers
to create an **A+**
arrangement for you.

Morrison's
flowers & gifts

(757) 220-1242

1303 Jamestown Rd, Ste. 129
www.morrisonflowers.com



Certified Public Accountants



Our focus is on you, the client, helping you to achieve the fullest potential in your business, professional and personal financial affairs.

- Tax Services
- Consulting
- Accounting
- Compliance

Rodney W. Bolyard, CPA
1209 Jamestown Rd.
Williamsburg, VA 23185
757-810-6606
rbolyardcpa@mossandrighs.com

Moss & Riggs, PLLC
Certified Public Accountants

www.mossandrighs.com

SCOTT HYLAND



Murawski Photography

Music, History and All Things Celtic

By Susan Williamson

Colonial Gastroenterology Associates Welcomes Dr. Gurjeet Kang, DO to our practice September 1, 2021



Dr. Gurjeet Kang is a fellowship trained gastroenterologist. He grew up in Queens, New York and earned his undergraduate degree from State University of New York at Stony Brook. He attended Touro College of Osteopathic Medicine where he graduated at the top of his class.

Dr. Kang then completed his internal medicine residency at Grandview Medical Center in Dayton, Ohio and worked for a year as an academic hospitalist at The Ohio State University Wexner Medical Center. He subsequently completed his fellowship in gastroenterology from HCA Healthcare/University of South Florida Morsani College of Medicine. He served as the chief GI fellow from 2020-2021.

Dr. Kang has special interests in colon cancer screening, liver disease and inflammatory bowel disease. He is published in recognized medical journals and has presented at multiple meetings at the national level.

When not working Dr. Kang enjoys spending time with his wife and two children. Dr. Kang's primary language is English, and he also speaks Hindi, Urdu and Punjabi.

**Lisa Odabasi, MD • Gursharn Rakhra, MD • Jin X. Zhang, MD
Ravi Chhatralal, MD • Dino Beduya, MD**

We are an independent GI practice providing compassionate & comprehensive care to the community for almost 40 years. We perform office endoscopy in a state of the art accredited facility.

Call **757-534-7701**
Option 0
to make an appointment.

GLST
Colonial Gastroenterology
Associates

Williamsburg
400 Sentara Circle, Suite 103
Newport News
11803 Jefferson Ave., Suite 230

A Division of Gastrointestinal & Liver Specialists of Tidewater, PLLC www.glstva.com

An interest in genealogy led Scott Hyland first to Ireland, and then to Celtic music. Scott began researching his Irish roots in the 1990s, visiting his father's family ancestral homeland in County Mayo in 1999. The visit sparked an interest in Celtic music, and when he returned home to Williamsburg, he sought out Celtic bands. Eventually he discovered Clan McCool, which was playing at Sacred Grounds Coffee House on Richmond Road at that time. The band, formed by Judy Wheat and Cindy Warner in 2005, was exactly what he was seeking.

Since Scott had learned some of the songs they performed while he was in Ireland, he began to sing along and the band members quickly encouraged him to join in. After that, he sang with them whenever he could, and he began learning to play the guitar. When the five-member band lost three members, Cindy and Judy asked Scott to fill in.

Fill in he did, playing and singing a Saint Patrick's Day performance followed by a wedding later that night. Scott says, "It was so much fun." After that, Cindy asked him about his availability to be

a part of the band. Surprised, he asked her if she really wanted to keep him and the answer was affirmative. He has been playing and singing with the interactive band since 2006. Jim Rice joined the band with his accordion in 2008.

In 2012, Cindy was diagnosed with breast cancer. She performed when she was well enough but ended up in the hospital in 2014. A fundraising performance at a local Moose Lodge helped to pay her medical bills. Cindy was able to play and sing with the band at First Night in Williamsburg in 2016, but that was her last performance. She succumbed to her cancer and passed away in March 2017. Scott says the band is her legacy, and he promised her that he would keep it going. Not only has the band continued, but it has grown to include Bethany Heape (vocals, percussion), Steve Fannin (fiddle, vocals), Jack Van Horn (banjo, percussion), Robin Ming O Welsh (bass, guitar), Audrey Gumbert (vocals), George Opie (vocals, percussion) and Carlos Lora (vocals, percussion).

They describe themselves as offering “music, merriment and a bit o’ mayhem.”

Not every musician is present for every performance, but the band prides itself on a lively, entertaining, interactive style of Irish, Scottish and occasional pirate music. One member dubbed their sound as “Pirish.” Scott takes no credit for the band. He says, “I am so lucky to be able to hang out with these guys. They are incredibly talented, and they are my friends.” He says he would match Clan MacCool’s female vocalists, Audrey and Bethany, with anyone. Audrey is a recent Virginia Tech graduate with a major in civil engineering, a somewhat unusual path for a musician. A local dancer, Elizabeth Bocha, who goes by the name Soulover, is an honorary member and frequently appears at their performances. Scott says, “She can get the whole dance floor going.”

Clan MacCool considers itself a Williamsburg band, but they have a tradition of performing on St. Patrick’s Day at Cozzy’s Comedy Club in Newport News since 2008. They

play throughout the Hampton Roads area at every opportunity, including Pirate festivals, Second Sundays, kids’ shows, library events, breweries, distilleries, music festivals and even a radio gig. They played several times at Eight Shires Distillery to help the new business. They will play in the August 4, 2021 Concert on the Green in Gloucester. They have taken a few weeks off this summer to learn some new material, adding Viking Shanties to the mix. Scott describes the Shanties as very tribal music with lots of percussion. They love performing for children’s shows and inviting the kids to participate.

Scott grew up in Northern California, first in Napa and then in Vallejo before graduating from high school in Red Bluff. He attended one year at Shasta Community College in Redding prior to enlisting in the US Air Force in 1976. After basic training at Lackland Air Force Base, he spent four years at Fairchild AFB in Spokane, followed by Fort Benjamin Harrison in Indiana, then was stationed in Colorado Springs followed by San Antonio.




EDGEWORTH PARK
at New Town
Assisted Living & Memory Care

What is one thing that makes Edgeworth Park Different?

100% of your neighbors are vaccinated.

Join a community that cares for one another!

Call (757) 345-5005 to Experience the Edgeworth Park Difference!

5501 Discovery Park Blvd. Williamsburg, Virginia 23188



He eventually became a public affairs specialist and served in Stuttgart, Germany from 1989 to 1992. He was there when the Berlin Wall came down in 1989. He returned to the U.S. and was assigned to Great Lakes where he met his future wife, Mary, who was the secretary in his office. They married in 1994.

The Hylands moved to Williamsburg in 1995 when Scott was assigned to Langley Air Force base. They lived in the Kingswood neighborhood. He retired from the Air Force in May 2004. For four years he pursued an active career in real estate with Long and Foster. Scott says, "I liked helping people with lower income find and purchase their first home. I didn't make a lot of money, but it was very rewarding."

He now works in strategic communications for defense contractor Booz Allen Hamilton. Mary works as a security specialist at Fort Eustis. The Hylands moved to a larger home in Gloucester and have a cottage on the Chickahominy River.

Their blended family includes Scott's son

from a previous marriage and Mary's daughter and family who live in Virginia Beach where their daughter works as a nurse. Their granddaughters, Addison and Autumn, join in Clan MacCool performances whenever they can and Scott hopes they will continue to carry on the family tradition of playing Celtic music.

Scott enjoys all the history of Williamsburg and the surrounding areas and says his mother-in-law often accompanied him on his historical jaunts. Sadly, she passed away recently from Covid.

Genealogy continues to fascinate Scott. Through research on Ancestry.com and other sites, such as findagrave.com and myheritage.com, he has discovered that many of the Portuguese friends he grew up with in Vallejo, California were actually his cousins on his mother's side. As a child, he'd had no idea they were related. He also learned that his great-grandfather, Portuguese immigrant Jose Gerevas, 1858-1934, played guitar, and his grandfather, Larry Gerevas, 1896-1990,

played alto sax for a jazz band in Vallejo in the 1930s. Both his mother and sister played the piano. "I don't know about the Irish side, but music runs deep in my family." In studying Mary's genealogy, he found that although most of her roots were in Minnesota, she actually had ancestors buried in the Gloucester and Saluda area cemeteries.

The family had planned to return to Ireland last spring, but Covid restrictions prohibited the trip. "What I'd really like to do," Scott says with a wistful gleam in his eye, "if I win the lottery or something, is to bring the entire band to Ireland and play at O'Donoghue's Pub in Dublin. That's on my bucket list."

Scott Hyland brings enthusiasm, as well as his love of music, history and all things Celtic to Clan MacCool. His outgoing personality and public affairs experience are keys to the success of this interactive band. NDN

Fans of Celtic music can find out more about them on their website, www.clanmaccoolband.com, and they also have a Facebook page.

Discovery Park Family Medicine



Accepting New Patients

Same Day Appointments



Thomas Hoag,
DO, MBA



Glenn Rauchward
DO, FFAFP



Barbara
Routé, FNP



Nicole Tiefel,
DNP-FNP-C

On-site Imaging and Lab

TPMG Discovery Park Family Medicine
Tidewater Medical Center at New Town
5424 Discovery Park Boulevard, Bldg. A, Suite 201
Williamsburg, VA 23188
(757) 345-2071



ENJOY

the Great Outdoors

AND SOME CASH!

Finance a
Recreational Vehicle
and receive

\$75 CASH*



New & Used

RVs • BOATS • MOTORCYCLES • ATVs • JET SKIS



baylands family credit union
Helping families live better lives.

Learn More & Apply Today!

BAYLANDSFCU.ORG

888-843-2520

Credit restrictions apply. See credit union for details. Rates are based on credit worthiness so your rate may differ. All loans subject to approval. Promotion begins on May 1, 2021 and ends on August 31, 2021. A Prime Share account (membership) with a minimum deposit of \$5 is required upon loan approval. This credit union is federally insured by the National Credit Union Administration. Rates and offers current as of April 21, 2021 and are subject to change. Promotional offer is not applicable to refinance on existing Baylands Family Credit Union recreational vehicle loans.

*The bonus offer of \$75 is eligible on loan amounts of \$10,000 and greater. Recreational vehicle loans currently held at Baylands Family Credit Union are not eligible to be refinanced and qualify for this promotion. The \$75 bonus offer will be deposited to the membership share savings account within 60 days after the first scheduled payment is made on time on the Baylands Family Credit Union loan. Baylands may discontinue or change the promotion at any time. Other restrictions may apply.

STEWART PITTMAN



A Lifetime of Rhythm

By Caroline Johnson

For as long as Stewart Pittman can remember, music has been a part of his life. Introduced to the world of music by his father, he now has the opportunity to pass along his love for music to his own children. Born and raised in Williamsburg, Stewart's cultural background played a great deal in fostering his love of music as well.

"My Irish background is very important to me, and I'm glad to have the roots that I do to the Celtic culture overall," Stewart says. "While it started out with more Scottish music, it has matured and included Ireland, which is actually where the majority of my family comes from. There's no doubt that it's all connected." With his father playing in a bagpipe band as he grew up, Stewart remembers going to Scottish festivals as a child, surrounded by Scottish music. This allowed him the opportunity to connect with his heritage and culture, staying true to his

Your Local Real Estate Update

from the Williamsburg Association of REALTORS®



Charlotte Jones
President of the
Williamsburg Association
of REALTORS®

There are a lot of misconceptions about the facets and functions of a REALTOR's® job. When you think of a REALTOR®, what comes to mind is a real estate professional trained to bring buyers and sellers together to achieve the dream of homeownership. REALTORS®, by definition, are helpers and that extends deep into the local communities where they live and work.

"For most REALTORS®, inherently our job is to help our clients and their families to find a place to call home. We must listen to their needs and then do our best to make it happen," said Williamsburg Area Association of REALTORS® (WAAR) President, Charlotte Jones. "It's that passion you see translate into our desire to give back to the communities we live in and make sure we provide support where needed."

The members of the WAAR Community Outreach Committee, annually identify local charitable organizations that are in need of additional help, both financial and material.

