

May 2013

WILLIAMSBURG'S

# Next Door Neighbors®

VOL. 7, ISSUE 5

PRICELESS

Discovering the people who call Williamsburg home

**BUSINESS**

Steve Genakos

**SPORTS**

Destiny Davis

**A&E**

Dr. Paul Bhasin

**HEALTH**

Juanita Graham

**HOME**

Bob Spencer

**Parenting**

**Crystal Kahler**

# WE MAKE SHOPPING FOR A NEW HOME EASY



## 5100 ROLLING REACH Lake Powell Pointe

4 bedroom, 3 1/2 bath. Fabulous formal & casual spaces accented by custom features, columns, extensive millwork & hardwood floors, gourmet kitchen w/all new appliances, soaring ceiling in the great room w/ gas fireplace.



**Elizabeth Jones**  
757-870-6235



Waterfront estate located on 1.5 acre lot in Kingsmill. Almost every room in the 5+ bedroom home takes advantage of the water view. Great room with 30+ foot ceilings and views of the water from floor-to-ceiling windows. Gourmet kitchen is fully equipped with a Sub Zero refrigerator, double ovens, wine chiller & large, granite-topped center island. This home is an entertainer's delight with many grand spaces. Call John for a private tour.



**John Womeldorf, REALTOR®**  
757-254-8136  
John@MrWilliamsburg.com



## 2609 JOCKEYS NECK TRAIL

Wow! Once in a lifetime opportunity to own a spectacular brick estate, nestled on 1.3 acres in the sought after Vineyards community. Sweeping panoramic lake and vineyard views are unparalleled so close to historic Williamsburg. This 5 BR home offers everything you can imagine, from two master suites (one on each floor), to a cozy library, to a gourmet kitchen that will delight the most discriminating chef. Don't miss it!



**757-291-4449**  
leighbaumgardner@lizmoore.com



## BRICKSHIRE

Southern Style Cape with full front porch and back screened porch, plus all the custom features that make this home perfect for you. Listed at \$439,900.



**757-846-6774**  
judyschwartz@lizmoore.com



## WELCOME HOME

Convenient location with a park like setting. Gorgeous hardwood floors in the first floor living spaces. Lots of light and space in this popular plan with a large 1st floor master bedroom. Ready to move in and enjoy a carefree lifestyle. Plantation shutters and blinds throughout.



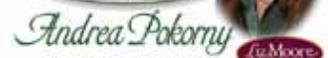
**757-870-0611**  
nanpiland@lizmoore.com



## 211 NOTTINGHAMSHIRE

Fords Colony

Every conceivable upgrade. Open floor plan. 3,635 sqft. Gourmet kitchen w/ custom cherry cabinetry, 10' ceilings, multiple piece crown molding, wainscoting, plantation shutters. 5 course jack arches w/keys, AZEC Pvc 20" cornice, copper flashing. Low Maintenance! \$560,000.



**757.291.9119**  
andrea@williamsburghomefinder.com

Welcome to our May issue about parenting. I expect anyone who is a parent feels like they could write their own book on the subject of raising children. I would expect this to come with a great deal of content relating to "things learned that could be done differently next time."



Meredith Collins, Publisher

I suppose it is true that many parents are influenced on how to raise their children by the way they were raised. Having never had children, it would be hard for me to say. I expect, however, that parents would tend to use their own childhood experiences as a gauge, and would hope to improve upon many of the learning experiences they give their children. Minus, of course, all of those subtle reminders of our own upbringing that are simply buried in our DNA and cause us to smile to ourselves acknowledging: "I suppose it's true. The apple didn't fall far from the tree."

The stories we bring to you in this issue reflect different types of family situations that affect the dynamics of raising children. We have interviewed foster parents, single parents, new parents, grandparents and even parents who have adopted. I hope you enjoy their stories as much as I did. I think this issue makes it clear that it really doesn't matter how your child came into your life as long as you have abundant love and guidance to give. NDN

## Inside

- |                            |                        |
|----------------------------|------------------------|
| 3. Crystal Kahler          | 29. Greg Lilly, Editor |
| 7. Lisa Bates              | 32. Katy Suiter        |
| 10. Michael Starnes        | 36. Steve Genakos      |
| 13. Steven & Jade Morris   | 40. Destiny Davis      |
| 17. Dr. Jeff Carroll       | 43. Dr. Paul Bhasin    |
| 20. Linwood & Gwen Perkins | 46. Juanita Graham     |
| 23. Kent & Doris Grey      | 50. Bob Spencer        |
| 26. Chris & Mindy Goddin   | 53. Hey Neighbor!      |

© 2013 Collins Group, LLC. Williamsburg's Next Door Neighbors is a community publication solely owned by Collins Group, LLC. It is published monthly for Williamsburg area residents. The stories within this publication are intended to introduce readers to their neighbors and are not endorsements for those individuals, their abilities, interests or profession.



lisa cumming

photography

www.lwcphoto.com

757-532-4037

lisa@lwcphoto.com



commercial  
industrial  
architectural  
portrait

Cover Photo by Lisa Cumming



Lisa W. Cumming Photography

## HER OWN Rulebook

By Alison Johnson

Not surprisingly, Crystal Kahler's biggest challenge as a single mother with a full-time job is finding time to get everything done. Consequently she has added one more person, her 8-year-old son Matthew, to a support network that includes Matthew's father, her mother and a number of friends.

When Matthew asks Crystal to play with him or read to him, she reminds him that they can start having fun a lot sooner if he pitches

in with housework and chores. By now, the second-grader is used to helping with dishes, vacuuming, mopping and grocery store runs. Matthew's older brother, Cody, 18, does the same when he's home from college.

So the time crunch has a positive side, Crystal says: it teaches her boys hard work, respect and teamwork, all values that she wants to emphasize as a parent. "I love my kids, but I don't coddle them," she says. "It's bonding for us to

get things done together, and I like that they won't be expecting a woman to do everything for them when they get older."

While her family structure isn't what she once pictured for herself, Crystal doesn't think it changes the basic requirements of good parenting. "Whether you're a single parent or married, as long as your kids know they're loved and as long as they're encouraged – in school, sports and any parts of their lives, and just in

# OFFERING A DEPTH OF DENTAL SERVICES A TO Z DENTISTRY

General Dentistry  
& Periodontics

A



## WE OFFER A WIDE ARRAY OF DENTAL SERVICES TO MEET YOUR NEEDS:

- |                      |                                  |
|----------------------|----------------------------------|
| A - allografts       | O - occlusion                    |
| B - bridges          | P - prosthetics                  |
| C - crowns           | Q - quadrant cleanings           |
| D - dentures         | R - root canals                  |
| E - extractions      | S - sinus lifts                  |
| F - fistula          | T - TMJ                          |
| G - grafts bone gums | U - underbite / overbite therapy |
| H - hygiene          | V - veneers                      |
| I - implants         | W - whitening                    |
| J - jaw therapy      | X - X-rays 3D                    |
| K - knowledge        | Y - youthful smile               |
| L - lesions          | Z - zenografts                   |
| M - mastication      |                                  |
| N - night guards     |                                  |

**CONTACT  
US TODAY!**

757.903.2529  
[www.historictriangledentistry.com](http://www.historictriangledentistry.com)

Dr. Gregory L. Koontz, DMD, MS, Periodontics  
Dr. David Myers, DDS General Dentistry  
Dr. Jennifer Anderson, DMD



**HISTORIC TRIANGLE  
DENTISTRY**

General Dentistry & Periodontics

134 Professional Circle, Williamsburg 

being themselves – that’s all that really matters,” she says.

