

June 2009

WILLIAMSBURG'S

Next Door Neighbors

VOL. 3, ISSUE 6

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Queen of Composting

Linda Lucas
More Than a Green Thumb

Genrose Lashinger
Gardening with Youth

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Meredith Collins, Publisher

I like to work outside in the yard. I like to cut grass and I like to plant flowers. Admittedly, however, I know very little about what to plant to beautify our yard.

We share a flower bed with our next door neighbors. Their side is filled with plants waiting for just the right amount of sun and rain to blossom to their full potential. Our side has a few beautiful plants and flowers the previous home owners had planted plus a bunch of weeds we haven't gotten to yet! Recently I asked my husband to pick up some flowers that would grow well in full sun and he did just that. He brought home some nice Petunias and Hydrangeas. I am sure these will do well, but I wonder what other plants would make our yard more lovely - not only in the Spring but all year long.

After I read this issue, I developed a better understanding of just how much Master Gardeners know and do, and I have a greater appreciation for their ability to make things grow. Oh, how I wish I knew more than what is on those plastic labels protruding from the flowers I buy!

I hope you enjoy this issue as much as I have. Perhaps it will inspire you to become a Master Gardener too! NDN

Inside

PAGE 3
Linda Lucas
 More Than A Green Thumb

PAGE 18
Jim Kavitz
 A Man of the Soil

PAGE 10
Angela Cingale
 What's Blooming at Angela's?

PAGE 25
HEALTH
 Dr. Bruce E. Fuller on Healthy Skin

PAGE 14
Susan Giandomenico
 What You Need to Know About Composting

PAGE 27
HOME
 It's Showtime at Gene and Mary Andrews' House!



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More Than A Green Thumb

By Alison Johnson

Linda Lucas is the first to admit it: her own garden is far from pristine. She could fix that, if only she weren't spending so much time helping other people with their gardening.

But Linda – a Master Gardener with a special interest in herbs, therapeutic gardening and environmental preservation – wouldn't trade the hours of volunteer work she does

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in the community for anything.

Linda, 64, is President-elect of the James City County/Williamsburg Master Gardener Board, a post she'll assume in July. She earned her Master Gardener certification in 2003 and her work has included two years of coordinating the Master Gardener training program run by the Virginia Cooperative Extension in Toano, a comprehensive three-

month class. As an active extension agency volunteer, she currently helps introduce seniors and the disabled to the physical and mental benefits of gardening and has given talks on reducing water use in yards.

"Our purpose as Master Gardeners is to learn and then communicate environmentally sound horticultural practices," Linda explains. "We are committed to offering this

NEXT DOOR NEIGHBORS JUNE 2009

3

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Linda inherited an interest in gardening from her mother. However, her busy life kept her from getting serious about it until fairly recently. She and her husband, Ed, both grew up in Painesville, Ohio, a community east of Cleveland. Linda graduated from Marygrove College in Detroit, then a small women's school, with a major in French and a minor in English. Her English studies came in handy. Her husband, who worked for Goodyear Tire and Rubber Company, had job assignments all over the world, and Linda taught English as a second language.

While raising their children, Jenny and Greg, Ed and Linda's addresses included Africa, France, Greece, Indonesia, Italy and Mexico. Their consensus favorite was Italy, where they lived in Rome and fell in love with the people and food.

The couple moved to their current residence in 2001, settling into a home on a wooded lot along the York River in James City County. In 2003, Linda decided to train to become a Master Gardener. "I love being outside," she says. "Especially when I'm in my own garden. It's time for me – very peaceful downtime."

Master Gardener Trainees attend classes for three hours twice a week from January to March. They must complete 70 classroom hours and 70 volunteer hours their first year – including time on a gardening Help Desk – followed by 20 volunteer hours and eight hours of advanced training a year after that.

The classroom program, which requires no previous gardening experience, begins with basic botany and goes on to cover topics such as plant nutrition and diseases, fertilization, landscape design, tree care and wise water use. "It wasn't hard, but the first year does involve a lot of hours," Linda remembers. "Most people do more than the 70 volunteer hours that are required."

Linda went on to organize the training course in 2006 and 2007, lining up speakers – including college professors, experts at Colonial Williamsburg and extension agents – and putting together the schedule. Applicants come from Williamsburg, James City County and New Kent County. There are now more than 200 Master Gardeners from these localities.

"Many people get involved because they're new to the area and don't know how to garden well here," she states. "It's a great way to get to know the community and meet people with similar interests. Once you start working on one project, it's easy to get drawn into another."

Linda developed a special interest in herbs early on, for two basic reasons. First, she loves to cook, especially ethnic dishes inspired by her years of travel. Second, the many deer who live near her home

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don't like to eat them. "The scent seems to turn them off," she says. "The young ones might nibble something if they don't know better, but they usually spit it out."

Two herbs she grows are Lavender and Rosemary. Neither requires a lot of fertilizer or, once they're well established, water. What they do need, Linda advises, is well-drained soil so their roots never sit in water. That means using pots or raised beds or mixing tiny bits of stone or shells into the soil around the roots. Both herbs bloom best in full sunlight, although Rosemary will grow in partial shade.

Herbs also are an important part of Linda's volunteer work as co-chair of the Master Gardener Therapeutic Gardening Project, which involves visits to five local facilities for seniors or adults with special needs. Activities include growing vegetables in portable containers, pressing flowers and snacking on foods made with different herbs.

"We find it really helps with socialization," Linda says. "A lot of people tend to get isolated, but this pulls them together."

The program can even jog memories in people with Alzheimer's disease. "They might smell an herb and something will click in their minds and they remember something they had in their garden," she marvels. "You can get them talking or just see their eyes light up."

No one is too old to start gardening. Seniors can do a lot with just a little effort, especially by using self-watering containers available at gardening stores and online sites. "A lot of people don't want a lot of yard maintenance," Linda emphasizes. "So we teach them that they can keep herbs, flowers and some vegetables on their decks in big containers."

Seniors also have access to a growing number of tools adapted for those with chronic health conditions, such as padded handles for people with arthritis. Linda advises visiting a gardening store, calling the extension agency or doing a Web search on "senior gardening."

Linda likes to keep things simple herself. Her yard is largely natural, with native growth such as Saltmeadow Cordgrass, Switchgrass, Bald Cypress trees, American Beautyberry, Winterberry and Mountain Laurel. Especially after completing a course on local water quality, she encourages people to use native plants when possible because they are well adapted to the environment and need less water. Planting trees, she adds, creates important habitats for birds, bees and butterflies.