"Our REALTORS® organization has a wonderful legacy of organizing and truly assisting so many different organizations within the Williamsburg community, from Habitat for Humanity, to Relay for Life, to assisting with the needs of the Greater Williamsburg Area Precariously Housed Children," President Charlotte Jones explains. So far this year the committee has collected toys, water bottles, towels, and over \$2000 in gift cards for homeless and precariously housed children in Williamsburg/James City County Schools.

The local real estate firms who belong to the Williamsburg Area Association of REALTORS® also conduct their own individual firm outreach projects to raise monies for organizations with a direct connection to their agents. On an annual basis, the local REALTORS® sponsor events with the Heritage Humane Society, Avalon, the American Cancer Society, Housing Partnership, Meals on Wheels, Relay for Life, and more. It is also not uncommon for REALTORS® to encourage client participation with all of their charitable work.

Becoming a REALTOR® involves learning all the technical aspects of the real estate profession, but also learning about the local community, including, the wonderful people and organizations that keep Williamsburg a great place to live. The real estate business is ever changing. What never changes, however, is the dedication and commitment of REALTORS® to serve the greater Williamsburg Area community. Amongst all the chaos of the current market they still find time to support and give back to the area that they live in. So, when you think of a REALTOR® remember that they are so much more than real estate professionals helping clients buy and sell homes.

The Williamsburg Area Association of REALTORS®, the Voice for Real Estate™ in America's Historic Triangle is part of the tri-level organization of the national, state and local associations of REALTORS®. As the local association, we strive to be the collective force influencing and shaping the real estate industry. The Williamsburg Area Association of REALTORS® seeks to be the leading advocate of the right to own, use, and transfer real property; the acknowledged leader in developing standards for efficient, effective and ethical real estate business practices; and valued by highly skilled real estate professionals and viewed by them as crucial to their success. Working on behalf of America's property owners, the Williamsburg Area Association of REALTORS®, provides a facility for professional development, research and exchange of information among its members and to the public and government for the purpose of preserving the free enterprise system and the right to own, use, and transfer real property.



757-253-0028

www.waarealtor.com 5000 New Point Rd., Suite 1101, Williamsburg, VA 23188

family's history and roots.

Shortly after birth, his parents signed him up for the waiting list for the Colonial Williamsburg Fifes and Drums, a program he would enter upon turning 10 years old. "I remember my father taking me to a march as a child and asking me if it was something I'd like to be a part of. When the time came, they dropped me off and told me to have fun."

Stewart did indeed have fun and enjoyed life as a member. His experience with the Fifes and Drums came full circle as he currently serves as the Supervisor of the Department of Fifes and Drums at Colonial Williamsburg. For those in the Fifes and Drums, there is much more to be taught and experienced than just music. "It's a community-based program that boys and girls can come into at age 10 and stay in until they graduate high school, around age 18," Stewart says. "During those eight years, they learn not only how to play but also important life skills such as responsibility, garnering and maintaining respect, punctuality and leadership."

Members come each day after school,

spending more time in the summer when they are off, and learn both musical and life skills. "I was a part of it until I was 18 and learned snare drumming, bass drumming, the tin whistle and the Irish frame drum," Stewart says. "I also learned public speaking and other life skills, as under the guise of fifing and drumming, the program turns out good citizens."

Though being a member of the Fifes and Drums was a large part of Stewart's time with music growing up, he also learned other instruments and even joined his father's bagpipe band. "We would travel and compete up the East coast, and I learned how to play the Scottish snare drums while being a part of a team of adults at age 13."

After graduating from high school, Stewart attended Christopher Newport University, commuting from Williamsburg. While commuting, he had the opportunity to rent a cottage in Colonial Williamsburg and spent his summers working for the Foundation doing jobs such as working in the Carpenter's yard and the Gunpowder magazine. Though he

studied Ornamental Horticulture, he never strayed far from his love for music.

Once he graduated from college, Stewart began working at the magazine as a military interpreter. When a position for drum instructor with the Fifes and Drums opened up, Stewart applied and was offered the job. "I really liked that it was familiar since I had grown up in that atmosphere but I also had bigger responsibilities," Stewart says. Along with being in charge of the drummers, he was able to interact with guests at Colonial Williamsburg during the day while he waited for the members to come practice and march after school.

In 2009, Stewart was made Supervisor of the drums and has been working as head of the department since 2016. In this role, he oversees everything that the program does and is responsible for the training, programming, safety and well-being of the members. "Growing up in Fifes and Drums, the leaders only drum majored and never jumped in to play," Stewart says. "I go out there with the mindset that we need to give the best performance

Big Green Egg

The only outdoor cooker you will ever need ... or want.



The Big Green Egg is the highest quality, most versatile and simplest-to-use outdoor cooker on the market, offering more cooking options than all other conventional cookers combined.

ACE
The helpful place.

Grill • Roast • Smoke • Bake

6 Locations to serve you!

- Midtown Row, 210 Monticello Ave. Williamsburg (757) 229-1900
- 4511 John Tyler Hwy Suite L, Williamsburg (757) 220-9362
- Grafton, 4914 George Washington Mem Hwy. (757) 898-3040
- 12490 Warwick Blvd, Newport News (757) 594-9890
- Hampton Towne Centre, 7 Towne Centre Way, Hampton (757) 864-0970
- 2098 Nickerson Blvd, Hampton (757) 850-0544

www.acepeninsulahardware.com

Follow us on 



One of Williamsburg's Best Neighbors Since 1759

- Pre-Arrangement Consultations
- Burial and Cremation Options
- Military Services and Discounts
- Trade Services and Shipping
- On-Site Crematory



Bucktrout of Williamsburg
Funeral and Crematory Services

4124 Ironbound Road
Williamsburg, VA 23188

(757) 229-3822 ~ www.bucktroutfuneralhome.net

possible, and if that means I wear a snare drum or bass drum then I do that every chance I get. You learn a lot performing with the corps members.”

Outside of his history and role with the Fifes and Drums, Stewart has been a member of an Irish band called Poisoned Dwarf for the past 20 years. He started out playing the Irish whistle and Scottish bagpipes but is currently playing the Irish Uilleann pipe, a bagpipe powered by a bellow. “You don’t see Irish bagpipers all too much now, as the instrument itself almost went extinct in the 1960s, but it is enjoying a comeback right now,” he shares. “I was introduced to it after my father taught me a bit of highland bagpiping which translated to me learning the Irish whistle and the Scottish small pipes before I started working on the Uilleann pipe.”

In addition to his commitment to Poisoned Dwarf as a band member, Stewart started Pittman Pipes four years ago. Pittman Pipes allows Stewart to perform at private events such as weddings, funerals and ceremonies. “More

recently, people have begun seeking out Irish pipers,” he says. “It’s an expressive instrument and lends to the atmosphere at the event.” At his busiest, he performs four to five times per month between the two.

In addition to promoting himself independently, Stewart is also a member of a company based in Alexandria, called “Celtic Music for your Wedding,” which helps him find clients throughout Virginia. After most events he had on his schedule were canceled due to COVID, he is happy about performing again as more events can be held. “More often than not, I’m playing by myself and creating an atmosphere, not a concert,” he says. “It’s nice to be able to be paid to play while creating that background for guests.”

While most may be intimidated by the thought of playing multiple instruments, Stewart has done it all his life. “Each instrument is a learned set of techniques, and you can relate it to driving a car, like being able to turn on the heat and turn up the radio at the same time, as your mind just learns how to

process familiar things. This is what learning a musical instrument is like; it’s a set of familiar techniques to create pleasant noises.”

Now having the opportunity to pass along the love he and his wife, Katharine, have for music, Stewart Pittman sees the resemblance between his current life and the exposure he had to music from his father. “My son, James, is very used to listening to me practice something on the guitar or whistle or pipes. It’s become the norm for him, and I take that as a good sign,” he says. “My wife and I were very keen on the fact that our children don’t have to be bagpipers or play fifes and drums, but we wanted them to have the appreciation and love of music.”

Though his daughter, Charlotte, is not yet old enough, he hears James humming a lot and his wife brings them out to festivals to support.

“We listen to a lot of music in our house and even hold band practice at our house around them sometimes,” Stewart Pittman says. “I’m exposing my kids to music the same way that I was.” NDN

**For a hole in your roof,
Or a whole new roof.**

PYRAMID ROOFING
Williamsburg | 757-258-3595

Virginia Beach | 757-351-2555
Southside | 757-923-0999
Peninsula | 757-247-9600

www.pyramidroofing.com

BEST OF THE VIRGINIA GAZETTE
williamsburg winner

Derek

Piper

10% OFF UP TO \$1,000
Roof Replacement

Expires August 31, 2021
10% off any new roof up to a maximum of \$1000. Not valid with any other offers. Not valid with existing contracts/proposals. 1 per household. Residential use only. Show at time of service.

The Collective Experience of Music

By Narielle Living



Murawski-Photography

Patrick Rooney might not have grown up in Williamsburg, but today he considers this home. The youngest of four children, he is originally from upstate New York and has been involved in music most of his life. "I grew up in church choirs," he says. When he was 13 years old, his two older brothers were in a band. "They had kicked their bassist out of the band, and they handed me a bass guitar and said, 'We have a gig in six days. You need to learn all the songs.' It's the blessing and the curse of being

the youngest."

While Patrick's musical background is based in rock-and-roll, he also sang in choirs throughout high school and in capella groups throughout college. "Most of my training is actually in acting," he says. "It's what I went to school for and what I've done for most of my adult life. But music has always been a kind of a secondary outlet for me. I found myself to be very blessed in coming down to Williamsburg and having it be an arena in which I could learn

to express myself and learn new styles of music that are very robust here, but not as prevalent in upstate New York."

Prior to arriving in Williamsburg, Patrick worked in theater. "I managed a movie theater and art space for a while and then went from that to working in film and TV production out of New York City. And I was coming to an impasse where I knew I needed to move, but I didn't really know where to move to. New York was very much on the table for me, it was prob-



QuickBooks Training & Support

757-564-0701
WILLIAMSBURG GLOUCESTER
www.payneassoc.com

BOGO
Buy 1 Hour
Get 1 FREE

the accounting firm of
Payne
A + S - S x O % C / I - A + T % E - S

Senior Downsizing

We can help you through these challenging times...

- Downsizing
- Home Clean-outs
- Estate Sales and more!

Check our website for our online sale.