Crystal, 43, actually has been a single mother twice. After splitting with Cody’s father, who remains a close friend, she worked as a night manager at a restaurant as she struggled to cover bills for herself and her son. She began dating Matthew’s father when Cody was 3, and they married after five years. They decided to divorce last year, citing irreconcilable differences, although her ex-husband is still very involved in Matthew’s life and often spends time with his son on weekends.

“We always come together on what the kids need,” she says. “We tell them that the divorce wasn’t their fault, and we’ll always love them.”

Parenthood has meant sacrifices with her career, but Crystal has no regrets about putting her kids first. A New Jersey native, she moved to Williamsburg with her family at age 10, graduated from Lafayette High School and used a lifelong love of art to earn a graphic design degree from Old Dominion University. While she is a talented painter, she couldn’t find a job in the field beyond an unpaid internship. “There was no way I could do that,” she says. “I was a single mom, and I needed money.”

Instead, Crystal has stayed in the restaurant industry, where she started off as a bus girl at age 15 and has had stints as a waitress, bartender and manager. She now works 8 a.m. to 4 p.m. as office manager at Berret’s Seafood Restaurant in Williamsburg, which allows her to be home when Matthew gets off the school bus at 4:20 p.m. Her son, who attends Rawls Byrd Elementary School, goes to before-school care in the mornings. Crystal gets up at 6 a.m. to have him ready.

All those years working at restaurants have given Crystal plenty of lessons on what kind of mother she wants to be. She has seen lots of kids in action – and lots of differences in how well they behave. “Even when I was just a teenager, I was telling myself, ‘When I have a child, they’ll know their manners,’” she remembers. “My kids have to be polite and respectful. I demand it.”

However, Crystal doesn’t keep her distance from her kids. On the contrary, she genuinely likes hanging out with them. Asked for one thing she wished she’d known before becoming a mother, she says she could have used a warning about how painful it would be to drop Cody off at college this fall. He is attending Virginia Commonwealth University in Richmond. On the drive home, she cried as she replayed memories of his life from birth on. “No one told me how hard it was going to be,” she says. “It’s very different without him around. I definitely look forward to vacations and having him home.”

To build open relationships with her boys, Crystal says she tries to answer all of their questions honestly and encourages them not to hide things from her. She likes joking around with them and has embraced some of their interests: “I’m the mom who listens to today’s music and knows the words. I’m the mom who plays Fruit Ninja on the Xbox for two hours. I was the mom who watched Disney movies with my kids and cried at the end. I don’t ever want to grow up.”

Crystal also feels strongly about letting kids be themselves, which includes taking risks, finding out what makes them happy and speaking



**Vernon Francis, MD**  
Interventional Cardiology

**Surjya Das, MD**  
Interventional Cardiology

# Comprehensive Heart Care.

*Your local Sentara Heart team has you covered.*

**W**hen it comes to quality heart care, Sentara Williamsburg Regional Medical Center provides it right where you need it most – close to home. From advanced heart testing to emergency heart attack care, the heart team at Sentara Cardiology Specialists – including

our newest cardiologist, Dr. Vernon Francis – gives you fast access to the expertise of the Sentara Heart network. Partnering with emergency room physicians and local EMS, Dr. Francis and Dr. Das work at **the only hospital in the Williamsburg region with the technology and expertise to provide life-saving interventional heart attack care 24-hours a day.**

**SENTARA  
WILLIAMSBURG  
REGIONAL  
MEDICAL CENTER**  
*Here And Now*

**- 24-7 -  
Heart Attack  
Care**

*We'd like to welcome Dr. Vernon Francis to Sentara Cardiology Specialists.*

Sentara Cardiology Specialists | 400 Sentara Circle, Suite 320, Williamsburg, (757) 345-4800

their minds. When Cody was 8, for example, he announced that he wanted to start going to a church close to their home so he could walk there on his own. From then on, Grace Baptist Church and community service have been important parts of his life. Matthew's current passion is athletics, especially football and baseball, and Crystal has no problem shuffling her schedule so she can be at his games and practices.

That emphasis on individuality has turned Crystal off many parenting advice books and articles, and she doesn't much like commenting on how other people should parent, either. "I guess I have my own rule book," she says. One of her rules is to find time

for herself, which she believes is part of being a good mother. Since Matthew usually goes to his father's house on weekends, she often uses that time to see friends and enjoy hobbies such as painting – she has done murals at a hotel, a

restaurant and a friend's nursery with a Winnie the Pooh theme. In fact, Crystal tries to finish housework on weekdays, while her son is doing homework, so she'll have more free time on Saturdays and Sundays. She also encourages

**"Whether you're a single parent or married, as long as your kids know they're loved and as long as they're encouraged – in school, sports and any parts of their lives, and just in being themselves – that's all that really matters." ~Crystal Kahler**

parents to help each other juggle life and kids, as she does with her friends.

One day, Crystal dreams about either starting her own graphic design company or pursuing a degree in accounting, another interest

area, from ODU or an online program. But for now, she's happy at her job and realizes that fitting in classes and homework would be a struggle. Her main focus is on her kids, whether she's cheering for Matthew on the ball fields

or helping Cody, who may major in psychology, settle into his freshman year. Dating and relationships, meanwhile, aren't on her current radar. "It's going to be baby steps for me, and some sacrifices, and I'm completely fine with that," she says.

In fact, she really wouldn't have it any other way. "Before I became a mother, I didn't realize you could love another human being that much," Crystal says. "I didn't ever think I was a self-

ish person, but my kids made me find a type of selflessness in myself that I didn't know I had. I have two beautiful boys who are watching what I do. They see everything, so I need to be a better person for them." NDN

**AUTISM WILL ALWAYS PLAY A BIG ROLE IN HER LIFE.  
SO WILL YOU.**



As a family with special needs, you can stay focused on today because we'll help you plan for tomorrow. MassMutual's SpecialCare<sup>SM</sup> program provides access to information, specialists and financial products and services that can help address the challenges of raising a child with autism. To learn more about the SpecialCare<sup>SM</sup> program, visit [MassMutual.com/SpecialCare](http://MassMutual.com/SpecialCare)



We'll help you get there.®



Ted A. Coopridier, CLU®, ChSNC  
Special Care Planner  
1769 Jamestown Road, Suite 1B  
Williamsburg, VA 23185  
757-206-1627  
[tcoopridier@financialguide.com](mailto:tcoopridier@financialguide.com)

LIFE INSURANCE + RETIREMENT/401(K) PLAN SERVICES + DISABILITY INCOME INSURANCE  
LONG TERM CARE INSURANCE + ANNUITIES

MassMutual Financial Group refers to Massachusetts Mutual Life Insurance Company (MassMutual), its affiliated companies and sales representatives. Insurance products are issued by MassMutual, Springfield, MA 01111, and its subsidiaries, C.M. Life Insurance Company and MML Bay State Life Insurance Company, Enfield, CT 06082. CRN201502-169179