"The more you can mimic nature, the better," she says. Eventually, she'd like to make her yard even lower-maintenance by gradually eliminating turf and adding more native plants and groundcovers. She'd also like to grow more vegetables on her deck.

"I have great plans, if I'm ever not so busy," she says, with a laugh. "Someday it will happen." [NDN]

Patient: Bob Arditi
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Genrose Lashing

GARDENING WITH OUR YOUTH

By Brandy Centolanza

Genrose Lashing and Kari Abbott both grew up gardening and now work to instill their passion in children. Both ladies are Master Gardeners. Genrose is the garden manager of Mattey's Garden, an herb and vegetable garden that students help maintain at Matthew Whaley Elementary School. Kari helms the Environmental Education Project at DJ Montague Elementary School.

"In Chapel Hill, North Carolina, organic gardening was in vogue in the 1970's," explains Kari. That is where she was introduced to gardening. "My family grew vegetables in our little garden plot, and grew flowers at home. Gardening led to my first love, which is cooking. When you have lots of fresh

vegetables to work with, you learn to use the vegetables in memorable ways. Frittered zucchini, fried green tomatoes and green tomato pickles are some of my strongest childhood memories tied to gardening."

Genrose also fondly recalls a past time of gardening, especially with her father. "I have a picture of me with my Daddy when I was about four or five," she shares. "We are standing beside corn and Zinnias that we grew together in the back yard in Jackson, Mississippi. I always enjoyed working with my Dad as well as my godmother, who grew prize Dahlias. After college, I grew houseplants in my apartment and finally was able to grow lots of things when we bought our

first house. I enjoy growing everything but especially love growing flowers to cut for my house and my friends."

Genrose underwent her training to be a Master Gardener after she retired from Matthew Whaley, where she worked for more than three decades as a music teacher. She really valued her experience working toward her goal.

"The training was excellent, and I really enjoyed the different volunteer projects," Genrose says. The training included two classes a week for three months, plus numerous hours on various projects. The status wasn't hard to achieve because she was doing something she finds fascinating.

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"I love seeing how plants change even from day-to-day," she notes. "The garden is never the same. I find being outside is very soothing even when you are pulling weeds. There are always challenges - trying to get plants to grow despite drought, too much rain, deer, rabbits, and gardener stupidity - however, I find it is one of the most rewarding activities."

Kari says that becoming a Master Gardener was also simple for her. She started her training with York County in 1999 and completed her volunteer hours with James City County/Williamsburg Master Gardeners in 2004.

"It is not difficult if you like to be outside, garden, and help other people," Kari says. She admits that the only challenge was trying to decide how to devote her time during the process because "there are a lot of great projects the James City County/Williamsburg Master Gardeners offer."

Various local civic organizations, including Williamsburg Garden Club, James City County/Williamsburg Master Gardeners, Williamsburg Kiwanis, and Matthew Whaley PTA, helped establish Matthey's Garden more than a decade ago. The project has won numerous awards since its inception.

"Matthey's Garden was built by community members for community children to learn, to enjoy, and to pass on the tradition to others," says Genrose. "The garden opens up the miracle and beauty of nature to all. It is a way to teach children, parents and community members about the joy of gardening."

The garden integrates the state's Standards of Learning, and students from each grade level are responsible for certain aspects of the garden. The students prepare the soil and help grow herbs, vegetables, and plants

that were grown in Colonial Virginia, such as sweet potatoes, corn, peanuts and tobacco. Matthey's Garden incorporates the Roots & Shoots program, a national program that brings people young and old together to enjoy the pleasures of gardening.

"I feel the program gives the students a chance to work in an outdoor classroom and to learn hands on lessons pertaining to gardening and nature," Genrose says. "It is always exciting to see a young child pull a carrot from the ground and know that he or she was responsible for growing it."

The Environmental Education Project is also an award-winning and nationally recognized program. It began at DJ Montague Elementary School, and now students at Matoaka Elementary School also participate. The program includes monthly visits from Master Gardener volunteers, who conduct environmental education classes on such topics as seeds, deciduous and evergreen trees, and recycling.

"There are many benefits," Kari says of the project. "The children learn how to make critical thinking decisions about the environment. We do not supply all the answers, the children do think and learn. The children learn to observe nature and to identify trees and animals. They learn about science and scientists and they learn how to use resources wisely."

Both ladies encourage parents to dig in the dirt with their children whenever they

can. Showing children an appreciation for gardening is valuable on many levels, insists Genrose.

"By letting children grow their own plants, they have a very different learning experience," Genrose explains. "Some of the other advantages of teaching children to garden



Kari Abbott

include a positive learning experience of growing and eating food you have raised, using herbs in food to promote a healthy lifestyle, a hobby for the future, and, of course, a greater appreciation for the environment."

"Nature is full of wonder, sounds, sights, smells that when shared with an adult are memorable forever," Kari adds. "It doesn't matter if you do not know everything about what you and a child see together. You dug in your garden together, enjoyed a walk together; you were outside together." NDN



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Sharing the Love of a Lifetime

By Sara E. Lewis

There is always something blooming at Angela Cingale's house. Growing flowers comes naturally to her and like every gardener, she's more than happy to share her bounty with all who admire them.

The seeds of the gardening way of life

were planted by her mother. "She had a cutting garden," Angela says. "We always had flowers in the house." A native of northern New Jersey, Angela's parents were Italian immigrants. Like many rural families in the mid-twentieth century, they had a flower gar-

den as well as fruit trees and vegetable plots. "We had peach, cherry and fig trees," she says. "My mother grew artichokes, tomatoes, and string beans. We had a very big backyard garden that we could draw from."

Angela feels that the soil there was espe-

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cially productive because it had been worked for centuries by Dutch and German immigrants. Tagged as the Garden State during the 1876 Centennial year, New Jersey supplied abundant vegetables, fruits and flowers to New York and Philadelphia.

Today, Angela shares her love of flowers with admiring neighbors in the Villages of Westminster, where she lives on a corner lot. Neighbors approaching from either direction are welcomed by perennials in berms of pro-

ductive soil managed to ensure something is blooming every month. Paths and structures are accented by flowering shrubs and vines. She receives a steady flow of compliments from passersby. "They tell me when they see my gazebo, they know they're home," she says.

Angela is understandably proud of her flower-filled yard and the warm feeling that it projects. "The berms grow a little bit every year," she confides, revealing her desire

to see less grass and more flowering plants. Neighbors who stop by often leave with an offer to take some of her extras.