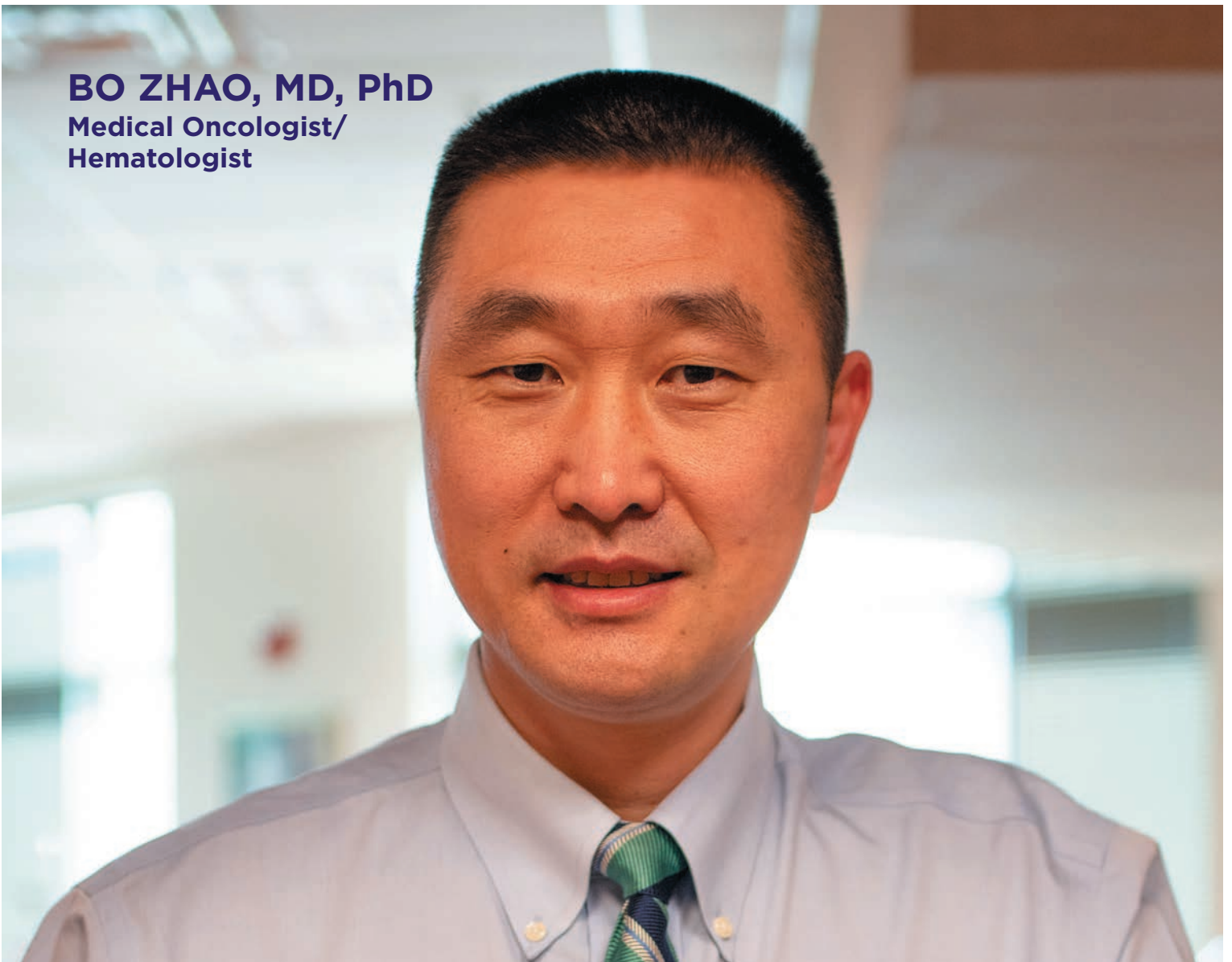


Williamsburg ESTATE SERVICES
EST. 2010

Laura Kinsman, Owner

(757) 784-7764 • www.WilliamsburgEstate.com

BO ZHAO, MD, PhD
Medical Oncologist/
Hematologist



NEW PHYSICIAN ANNOUNCEMENT

Dr. Zhao is accepting new patients in our Hampton & Williamsburg offices.

757-873-9400

Fellowship in Oncology & Hematology

Cleveland Clinic - Cleveland, OH

Residency in Internal Medicine

RWJBarnabas Health - Livingston, NJ

Medical Schools

Bachelor of Medicine, Dalian Medical University - Dalian, China

Doctor of Medicine, Peking University - Beijing, China

**Dr. Zhao is fluent in both
Mandarin Chinese and English.**



VirginiaCancer.com

ably the most logical decision. But as much as I have a deep affection for New York City, it is not a place where I revel, or relish the idea of living.” Fortunately, Patrick’s sister lived here at that time, and she offered him insight into the area to lure him to move here. “She had been trying to get me to come down and work at Colonial Williamsburg ever since she moved here.” She told him it would be an ideal job while he decided what to do next. Eventually he agreed with her and made the decision to move here. “That was four years ago, and I just never looked back. Opportunities started popping their heads up for me, and I’ve found a really great community here of lovely people, artists, musicians.”

After that emergency gig at the age of 13, the band played for a while longer. “We continued to make music until I was about 25. And, as much as it was fun at the time, it was really just a secondary thing. And because of that, I was doing regional theater and working as an actor primarily. We had a good run, and we primarily wrote music and did it for the enjoyment of creating art. There’s nothing like a collabora-

tive atmosphere in which you can freely express yourself and find people who are like-minded.”

This type of artistic collaboration was something that Patrick was certain he would not find anytime soon. When he arrived in Williamsburg, he was happy to discover he was wrong. “It’s something that I thought I would never find again,” he says. “I was dead certain that that was the end of a free collaborative environment in which I’d be able to musically understand.” But it turns out he was wrong; he did indeed find a positive outlet for his creative expression. “My expectations were blown out of the water. I was moving down here, meeting the people that I did, and then eventually, at the end of 2019, I was brought into the band Poisoned Dwarf. I was so pleasantly surprised to find like-minded people with integrity and a pure joy and interest in making music.” Patrick had found a new oasis for his musical passion. Poisoned Dwarf is a collection of six musicians who focus on traditional Irish and Celtic music. Patrick says that the band plays with informed practices based on the conventions set by juggernauts in the field. “There’s a common

thread that I have found with any sort of folk music, of any culture, that there are things and conventions specific to the form, but ultimately, they’re universal rules that reverberate in every style of music. I didn’t really have much of an affinity for it being on the outside looking in, but when I educated myself and came to understand the form and get more intimately aware of it, I have found a deep connection to the music that is really transcendence, in my opinion.”

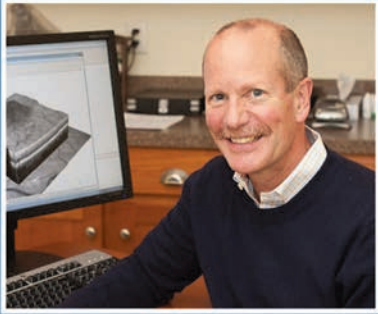
The group is comprised mostly of Colonial Williamsburg employees, and Patrick says everyone is an expert in their own right. “Music is a commonality that brings us together.” With each player having a deep connection to the history of this area, this brings an extra layer of awareness regarding the evolution of traditional music over the centuries. “Being in a place like Colonial Williamsburg, that helps to incubate creative minds and to discover new music is really wonderful. A lot of the music we do dates back to the 16th century, and there’s also music that we do that’s 20 years old. So, we have a pretty extensive catalogue.”

Retina Glaucoma

associates

Dr. Nordlund is a board certified Ophthalmologist practicing full-time in Williamsburg.

- Diabetic Retinopathy
- Glaucoma
- Macular Degeneration
- Retinal Tears
- Retinal Vascular Disease
- Visual Field Loss



John R. Nordlund, M.D., PhD
specializes in the diagnosis and treatment of
retinal diseases and glaucoma.

Credentials:
Retina fellowship at the Mayo Clinic, Glaucoma fellowship at Johns Hopkins, Fellow, American Society of Retina Specialists, Fellow, American Glaucoma Society

Open Monday - Friday 8 a.m. to 5 p.m.
113 Bulifants Blvd., Suite A | Williamsburg, VA 23188

757.220.3375 | RGAVA.com

MAKING LIFE BETTER AT HOME!



Agapé is here to help you navigate the twists and turns of life at home. Not just during the pandemic, but any time. The fact is, we love what we do and we love taking care of you!

Please call if you need assistance.

- Bathing & Dressing
- Medication Reminders
- Light Housekeeping
- Laundry
- Errands
- Meal Prep
- Transportation



Agapé Home Care

757-229-6115

299 McLaws Circle • Williamsburg

We are here for YOU! <https://www.agapehomecareva.com> Call Today or Visit Our Website

Despite the shutdown of the last year and the inability to perform in person for a long period of time, the group continued to work toward their goals. “We really had a good momentum going into the beginning of last year, and we wanted to ensure that we didn’t lose that fire,” he says. “One thing that we are very much minded toward at this moment is taking every opportunity to create new sets and work them toward the goal of recording an album, hopefully, that will be able to come out sometime next year. That’s something that is very much a goal of the collective group.” With the two new members, Patrick and Mei-Lei, there are new musical ideas and instrumentation choices they are trying which will infuse their older music with a new energy. “This will make some of the old stuff that Poisoned Dwarf has been doing for years, which are tried and true and foundational to the aesthetic of the band, while also taking this new energy and capitalizing on the creative conversation that we’re having. Also, since Mei Li and I are both singers, we are able to add elements of a repertoire that have often been sparse with the band.”

With the loosening of Covid restrictions

and a recent birthday, Patrick Rooney has spent some time lately reflecting on the past four years. “I’ve been thinking about my time here and all the experiences that I have had, ones that are yet to come and the opportunities that have been available to me. What draws me to Poisoned Dwarf is that each member carries themselves with such integrity and professionalism. There are so many things that could distract from getting together with a group of people and making music. Most of the members have children and families, and we all have professional lives that keep us occupied. But the magic of being able to come together, especially as a new member, and to be a part of a creative conversation that has been going on for almost 20 years now, is such a deep privilege. I’m so grateful to be a part of it, and I hope that this new reimagining of the band can excite the people of Williamsburg. There’s a lot of magic to be had, and especially after the past year, I think performance of any sort, whether it’s music or theater or dance, is so necessary. I look forward to seeing people at shows and coming together to sit in the dark to enjoy an experience collectively as one.” NDN

Next Door Neighbors

Publisher.....Meredith Collins
 Editor.....Narielle Living, narielleliving@gmail.com
 Copy Editor.....Ginger White
 Photographer.....Lisa Cumming
 Account Manager.....Anne Conkling

Writers

Linda Landreth Phelps, Caroline Johnson, Brandy Centolanza, Alison Johnson, Susan Williamson, Lillian Stevens, Melanie Occhiuzzo, Morgan Barker, Cathy Welch, Christopher LaPointe, Michael Heslink, Gail Dillon, Lauren Plunkett, Ben Mackin, Laura Lane, Dawn Brotherton, Dayna Hutson, Harmony Hunter, Wheston Chancellor Grove, Ashley Smith, Kathleen Toomey Jabs, Page Brotherton, Kristine Hojnicky and Cynthia Fellows Rich, Cathy Sliwoski

Advertising Information

Meredith Collins

(757) 560-3235

meredith@williamsburgneighbors.com

www.WilliamsburgNeighbors.com

Next Door Neighbors is a monthly, direct-mailed magazine serving the residents of the Williamsburg area.

Circulation: 43,700



PO Box 5152, Williamsburg, VA 23188



**SAFETY
IS OUR
NO.1
PRIORITY**

Caring Connections Make a Difference



**You know us as a Life Plan Community...
but did you know we offer Adult Day, too?**

Reconnect with the simple joys of life in our award-winning Adult Day Center. Spend your days challenging new pals to friendly games, channeling your creativity in art programs, or enjoying musical performances, outdoor gardening, and much more!

Open Monday - Friday | 8:30 a.m. - 5:00 p.m.

- Chef-prepared meals and snacks
- Health monitoring and medication management
- Caregiver support and education

Call us today to learn more!

757-565-6544



*Williamsburg Landing is
a proud member of the
National Adult Day Services
Association.*



neighbor to neighbor



BLACK SNAPS PHOTOGRAPHY

Outdoor photography in Richmond, Hampton Roads, + surrounding areas
Headshots | Portraits | Families | Couples
Now Booking!
Call 757-585-4013

@blacksnapsphoto | blacksnapphoto.com

Call Today for Back to School Checkups!



Matthew Gada, OD
 OPTOMETRIST
757.259.2300
 1147 Professional Drive
 www.eye2eyevisioncenter.net

I Will Take Care of Your Pets in Your Home



I Love Animals!

- Overnight Stays
- Dog Walking Service
- Reasonable Rates
- Concierge Service


Also providing Dog Obedience Training

Call the Canine Ambassador by Charlotte Price
757-784-7732

Member of Pet Sitters International

20 Yrs. Experience • References Available
 charsdogs@yahoo.com 

MATH TUTOR
 Grades 6 - 12
 Plus Chemistry & Physics
James Strafalace



Can meet at student's home or Library.

Call for rates. 757.566.0330

jamesstrafalace_71@msn.com

Williamsburg Bazaar
Stay Cool With Us!



Antiques, Vintage, Jewelry, Williamsburg Giftware, Candles, Soap, Signs, Specialty Items, Painted Furniture, Clothing, Nature Photography, Dog Clothing & Accessories and more!

Premier Outlets - Next to Asics Shoes
 5625 Suite F120 Richmond Rd.
 williamsburgbazaar@gmail.com • 757-206-1405

It's Back-to-School Time!
 Now accepting fall clothing.