*All-inclusive  
Caribbean  
Vacations*

*Which  
is  
Yours?*

**The Reserve at Paradus  
Palma Real Resort**  
Punta Cana, Dominican Republic

*Family Concierge Service  
Swim-up Suites and much more*

**Frenchman's Reef & Morningstar  
Marriott Beach Resort**  
St. Thomas, US Virgin Islands

*White sand, palms...azure blue  
crystal clear water...Luxury!*  
**Singles, Families or Couples**

**5Star THE Royal Playa del Carmen**  
*Adults only* Playa del Carmen, Mexico

*Personal Service  
at its Best!*

Est. 1975

**Newport News**  
10858 Warwick Blvd  
Newport News, VA 23601  
**757-599-3011**

[LIKE US ON Facebook](https://www.facebook.com/warwicktravel)

**Williamsburg**  
240 McLaws Circle  
Williamsburg, VA 23185  
**757-229-7854**

[warwicktravel.com](http://warwicktravel.com)

# Making a Success Out of Single Parenting

By Lillian Stevens



Lisa W. Cumming Photography

Lisa Bates says she counts her blessings every day – and prays a lot. Her journey as a single mother has taken her through some twists and turns but with the right combination of optimism and determination, she has raised two successful and amazing children and she takes nothing for granted.

Lisa was 28 when she and her husband divorced; her children were two and four years old, respectively.

“The hardest part about being a single parent is trying to figure out what to do first,” Lisa says. “After a divorce, your emotions are all over the place. Your identity is changing. You

need to get a roadmap for the future, and then you have these two precious little ones looking to you for everything – and thinking you are supposed to be perfect.”

Perfection or not, it wasn't long before Lisa realized that she needed to go back to school to get her bachelor's degree so she could increase

## Certified Public Accountants

- Tax Planning & Compliance (Corporate and Individual)
- Business Valuation
- Trusts & Estates
- Payroll, Write-up & Other Accounting Services

**COMPLIMENTARY  
One Hour  
Consultation.  
(757) 903-4403**



[www.mossandriggs.com](http://www.mossandriggs.com)

Janet V. Riggs  
CPA/ABV, MBA



1209 Jamestown Road (Next to the Old Chickahominy House)

## House Won't Sell?

### We'll Help You Rent It!

*We're your full service Property Management Department: residential listings, owner services, tenant services and more!*

*"Call me! I can help reduce your worry over monthly mortgage payments by finding a qualified renter."*

**#1**  
Property Manager  
for 2011...and  
2012!



**Beth Mueller**  
Property Manager, Associate Broker  
**(757) 229-5681**

*beth.gossage@century21nachman.com*  
Serving Williamsburg, James City & York Counties  
Each office is independently owned and operated



[www.century21nachmanrents.com](http://www.century21nachmanrents.com)

her earning potential. Once she was enrolled in her classes, she felt like there weren't enough hours in the day.

"In addition to college, I had work responsibilities, keeping up my home, building and platinum-planning my career, and then charting a course for the children including helping plan for their college and careers," she says. "Somewhere in there – somehow – we found a way to fit in family time."

"As I look back, I really don't know how I did it, but somehow you do what you have to do."

Lisa's son and daughter were extremely busy too. Both children worked during their high school years (in addition to school activities) and through college. It wasn't just about working for spending money. Lisa was planting the seeds of financial responsibility as well.

"When payday rolled around, I taught them – as I was taught by my mom – that as teenagers, half of their paychecks were to go in the bank before anything else."

Lisa's mother was a schoolteacher and so the classroom often extended into the home. While other families may have gathered around the kitchen table playing board games, Lisa's mother sat three of her four children (the oldest brother was already on his own by then) at the table one night for a lesson in economics.

"I remember my mom was so tired of telling us money doesn't grow on trees, and we couldn't afford this or that – so she came home from work one day and she had her paycheck cashed in one dollar bills. She put a HUGE (we thought) pile of money on one side of the table and the stack of monthly bills on the other. It was our job to figure out how to pay the bills at the end of the month. It looked like we were rich...until we started to match up the dollars with the bills."

Lisa knew she didn't want to live paycheck to paycheck and has known what it feels like when her pay didn't cover all of the bills. It was a lesson that stuck with her for a long time. As

a result, she has taught her children to figure out their finances, live within their means and save for a rainy day.

Originally from Upstate New York, the family relocated to Williamsburg in 1999 where Lisa landed a position as Director of Marketing at Prime (now Premium) Outlets.

"The move here was definitely a positive turning point for our family," she says. "I had a great boss, Lynn Meredith, who believed in me and gave me an opportunity to change not only my life, but my children's lives too."

Lisa remembers her first impression of Williamsburg.

"I thought it was so beautiful here and the people were so nice," she says. "And once we got settled, it got better and better. This area is a great place to raise kids – we always felt very safe and secure here."

Whether or not she realized it at the time, Lisa was cultivating in her children not only a sense of security but a desire to succeed.

Lisa's daughter, Brianna, quickly became

Physical Therapy ❖ Chiropractic ❖ Massage

**COMBER** | *Fusion*  
PHYSICAL THERAPY | CHIROPRACTIC  
*integrating solutions for a healthy life*

**ADJUST  
THE CAUSE.**

**FIX  
THE PROBLEM.**

**GET BACK TO LIFE!**

ComberPT.com ❖ FusionChiropractic.com  
*See our Patients' Success Stories Online!*

MOORETOWN ROAD  
(across from Sentara Hospital)  
109 Bulifants Blvd., Suite B & C, Williamsburg  
Comber 757.229.9740 ❖ Fusion 757.603.6655

NEW TOWN  
5388 Discovery Park Blvd., Suite 100  
Williamsburg ❖ 757.903.4230



"As a mother of two boys, for whom my business is named

after, I draw motivation from their creativity and energy. When I design your home or office, I take into consideration the functionality of the space and tailor it to your specific needs and inspiration. It's important to us that your personal tastes are reflected in the completed project."

~ Christine Estep

EXPERT INTERIOR DESIGNERS

Furniture Arrangement and Space Planning

Client Consultation

**JACKSON THOMAS**  
INTERIORS

## Beautiful, Tasteful and Timeless Interior Design

We use a collaborative approach to design that encourages clients to develop and hone their own style. Each project is exciting and uniquely tailored to the individual needs and expectations of our clients. The final design ensures a beautiful, comfortable and always functional room.



4324 New Town Avenue • Williamsburg  
757-220-3256 • JacksonThomasInteriors.com  
Tues - Fri: 10 - 5 • Private Weekend Appointments

involved with many activities, both curricular and extracurricular, including cheerleading, playing in the school bands, Model UN, National Honor Society and even joining the local Sea Scouting program.

"I remember Brianna's first year here," Lisa says. "She spent her 13th birthday at Disney-world at a band competition!"

A graduate of William and Mary, Brianna is now the Accreditation Coordinator for Academic Program Review at New York University.