She explains that neighbors who want yards to flower have to amend the Virginia soil. In most Williamsburg subdivisions, streets and houses grow atop characteristic Virginia Coastal Plain clay, revealed when trees are removed and land is graded. "It took 9 years to get really nice soil here," says Angela. First, she had to get rid of the ubiq-

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uitous grass. Then it was necessary to amend the soil. "I dug up about a foot of clay at a time and brought in top soil and added compost, leaves, and peat moss."

To make productive soil, Angela recommends balancing the ingredients that provide drainage, circulation, and nutrition. "It's a combination, not just one thing," she says of her recipe. Minerals and living organisms are necessary. "You need lots of worms to work the soil." Segments of a lawn may be sunny, shady, or wet and different soil components must be balanced to suit the micro-climate.

Because she cooks for only two and creates few scraps, Angela has found a simpler and more direct alternative to the compost bin. "If I see a place that needs nutrients I dig a hole and stick it in the soil." She doesn't waste any vegetable scraps, but collects them, mixes in strips of newspaper, and integrates the organic matter. She also re-uses water. "I wash dishes by hand and use it on my plants," she says. The soapy dishwasher cleans up insects, ants, and fungus. She doesn't use greasy water on plants, however, because grease clogs the soil.

A walk around Angela's small yard reveals fifty or more flowering plants. "I have Artemisia, a variety of Succulents, Hellebores, Gold Piggyback Plant, Hostas, Hydrangeas, Bleeding Heart, Curly Willow, and Coreopsis. I have lots of Coreopsis and I have to give it away. That's the great thing about gardeners: we love to give away our bounty." She plants Geraniums in window boxes, but otherwise limits the use of annual plants. Most of her plants are perennials. She propagates them to use in other areas or give away.

Her favorite plants are herbs. She grows Basil, Greek Oregano, Sage, Thyme. "And lemon Verbena for tea!" She picks and dries the

"That's the great thing about gardeners: we love to give away our bounty."

- Angela Cingale

Verbena on a paper towel for a day, then brews it to make hot or iced tea. A favorite flower is Astilbe, a long-blooming plume-like flower in shades of white, pink and red, which grows high above airy foliage.

She enjoys Shasta and Gerber Daisies, which are great for cutting. "I like Ice Plant and Sedum and also Monarda and Butterfly Bush to attract butterflies," she shares. "I plant them in pots and keep them at every door. No matter which door I use I see butterflies."

As a James City County Master Gardener, Angela shares her love of gardening through outreach programs.

“We’re involved in so many things. We have gardens at almost every school and hold lots of workshops,” Angela says. Her favorite project is therapeutic gardening. She goes to Eastern State Hospital and assisted living facilities where adults love to get into the activity of gardening.

“We talk about soil, sunshine and water,” she explains. “We give them seeds and teach them how to grow them in a seed box. Then, we teach them to plant and weed. They love to get their hands dirty and watch things

sprout and grow.”

While some of the adults have gardened before, others have not. She enjoys listening to what they have to say about the plants they grew or knew. “The assisted living facilities are a wealth of information.”

Angela also shares her love of flowers in art. Her studio is filled with paintings of flowers and landscapes by family and friends. She contributed several of her

watercolors to a recent plant sale, as well as live plants propagated from seeds, roots, and bulbs from the berm that she views from her drawing table. From her perch she can also see the admiring glances her flower garden elicits from those who pass by. NDN

“We’re involved in so many things. We have gardens at almost every school and hold lots of workshops.”

- Angela Cingale

Next Door Neighbors

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COMPOSTING 101

By Natalie Miller-Moore

What can you get when you mix coffee grounds, egg shells, a bit of shredded news-

paper, banana peels and a lot of leaves? soil will get you most of the way there,” Susan said. Why spend money on plants if you

don't have good soil to plant them in?

Well, that's Susan Giandomenico's recipe for beautiful dark soil that's the consistency of crumbly chocolate cake. Basically, the recipe is 1/2 shredded leaves and 1/2 greens plus all of the above, and whatever else you have.

“Heck, throw in a coffee filter or paper towel – it won't hurt,” she said. “Just keep it as moist as a wrung-out sponge.”

Susan is what you call an avid composter. She's learned over the years to grow healthy plants you need to enrich the soil they grow in. That's where the beautiful homemade soil in Susan's backyard comes in.

“Williamsburg is notorious for its clay-based soil. The sandy loam in upper York is a bit better but if you do it right, you can have rich soil. Good

Susan's love of gardening began with her grandparents who grew an abundance of vegetables on a small plot of land in Los Angeles before it was a metropolis. Reflecting on her grandparents commitment to “growing their own,” Susan can see how people today are returning to the same concepts.

“I think people are growing more vegetables because of the economy. That means they are learning more about where our food comes from. Personally, I love heirloom vegetables and think people overlook them too often because they might not always look pretty. But they taste great,” she said.

That's the kind of wisdom you can gain from growing your own vegetables, and getting back to the basics. Although she has a biology degree, Susan attributes her skills to lots of hands-on education



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and also going through the extensive Master Gardener program.

“The Master Gardener program rivaled anything I took in college. Over the course of three months, I spent three hours a day, two days a week learning, and then complet-

It’s fairly easy to start: just try collecting your scraps for a week and you’ll be surprised how they add up.

“Don’t throw it out - collect those carrot tops, lettuce leaves, and peels,” she said. “You’re eating it because it’s got nutrients,

but the part you aren’t eating still has nutrients. I think people are afraid of the science, but you can easily experiment.

sition as well. There are several ways to do it: with a pitchfork or by turning it in a barrel or by building a triple-bin stall with different levels for moving the compost. One of the keys is to keep it free of animal products and not too much wet green material - a good mix of compost should have no odor.

Here are a few basics for interested homeowners:

1. Gather your organic materials, including “dry” brown materials like dried leaves and “wet” green materials like grass clippings or kitchen scraps.
2. Chop the materials into small pieces.
3. Build your pile by mixing it and adding in a shovel full of good soil.
4. Continue to turn the pile to aerate it.

Although you don’t need a bin to compost, there are some benefits like retaining moisture and making it easy to turn the compost. Susan suggests a simple compost bin can be made from a trash can with the lid attached with a bungee cord, with dime-sized

“The focus isn’t just to garden. It’s to educate the community.”

- Susan Giandomenico

ed 70 volunteer hours. The focus isn’t just to garden. It’s to educate the community,” she said.

Susan got into composting specifically when she moved to the area and had to buy a ton of compost to enrich her lawn. She emphasized that composting, like gardening, is a process of learning and you can start small.