Sugar & Spice
 consignment boutique

Opens at 10 a.m., Tuesday-Saturday
 6536 Richmond Rd., Williamsburg
Make your appointment online or call:
 sugarandspiceconsignmentboutique.com
 757-220-1661

End of Summer Sale!
 Now Accepting Fall Consignments & School Uniforms
Call Today for Appointment! 757.206.1030



TWO Trolls
 A consignment boutique for the young

5251 John Tyler Hwy. #57,
 Williamsburg VA (behind DMV)
 Shop in store or shop our site - shopwtotrolls.com
 Mon.- Fri. 10 - 6, Sat. 10-4, Sun. closed

Neck or Back Pain?



Comfortable **Chiropractic and Massage**
 Most Insurances Accepted

WILLIAMSBURG NECK & BACK CENTER
757-345-6562
 4808 Courthouse St.
 Williamsburgneckandback.com

Williamsburg Electrical Services



- 24 Hour Emergency Residential & Commercial Service
- Fuse & Panel Replacements
- Parking Lot Lighting Repairs
- Over 39 years experience
- Free Estimates

Michael Daigneault
 Master Electrician
 105 Woodland Road
 Williamsburg, VA 23188
 (757) 564-9364 office
 (757) 876-8079 cell
 mdaigneault@cox.net




PANORAMIC VIEW WINDOW CLEANING & ROOF WASHING LLC.

KENNY STOKLEY (TECHNICIAN)
 (757)849-9787

Where we build relationships not just quality service.
First 10 house washes receive up to 4 windows cleaned FREE!
 Good thru 8/31/21

Senior Discounts • Discounts for Referrals
 Fully Vaccinated following CDC Protocol
We Value Your Business
 Female Owned Business
 Commercial & Residential

Linda Schiavone
 Whether you need a permanent home or a short term stay, let me assist you.



SPRING ARBOR SENIOR LIVING

Call Linda Schiavone for more information at 757-565-3583

935 Capitol Landing Rd., Williamsburg

Sell for more. Buy for less. Know your options.



Howard Hanna
 Real Estate Services

David Lassiter, Realtor®
 The Tom Coffey Team, Howard Hanna
757-342-6606
 5208 Monticello Ave. Williamsburg, Va 23188

neighbor to neighbor

Horse Boarding

for over 36 years



- Full Care Equine Boarding Facility
- Long term & short term injury layup

Call us for more information
757-810-1706

Walnut Acres Farm

www.walnut-acres.net • Email: shandaking@verizon.net



5 Brothers LANDSCAPES

CONTACT US TODAY!
Turf renovation season is just around the corner!

Residential & Commercial • Design, Installation, Maintenance.

757.634.5695 5brotherslandscapes.com

Simplify the Search for Senior Living Options

Choice Connections of Virginia can help you understand and explore the most appropriate senior living options for your specific needs.



Dawn Michelle, CSA
Certified Senior Advisor
Williamsburg Resident,
Serving Families Since 2013
757-570-3357



DMichelle@ChoiceConnectionsVA.com
www.ChoiceConnectionsVA.com

Need to Downsize?

TOGETHER WE WILL...

- Identify items to keep, donate, or discard
- Pack for a move
- Unpack and help you settle into your new home
- Pack and ship giveaways to family and friends
- Arrange for donation or disposal of unwanted items
- Find creative ways to preserve memorabilia



Lisa Youngers

Downsize Simply

Call for a **FREE** consultation.
757-206-3350

Commercial Landscape Professionals

for over 26 years!



- Design
- Installation
- Mowing
- Trimming & Hedging
- Mulching
- Weed Control
- Fertilizing

LEO'S LANDCARE 757-810-1706
Shanda@leoslandcare.com | www.leoslandcare.com

Serving Williamsburg for 74 Years!

State License Va. #2705 014745A




Boswell
Plumbing • Heating • Air Conditioning

757.229.4890

www.Boswell-HVAC.com

BE WISE MODERNIZE!

ONLY THE BEST WILL DO!

Maid All Clean

Want to start 2021 off fresh?
We are here for you!

- One-Time/Monthly/Bi-Weekly/Weekly Cleaning
- Move-in/ out cleanings
- Garage/Attic Clean-Outs
- Re-organization/ De-clutter
- Post Construction Cleanup
- House Prep for Investors/Realtors

Licensed - Bonded - Insured

Spread the love with a Gift Card @
www.maidallclean.com/giftcard
ASK ABOUT SENIOR AND MILITARY DISCOUNTS.

CALL 757-775-4315 TO BOOK
A FREE ESTIMATE TODAY

August SPECIAL OFFER!

Buy Two Drinks with Two Meals
(Breakfast or Lunch)
First Meal Regular Price, Second is 1/2 price.

Dine in only and with coupon. Thru 8/31/21
Open Daily 7am-2pm
Serving Delicious Breakfast and Lunch
Dine-in • Curbside Pickup

National Pancake House
7105 Pocahontas Trail
Between CW and Busch Gardens
757.527.4100

Call Me About the Health-Promoting Benefits of Essential Oils



Pat Francis
804-306-0120
doterra.com



dōTERRA
Wellness Advocate

Larry's ITALIAN RESTAURANT

August Special
10% off
Your Meal With this Coupon.
Through 8/31/21.
Excludes Alcohol
Dine-in Only With Coupon

DINING ROOM OPEN
Serving Breakfast, Lunch & Dinner
Open 7 Days.
Sun-Thurs. 7am-9pm
Fri-Sat. 7am-10pm
Breakfast 7-9am, \$7.99 plus drink,
With coupon Exp. 8/31/21

6380-F Richmond Rd. Lightfoot
757.229.0045
www.larrysitalianrestaurant.com



KEEP KLEEN

DRYER VENT CLEANING

Commercial & Residential

Williamsburg/Yorktown
757-707-0803
keepkleening@gmail.com

10% Off with this Ad

Good through 8/31/21
Excludes Alcohol



PLAZA AZTECA
RESTAURANTES MEXICANOS

1430 High St. Ste 910
757.345.2901
www.PlazaAzteca.com

To find out more about neighbor to neighbor contact: Anne Conkling 757-880-5207 anneconkling1@gmail.com

Making Music With Friends

By Narielle Living



Murawski Photography

Brett Cahoon's smooth vocals are reminiscent of Frank Sinatra and Harry Connick Jr., and he has the ability to captivate audiences with his flair and energy. He is the bandleader for Good Shot Judy, a local jazz swing band that offers well-known musical delights such as the theme from New York, New York; Mack the Knife and The Way You Look Tonight, to name a few.

He grew up playing music, but Brett officially launched himself as a professional musician in 2014. "I grew up playing rock-and-roll and punk rock music, actually, and my brother and I were in a band. We were going to be the next big thing on MTV, and then it just didn't quite happen."

Brett had worked in corporate restaurants since he was about 18 years old. "I ran 10 restaurants in Richmond and 10 restaurants here on

the peninsula." After decades spent working for a corporation, when Brett found himself having a disagreement with the management, he began to rethink his career goals. "I didn't really expect that one moment to change everything so much but when I was fired from my 21-year career, that was the best thing that ever happened."

Initially, Brett had considered playing music until he figured out his next step. "I thought at the time, maybe I'll play some music," he says. "I was already playing as a hobbyist on the weekends. We were doing the Good Shot Judy thing already as a trio." He thought he would play music for fun while he decided which corporation he would work for next. "Then things slowly started to pick up. It was my little brother actually that was like 'you know, I think it's time for you to explore this music thing.' He

actually had sent me a Confucius quote, which is, 'everyone has two lives and the second one begins the minute you realize you only have one.' That was kind of it." He knew he had to at least give a musical career a chance.

Instead of the music he used to play, however, he took a different approach. "We created Good Shot Judy with the idea that you could never find jazz music performed the way it was in the 40s and 50s. Anytime you would find jazz it always seemed to be instrumental or kind of sleepy or performed like museum music." Brett and the band wanted this music to be performed, as he says, "like it was arena rock." He wanted to see it performed in a big way that would do the genre justice.

It turns out lots of people feel the same way about this type of music.

Thank You for Voting Us BEST CAR WASH in All of Hampton Roads!

Buggy Bathe



2217 Richmond Road • Williamsburg
757-220-9315 • www.buggybathe.com

WE SERVICE ALL MAKES and MODELS!



OPEN 7 DAYS

- Express Washes
- Interior Services
- Complete Detailing
- Tire Rotation
- Oil & Lube Service
- Preventive Maintenance

\$1800 OFF

COMPLETE DETAIL

BUGGY BATHE

Not valid with other discounts or coupons. With this coupon. Expires 8/31/21. NDN

\$1300 OFF

OIL CHANGE



with a **CAR WASH**
BUGGY BATHE

Not valid with other discounts or coupons. With this coupon. Expires 8/31/21. NDN

\$300 OFF

SHINE MASTER WASH

- Vacuum • Dusting
- Windows • Dash Protectant
- Wash w/ Undercarriage
- Triple Foam Wax
- Spot-free Rinse • Towel Dry
- Rim Cleaning • Tire Gloss
- Rain-x Complete
- Shine Master Wax
- Air Freshener

BUGGY BATHE

Not valid with other discounts or coupons. With this coupon. Expires 8/31/21. NDN

“Jeff and I got together, and I had been playing piano for about 10 years at that point. And I thought why don't we try some of these jazz standards, and maybe we could be good enough to play in a cocktail bar or a coffee shop or something. We worked on that for a year and a half before we ever played out. So, it was myself on piano and vocals, Jeff on the upright bass, and our friend Mike Smith, who was a rock-and-roll drummer, just started to try to fake the jazz drumming thing. We played out a few times and that grew as it got some attention. Brandon Musko is our saxophonist now.” When Brandon reached out to the band, they didn't know him, but he knew them. He was interested in playing saxophone, clarinet and flute with the group. Brett and the others thought it was a great idea. “He had been working at Busch Gardens as a musician, and it was at the time that they cut their musical program, so he was available. Through his guidance is kind of how we learned how to be a band in a different way, and he introduced us to so many other musicians who are more skilled in playing in these type of ensembles.”

In addition to playing the piano, Brett also plays the guitar and ukulele. “Guitar was kind of my main thing and then piano was a secondary thing. I didn't start playing piano until I was 30 years old, actually.”

Some of Brett's musical influences include Tom Petty and Billy Joel. In the late 90s, the neo-swing revival happened, with bands like Big Bad Voodoo Daddy and Squirrel Nut Zippers gaining in popularity. “I saw the Cherry Poppin' Daddies three times within about a year, and every time they were the headliner, whenever the lights would go down in the theater before they came out, they would blast Frank Sinatra's 'Come Fly With Me.'” He didn't know much about Frank Sinatra, so he went to the record store American Oldies in Newport News and bought a used CD. “I started listening to it. I actually got caught in an ice storm once on my way to visit friends and that was one of those white-knuckle drives, but that CD was in the deck and I probably listened to it three times in the four hours it took to make the trip. From that day on, I started going down the rabbit hole.”

One of the things that Brett has tried to do is research musical influences of the musicians he admires. “If I was really a fan of someone like Billy Joel, I find his influences. Ray Charles was a big influence on Billy Joel. Then of course, Ray Charles was a huge Nat King Cole fan. Little by little, I started absorbing the genre.”

Brett's musical career began when he was a young teenager. “The first time I ever really wanted to play guitar was after I saw Lou Diamond Phillips in *La Bamba*. I was probably 13 years old and I was home sick from school.” Like most kids, he got bored and started poking around the house, eventually finding his father's acoustic guitar. “My dad had an acoustic guitar, but he didn't play so I went and got it out of his closet, and I realized that it was going to be a little more difficult than Lou Diamond Phillips made it look. So, it went back in the closet for another year.”

The following year, he visited a friend of his. “He had his mother's acoustic guitar out and he had his beginners' book and said, 'hey man, look at this, like your dad has a guitar, doesn't he?’” That was the day the idea came to pass that both Brett and his friend could do this, they could learn to play guitar. “We eventually became bandmates, maybe a year later,” he says. “We could barely play, but that's okay, it was kind of cool.” Most importantly, Brett Cahoon had fun. He remembers the words of a drum teacher from long ago. “We were probably 16 or 17 years old and this guy, I'll never forget it, he said, 'You know what? It'll never be more fun than it is right now. It'll never be more fun than it is when you're 16 years old, making music with your friends.’” NDN

IS YOUR HOME DIRTY?