Lisa's son, Sean, finished his high school years in New York and was equally active in football and band. After high school, he moved to Virginia and attended Radford University where he served as President of the Geological Society, member of Sigma Chi Fraternity and Treasurer of the Interfraternity Council.

After college, Sean was offered a job with Verizon Wireless. In two short years, he was promoted from Sales Representative to Senior Sales Representative (in the Williamsburg

store) to his current position as Assistant Store Manager of the Harbour View store in Suffolk. Sean expanded the wireless workshops in the Williamsburg store and was invited to attend Verizon's National Sales Competition in 2012, where he won a regional award – and was a national contender, ranking within the top 37 out of 5,000 contenders.

"I'm really proud of both of my children. I may have inspired them, but they did the work!" Lisa exclaims.

Though she prefers to look forward and not back, Lisa sometimes takes a moment to reflect on the past couple of decades and says that she is so thankful for the special people that helped her along the way.

"My mom – she was incredible. She passed in 2006; what a tremendous woman she was," she says. "And the many friends I've made over the years. I truly feel that I've been blessed."

Now that the children are grown and the nest is empty, Lisa's own career continues to flourish – she is the Senior Director of Market-

ing and Sales at Williamsburg Landing.

"Another great place to work," she says with a smile. "And sort of a second home for me. I am surrounded by awesome people, including my boss, Steve Montgomery. At Williamsburg Landing, I'm promoting something I believe in. We offer independent living with the security of healthcare if you need it. And, if you outlive your resources, we will still take care of you. I think it's ironic that I have spent my whole life trying to create a comfortable haven for my family, and now I'm promoting security and quality of life for other families!"

Lisa's best advice for single parents is to surround yourself with good people and don't be afraid to ask for help when you need it.

"Also, take good care of yourself, remember to play, and cherish your children and, as I said earlier, make a financial plan and stick to it. Live below your means and save for a rainy day."

"Oh gosh – now I'm sounding like my mother!" she exclaims. NDN

# HUGE SAVINGS!

# 30-50%

## Off Your Favorites!

*Now while supply lasts. Call for details.*

- Buy One, Get One FREE on Dining Chairs
- 30% OFF Any Item Under \$1,000
- 40% OFF Any Item Over \$1,000
- 50% OFF All Leather, including special orders on sofas, recliners and swivel rocker recliners

Visit your nearest showroom or visit [www.suters.com](http://www.suters.com)



*Live in Style!*

**Suters**  
HANDCRAFTED SINCE 1839  
FURNITURE

Closed Sundays  
Open Mon. - Sat. 10 a.m. - 5 p.m.

### FACTORY

2610 South Main St.  
Harrisonburg, VA  
540.434.2131

### SHOWROOMS

4200 West Broad St. 800 Richmond Rd.  
Richmond, VA Williamsburg, VA  
804.358.8497 757.564.8812

# The 9 Month Marathon

By Rachel Sapin

One of the first things you notice about Michael Starnes, who works as the beer manager at the Wine Seller in Williamsburg, is that he's pretty easygoing. I asked him what his favorite beer was, expecting him to opine on the qualities of some esoteric concoction beyond my knowledge that had been fermented or barrel-aged with some unusual ingredient. Instead he simply responded, "I actually like just about every variety."

Michael also exuded this charming sense of earnestness when he talks about the experience of being days away from having his first child with his wife, Helena.

"My wife's been on the treadmill probably about 10 miles in the last two or three days," he says. "Trying to walk the baby out so to speak."

He explains that Helena had been feeling bursts of energy near the end of her pregnancy,

a symptom that some women can experience just before labor. "It's quite interesting," he adds. "Kind of like that last little sprint of a marathon."

Michael and Helena planned to have a baby in the way that it seems many couples do. "We weren't trying not to have one," he explains

with a laugh. "I wanted to be able to have the energy and the stamina to have kids." But according to Michael, his wife has plenty of energy for them both, and also some extensive experience dealing with wild animals. She works as the coordinator of the Aviary Department at



Lisa W. Cumming Photography

**FLY WILLIAMSBURG!**

*Williamsburg Flight Center*



Take an exciting Introductory flight and see Beautiful Williamsburg from the air. Spend time with a Professional Flight Instructor and experience the thrill of flight.

**Discovery Flights \$150.**

Pay by the lesson and learn to fly at Williamsburg's only flight school

**757.206.2995 williamsburgflightcenter.com**

*Mother's Day*

*Graduation, Thursday Lite Nite and Susanne Schuenke's Fine Art*

*The many reasons to enjoy your dinner at...*

For Reservations  
call or e-mail  
**(757) 565-7788**  
artcafe26@aol.com

*art* café 26  
The Place That's Different.

5107-2 Center St., New Town • www.artcafe26.com

Busch Gardens.

Michael, who is 33, is seven years older than Helena. They met while working as counselors at a Christian summer camp in Barmahsville, Virginia. His wife was 17 at the time, and though the two became friends, it wasn't until after camp that they started seeing each other in a romantic sense.

"We started texting a lot for a couple months, and then through whatever circumstances, she asked me to go to the prom with her, which was a little awkward for me at first," he remembers fondly. "But it was fun."

When Michael speaks about his wife, his tone of admiration and respect is endearing. "Everybody warned me that the hormones tend to go up and down, but honestly, I think she's been very levelheaded," he says of Helena's pregnancy. He says the experience has even drawn the couple closer together, something that can be attributed to his active involvement in the experience.

One myth Michael hopes to dispel is that of fathers as mere cheerleaders. "You're an integral part of this," he emphasizes. "You have to help your wife get through it; don't sit on the sidelines." He even recommends *The Best Birth* by Sarah McMoyler and Armin Brott as helpful reading for expecting fathers who want to learn more about being meaningfully involved in their significant other's pregnancy.

"Even before I got married, I was reading quite a few books about relationships and kids," he adds.

Michael, who's from La Grange, Georgia, initially wanted to go into nursing because the work involved labor delivery. "I actually was in a nursing program and found out I was narcoleptic," he says. It was a discovery that influenced him to



# KINGSMILL REALTY, INC.

YOUR HOME. YOUR LIFESTYLE. OUR PASSION.