Anything left long enough will decompose. Why not let this year’s scraps nourish next year’s plants?”

The science of composting is basically returning the nutrients that came from the soil back into the soil. Having the right blend of leaves and greens is a good start, and turning it a couple times a week helps the decompo-

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holes drilled in it for air. “Then just roll it around a few times a week,” she said. Susan also suggested doing “trench composting” for people without a lot of space - that’s where you add some vegetable or fruit scraps to the dirt around the base of a tree or bush.

Susan has enlisted the help of many people to create all the compost she uses. She has relatives saving crushed eggshells for her tomatoes, and freezing vegetable scraps in plastic bags for her. She stops by her local grocery store and hauls away bags of corn husks and rotted apples. The restaurant that her daughter works at saves buckets of lettuce and other scraps.

“Once you get in the habit, it’s second nature. It’s easy to teach even to kids. My grandsons love it,” she said. Starting while young builds the basics of gardening: mixing good soil, the right amount of sun and water and seeds to grow something beautiful and useful.

“You’d be surprised how many kids don’t know where our food comes from. We try to get them to guess where the seeds are on plants and they have no clue,” Susan said.

It’s part of her goal to educate people about gardening, as well as to pursue her own desire to create. Susan and her husband put compost on their lawn and don’t need to use any chemicals to keep it green. They have also added a lot more area for other uses rather than just grass. Susan is a self-described “Hosta fanatic,” and has reserved several corners of her yard for her collection of different Hosta varieties. Her husband has turned the sunny part of the middle of the yard into a vegetable garden, and the neighbors share in the bounty of the summer heirloom tomatoes crop.

There’s only one caveat about composting – you need to make sure it’s totally “cured” or decomposed before applying it to other plants. Susan learned the hard way that composted soil sometimes yields surprises. When she was planting her red white and blue garden near the mailbox for the Jamestown 2007 celebration, she got a surprise addition.

“Tomato seeds seem to live forever. We learned our lesson when we ended up having them grow up around the mailbox. At least they were red to go with the theme!” she exclaimed.

It’s easy to see that Susan’s enthusiasm for composting will continue. Her yard is beautiful and was recently the staging area prior to the Master Gardener plant sale. She’s excited about her future gardening plans – especially supplementing her soil with her homemade compost. She recommends that beginners can start with a spring pile to use for the following year’s spring because it can take about six months for compost to decompose. She encourages everyone to experiment from there.

“There are not many things in life where you start with junk and turn it into black gold,” Susan said. **NDN**

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Only surveys that are 100% complete will be entered into the drawing. You may choose to skip questions that are labeled “optional”.

The deadline for both online and mailed surveys is Monday, June 15th.

Any information you provide for this survey will be kept confidential. Email addresses, phone numbers and other information will not be provided to any other parties. We will not use this information to contact you unless you are the winner of the \$500 gift certificate. This survey will be used solely by Next Door Neighbors to assess our performance in bringing you this magazine each month and to discover ways we can serve you better.

- How often do you read *Next Door Neighbors*?
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 - Strongly disagree
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 - 3 to 5
 - More than 5
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- In the back of the magazine there is a feature called *Hey Neighbor!* that provides a place for non-profit organizations, churches and civic groups to communicate to the public free of charge. How often do you read *Hey Neighbor!*?
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Thank you for your participation in this survey. The drawing for the \$500 gift certificate will be held at noon on Tuesday, June 30th. At that time, the winner will be notified and provided with a list of all 2009 Advertisers for their gift certificate selection. If you have any questions, please email me at: meredith.collinsgroup@cox.net or call 757-560-3235. Thank you!

Meredith Collins, Publisher

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JIM KAVITZ

A MAN OF THE SOIL

By Linda Landreth Phelps

Jim Kavitz leads a double life. The first Jim and his wife, Janice, live in NewTown amid the quasi-urban bustle of shops, restaurants, and business offices. He's a well-traveled retired college professor and business executive, an expert in computer systems engineering who ended his formal education at Virginia Tech just a few credits shy of a Ph.D. The other Jim, his alter ego, is a simple man of the soil who several years back bought land in Saluda in order to farm a few acres of his own dirt.

Jim says, "Janice goes all over the east coast training doctors and their staff in new medical devices, and I have some time on my hands since I retired. Growing up, my family always had a garden, and as a newly married student I supplemented the grocery

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budget with fresh vegetables from a plot next door to my apartment in Blacksburg. I've had a garden ever since."

Quite a garden it is, located (as "Engineer Jim" will tell you) precisely 41 minutes from his home in Williamsburg. Not an immaculately groomed hobby farm behind a fancy white fence, it's more on the practical side than pretty. In the three years since Dragon Creek Farm, L.L.C. was born, Jim has worked hard. He has a new mobile home tucked away to the rear of his property and is often in residence with just his chickens and one bossy, vocally boisterous "guard-Guinea".

In the early spring at Dragon Creek Farm, most of the action takes place under the warming ground. Jim gives a tour that points out mostly what is to be rather than what is visible to the naked eye. The only thing being harvested is asparagus - tender, green spears predestined for Art Café 26, a NewTown restaurant with a reputation for fresh, mostly organic food. The blackberries, figs, various lettuces, potatoes, peas, corn, and more - all the goodies that unfold over the growing season - are still germinating, putting down roots, budding, or waiting to be planted in the rich, freshly turned soil.

If all goes as expected, this will be the first year that Dragon Creek Farm produces enough surplus bounty to sell commercially. "My wife has extended family in the area and they and



Q & A

An Interview with Frank Hughes

PRESIDENT OF WILLIAMSBURG AREA ASSOCIATION OF REALTORS®

Email Frank at info@waarealtor.com

This Q&A for the Williamsburg Area Association of Realtors is a new monthly feature in Next Door Neighbors. What do you hope to achieve with this consistent communication to the public?

HUGHES: I'm hoping this will become a vehicle to convey accurate, pertinent information regarding what is occurring in our local real estate market. That's number one.

Number two, I think I'd like to be in a position to keep the public informed of the innumerable real estate information that is available to them and the vehicles they can use to access that information either through our members, the Realtors® of the community or our Association of Realtors® - its website, etc.

Third, I would also like to be able to convey to our readers that Realtors® are more than just professionals who assist in the purchase and sale of real estate. They are active members of our community in many, many areas - whether it's serving on boards, being part of discussions on comprehensive plans, working on housing projects or giving back to the local community in service. Like all residents, they are members of this community and they have a vested interest in its wellbeing.