WE'LL GET IT SPARKLING CLEAN!



ROOF
SHINGLE | TILE | SHAKE



SIDING
STUCCO | VINYL | WOOD | BRICK



DECKS/FENCES
VINYL | WOOD | COMPOSITE



BRICK/CONCRETE
DRIVEWAYS | RETAINING WALLS



GUTTERS
CLEAN OUT | BRIGHTENING



ASK FOR DETAILS!

BIODEGRADABLE

All of our cleaners breakdown into carbon and water within 20 days of their introduction into the environment.

WATER-BASED

All of our cleaners are water based and contain no solvents or phosphates.

LOW VOC

Our Soft Wash cleaning process and chemicals conform to the California Air Quality Management District standard.

NON-HAZARDOUS

All of our cleaners ship non-hazardous and require no special handling or storage precautions.

LOW FOSSIL FUEL

Our company strives to follow the theory of using as little fossil fuel based energy as possible.



Sergeant Softwash.com






CALL TODAY! FREE ESTIMATES

757-926-0222



@SergeantSoftwash

WINDOWS & MORE INC, DBA: SERGEANT SOFTWASH, LICENSED, FULLY INSURED & BONDED

Google
Reviews
5.0 ★★★★★

VETERAN OWNED
& OPERATED
(NOT A FRANCHISE)

Pizza. Perfect for Picnics!

Delicious Pizza and Authentic Italian Food.

Bring your family and friends to enjoy great food and a warm, family atmosphere. Private room & catering available.



Authentic Italian Food.

From Pasta to Pizza & more!

BEST OF Williamsburg WINNER 2010

757-229-5252

2021-D Richmond Rd. (Across from Red Lobster)



www.annasbrickoven.com • Hours: Mon-Thurs 11-9 and Fri/Sat 11-9:30.

Jellenek Family Eyecare



Gregory P. Jellenek, OD

If you're looking for a great eyecare experience in the Williamsburg area, with a friendly, professional and knowledgeable staff to provide you with superior eyecare service, call us today!

757-645-3930

**Over 1,000 Designer Frames!
Buy One, Get One 40% off**

- Comprehensive eye exams
- Family Eyecare
- Treatment for eye diseases
- Lasik & Refractive surgery consultations

4640 Monticello Ave., #8A • Williamsburg • www.drjellenek.com
We accept most insurance

Light Up Your Life

Residential Lighting...Inside and Out!



LOCAL RESIDENTIAL ELECTRICAL SERVICE SINCE 1983. FAMILY OWNED & OPERATED.

- Recessed LED Lights
- Smart Home Device Installs
- Heated Towel Bars
- Outdoor Lighting
- Smoke Detectors/10-Year Batteries
- Ceiling & Attic Fans
- Outlet Installation
- Under Cabinet Lighting
- Below House Dehumidifier



Nick & Mark Sanders, Owners



(757) 566-0485

 hamiltonelectricinc.com

KATHY PARISI



Murawski Photography

More Kathy Parisi

By Cathy Sliwoski

Kathy Parisi loves and plays all styles of music. That's a good thing, because as a member of the popular local band Joe's Day Off (JDO), she might be called to lend her ample fiddle playing and harmony vocal skills to almost any genre of music. "Joe says we play everything except rap or opera," Kathy says.

As with many things in life, her introduction into JDO was happenstance. Her neighbor in Toano, John Scarborough, played fiddle with the band. He happened to be at her house one evening when Joe Duggan called to see if he was available for a St. Patrick's Day event. He wasn't, but he told Joe that he was looking at another excellent fiddle player who might be. As luck would have it, she was.

"I am super honored to be part of this group," Kathy says of JDO. "They are all so talented and supportive of each other. They became an instant family."

Kathy was trained in classical violin, so the improvisation she does on the oldies and country classics that the band is known for was out of her comfort zone at first. "Joe was instrumental in getting me out of needing the music in front of me into doing improv," Kathy says. "He

convinced me to try it, and I love it now.”

Kathy grew up in Fairfield, Connecticut, surrounded by music. Her father was a professional musician who also conducted and directed orchestras and bands. He died when she was 15. She lost her mother in 2004.

“I sometimes feel like I’m the perfect combination of my parents,” Kathy says. “I owe my career to both of them.”

She began taking lessons in the fourth grade, starting with piano. After she had played for a bit, she realized she had a knack for imitating tunes that someone else was playing, and she lost interest in reading music. That’s when her father stepped in. “My father thought note reading was important, so he switched me to violin, so I had to read music,” Kathy says.

In high school, Kathy was a self-described “music nerd” who joined every musical performance group offered. She recalls that her favorite type of music at the time was movie soundtracks. Not the soundtracks that use many different songs with lyrics, but the ones

with classical orchestra music in the background. She would buy cassettes to make mix tapes, and then, while driving around, quiz her friends to see if they could match the songs with the correct movie.

She attended Hofstra University in New York. After college, she moved to Yorktown and got a job at Busch Gardens as a strolling musician, first in the Italian section and later, the Irish. It proved to be a great job for a young musician by helping her become comfortable in front of an audience and creating lifelong friendships with her co-workers.

After moving to Northern Virginia, Kathy interned at Wolf Trap National Park for the Performing Arts. Later, she got a job at the Kennedy Center, working for five years as assistant volunteer manager, coordinating the efforts of 500 volunteers, most of whom were senior citizens. Her position allowed her to rub elbows with many famous people. During the filming of a “Kennedy Center Honors” event when Chuck Berry was among the honorees,

Kathy was chosen to “fill a seat” for Goldie Hawn when she made her way to the podium. That meant Kathy got to meet Kurt Russell.

“He was larger than life,” Kathy says. “I was speechless for a moment. Then he said he had found ‘another Goldie,’ and I looked up to see Kate Hudson coming down the aisle. So, I moved to take her seat. Everywhere I looked, there was a celebrity.”

Other star-studded moments working there included sharing an elevator with Liza Minnelli and her dog, and an impromptu concert by Stevie Wonder during one of the after-parties. “It was so much fun to work in that building.”

Kathy returned to the area in 2004, settling down in Toano. Once she had children, she enjoyed the freedom of being her own boss by giving private music lessons. She has taught music and movement to young children for many years as part of the Early Childhood Music School. She teaches violin, viola and piano to students of all ages in her home and during the pandemic, online. Her evenings

Join us for the 12th Annual Williamsburg Landing

5k Run for The Arc

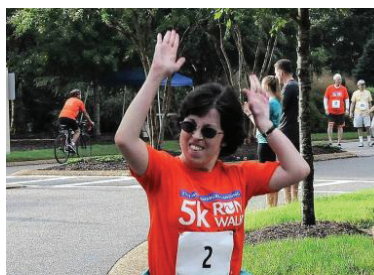
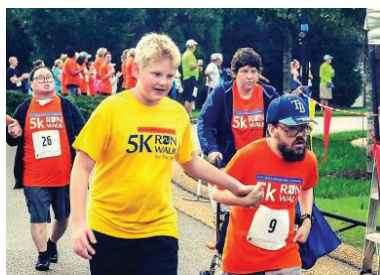
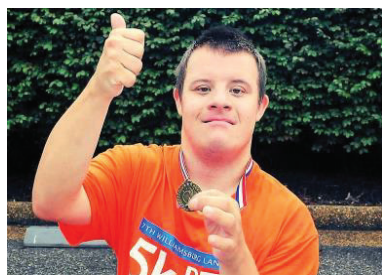
of Greater Williamsburg



Saturday,
October 2, 2021

On-site at Williamsburg
Landing

5k Run/1- Mile Walk/Virtual
Options!



Register online at thearcgw.org

Hosted by



Presented



The Arc has proudly served adults with disabilities since 1976.

usually involve a band practice or gig. “Almost every event has a musical connection.”

Working with youngsters is rewarding to Kathy because of her belief that the earlier children are exposed to making music, the better. Kathy believes studying music promotes learning in all facets of life.

“Music education teaches so many things,” Kathy says. “It scientifically makes kids smarter. It teaches fine motor skills and life skills like patience.” In July, Kathy served as a faculty member at Camp Launch, a two-week summer camp for rising seventh- through 10th-grade high-ability, low-income students, held at William & Mary.

She stays busy supporting her two sons’ activities as well. Cameron, 16, enjoys athletic pursuits like soccer. Younger son Alex, 14, plays piano and acts. Kathy says that juggling her hectic schedule wouldn’t be possible without Jonathan Wintsch, her significant other. “He really does make it possible for me to manage all my musical jobs and is a huge help-

er for the band.”

Kathy has performed with Joe’s Day Off (JDO) at many different private functions but not too many weddings. She was honored to perform at the wedding of Joe’s daughter. One of the songs chosen for the special occasion was “Ashokan Farewell.” The name may not be familiar to most, but the hauntingly beautiful melody was made famous by its use in the Ken Burns’ documentary The Civil War. When it came time for her to play, the emotions of the day took hold, and her mind went blank on how to begin the tune she’s played hundreds of times.

“I saw Joe there with his daughter and I had a minute of panic,” Kathy says. “I couldn’t remember how to start. I snapped out of it, but I learned then and there I will never go to a wedding performance without the music, no matter how well I know it.”

Kathy continues to book herself as a strolling musician, most recently at some local senior living facilities. She says she loves playing

for seniors because they are always “so grateful and appreciative.” When they come up to her with requests, she tells them, “If you can sing it, I can probably play it.” She says as long as it’s not “The Devil Went Down to Georgia,” which is the fiddle player’s nemesis song.

Since playing with JDO in 2014, Kathy recalls quite a few humorous moments that have become inside jokes for the band. One such episode occurred during a sound check. Since she’s playing the fiddle, her microphone often needs more volume to compete with the other instruments. The audience started calling out “more Kathy” to let them know to turn up her mic. “Joe picked up on that and he started calling me ‘More Kathy Parisi.’ He had t-shirts made up. It’s turned into a fun little band joke that we have,” she says with a chuckle.

Joe’s Day Off has the honor of being chosen to play at this year’s “An Occasion for the Arts” in October at Merchants’ Square in Colonial Williamsburg, so music fans will have the pleasure of hearing more Kathy Parisi. NDN


Celebrating Life’s Extraordinary People and Your Occasions.



“Over 40 years ago, my wife Lisa and I opened The Precious Gem. Our goal remains: providing the highest level of professional service and exceptional quality, value, and choices to you, time and again. Our hope is to be your jeweler for life.” – Reggie Akdogan



THE • PRECIOUS • GEM

Merchants Square, Williamsburg • 757-220-1115
Open Mon. - Sat. 10 a.m. - 6 p.m., Sunday 1 - 5 p.m.
thepreciousgems.com • Like us on Facebook 

DESIGNS by REGGIE AKDOGAN

Enjoy State of the Art Dentistry

- ▶ CEREC One Visit Crowns
- ▶ Bridges and Veneers
- ▶ Cosmetic Dentistry
- ▶ Preventive Care
- ▶ Implants
- ▶ Extractions
- ▶ Root Canals
- ▶ Teeth Whitening
- ▶ And More!

**29 years
of experience in a
full range of dental
services.**

CHILDREN & ADULTS
MOST INSURANCES ACCEPTED

Edward A. Owens D.M.D.

211 Bulifants Blvd. - Suite A, Williamsburg, VA 23188

757-229-6414

www.DrEdwardAOwens.com

LOGAN LAYMAN



Murawski Photography

In Layman Terms

By Narielle Living

Logan Layman has been called a “young artist with an old-school soul.” Her voice is distinctive, and she can belt out a number of tunes while playing bass guitar with style. Her path to the world of music, however, began somewhat differently than most.

“I moved to Williamsburg, at the start of my sixth-grade year. After that I went to War-hill High School and graduated in 2018.”

Currently, Logan is entering her senior year

Professional, quality cleaning with a personal touch

FREE CONSULTATION

- Residential & Commercial Cleaning
- Move-in and Move-out Cleaning
- New Construction Cleaning • More!

Pristine Cleaning Co.