www.kingsmillrealty.com



**PANORAMIC WATER VIEWS!**  
Fabulous Wareham's Point townhouse.  
**\$625,000**



**GRACIOUS GEORGIAN COLONIAL!**  
4-5BR, 4.5 BA, Curved staircase in 2 sty Foyer!  
**\$755,000**



**FIREPLACE IN MASTER BR**  
Classic two-story Colonial w/ hardwood floors.  
**\$439,000**



**EXPANSIVE RIVER COURSE VIEW**  
Renovated 4BR TH in Harrop's Glen  
**\$359,900**



**CUSTOM KINGSMILL MASTERPIECE**  
Over 7,000 sqft! 1st flr MBR, Home Theatre and more  
**\$1,499,000**



**RARE OFFERING**  
Private, all brick, one level, 4BR, 4.5 BA, Armistead Point  
**\$1,125,000**



**ELEGANT CUSTOM MASTERPIECE**  
Fine craftsmanship, 5BR, over 3,900 sqft, 1st flr MBR  
**\$675,000**



**LEAVE YOUR WORRIES BEHIND!**  
Updated townhouse w/ 1st flr master  
**\$240,000**



**GOLF & POND VIEWS!**  
Spectacular level building site looks onto pond & fairway  
**\$299,000**



**CLASSIC BEAUTY, NATURAL SETTING!**  
3BR, 2.5 BA w/ Bonus Room & Large Screened Porch  
**\$425,000**



**RESORT CONDOMINIUMS**  
1, 2, & 3 bedrooms available  
**\$175,500 - \$395,000**



**SPENCER'S GRANT HOMESITES**  
Feature wooded lots with privacy  
**PRICES START AT \$200,000**



Charlotte Jones



Jay Ponton



Carol Ball



Sandra Davis



John Enright



Lisa Gero



Sandra Beebe

**100 Kingsmill Rd. • Williamsburg, VA • 757-561-2722 • 800-392-0026**

This information is believed to be accurate. Recipients of this data should satisfy themselves as to the accuracy of the information that is important to them. Licensed to do business in the Commonwealth of Virginia. One of the Anheuser-Busch Companies.

leave nursing as he worried about a career path with such long hours.

Michael's empathetic nature and interest in the birthing process has been put to good use however in helping his wife through her first pregnancy. For him, the most important thing is making sure Helena is not too anxious about the situation.

"It's all a natural process, whether it's done through induction or through the natural process of the mother's body," he says. "There are always going to be bumps in the road, but in the end, the support of your spouse is what gets you through everything."

Michael also takes to heart the support he and Helena have received from not only their families, but from their circle of friends. "We have what amounts to a fortress of diapers, and I mean we could build a mini fortress out of them," he says jokingly of the gifts they've received. But for Michael, those diapers are from the same people

who provided his family with a bed, clothes and a car seat for this new addition to the world.

"A good community network to help support and raise a child is, I think, just as much a key as the parents and families themselves," he says. "They're just as excited for you and trying to help you."

"There are always going to be bumps in the road, but in the end, the support of your spouse is what gets you through everything."

~Michael Starnes

Advice has certainly been a plentiful resource for Michael and his wife as well. "Everybody is an expert," he says. "The main things most people tell me right now, is that I'm not going

to get any more sleep."

At the same time, Michael cautions expecting parents not to get too caught up in what they should or shouldn't be doing. "In a way, you have to learn to go with the flow, and realize that nobody's the same and no circumstance is ever going to be the same for every individual," he says.

By the time I followed up with Michael the following week, the marathon was over, and the life of his daughter, Virginia Marie Starnes, had begun. Michael expressed his appreciation for everything that was given to him and his wife over the past nine months - from the material gifts like the car seat to the literal time devoted by family and friends, to the time he received off from work.

Michael and Helena have since been taking shifts caring for Virginia in order to ensure the other has enough sleep. Happy, tired, relieved, Michael says: "I have a huge respect for mothers everywhere after this last week." NDN



## COMPASSIONATE CARE - Careful Consideration

Presented by Ed Golden, President

### Home Care Services

- Companionship
- Conversation
- Meal Preparation
- Laundry
- Light Housekeeping
- Grocery Shopping
- Errands
- Incidental Transportation
- Medication Reminders
- Grooming Guidance
- Personal Care
- Specialized Care

When choosing a home healthcare agency, there are a number of factors to consider: Are the healthcare aides a reasonable distance from your loved one so they can make timely visits? What do others say about the healthcare service? Are the aides available for 24 hour care if needed? Are they available on weekends and holidays? Be sure to find out about any accreditations and certifications the agency has, and inquire about the continuing education and evaluations for healthcare aides.

When services are needed for the homebound or elderly, COMFORT KEEPERS can provide a full range of professional home care with compassion and respect. We provide a wide range of home and personal care tailored to your specific needs. The quality of our service is due to the excellence of our caregivers. Find out more by calling us today.

For More Information Call  
**(757) 229-2777**



Comfort  
Keepers.

[www.comfortkeepers.com](http://www.comfortkeepers.com)

## MEGA AUTO SPA ONE YEAR ANNIVERSARY!



Family owned and operated by the Blanchards - Mark, Mathew & Allain

### NEW OPERATING HOURS

Monday - Saturday, 8am to 6:30pm

Sunday, 9am to 5pm

*Thank you for your support!*

- Interior & Exterior Wash
- Exterior Wash Only
- Extra Services:

Tire shining, Rain-X® body protectant, dash/console dressing, door cleaning & dressing, Siminize body gloss.

- Monthly Wash Club  
**FREE self vacuum with any wash!**

**5117 John Tyler Hwy.**  
(One block off Rt. 199)

**(757) 903-4448**



[www.MegaAutoSpa.com](http://www.MegaAutoSpa.com)



# STEVEN AND JADE MORRIS



Lisa W. Cumming Photography

# Foster Parenting

By Linda Phelps

“I let people know in advance that whoever they see me with at any given time, that is my family,” foster mom Jade Morris says firmly. “In our home, there are no ‘step,’ no ‘foster,’ no ‘adopted.’ They are all my children!”

Entering the foster care program is always a last resort for a child, occurring only when all their normal support systems have failed. The best interest of the child is always considered first, according to Jade and Steven Morris, but remaining or reuniting with their own family is usually the goal.

Sometimes foster children arrive at the Morris house in Williamsburg as a result of endangerment, neglect or abuse, or the parents may have gotten sick, died or were incarcerated, with no family member who could step forward to help. As fosters, Jade and Steven fill the gap. It’s not an easy job, but one for which they are well qualified. Steven and Jade are long-time parents themselves and have also taken classes in fostering,



*“From Concept... To Design... To Reality”*



*Patios*



*Walkways*



*Retaining Walls*



*Outdoor Kitchen & Fireplace*



*Gazebos & Pergolas*



*Ponds & Waterfalls*



*Landscape Maintenance*



*Landscape Design*



Call us at  
**757.564.7011**

**WilliamsLandscapeDesign.com**

## Your Source for Native Azaleas!



- Assorted colors
- Early, mid, late season varieties
- Large 3 gallon plants
- Wonderfully fragrant

Now Blooming!

[www.forestlanebotanicals.com](http://www.forestlanebotanicals.com)

**Forest Lane Botanicals**  
 104 Forest Lane, Williamsburg • 291-4899  
 Open Wednesday - Saturday, 10am - 4pm

## Look Better - Feel Better as a Fitness Together Client!

Privacy • Accountability • Motivation • Results!

**Buy Three Months, Get One FREE!**

New Clients Only. Expires 5/31/13



1 Client  
1 Trainer  
1 Goal™

4854 Longhill Rd., Suite 1A | **757-345-2246**

[www.FitnessTogether.com/Williamsburg](http://www.FitnessTogether.com/Williamsburg)



## I MUST SAY ANTIQUES ~ GIFTS ~ CARDS ~ WORDS



757-229-2755 • 423 Prince George St. • Mon.- Sat. 10 til 5

## Delicious Italian Dishes!



Bring your family and friends to enjoy great food and a warm, family atmosphere.

**From Pasta to Pizza and more!**

Gluten-free pasta and pizza available.