Finally, I'd like to be in a position to inform the public of the

professionalism of the Realtors® that we have here in Williamsburg. It is my hope that they will become

trusted advisors to their clients and that clients will look to them when they have real estate questions. They are very well-trained, very involved and very knowledgeable on a myriad of real estate subjects. I trust the public will recognize that and use them as they would an accountant, a mechanic or a financial planner etc. when they have specific questions regarding real estate.

What does your most recent data tell us about the local real estate market and what are your predictions for the future?

HUGHES: Our local geographic area encompasses five entities: the City of Williamsburg, upper York County, James City County, which represents about 65% of our real estate transactions, parts of New Kent County and parts of Charles City County as well. Those are the areas where we develop our local statistics and make them available to the public. On an individual basis, if you want specific housing information, it is there on our Williamsburg Area Association of Realtors® website: www.waarealtor.com.

Our local market continues to contract. Last year sales were down approximately 30%. The first Quarter this year, ironically it is about the same. It was about

31% down. If you look at the individual component parts James City County is faring better than the rest because they were down only 23%. Williamsburg was down 44% and upper York County 53%. Single family homes - about the same thing - 30% down. Condominiums just a little bit more, 34% down.

I firmly believe that we've got another six to nine months to go of sales contraction.

Pricing, likewise, was down although not a lot. In the first Quarter, single family home pricing was down just under 4%. Condominiums are about 8% down. We still continue to see contraction in both sales and pricing.

I think this second Quarter will be more indicative of what we can expect for the remainder of the year. This April, May, June timeframe - that's Christmas in terms of real estate and transactions.

There are some bright spots. In total, the number of listings for the Quarter - brand new listings just in January, February and March - has actually dropped about 20%. That could be because people are waiting to put their homes on the market in the second Quarter, it could be that they decided to stay put, it could be that they are recognizing that maybe now is not a good time to sell real estate.

If that trend continues, then it's going to bode well because the inventory will come more in line with the sales and we all want a stable market. We do not want one that is rapidly inclining nor do we want what we have today, which is a contracting market.

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our two children and grandchildren have first dibs, of course!” Jim smiles. “But this year I plan to be selling regularly at the Farmers Market in Merchants Square. In addition to

that you find in the store, but the soft neck variety is the kind where the tops are often braided into a long string. Then there’s the “elephant” garlic, the supersized bulbs that aren’t really a true garlic, but are a milder form, like shallots and leeks are to onions.”

The Farmers Market is where Jim showcases the results of his efforts. His booth is adorned with a colorful Dragon Creek Farm banner de-

signed by Camilla, his talented Australian-born daughter-in-law.

The Farmers Market was also where Jim first encountered and became interested in Williamsburg’s Master Gardeners. “I stopped at a booth where people were explaining the program and I signed up. There’s just so much information available and things to

learn about,” Jim says. “Things like entomology, or the life cycles of different insects, are important to me. I use a mostly organic fertilizer which is dissolved in water and delivered by a drip irrigation system right to the roots. As a Master Gardener, I’m devoted to doing the best I can with the least amount of chemicals possible. I’ve also learned which plants prefer what soil acidity, and it can be very different levels. Last fall I planted rows of cauliflower and broccoli three feet apart, and when they matured they touched in the middle, so it works pretty well.”

Aside from all the useful knowledge that he’s acquired, Jim declares emphatically, “The most important thing I’ve gained from my association with the Master Gardeners is a great group of friends. We’re a pretty tight-knit bunch, and we look out for one another. Last year one of our members announced that he would have to forgo his usual gardening for the summer due to poor health. I

“As a Master Gardener, I’m devoted to doing the best I can with the least amount of chemicals possible.”

- Jim Kavitz

Muscadine grapes, many different kinds of berries and the typical vegetables you’d expect to find such as cucumbers, tomatoes and squash, I’ve got a lot of different crops such as my garlic. There are several different types, the hard neck and the soft neck, and I grow them both,” Jim explains. “The hard neck is the usual bulb from California

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made sure he had all the fresh vegetables he could use, delivered right to his door.”

Like his friends in the program, Jim has done his share of public education classes designed to teach things such as water conservation and preservation of habitat, but he’s made his own technical contribution to the organization as well.

One of the many requirements necessary to become a Master Gardener involves 20 hours of volunteer duty at the Virginia Cooperative Extension Help Desk, a telephone question line where anyone in the area can call in and ask about anything related to gardening or wildlife - soil pH requirements, insect pests, deer deterrents, turf management, and so on. If the person on the phone doesn’t know the answer, they’ll research it until it’s resolved. Jim’s background in computer systems made him the logical choice for helping in their efforts to improve their website. “All the questions and answers from

the last five years (easier than it sounds since 85% of them concern the same 100 topics) are now up on the website where they can be searched by several different criteria,” he says.

Not everyone is as engrossed by gardening as Jim Kavitz. There is a fine line between gardener and farmer, and Jim seems to have ventured over that line with happy abandon. But in the same spirit of frugality that spawned Victory Gardens in the 1940’s, people who in the past were never motivated to grow more than a pot of geraniums for the porch may find themselves with a shovel in one hand and cell phone in the other. On the receiving end will be Jim or someone like him who is committed to keeping Williamsburg green. The Master Gardener program has allowed Jim to meld his diverse lives and loves into one; he’s now equally gardener, businessman, and teacher, and the fortunate people of Williamsburg benefit by all. NDN



James City County/Williamsburg Master Gardeners

Watercolor painting by Carol Fryer

To learn more about the James City County/Williamsburg Master Gardener Program, visit their website at:

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Carol Fryer Official Tree Hugger

By Linda Landreth Phelps

Carol Fryer's present mission in life is to prevent crimes against nature. Some of those crimes are flagrant; in Williamsburg it doesn't take a "Crime Scene Investigation" to locate cases of "Crape Murder", graceful trees mutilated with a sharp pair of loppers. Sadly and even more frequently, dying trees gasp for oxygen under deep, smothering layers of mulch. Many subsequently drown, subjected to an excess of water when they begin looking sickly - killed with kindness, you might say. All of these crimes are perpetrated out of ignorance, not malice. Carol wants to protect future victims by instructing and educating well-

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meaning but misinformed gardeners.

In the fall of 2005, Carol and her husband, Bob, an attorney, moved to Williamsburg from New Hampshire to retire in our milder climate. In the last four years, winter weather reports of heavy snow blanketing New England have validated that decision. But moving to a new place can be daunting in many ways. A new niche has to be carved out socially, and for gardeners there's a lot to learn about a different climate and what grows well in it.