Kim Amos • Owner & Operator
757-603-5779
www.pristinecc.com
 LICENSED • BONDED • INSURED

"EWELL" Love the Results!

Selling or Buying
 I would love to be your Realtor.



STEVE EWELL Associate Broker

BEST OF THE VIRGINIA GAZETTE williamsburg winner

COLDWELL BANKER TRADITIONS

www.SteveEwell.com

757.603.2807 • steve@cbwilliamsburg.com



Ask us why we're so happy!

GREENFIELD
 Senior Living
Caring for those who cared for us.

ASSISTED LIVING • MEMORY CARE
 757-220-4014 • 251 Patriot Lane
greenfieldseniorliving.com



WILLIAMSBURG DRUG CO
HAS BEEN PROVIDING

HEALTHY SOLUTIONS

SINCE 1895

WHAT WE OFFER

FUNCTIONAL TESTING



COMPOUNDING



COMPLIMENTARY DELIVERY



PHARMACEUTICAL GRADE SUPPLEMENTS



HOME MEDICAL EQUIPMENT Purchase or Rental



Scan the QR code to visit
our on-line store

Open for pick-up, free local delivery
and shipping within the U.S.

We also offer Easy to Transfer Prescriptions & Compression Stockings



WILLIAMSBURG DRUG COMPANY

1310 Jamestown Road • 757-229-3560
www.williamsburgdrug.com

at Indiana University, where she is majoring in Music and Abnormal Psychology. “When my brother, Cole, was really young, he was diagnosed with a developmental delay.” This delay was in the form of motor function, which meant his hands were extremely weak. “He couldn’t even hold a pencil,” Logan says. “My parents had tried everything, and nothing seemed to work until they bought him a guitar just hoping that it would somehow strengthen his fingers.” That last-ditch effort of purchasing a guitar for young Cole paid off, and his hands and fingers began to strengthen. “Ever since he started playing, he is back to full strength. His hands are completely strong, and now he’s really, really good at guitar.”

Logan has always been best friends with her brother, who is three years older than her, so when he picked up a musical instrument she wasn’t far behind. “If he was playing music, obviously I had to too, so I picked up the bass guitar and started playing around with him. Ever since then, we’ve been inseparable and been making music.”

Logan is looking forward to a return to in-person classes at school for her final year of undergraduate work. She has very clear plans for her future. “I am hoping to go to graduate school for music production and songwriting. And when I graduate and get my masters or PhD, I would absolutely love to work in a hospital and be a music therapist.”

She loves many different types of music, but she and her band, In Layman Terms, have a distinct sound. “My brother and I play blues, R&B, Jazz, funk... so a bunch of different music.”

Generally, their gigs are out of state, but they do occasionally play locally. “When we are in Virginia, we like to play breweries like Billsburg, and we play at Paul’s Deli and the bars in New Town a lot. And this summer we plan on recording a new EP [Extended Play Record], so we’re excited about that.”

Band members include Logan, her brother Cole and their friends Hamed Barbarji and Collin Hopkins. Logan is the lead singer and plays bass. “Vocals and bass are my main instruments but I also know how to play some piano, ukulele and drums.”

The band members met through various functions at different events. “Cole and I both went to Warhill and Hamed went to Lafayette, so that’s how we met him, and we started performing with him. And Hamed went to Virginia Commonwealth University (VCU) for his trumpet and for music. He met Collin in the drum program at VCU. We have just been making music ever since then. We play whenever we’re together and all are back home from school.”

When she was in high school, of course Logan played in the band. “I played upright bass.” She says that throughout her musical journey, her biggest supporters have been her parents. “They absolutely love it, and they are so supportive. I couldn’t ever ask for anybody more supportive of my life. They are both my best friends as well. We are a very close-knit family. They love supporting us, they have supported us ever since we were little. I don’t think they actually expected us to have this much success and carry on with music as long as we have.”

Like most musicians, Logan prefers performing in front of a live audience. "It sounds cliché, but I definitely feel like the music kind of takes over. When I'm not performing, I'm a very busy person and I'm very hard working, but also, I sometimes let my anxiety get the best of me. I've been depressed for my whole life and when I get on stage, I forget about everything. And I just have this adrenaline rush performing for people and seeing how many people smile and how many people are into the music is just the best feeling in the world, especially doing it alongside my brother. I couldn't ask for anything more."

In Layman Terms performs both covers and original music. "I mainly write the lyrics to the bass part and then my brother will come up with the guitar part." The inspiration for their songs comes from that unknown source that most artists seem to tap into. "I usually write about things that I haven't necessarily experienced but what I think would feel like if I did experience it," she says. "Honestly, the stuff that I used to write compared to now, I just think that has to do a lot with maturity and growth as a person. What I used to write was... you can definitely tell that a child wrote the stuff. Now, I am so proud of the lyrics that I write. I actually sometimes get emotional reading the stuff I write because it is a creation, it's poetry."

Being a musician is not always easy, though. "I think the hardest part is being a woman bass player in the music industry," she says. "I get looked down on a lot, but especially by older men and usually before I perform." When she steps on stage and starts playing, however, mouths drop and attitudes quickly change.

Logan's advice for anyone who wants to step into the world of music but doesn't really know where to start is to keep at it. "I know it's incredibly hard to pick up an instrument and learn and have the patience to sit down and tell yourself that you're eventually going to be good at it. If I'm not good at something right away then I want nothing to do with it, and I have learned that that's not the way things work. I have to work hard in order to be good at something. If you just put in the time and have patience, then it's all worth the feeling of being able to perform on stage, being able to bring people together through music and make people happy. It's like a type of therapy for yourself, too, being on stage and having these people that you play music with having a connection with your life. And all the places you get to go to and all the people you get to meet, it's just so incredible. I'm so blessed to be able to have music in my life to lead me to all these different, different places and people."

One of the things Logan Layman stresses is to stay confident about life. "Whenever you want to do things like perform and put on a show for people, you have to learn how to not care about what others are going to think about you. I know that I've worked as hard as I can to be the best I can be and there will always be people who don't think you're good enough or who think that you could be better when in reality you're literally super awesome. If you ignore what people say, especially when it comes to music, and just keep doing it, eventually, it's all going to pay off." NDN

Healthy Solutions

at Williamsburg Drug Company

Are you asking yourself questions like:

- Why am I tired all the time?
- Why do I have skin irritations all the time?
- Why do I have trouble sleeping?

Do you have gastrointestinal problems that are so far unexplained? Or maybe chronic aches and pains, diabetes, anxiety, cognitive decline and so on? Or any other health condition and are looking for alternative approaches to improve your health and overall wellbeing?

Let us help.

Introducing HealthySolutionsRX at

Williamsburg Drug Co. This is a functional medicine practice with Dr. Jaime Reid, PharmD, FAAMM. Dr. Reid has recently completed a fellowship in functional medicine from the American Academy of Anti-Aging (A4M) and has a Doctor of Pharmacy degree from the University of Maryland.

What is functional medicine?

Functional medicine is the medi-

cine of WHY - why is this symptom occurring now and in this way. This approach to health is individualized, patient centered, science based that empowers patients and practitioners to work together to address the underlying causes of disease and promote optimal wellness. It is the science of treating the whole system.

Our process starts with a comprehensive questionnaire and a one on one consultation

to help identify the best place to start your health journey. Everyone is unique and each plan is made for each individual's needs and goals to achieve the desired outcomes. We also offer a variety of tests from vitamin deficiencies, gut health, hormone and thyroid health, diabetes prevention and many more to help pinpoint the root cause of your symptoms.

Are you ready to get answers to those questions and design your path to health?

Call or email Dr. Jaime Reid
757-229-3560
jreid@williamsburgdrug.com



Dr. Jaime Reid, PharmD, FAAMM



**WILLIAMSBURG
DRUG COMPANY**

1310 Jamestown Road • 757-229-3560
www.williamsburgdrug.com

Over 5,000

Pieces of Poly Furniture in Stock!

25,000 sq. ft. of poly furniture on display.

- Over 25 colors
- Variety of styles
- Chairs, tables, loungers, gliders and more.

Our huge warehouse inventory allows you to see, buy, and enjoy all in the same day. Please check us out before you buy elsewhere.



**BEST QUALITY!
BEST SELECTION!
BEST PRICES!**

Hours: Monday, Tuesday, Thursday & Friday 10am-5pm
Saturday 10am-3pm • Closed Wednesday & Sunday
142 Centerville Road, Shackelfords, Va. 23156
804-785-6291
weknzpatio.com



SAMMY LEE

Murawski Photography

A MARKET FOR MUSIC

By Ashley Smith

Sammy Lee never planned on a career in the arts. By the age of 17, he was classically trained in 17 instruments and had the gift of being able to play by ear, but he quit band during his senior year to focus on career options that were seen as stable and sustainable.

“My guidance counselor told me that I should pursue law in college for financial security. I didn’t want to be a lawyer, but I pursued it because I thought I should.” Sammy didn’t give up on music entirely, though. He would sit at the bottom of a stairwell and write music, in secret, to escape what he describes as “the monotony of chasing something that I didn’t want.” Unbeknownst to him, his friends would sit in the stairwell and listen to him play.



WALTRIP, SMITH & CAMPBELL, PC



NEW LOCATION

453 McLaws Circle
Suite 1
Williamsburg, VA 23185
757.645.9001
www.waltripfirm.com

PRACTICE AREAS

- Divorce
- Child Custody
- Criminal Defense
- DUI & Traffic
- Estate Planning & Litigation

Later, he would come to depend on music at a time when many in his generation were reeling from external market forces and the lack of opportunities for recent college graduates.

He spent his early years as a military brat but landed in Virginia when his father retired from the military. He graduated York High School and pursued an undergraduate degree in public policy and government from William & Mary (W&M). Equipped with the knowledge and skills to make a difference, Sammy moved to northern Virginia to begin his adult life. Unfortunately, his move coincided with the housing market crash of the early 2000s. "I couldn't buy a job and my degree was just a piece of paper," he says. He returned to Williamsburg to reset and plan his next move.

During this time, a friend reached out and asked if he still played guitar because they needed someone. That night, he played his first gig and with that, began his performing career. In the beginning, there were not many places showcasing original music acts consistently, and Sammy has enjoyed watching the scene grow.

For many years, he worked in Nashville as a songwriter, but a medical health crisis forced him to take a step back from music and make significant lifestyle changes. As a result, he returned to Williamsburg and pursued his master's in business administration from W&M. He remains grateful to the musicians who supported him during this time. As a community, they rallied around him. "They said, 'Come on out and play, you've got to get back to it,'" he says. So, he did, and he's been a full-time musician ever since. Williamsburg allows him to work full-time as a musician without an additional side hustle, which is rare in music markets.

As a songwriter, he recalls the moment he realized he could connect with people in ways that were beyond the surface and be authentic to himself. At a party, his friend Mark told Sammy he liked what he was playing. Sammy humbly admitted he was still writing it, but Mark begged to hear it. Not only did he love the song, but he encouraged Sammy to keep playing. "Every time he saw me, he asked me to play his song. He requested that I play it at

his wedding, eight years later." This affirmation and validation of Sammy's talent and authentic voice remain one of his most treasured accomplishments.

After receiving his graduate degree, Sammy launched a start-up called the Iota Creative Collective. Its purpose is to build the community of musicians in Williamsburg and greater Hampton Roads. More than just a network, the Collective aims to reveal the viability of Williamsburg as a major music market and to educate and empower musicians as they launch sustainable careers. In a sense, the Collective wants to recreate the affirmation that Sammy received from Mark for other musicians. The goals include artist collaboration, increased diversity and opportunity, and inclusion. For Sammy, the proximity to Richmond and Virginia Beach and the wealth of talent already in Williamsburg makes his hometown fertile soil for such an investment.

He wants to educate musicians on the entrepreneurial skills necessary to manage a music career but also address the emotional intelligence aspect. "Do you know yourself as an artist? Do

RETIREMENT WISH LIST



When you retired, perhaps you had dreams to travel, dreams to play golf, dreams to give something back to society.

Jackson Hewitt® offers an opportunity that may be a good fit for those retirement plans.