BEST OF Williamsburg 2021-D Richmond Rd. WINNER (Across from Yankee Candle)

[www.annasbrickoven.com](http://www.annasbrickoven.com) • Mon-Th: 11am - 10pm, Fri & Sat 11am - 11pm

Jade is a trained Court Appointed Special Advocate (CASA) volunteer as well. CASA volunteers are appointed by judges to watch over and advocate for individual abused or neglected children.

Because of the temporary nature of foster parenting, most people rarely get to enjoy the result of their work and nurturing. “Some plant the seed, others water, but God sees the increase,” Jade tells the people she co-trains to be foster parents through James City County Social Services. As natural, adoptive and foster parents, the Morris’ are the rare exceptions to this norm.

Even though she and Steven had a blended family of three growing girls and a busy life as members of the U.S. Air Force, Jade always knew she wanted to become a foster mother one day. After a long military career which took them around the world, Jade and Steven moved to Williamsburg, where Jade retired from the service in 2007, and Steven five years later. At last she was able to make her long-held dream come true. From the beginning, Jade was determined that every child who transitioned through their warm, inviting home would know that they would always have a piece of her heart, and if they chose, a place at their family table.

Creating and cherishing a big, dynamic family is particularly important to Jade. She has not only planted and watered as an adult, as a child, Jade was once a windblown seed in search of fertile ground.

“I was abandoned at birth by an addicted mother and grew up in a series of 18 different foster homes,” Jade shares. She successfully made it through the tough Oakland, California Social Services system by developing life skills that most kids never need. She came away from her childhood with the ability to stand back, observe and assess. As an adult, Jade can still enter a crowded room and quickly discern the character and motivation of everyone in it.

As she grew up, Jade did well in school and always knew that a good education was the key to her freedom. She never used drugs or missed a curfew, but when she was uncomfortable in a situation, she could also calculate exactly how to misbehave to assure she moved on.

When James City County Social Services has a child to place who is difficult to deal with – especially a rebellious teen who may lie, steal, or act out in anger, frustration and grief – Jade takes them on willingly.

“I lay down the ground rules and let them know I can’t be manipulated,” Jade says. “I tell them, ‘I’ve been there, done that, but I did it better.’”

There is security in strength, something important to a child whose life may have been rife with drama and desperate circumstances. These are kids who have been removed from their homes for good cause, and dependable daily structure may be a new experience for them. Jade and Steven provide an oasis, a safe haven of reliable calm. What is even more important than this, they give these children love.

“Soon after we became foster parents, Social Services called and asked if we would be willing to take a newborn, Methadone-addicted infant,” Jade remembers.

At four days old, straight from the hospital, little Makhala came to the

Morris home.

“For the first week, day or night, whenever she slept, it was on my chest,” Jade says. “That early bonding experience is crucial for a baby’s development.”

Jade, a researcher by nature, had scoured the Internet to learn all the symptoms of Methadone withdrawal and was expecting fussiness and problems with feeding and sleeping, but the baby seemed to thrive under their tender care. The birth mother and father gave up their parental rights and surrendered her for adoption months later.

“By then,” Jade says, “that baby was a part of our family, and we all agreed that she needed to stay forever.” Social Services concurred, and when Makhala was 13 months old, the Morris’ formally adopted her.

“It wasn’t that Makhala needed us, but in the grand scheme of God’s vision, we needed her,” Steven says. “Makhala has immensely blessed our family and was the missing piece to our dynamic blend.”

A heartwarming yet fairly common story, you might think...until you meet the entire family. The Morris’ and their first three daughters are the rich mahogany brown of a freshly baked pecan pie, while Makhala is their a la mode - a scoop of vanilla ice cream adorning the top.

“I like that analogy!” Jade laughs, her dimples deepening. “We were the first African-American family in Virginia to adopt a Caucasian infant. When I researched it, I found out that our situation falls into the less than 1% category nationwide.”

Makhala, now 5, is a bright,



**LITERACY FOR LIFE**  
At the Rita Welsh Adult Learning Center

“Literacy for Life paired Miguel with a tutor who challenged him and encouraged him to challenge himself. He passed the GED and has enrolled in community college where he plans to pursue a degree in social work so he can go on to inspire others. Miguel said he always knew where he wanted to go in life, but it was Literacy for Life that showed him how to get there.”

- Lisa Krass, Literacy for Life  
Supporter, with Miguel Gray



**Do you know someone whose reading, writing or math skills are holding them back?**

## Here’s how you can help:

### 1. Spread the word.

If you know of someone who needs help with their literacy skills, tell them about Literacy for Life. Share the “tear off” below and help them set an appointment to start improving their future.

### 2. Volunteer.

If you have the time to help someone learn to read and write in English, please call us. Our need for tutors is great as we always have eager students who want to remove the barriers in their lives by improving their understanding of the English language.

- **English Literacy**  
Aprender Inglés
- **Community and Citizenship**  
Comunidad y Ciudadanía
- **Math Fundamentals**  
Aprender Matemáticas
- **Health Literacy**  
Educacion de Salud



**LITERACY FOR LIFE**  
At the Rita Welsh Adult Learning Center

**Call Today! (Llama hoy!)**  
**757-221-3325**

301 Monticello Avenue  
School of Education  
College of William and Mary  
<http://literacyforlife.org>

affectionate girl with absolutely no lingering signs of the circumstances surrounding her difficult birth and first days. Most of the time, Jade says, they go happily about their daily lives in Williamsburg without incident, but she sometimes grows weary of people who mistake her for Makhala's nanny or who feel free to comment on the unusual nature of their family.

"I may explain when people inquire nicely," Jade says, "but if Makhala is listening, I will often just tell them, 'I'm not going to discuss this now.'"

Unfortunately, Jade also has to deal with people who are downright rude. One particular incident in a local bookstore involved a man who was so disrespectful that an incensed employee who overheard inquired if Jade wanted them to ask him to leave. To avoid a potential scene that might upset her daughter, Jade declined. In the same store on another day, a group of siblings invited little Makhala to play at their table.

"Is that your mommy?" inquired the youngest of the group, indicating Jade.

"Yes," Makhala said.

"That's cool," the child replied nonchalantly.

Cool, indeed. In the Morris garden, a variety of seeds produces flowers of different hues, all pleasing to the eye. As Jade nurtures her diverse family, she remembers the days when she was a foster child, looking for a place to put down roots. She is grateful for each person along her journey that was kind to her.

"I call the people who helped or loved me my rams in the bushes," Jade says, referring to a Biblical account of Abraham. God provided a sacrificial substitute for his son, Isaac, at the crucial moment, a ram caught in a thicket.

"When I really needed one, God provided a substitute parent with a teacher who encouraged me, a neighbor who baked me cookies or taught me to fold a towel correctly, a godmother who loved and mentored me."

Most people feel they have a full plate with raising their own children, with no leftover emotional or physical energy to raise someone else's as well. Although foster parents do receive pay for their efforts, for the best of them it's

less of a job than a calling. If circumstances or temperament don't permit a commitment such as the Morris' to CASA or fostering, anyone can look for other ways in which to become a child's "ram" - a Random Adult Mentor.