Carol had always been an enthusiastic gardener, even raising her own vegetables for the table, but if there were ever any real problems, she'd have to call in the pros to diagnose and fix them. Carol's retirement from her busy career in occupational therapy, primarily working with children with developmental delays, meant she finally had time

to remedy that gap in her knowledge.

"In New Hampshire some of my friends were Master Gardeners, so I knew that it took a real time commitment to become one. When I first moved down here, I thought I'd be spending most of my time learning to play the piano and concentrating on my painting, but there's a lot of class work, home-

work, and volunteer work involved in being an intern," Carol says. "Once I got involved with this group, it kind of encompassed my life. I still do a little painting, but I'd really need to paint religiously two days a week to do it justice. I did design a poster for my Williamsburg Master Gardener group, so I manage to combine my passions once in awhile."

"When I moved to Williamsburg and started coming to meetings, I suspected I'd find a large group of potential friends," Carol shared. "Master Gardeners are ubiquitous here - usually 80 to 100 at any given meeting, and 200 on the rolls. As it turned out, that feeling was right. I now have a lot of close friends within the organization. Three are native Virginians, so it's great to get to know the area from their

"Master Gardeners offers a three month long advanced course in Tree Stewardship, so once I completed that I guess I became a certified tree hugger!"

- Carol Fryer

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perspective - what they like in plants and what grows here the best.”

Over the last several years Carol's efforts have gradually begun to focus on the proper care of trees. “Master Gardeners offers a three month long advanced course in Tree Stewardship, so once I completed that I guess I became a certified tree hugger!” Carol admits with a laugh.

According to Carol, few residential trees die of old age. Many are being mistreated and outright killed through sheer ignorance. “I live in the Landfall at Jamestown subdivision, and the other day in the common area I noticed a tree that had once seemed healthy suddenly drooping and browning. I investigated by pulling back the mulch and a little dirt and discovered that the poor tree was being strangled. Whoever planted it hadn't even bothered to remove the wire cage from the root ball!” Carol's distress is evident. “Even burlap should be removed, and if you can't, at least cut and peel it away as much as possible. It can take years to biodegrade.”

All kinds of mistakes can be made when planting trees. “The most common is digging your hole too deep,” Carol says. “The crown of the tree (the area where the roots join the trunk at ground level) is then covered up and vulnerable to rot and rodent and insect damage. It can't breathe! When you dig a hole, plant your tree so the root ball rests on solid ground, and make the hole twice as wide around the tree trunk. Make sure the roots are teased out horizontally and carefully cut any roots that have started to girdle (circle) the tree from being confined tightly in a pot. It's better to buy a bare root tree, one with no dirt ball, so you can tell for sure that none of the roots are doing this. Then backfill with the same soil you dug up - no added compost or peat! If you use soil amendments or fertilizer, the roots grow fast until they reach the harder natural soil, then stop. Once the tree is planted, mulch the soil around it, preferably out to the perimeter of the eventual canopy. You can use lots of different kinds of mulch, but the organic types are best because they eventually break down and enrich the soil. Use just a few inches of mulch and avoid the 'volcano' look where it's piled against the trunk. Unfortunately, this has been a popular thing to do because some people think it looks nice.”

To the well-informed eye, there is no conflict between what *looks* good and what *is* good, because if a tree in which you've invested isn't treated properly, it will never live up to its potential and may even die. Trees are a crucial part of our ecosystem and are essential in making our big, blue planet rich in oxygen. Carol Fryer earnestly wants to educate people and convince them that a tree planted is a tree worth treating with respect. After all, by doing so the life you save could eventually impact your own. NDN

A Wrinkle or Two In Time



DR. BRUCE E. FULLER EXPLAINS HOW HEREDITY AND HABIT AFFECT YOUR SKIN

by Greg Lilly, Lifestyle Editor

Just look at your parents, Dr. Bruce E. Fuller advises, to get a preview of how you will age. Many aspects of showing your age are hereditary, although some can be controlled by you and how you take care of your skin.

Dermatologist Dr. Bruce Fuller did his residency at the University of New Mexico before coming back to Hampton Roads to work in the Portsmouth Naval Hospital. In New Mexico, he discovered his calling in medicine. "I did a rotation in dermatology and knew it was a perfect fit," he says. "I did a little internal medicine, a little surgery - the patients weren't

WWW.WBURGNDN.COM

deadly ill. It was perfect for me."

The consultation time with a patient appealed to his investigative side. His patients aren't in an emergency status and he has the time to talk with them and discover things about their lives. "Dermatology is fascinating. It gives me the opportunity to be a "Columbo" or a "Monk" in that I try to figure out what's really going on based on what I see," he explains. "If I can't get the answer immediately, I can always take a sample of the skin and send it to a pathologist in the lab to run tests and point me in the right direction."

An important part of dermatology, as Dr. Fuller sees it, is that chance to talk with the patient and to discover what they are concerned about. This discussion allows him to discover lifestyle habits or hereditary traits that affect the patient's skin, now and as they grow older. He investigates everything from hair loss and acne, to strange growths and toenail fungus. "It's always something different," he says. "I see small babies with warts; I see 80 or 90 year olds with skin cancer."

He recounts a teenage patient with acne, how withdrawn she was, but then when he helped get the acne completely cleared up, that teenager was like another person, outgoing and filled with confidence. That is what he loves about his profession - the ability to aid people with their self-assurance.

Dr. Fuller does more than help patients feel better about their skin. He can save their lives by detecting skin cancers early enough for successful treatment. "If I could just talk my younger crowd into not going to those tanning beds and if I could get my 30 and

Next Door Neighbors Health

40-year-olds to wear sunscreen when playing golf, tennis, cycling and running, that would help a lot.” He advises to check for any growth or sore that bleeds or doesn’t heal and to see your dermatologist immediately.

Sunscreen not only helps you avoid skin cancers, it will keep you looking younger. Sun damaged skin takes on aged skin’s effects of wrinkles, uneven complexion and dry texture.

Despite what television commercials claim, there are no quick and easy fixes according to Dr. Fuller. He has simple advice for caring for your skin: “People should use gentle cleansers and get in the habit of wearing sunscreen everyday, year round.”

Simpler is better in dermatology. “The vast majority of women have very nice skin,”

Dr. Fuller says, “and they don’t need a lot of make-up. They could get by with just a moisturizer with sunscreen and call it a day, but I don’t think many women will do only that.” The use of heavy lotions, creams and oils can block pores and cause break-outs.

The loss of elasticity, a few sags and wrinkles are natural effects of aging skin. “As we get older, our skin tends to dry out more,” Dr. Fuller explains. He recommends natural products such as oatmeal-based or soy-based moisturizers.