Discover how working part-time at Jackson Hewitt could help you get more out of your retirement!

Further Training may be needed to meet Jackson Hewitt requirements.

Training starts in the Fall.

For a confidential interview please call 757-258-9000 or E Mail Us at taxprepseasonaljobs@gmail.com

For other locations nationwide call 800-234-1040 or visit www.JacksonHewitt.com



An equal opportunity employer M/F/D/V. Most offices are independently owned and operated.

you know what you want? Do you know what success looks like and means to you? These are the answers that musicians need to discover for themselves,” he says. “There are ways to do so gracefully, or you can ricochet around like a pinball, sorting things out.” Though he has become wiser and more graceful in his pursuit, he admits that he was the pinball early in his career. It is this knowledge and experience he hopes to pass on to a new generation.

Sammy Lee’s Iota Creative Collective has put on the Coddiwomple Music and Arts Festival for local artists performing original music and also hosted “The Originals” Songwriter Showcase that highlights the diversity and depth of musicianship in Hampton Roads and Richmond.

The mission of the Collective is intense, but Sammy believes that the moment is now for Williamsburg to grow into a viable music market. He doesn’t believe he is alone in this, either. He sits on the board for both Network Peninsula and the Williamsburg Symphony League. These organizations are also trying to bridge the gap between business acumen and artistry. “If

I could wish for one thing, it would be to get everyone in a room for five minutes and grab their undivided attention,” he says. “We are all having the same conversations, but not together, not with the right people.”

Sammy envisions partnerships between the symphony and the local music scene that could attract the younger demographic to the incredible shows of the symphony. He feels that he is in just the right place at the right time to help facilitate such a collaboration. Yet again, this goal feeds into Sammy’s dream that a thriving, vibrant arts scene will encourage younger generations to stay in the Hampton Roads area, especially Williamsburg.

The coronavirus pandemic hit musicians hard, and Sammy Lee among them. The Iota Creative Collective is entirely funded by Sammy and has had to take a hiatus during the economic recovery efforts. For five months, he was unable to work as a musician but there has been a silver lining to the difficult times. As the shutdown forced venues to close and performances were canceled, Sammy realized how long it had been since he had focused on writing his own

music. As a performer, he took on gigs that requested covers, and there were few requesting original music. When forced to slow down, Sammy realized that he hadn’t balanced steady income and creativity. “Even now, as venues open back up, I have to be careful. At first, I said yes to every opportunity,” he admits. He is training himself to slow down and schedule time to focus on songwriting. Performing can be draining and making time to write keeps Sammy inspired.

Shows are returning and Sammy Lee remains optimistic that this area is ready for a music revival. He continues to share information about his career and successes to encourage others and build them up as artists. “If I am able to assist in bridging the gap and set the stage for whoever takes the torch next and brings it to the next level, that’s the legacy I most want to leave behind,” he says. As he lifts up rising generations, encourages and collaborates with local musicians, and actively tends the seeds of the music scene he envisions for Williamsburg, Sammy has already laid the foundation for an incredible legacy. NDN

LIVE CLOSE TO W&M & CW

- Custom built home located in the Heart of Williamsburg
- All brick, 2x6 framing with added insulation and high ceilings
- Beautiful hardwood floors; ensuite baths in every bedroom
- Large Sun/Florida room
- New roof 2021
- Whole house generator, built-in humidifier, alarm system, and irrigation system
- Many handicap accessible features, including lifts and wide doorways



710richmondroad.TourThisGreatHome.com

The Right Place.

The Right Space.

**The Right Opportunity
to make this House
your Home!**

Williamsburg Realty
5231 Monticello Ave, Suite A
Williamsburg, VA 23188
757-903-0450



John Otey
Associate Broker
757-876-4460
johnoteyhomes@gmail.com
www.johnotey.com



**We’re on the move to a new office.
Right down the street in New Town.**

4801 Courthouse Street | Ste 110 | Williamsburg

Call 757.941.2600, visit williamsburgfinancialgroup.com,
or drop by and meet with one of our wealth advisors
to build a financial plan that is right for you.



WFG | **WILLIAMSBURG
FINANCIAL GROUP**

Securities and Advisory Services offered through LPL Financial,
a Registered Investment Advisor. Member FINRA/SIPC.



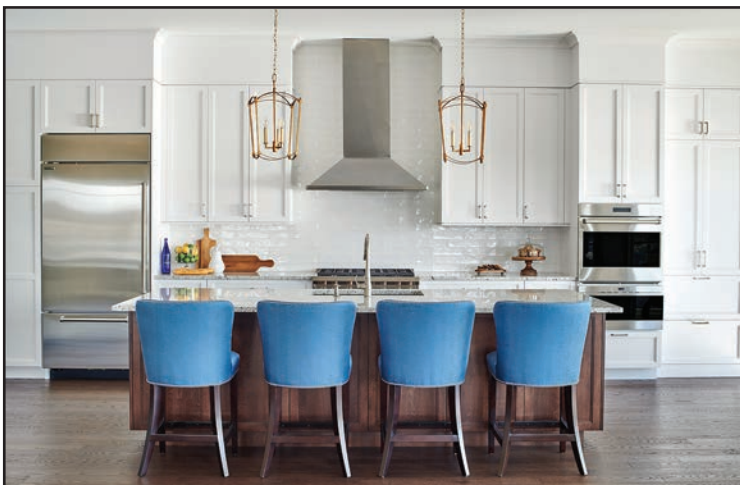
Murawski Photography

Fiddling Around

By Narielle Living

Mary Dart has been playing violin for 24 years. Initially, she started her creative outlet with something else, though. “My grandpa loved his violin, so when I was seven, I had a choice between ballerina and the violin. Of course I picked ballet, but I was so bad at it, so I ended up taking violin.”

Mary grew up in Virginia Beach and was homeschooled. As a child, she had the op-



INTERIOR DESIGN • FURNISHINGS • KITCHENS

DECORATING DEN
INTERIORS®



Amy Ahearn, Principal + Owner
Main 757-378-2785 | Mobile 757-561-6592
amy@decoratingden.com | amy.decoratingden.com

portunity to take lessons from Sandy Hunt of the Hunt Family Fiddlers. “She was teaching private lessons, and that’s who I trained with when I was seven years old,” she says. “I took lessons for three years.” Like many kids, though, Mary did not put much effort into practicing, so her parents told her they were no longer going to pay for her lessons. She quit playing at the age of 10, but then something interesting happened. “My best friend at the time was taking violin lessons, and she played a piece which was literally the next piece I would have learned had I stuck with it. Out of sheer competition, I picked it back up.”

This was when Mary dedicated herself to playing the violin. She continued to homeschool and joined an orchestra and returned to her original teacher, Sandy Hunt. “By the time I graduated from high school, I knew I wanted to be an orchestra teacher.”

At that point, Mary had already begun teaching. “I started teaching when I was 16.” A younger neighbor asked for lessons, and Mary

agreed. “For one dollar a lesson,” Mary says with a laugh. “By the time I graduated from high school, I had a studio about of 18 beginning students.” By then she had also raised her fee as well.

Mary attended college locally at Old Dominion University and received a degree in music education with a performance track. Her private lessons ended when she accepted a job in Williamsburg, though. Today, she is the orchestra teacher for Lafayette and Jamestown High Schools. Her approach with her students is a unique blend of styles.

When she learned to play violin, Mary was trained in a combination of methods, including Suzuki style and fiddling, which is an entirely different approach to the violin. “Fiddling country and Irish fiddling got my fingers moving really fast, and they’re really fun,” she says. “You memorize fiddle tunes, and you can play them wherever. I’m still performing some fiddle tunes that I learned back in high school and grade school.” With this kind of

background, she decided to teach her students from the different traditions she had learned. “For my students, we have five major concerts. I love fiddling, and I wanted to figure out how to fit that in somehow every year. In the fall, we do something called the Harvest Concert and Family Fun Night, and all the kids can dress up in costume and we usually invite one of the middle schools to join us. The theme is Halloween slash fiddle-type music so it’s not super crazy hard pieces. We usually throw in some cool classical work and every year we do Orange Blossom Special. I have an easy version and a hard version. The kids are all playing, 150 kids on stage, standing up, playing in costume and fiddling their hearts out. And it’s so much fun.” In addition, she puts together a winter concert with classical pop and a spring concert with larger classical pieces. “Every now and then they’ll pick out some movie themes. I kind of do a mix to try and get them the different genres.”

Teachers this year had the extra challenge of

WILLIAMSBURG JEWELERS
We Design Fine Jewelry
 Bring in your jewelry or gems, or select new gems here, and we can create digital images and videos showing exactly how the finished, one-of-a-kind item will look when completed.

I want this centerpiece...
 ...with this band
 The possibilities are ENDLESS...
 Together we will create your perfect Design

757-206-1100
2023 Richmond Rd., Suite E • Williamsburg, VA 23185
 Next to Anna’s Brick Oven Pizza and Pasta, directly across from Red Lobster on Richmond Rd.
 Monday through Friday 10am – 5pm • Saturday 10am – 2pm

Jamestown Jams
 concert series **RETURNS!**

August 27
The Deloreans
 Americas Favorite 80’s Show Band

September 24
J Baxter & The Sauce
 Party-rock, show performance, soul music

BRING THE FAMILY FOR AN EVENING OF FUN!
 Bring your chairs or blanket and feel free to pack a picnic along with your dancing shoes! Sorry, no pets or outside alcohol. Onsite alcohol sales benefit The Arc. Find out more at explorejccva.com

GATES OPEN AT 5:30 P.M.
MUSIC AT 6 P.M.
 Jamestown Beach Event Park
 2205 Jamestown Road (event field)

FREE!

BEER & WINE FOR SALE – FOOD TRUCKS ON SITE

virtual classes. Music may be one of the more difficult subjects to teach online. “My older kids handled it pretty well. My new kids, my freshmen, we didn’t meet in person until after Christmas. There’s one girl I did not meet until weeks before the end of school. There’s still some kids I have never seen in person. I felt so bad for them because when you don’t perform with other people, it’s hard. We definitely had a chance to focus during this time on things that we don’t give enough attention to, like on composition. All the kids were composing little clips of music. We did a lot more with music theory. And we also did more solo music. We couldn’t have a winter concert, so I uploaded five different pieces and each kid got to pick what piece they wanted to play. They learned it, and then it was so cute. They got dressed up, they stood in front of their Christmas tree or whatever, and they took a video recording of themselves playing solo, whatever one of these five pieces they picked.”

When she is not teaching, Mary is extremely active in the music community. She is a member of two string quartets, the Jamestown String Quartet and the Col Vita String Quartet, both of which she loves playing in. “I’m thrilled to be part of two quartets. Both of them advertise all over Hampton Roads and the Peninsula, so we’ll drive all the way to Richmond [to perform] and as far down as Chesapeake.”

But Mary truly loves fiddling, as well, so she stays involved in other bands to play different genres. She is in a band called The Irish Drinking Band, who play mostly Celtic music. This group generally does a number of gigs around St. Patrick’s Day, but most of them were canceled this year due to Covid. “Irish music is so much fun,” she says. “I’ve also been in a country music band called The Steel River Country Band. We’re not playing together anymore but we were part of that for about five years. Then I played in the Northern Neck Orchestra out in Kilmarnock and the Hampton Roads Philharmonic, which is down in Fort Monroe. All this is on and off. I’m not doing all these things right now.”

If her life was not full enough, like many people last year, Mary started a pandemic hobby. This time she went in a completely different direction and started learning accounting. “I’m two classes away from getting an Associates in applied accounting right now. I don’t know how I’m going to get these two classes in once we go back to work full time, in the fall,” she says with a laugh.

But the accounting world will probably have to settle for having Mary Dart in some small capacity, as the violin is what truly captures her heart. She loves teaching and playing and is grateful for the community of musicians here in the Williamsburg area.

“I am just so impressed with my students who did an incredible spring concert this year. We were only in school for two-and-a-half to three months, and the health guidelines kept changing.” When it finally became apparent that they would be able to have an in-person performance, everyone scrambled and made it happen. “What they did just blew me away. I was so proud of them. And I love the music community that I’m in, the quartet and the orchestras. We have an incredible, very talented and tight music community here.” NDN



“I’m independent and that’s what I want for my future.”