"If I know of someone not in foster care who needs special attention, I'll ask if we can just hang out a couple of times and see how it goes," Jade says. "They always ask for more." She mentors them, teaching things she somehow learned, such as how to survive a less than ideal childhood, how to open a bank account, how to earn and budget money, what to look for in a future mate. A hug, some heartfelt praise, the knowledge that someone cares what happens to them: these are the ways in which Jade Morris passes along the things she was given on her bumpy road to adulthood.

Steven says, "Being foster parents has been the biggest blessing for our family. We've learned so much from the children who have been in our care and love them all dearly." He adds with a warm smile, "We were all meant for each other." NDN

## Whiter teeth without the dentist



SMILE  
WHITENING  
CENTER

**\$50**  
OFF CUSTOM  
WHITENING

**757-345-6693**

**hello@smilewhiteningcenters.com**

800 D, East Rochambeau Drive, Williamsburg  
Across from Lowes

## May is National Bedding Month!

*We invite you to learn more about  
our custom made mattresses...*



*Visit one of our showrooms and find out how  
we can give you a better night's sleep!*

**4500 John Tyler Highway • (757) 564-7378**

2014 Old Brick Rd., Glen Allen, VA • (804) 270-4395

**www.bedcraftersbymichelle.com**

**"SLEEPY PEOPLE COME TO BEDCRAFTERS."**

**GIVE US ONE NIGHT...WE'LL GIVE YOU A BETTER DAY! I PROMISE."**

# Building Confidence in Rookie Dads



Lisa W. Cumming Photography

By Brandy Centolanza

Dr. Jeff Carroll credits Rookie Dads, a program for expectant fathers provided through Child Development Resources (CDR), with instilling confidence in him as

a father to his two adopted boys, Michael, who is seven, and ten-month-old Peter Joseph.

Jeff, who is an assistant principal at Lafayette High School, stumbled upon the program during an Internet research for support in prepara-

tion of Peter Joseph's birth.

"I had never been around infants before in my life and I was getting nervous about being with a baby," Jeff recalls. Jeff and his wife, Kristin, made their eldest son, Michael, a part of their family when he was five-years-old.

Jeff signed up for Rookie Dads, which offers free monthly classes for men to teach them about the basics of car-

ing for a newborn. Through the program, Jeff brushed up on infant feeding, diapering, bathing and sleeping techniques. Class participants practice on dolls, watch videos, and receive a diaper bag filled with useful and educational items.

*Celebrating 25 Years • 1988-2013!*

GENERAL CONTRACTOR



757-565-1725

MICHAEL J. HIPPLE  
BUILDER, INC.

**You Can Build on Our Reputation.**

WWW.MJHBUILDER.COM

## Is Your Life in Transition?



*I can help you through these challenging times...*



- Downsizing, Packing and Moving
- Home Clean-outs, Estate Sales and more!

(757) 784-7764 • www.WilliamsburgEstate.com • Laura Kinsman

# With life insurance, the benefits live on.

## There are also benefits now.

Let us show you how a life insurance policy can be a handy resource for more immediate family needs, like helping to pay for college.

**We put the life back in life insurance.™ CONTACT AN AGENT TODAY.**



**David Sisk, Agent**  
1318 Jamestown Road  
Williamsburg, VA 23185  
Bus: 757-229-2961  
david.sisk.bv60@statefarm.com



**Bill Ward, Agent**  
1003 Richmond Road  
Williamsburg, VA 23185  
Bus: 757-229-9615  
bill.ward.bv45@statefarm.com



**Carol Simmons, Agent**  
4732 Longhill Rd Ste 3102  
Williamsburg, VA 23188  
Bus: 757-565-0984  
carol.simmons.bv33@statefarm.com



**David B Borland, Agent**  
1490 Quarterpath Road Suite 5D  
Williamsburg, VA 23185  
Bus: 757-564-9050  
david.borland.tp08@statefarm.com



**Dwight Beamon Ins Agcy Inc**  
Dwight Beamon, Agent  
7432 Richmond Rd  
Norfolk, VA 23127  
Bus: 757-564-9167



State Farm Life Insurance Company (Not licensed in MA, NY or WI)  
State Farm Life and Accident Assurance Company (Licensed in NY and WI)  
Bloomington, IL

1311020

“The bag came with a little rattle that is still one of Peter Joseph’s favorite toys,” Jeff says. “I like the program because it was very hands-on. It was very beneficial. Rookie Dads definitely helped me feel better prepared when Peter Joseph was first born.”

Now that Peter Joseph is older, Jeff has moved on to Rookie Dads Plus, a program that provides playgroups, discussion groups, developmental screenings, home visits and other resources for graduates of Rookie Dads.

The playgroups are designed for father-child interaction and include story time, singing and other activities. Dads not only have the opportunity to bond with their kids but with other parents in the group as well. “It’s taught me how to be silly with my kids,” Jeff says. “Sitting on the floor singing *The Wheels on the Bus* doesn’t come naturally to me, so doing it with other dads is not as intimidating. There is a lot of support from the other parents.”

Jeff also receives home visits from a fatherhood consultant at CDR, who suggests games or activities that will help stimulate Peter Joseph and help him grow. CDR also provides developmental screenings for children, and services and resources for those children who may be experiencing any developmental delays.

“Being a part of all of this has really made a difference for us,” Jeff adds. He and Kristin are also involved with Parents As Teachers, another CDR support program.

In addition, Jeff partakes in another dads’ playgroup through Virginia Cooperative Extension (VCE) Family Focus. He brings both of his children to the group one Monday a month.

“We call it our ‘Boys Night Out,’” Jeff says. “It’s awesome because it also helps give my wife a break, and that’s just as important as what I am doing there with the kids. It’s been fun doing stuff like this with the kids, just the three of us.”

During this playgroup, fathers enjoy dinner and some fun with their kids, as well as group discussions on various parenting topics, such as discipline, sibling rivalry, homework or other issues that participants are experiencing.

“It’s nice to know that you aren’t the only one going through the struggles and challenges of being a good dad,” Jeff states.

Parenting has been challenging, particularly the lack of sleep, but Jeff relishes the time he spends with both of his boys.

“I’m really starting to feel comfortable caring for Peter Joseph, playing with him, and interacting with him in a way that makes him feel safe,” Jeff says. “Rookie Dads has really helped me build up my confidence. Now, I’ll take the kids anywhere with me and not think twice about it. It’s awesome. I love being a dad. I don’t know how to describe it. It’s just better than I could have ever imagined it would be.”

Beyond the playgroups, Jeff and his sons like to ride bikes and spend Sunday afternoons playing in the pool at James City Recreation Center. His nightly routine is giving Peter Joseph his last feeding before bedtime, and then they listen to lullabies performed by rock bands, including Guns N’ Roses.

“It’s funny because I can feel masculine while I am feeding him,” Jeff says with a laugh. “I really enjoy it. He looks to me to hold him and help

him settle down for the night, and it's just a special time for us."

Jeff enjoys bonding moments with Michael as well. Both Jeff and his oldest son recently participated in Lafayette High School's spring musical production of *Happy Days*.