“Most people get brown spots on their hands. Some call them liver spots,” he says. “That’s usually genetic; if your parents had a lot, then you probably will too.” These are nothing that affect the health of your skin, just a sign of growing wiser (and a bit old-

er).

“My patients of color,” he adds, “get little moles on their face, around their eyes – that’s genetic as well.”

Thinning hair becomes an issue for many people as they get older - for both men and women. “That’s disconcerting for the women,” Dr. Fuller explains, “because when they look in the mirror, they can see their scalp, just like we guys have for years.” Although hair loss is hereditary, he checks for other causes as well. “The first thing I do when women or men come to me about hair loss is to make sure they’re not anemic since anemia can cause your hair to thin. I make sure they don’t have any thyroid issues because hypo- or hyper-thyroidism can cause your hair to fall out.”

Dr. Fuller recommends having a yearly skin evaluation, and to self-check your skin frequently and see your dermatologist with any concerns. It is a fact that our skin changes as we grow older, but with conscious care, your skin can be healthy at any age. **NDN**

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Next Door Neighbors Home

Gene and Mary Andrews bring Hollywood home.



SPOTLIGHT ON Home Theaters

by Greg Lilly, Lifestyle Editor

The popularity of home theaters has jumped with the advancement of technology. From connecting a television and a stereo for surround sound to full theater

experiences that touch all the senses, the art and science of home entertainment reaches across neighborhoods and generations.

Gene and Mary Andrews live in a spec-

tacular, rustic log home on the outskirts of Williamsburg surrounded by woods, fields, and a seven-acre lake filled with geese and ducks. The lodge feel of the home creates

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...waved about helplessly as he looked. "What's happened to me?" he thought. It wasn't a
 ...a proper human room although a little too small, lay peacefully between its four famil
 ...fiction of textile samples lay spread out on the table - Samsa was a travelling salesman - a
 ...ore hung a picture that he had recently cut out of an illustrated magazine and housed in a
 ...me. It showed a lady fitted out with a fur hat and fur boa who sat upright, raising a heavy l
 ...ved the whole of her lower arm toward the viewer. Gregor then turned to look out the win
 ...ll weather. Drops of rain could be heard hitting the pane, which made him feel quite sad. "H
 ...a little bit longer and forget all this nonsense," he thought, but that was something he
 ...do because he was used to sleeping on his right, and in his present state could get into th
 ...wer hard he threw himself on to his right, he always rolled back to where he was. He must
 ... hundred times, shut his eyes so that he wouldn't have to look at the floorboard leg, and o
 ... he began to feel a mild, dull pain there that he had never felt before. "Oh, God," he thoug
 ...rious career it is that I've chosen! Travelling day in and day out, going business like this
 ... effort than doing your own business at home, and on top of that there's the curse of
 ...tries about making train connections, had and I regular food, contact with different people
 ... that you can never get to know anyone, or become friendly with them. It can all go to hell
 ...gh itch up on his belly; pushed himself slowly up on his back towards the headboard so th
 ...t his head better; found where the itch was, and saw that it was covered with lots of little
 ...id he didn't know what to make of; and when he tried to feel the place with one of his legs
 ...tly back because as soon as he touched it he was overcome by a cold shudder. He did
 ...rmae position. "Getting on really all the time," he thought, "it makes you stupid. You've got to
 ...ep. Other travelling salesmen live a life of luxury, for instance, whenever I go back to the c
 ...ring the morning to copy out the contracts, these gentlemen are always still sitting there a
 ...eastests. I ought to just try that with my boss; I'd get kicked out on the spot. But who knows,
 ...uld be the best thing for me. As I didn't have my parents to think about I'd have given in my m
 ...o ago, I'd have gone up to the boss and told him just what I think, tell him everything I wo
 ...ow just what I feel. He'd fall right off his desk! And it's a funny sort of business to be sitting
 ...r desk, talking down at your subordinates from up there, especially when you have to go rig
 ...the boss is hard of hearing. Well, there's still some hope; once I've got the money toge
 ... my parents' debt to him - another five or six years I suppose - that's definitely what I'll do.
 ... make the big change. First of all though, I've got to get up, my train leaves at five." And he
 ...the alarm clock, ticking on the chest of drawers. "Got it covered," he thought. It was half p
 ...e hours were quietly moving forward. It was even later than half past, more like quarter
 ... alarm clock not rung. He could see from the bed that it had been set for four o'clock as it
 ...any it certainly must have rung. Yes, but was it possible to quietly sleep through that fanta
 ...ise? True, he had not slept peacefully, but probably all the more deeply because of that. What
 ...now? The next train went at seven; if he were to catch that he would have to rush like mad
 ...tion of animals was still not packed, and he did not at all feel particularly fresh and lively.
 ... did catch the train he would not avoid his boss's anger as the office assistant would have
 ...the firm a clean train go, he would have put in his report about Gregor's not being there a lon
 ...a office go. The boss's man, Simsalunga, used with an understanding. What might I
 ...37. The

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AUGUST 20TH
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**DON'T FORGET TO COMPLETE THE
 READERSHIP SURVEY ON PAGE 17!**

a casual and inviting atmosphere, but downstairs, the mood is pure Hollywood. The Andrews have created a top-of-the-line home theater that could impress the likes of Spielberg or Scorsese.

"We grew up in Virginia," Gene says, "and we always loved Williamsburg." After living in Jackson Hole, Wyoming and other western locations, Gene and Mary decided to come back to Virginia to be closer to family and to enjoy the milder weather.

As they built their home, Gene wanted a wine cellar in the lower level and a home theater on the main level. The Andrews found that the original room wasn't big enough to accommodate the acoustics of a home theater and that the wine cellar area had the perfect dimensions. "I fought it for awhile,"



John Wayne greets the Andrews as they make their way into their home theater.

Mary admits. "I wasn't real happy about it, but I have to say I truly enjoy it now."

"We like movies," Gene explains, "and walking downstairs is a lot easier than driving in to town for the cinema." A look around proves that Gene and Mary are movie buffs. The hallway to the theater is lined with movie posters framed by flashing lights. A life-size cut-out of John Wayne greets you as you turn the corner to a lobby with a popcorn machine and an original mural. The mural includes a smiling woman at a box office, two tickets in hand, ready to welcome you to the cinema. Also in the lobby area, a poster of Audrey Hepburn from "Breakfast at Tiffany's" is spotlighted by the theater-style restroom sign.