With **ChooseHome**, member Susan Miller has the support she needs to prolong independent living in the place she loves. Susan thinks ChooseHome also makes the most financial sense.

Read her story online, choosehome.com/Susan.

AUG 24 SEPT 21

Join us for an upcoming Lunch and Learn session at Center Street Grill in Williamsburg. Learn how ChooseHome’s innovative alternative or supplement to traditional long-term care might be the right choice for you.

Upcoming events are Tuesday, Aug. 24 and Tuesday, Sept. 21 at noon.



Session availability is limited. Please RSVP to 757-578-8898 or email Cynthia.Stillman@rivhs.com

As a high school athlete, Antonio “Tony” James was a 5-foot-8-inch, 155-pound dynamo, frequently underestimated by opponents because of his size.

“People saw me on the court or in my football pads and were like, ‘Oh, he’s just small,’” Tony recalls. “Yeah, I was small, but I was bringing the punch.”

So as a girls’ basketball coach, not surprisingly, Tony always wants his players to give 100 percent. He pushes them to run hard, play tenacious defense and listen seriously to direction not only in games but throughout every practice.

“The lesson I would like to give the kids is if you’re going to engage in sports or anything in life, do it to the fullest,” he says. “Your reward will be greater than you imagine. If you come to practice playing around, talking and not paying attention, it will always show up in your game. If you’re just walking when you’re supposed to be sprinting, that will show up, too.”

Tony, 42, has been coaching for about eight years, helping lead teams where his daughters Akeylah, now almost 15, and Taleah, 13, have played. He juggles those duties with a full-time job as a Mold Shop/Machine Repair Supervisor at O-I Glass Company in Toano, where he manages two shops that repair equipment used to produce glass containers.

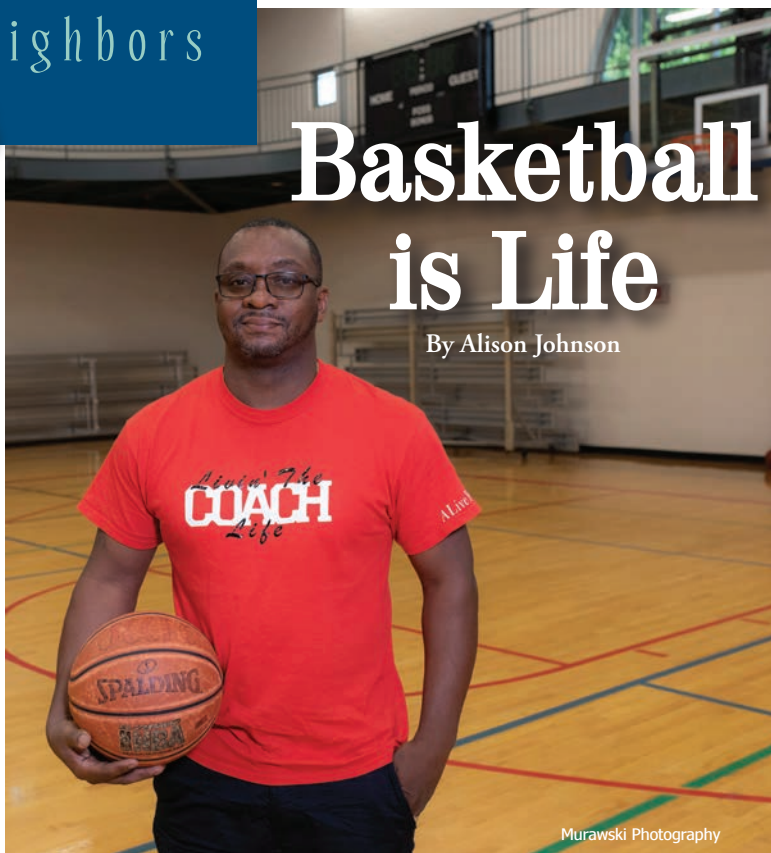
Initially, Tony picked up the whistle to fill a need for girls’ coaches. Thinking he could pass along knowledge he’d gained as a football, baseball and basketball player in middle and high school, he soon discovered the role was a valuable way to contribute to his community and family.

“I know firsthand, as an athlete myself, that sports are important to kids,” he notes. “They are an exit, an outlet from the pressures of school and home life. There’s a lot they can learn about life by playing. And on a personal level, it has given me more time with my girls.”

A lifelong Williamsburg-area resident, Tony started his coaching work with a 5-and-under team at Quarterpath Recreation Center and has progressed to AAU teams for sixth- through ninth-graders in Williamsburg and Gloucester.

Basketball is Life

By Alison Johnson



Murawski Photography

Although three-point bombs and monster dunks often dominate headlines in college and professional basketball, Tony focuses more on defense, conditioning and fundamental skills such as ball handling, passing and boxing out for rebounds.

Tony has deep roots in Williamsburg. His parents grew up locally, too. His father graduated from Lafayette High School and his mother from Bruton High School. Tony is a fellow Bruton High alumnus.

By middle school, Tony was excelling at both football and baseball, filling offensive and defensive positions on the gridiron and mostly playing outfield or catcher on the diamond. On Bruton High’s football team, Tony was a team captain and even went in at fullback, a position

generally reserved for more powerful, muscular runners.

“Probably my best quality was that I was tough,” he says. “I was pretty much on the field the entire game, which is what I wanted.”

Tony joined the school basketball team in 10th grade, playing for a coach who made his athletes run 20 laps before practice even started so they were ready to execute the full-court press in games without getting winded.

“He was intense, but I liked to push myself,” Tony says. “I didn’t mind guarding guys who were 6-foot-6 or taller.” His senior year, Tony won a school award that honors athletes for motivation, leadership and hard work.

In college, Tony played football for Chowan University in North Carolina, which his teenage-self found too small and isolated, and later for Virginia State University (VSU) in Petersburg. At VSU,

he worked as a resident advisor and earned a degree in Mechanical Engineering Technology.

Throughout his playing days, Tony’s parents came to almost every game, even if they had to drive two or more hours. At some competitions, he remembers that they were two of the only parents in the stands.

Today, Tony is at most of his daughters’ basketball and travel soccer games, returning to work after events if he needs to tackle unfinished tasks. He and his wife, Makeyla, sometimes have to split up if their girls’ soccer teams have games in different locations, but the sisters have been playing on the same AAU basketball team of late.

Tony encourages kids to try out sports at a young age so that they can gradually pick up skills and absorb strategies, rather than have to play catch-up later. Watching his former players develop through the years has been a major source of satisfaction.

As an adult, Tony has continued to stay active and fit. He likes to bowl, shoot baskets with his friends at local gyms and run laps with his daughters during team conditioning drills. He also played softball until he developed shoulder injuries.

“My life is pretty simple. I like to do a lot of things for my family, and I keep God with me at all times,” he notes.

And Tony, now as a coach, is still bringing the punch. **NDN**

LA TERRAZA
MEXICAN GRILL

1840 Richmond Rd., W'burg • **757.707.3333**
www.laterrazamex.com • Open 7 Days • Full Bar

4640 Monticello Ave. Ste. 7 • **757.345.0910**

Monday & Tuesday Special
RICHMOND RD. LOCATION ONLY!
Small Frozen Lime Margarita
(Or on the Rocks)....**\$1.99**
Not valid with any other coupon or discount.
Expires 8/31/21
Lunch Fajitas
Steak, Chicken or Both
\$6.99

Williamsburg's IN THE NEIGHBORHOOD photo challenges

FRESH GOODIES AT COLEMAN'S NURSERY

Find the 12 differences
between the original
photograph (top) and the
altered photograph (bottom).



INTERMEDIATE



JULY 2021
In the Neighborhood
FUN AT JAMESTOWN BEACH





A NEW HOME? MUSIC TO OUR EARS!



113 Inverness in Fords Colony

Meticulously maintained Golf Course home, designed w/ a view from almost every room. Large, open rooms that flow seamlessly. Upgrades throughout. Absolutely fabulous kitchen with incredible cabinetry, granite counters, glass backsplash & huge walk-in pantry. Stone fireplace in great room, beautiful built-ins & terrific view of the golf course. 2 story living room overlooks golf. 1st floor primary with gorgeous golf view. Automatic awning off the rear and stamped concrete patio. Offered at \$775,000.



757-291-9119

andrea@williamsburghomefinder.com
WilliamsburgHomeFinder.com



WILLIAMSBURG LIFE AS IT SHOULD BE

Tim Parker
REALTOR®
757-879-1781

Cyril Petrop
REALTOR®
757-879-8811

Are you wondering what your house could be worth in the current market?

Contact us for a free, no strings attached market evaluation of your home.

**PARKER
PETROP**
REALTORS®

parkerpetrop@lizmoore.com



241 Quarterpath Road 3 BR | 3 BA | 2,480 sqft

You'll love everything about this townhouse: near CW, over \$70k in luxurious upgrades, private hardscape & landscaped backyard sanctuary, 2 primary en suite BRs, & the perfect size! Welcoming entry into great rm w fireplace, dining rm & kitchen. Custom pantry, appliances, granite, deep island, roll out shelving, & extra row of cabinets & counter space. French doors lead to private patio oasis. In pristine condition with new paint.

Sue McSwain
Guiding You Home
908-400-1440

suemcswain@lizmoore.com



78 Waterview Drive

Warwick River Estates
4 BR | 2.5 BA | 2,795 sqft

Beautiful, unique community – Warwick River Estates. Picturesque homes with mature landscaping. Yard backs to the Lucas Creek. Walk to the cul-de-sac for beautiful view of the Warwick River. Enjoy coffee in the morning or wine in the evening from the large deck with wildlife galore! House boasts of large rooms with TREMENDOUS storage.

Rebekah Brewster
HOME IS WHERE YOUR HEART IS

rebekahbrewster@lizmoore.com
www.rebekahbrewster.com

757-272-8981



4364 Landfall Drive

Just Listed in Landfall
at Jamestown
5 Bedrooms, 3 1/2 Baths

Call Denise to schedule your
showing of this fabulous
home!



Denise
FLEISCHMANN
757-846-0202

Denise@LizMoore.com

WelcomeHomeToWilliamsburg.com



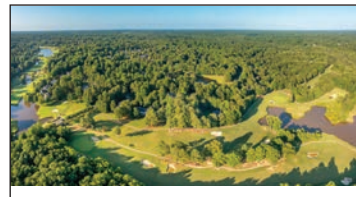
128 Oak Hollow Ford's Colony

3 Bedroom | 2.2 Bath | 4,615 Sq. Ft.
Gorgeous water views throughout |
Expansive kitchen with large pantry |
Family room with fireplace opens to
screened porch | First-floor primary suite
with tranquil water views | Full lower
level with workshop and storage | 3-car
garage | \$899,900



Deelyn
ROBINSON
a passion for home
757-503-1999

Deelyn@lizmoore.com
www.PremierWilliamsburgRealEstate.com



SPACIOUS AND GRACIOUS in FORDS COLONY

106 Gullane | .39 Acres

One of the very best home sites left with NO DEVELOPER FEES in BEAUTIFUL Fords Colony. This very gently sloping lot has amazing panoramic fairway and pond views and is ideal for a home with a walk out basement. On the far side of the golf courses is a resource protection area that will not be developed and thus not change the view in the future. Build your dream home now!! Love where you live! Priced at \$181,000. Wow!



dianebeal
a passion for home
757-291-9201
dianebeal@lizmoore.com



15165 James River Way

Smithfield, VA
4 BR, 3.5 BA, 4,272 sqft

SIMPLY BREATHTAKING, 1.91 acres of waterfront paradise. Spectacular views & custom craftsmanship. Luxury meets comfort, 1st & 2nd floor primary suites & an elevator. Lives like a beach home, every room w a view. Open floor plan w supreme outdoor living & Southern style porch & wrap around decks. Steps to the 300 ft of walkable beach, 200 ft pier & boat dock w 20,000 lb boat lift. \$1,500,000

Check out the website:
15165JamesRiverWay.info

Charlotte Turner
757-784-4317

charlotteturner@lizmoore.com