Double doors open into the theater revealing two tiered rows of plush seating, while red velvet curtains herald an amazing experience on the stage at the front of the room. Film strip portraits of Hollywood legends accent the walls.

Gene explains that the home theater has two video screens: a 62" widescreen plasma HDTV and a ten-foot projection screen that

descends from the ceiling at the push of a button on his hand-held remote. The remote also dims the lights, starts the movie, or switches to other components like the satellite television or the Nintendo Wii system.

The projection screen slides down, the lights diffuse to an unobtrusive glow, and the image sparks on the screen. The sound rattles your bones. Opening credits swirl an orchestra's overture around

“The sound is unbelievable.”

- Mary Andrews

your body.

Gene describes the audio from the movie “Pearl Harbor” as bullets pinging off the walls and airplanes racing over

his head. And he's right. The audio seems better than the local movie theaters. “That's what sold me,” Mary adds. “The sound is unbelievable.”

“The Wii system is hooked up to the surround sound too,” says Gene. “So, when you bowl, it sounds like real pins falling and bowling alley noises are all around you.” Both Gene and Mary admit they enjoy the video games that they had installed for their grandchildren. “It's amazing,” Gene says. “You can play baseball and the cartoon character on the screen makes the same moves as you do. It's fun.”

The dimensions of the room play a part in the acoustics of the audio system. Sound waves ripple through the air like waves in a pond cancelling each other out or doubling in size. It takes a quality design and installation by a skilled professional to ensure the home



A mural includes a smiling woman at the box office with tickets in hand. Two other “patrons” are looking at movie posters.

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theater will replicate the movie theater experience. The Andrews worked with Rob and Paula Sheldon of Protection & Audio/Video by Design to help them create their home theater experience. Paula also helped Mary decorate the hallway, lobby, and the theater with authentic movie posters, lights, and other accessories. Custom murals and portraits of Hollywood icons created by a local artist add luster to the finished project.

Gene and Mary have created a Hollywood Shangri-La, an entertainment heart of the home, a place for both grandparents and grandchildren to find hours of enjoyment and wonder.

"It's one of the best things we did in building this house," Mary adds. NDN



Gene and Mary relax in their home theater. The home theater has two video screens: a 62" widescreen plasma HDTV and a ten-foot projection screen that descends from the ceiling at the push of a button from their hand-held remote.

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Hey Neighbor!

There are more community announcements for this issue that did not fit on this page.

Please visit www.wburgndn.com and click on **Hey Neighbor!** for a complete list of current community announcements.

Hey Neighbor!

KIWANIS KASINO NIGHT

May 30, 2009

Sponsored by the Kiwanis Club of Williamsburg at the Historic Triangle Building on Waller Mill Road. Enjoy roulette, craps, blackjack and poker. Cost is \$25 per person/\$40 per couple and includes one drink ticket, hors d'oeuvres, snacks and \$10,000 "Kasino Bucks." For additional information or to purchase tickets online visit www.williamsburgkiwanis.org or call 256-7383 or 870-1100.

Hey Neighbor!

WAAR GOLF TOURNAMENT

June 3, 2009

Williamsburg Area Association of Realtors 11th Annual Golf Tournament for Charity benefiting three area organizations: Hospice House, Child Development Resources and Housing Partnerships. 12 noon shotgun start at Ford's Colony Marsh Hawk Course; includes raffles, clinics, lunch, dinner, a live auction and more! Not a golfer? Join us for the dinner and auction and help us support these local charities! For more information call the Williamsburg Area Association of Realtors at 253-0028.

Hey Neighbor!

10th ANNUAL VIRGINIA TECH DAY Meet the 2009 Chapter Scholarship Recipients

June 6, 2009

Hosted by the Williamsburg Area Chapter – VT Alumni Association - starts at 4:30 PM at the Queens Lake Clubhouse, 234 E. Queens Drive. Dinner includes fried chicken, Carolina pulled pork, potato salad, Cole slaw, cookies, and beverages. Costs: \$12/adult; \$6/child 6 - 12 years. All net proceeds go to

the chapter's scholarship fund. RSVP –by June 4 to Jerry at jjclarke@cox.net or see our site at WilliamsburgHokies.com.

Hey Neighbor!

WILLIAMSBURG AQUATIC CLUB ANNUAL WINE AND CHEESE AUCTION

June 6, 2009

6:30pm silent auction, 7:30pm live auction at the Settlement at Powhatan Creek. To help defray costs associated with the aquatic club. For more information contact Cami Haigh-chaigh@ycsd.york.va.us or call 871-0577 or Jean Snyder- snydjf32@cox.net or call 876-3042. Auction donations welcome.

Hey Neighbor!

Beyond Boobs is currently launching a national recruitment campaign to create a community of Good Health Fairies around the country. If you have a great sense of humor, are compassionate and have no problem of having an alter ego, you should bring out that old prom dress, grab your running shoes, and throw on a tiara to join the Good Health Fairy campaign. For more information, go to www.BeyondBoobsInc.org.

Hey Neighbor!

TROJAN FOOTBALL GOLF TOURNEY

June 11, 2009

Starts at 1:00pm. The Football Club will hold a Golf Tournament at Stonehouse Golf Club to help fund the football team for another season. The cost of the tournament is \$75 per player and includes golf fees, cart and dinner after. There will also be prizes. For more info go to www.walsingham.org under "football".

Hey Neighbor!

MISS FASHIONETTA 2009

June 13, 2009

Presented by the women of Alpha Kappa Alpha Sorority, Inc. A community outreach program to include working with ten young girls, ages 6 - 10. The program has centered around the encouragement of self-esteem, education, talent and community service. A culmination of the chapter's six months of programs, activities and projects with these young ladies will take place on June 13, 2009 at 4pm at the Williamsburg Regional Library. Ticket prices are \$5.00 (children up to the age of 12) and \$8.00 for adults. For additional information, please contact Barbara Harris at 345-2989 or Delores Jones at 258-9566.

Hey Neighbor!

SWING FOR YOUR CAUSE

June 13, 2009

Play any time of the day on the designated "nonprofit days" at The Tradition Golf Club at Stonehouse and you play for just \$55 (including cart fee!) with \$20 going directly to YOUR favorite registered nonprofit! Choose from more than 53 registered nonprofits right here in the Williamsburg area. Special nonprofit days will be held once a month through November. (To get the special discounted rate, be sure to mention "Swing for YOUR Cause" when you schedule your tee time. Call 566-1138, ext. 3.) To see the list of eligible nonprofits, visit www.NetworkWilliamsburg.com.

ATTENTION NON-PROFIT ORGANIZATIONS!

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