"That was really great," Jeff says with pride. "Everyone was really great with him, and it will be a good memory for us of sharing that time together. It was nice to be able to do something like that, just the two of us. Everyone here at Lafayette is very supportive."

Jeff is looking forward to experiencing milestones with both boys. Peter Joseph just started walking, and Michael is tall enough to ride a few of the roller coasters at Busch Gardens.

"I'm definitely looking forward to discovering new things with each of them," Jeff shares. "I'm looking forward to Michael being tall enough to ride Apollo's Chariot. We both like the roller coasters."

Jeff cherishes the time he has with his sons.

"I'm very invested," he says. "I've waited a long time to be a father, so I like to spend as much time as I can with them, whether it is just the three of us or all four of us together as a family."

Jeff continues, "Parenting has taught me patience, and has really made me focus on what is really important, and to prioritize things. I used to always iron my shirt before I had kids, but it doesn't happen anymore. Now I am making decisions that are best for our family and our children."

As for the Rookie Dads program, "I would definitely recommend it," Jeff says. "It has really made a huge difference in the dad that I currently am." NDN

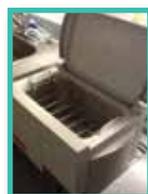
# Germ Concern?

## How We Sterilize at Stensland Dental

This month, an oral surgeon in the Midwest made the national news for potentially contaminating several thousand patients and putting them at risk for HIV and Hepatitis exposure. Basic OSHA protocols were ignored and it called into question what other dentists do to protect their patients from these hazards. At Stensland Dental Studio, we take your health and safety very seriously. An overview of our sterilization process is displayed below, but for a more in-depth explanation, please read the article we posted on our website: <http://www.mywilliamsburgdentist.com/sterilization/>

### Autoclave

We perform a monthly test to check the efficacy of our autoclave, the machine we use to sterilize our instruments and kits. A vial filled with hard to kill bacteria is sterilized and allowed to incubate with a control for 24 hours. The yellow vial was purple and turned yellow when the autoclave killed these bacteria. The yellow vial on the right shows we have an effective autoclave. The results are then recorded in our logbook.



### Ultrasonic Cleaner

Every instrument and kit is placed in an ultrasonic cleaner with disinfectant that helps remove any gross debris. This ultrasonic cleaner is emptied and cleaned daily.



### Labeling

Every kit is removed from the ultrasonic, dried, wrapped in blue paper, sealed and labeled with a special masking tape. The masking tape is beige before it runs through the autoclave. After the kit is cleaned, the masking tape develops black stripes that show that the machine reached the desired temperature. There are other paper indicators that we place in every kit that give us even more feedback that the instruments have been appropriately sterilized.



Every needle, used drill bit that can't be sterilized, or broken instrument is placed into a sharp's container that is professionally removed from the office quarterly.



### Disinfectants

Cabinets, lights, chairs, xray sensors, and curing lights are wiped down after every patient with OPTIM 33TB wipes and Lysol.

We would be glad to give you a tour or answer any additional questions regarding this topic. We are still accepting new patients and if you feel this is an environment your friends and family would appreciate, have them call us at 757-645-4055.

LOCATED IN NEW TOWN  
5372 Discovery Park Blvd  
Williamsburg, VA

**STENSLAND**  
**DENTAL**  
S T U D I O

**757-645-4055**

**[www.MyWilliamsburgDentist.com](http://www.MyWilliamsburgDentist.com)**

Does it take longer to dry your clothes than normal?

**\$10 off**

Reg. Cleaning \$99  
**\$89 with coupon!**  
 Expires 5/23/13

It may be time for professional  
**Dryer Vent Cleaning**

10 Years Experience Cleaning  
 Dryer Vents and Lint Traps.

**Call Today!**

**(757) 903-3130**

LICENSED **Restore** INSURED

**Reduce your drying time and chance of a fire!**

Visit us at: [www.WilliamsburgDryerVentCleaning.com](http://www.WilliamsburgDryerVentCleaning.com)

**“Our only focus is managing your home.”** ~ Baylee Wang, Principal Broker

That's because we offer only property management services - *not* sales. You can rely on our high standards for managing your biggest investment. Give us a call today!



Each office is independently owned and operated.

THE LARGEST RESIDENTIAL PROPERTY MANAGEMENT COMPANY IN THE UNITED STATES

5388 Discovery Park Blvd., Suite 250 • 757-251-9188 • [www.rpmvapeinsula.com](http://www.rpmvapeinsula.com)

**LINWOOD AND GWEN PERKINS**



Lisa W. Cumming Photography

**RUNNING A TIGHT SHIP**

By Ryan Jones

*“Cast your nets on the right side of the ship, and you will find.”*

~John 21:6 KJV

When a particularly destructive storm bears down on a military seaport, fleet commanders respond by launching their ships out to sea to escape the pending danger. Boats that are undergoing construction or are too small to survive on the open ocean are moored against sturdier structures like wharves, piers or fleet moorings to protect them against the wind and rain.<sup>1</sup>

Former naval officer and long-time family man, Lin Perkins, believes this military protocol for safeguarding maritime vessels is also a good template for raising successful families. In his mind, there is an urgent

There's Only One  
**BEST STEAK**  
 In Any Town



757-645-4779 [opus9steakhouse.com](http://opus9steakhouse.com)

\* NOT VALID WITH 10 FOR \$10, RECESSION FIGHTER, RESTAURANT MONTH, SUNDAY SPECIAL OR OTHER PROMOTIONS. NOT VALID ON MAY 10, 11, AND 12. Expires 5/31/13.

Please present this ad to receive  
**10% OFF**  
 your full price Lunch or Dinner Entree\*

need for parents and grandparents to stand fast against the squalls of modern life. Younger generations, he says, need the stabilizing influence of good family values to shore them up and help them find their faith, which can be the difference between sinking, listing and lasting on the sea of life.

“You can’t take your influence away from your children,” he says. “I don’t care if they live to be 70 and you live to be 90. You never lose your impact. They need a mooring to tie up to. They may not say it, but they need it. I think the single most important thing a parent can do for their child is to model what that child should be as far as character, values, honesty and integrity. We’ve tried to do that. Our faith has played a huge part in that; it’s the center of it. It’s just the way we were created and shaped, and I believe that kind of influence passes on from generation to generation.”

Lin is lucky enough to be connected to three generations of faith and family here in Williamsburg. His roots in the area stretch back to the 1960s when he was a student at the College of William and Mary. There, he met his bride, Gwen. After they were married in the Williamsburg Baptist Church, the couple moved to Norfolk and cast their proverbial net into the water to see what providence had in store for them. Soon, they were raising two children - Gwen (named after her mom) and John. While living on the Southside, the two parents became involved in Christian education, a tool they believe has great potential to steer today’s youth in a positive direction. In 1996, Lin and Gwen found their way back to Williamsburg as part-time residents, splitting time between their home in Williamsburg Landing and their farm in Isle of Wight County. With them, they brought their passion for Christian education, which has encouraged them to take an active interest in the happenings of Williamsburg Christian Academy.

“Williamsburg has always been home to Gwen and me because we met here and we married here,” Lin says. “Both of our children went to William and Mary, and both have done well. Our daughter taught at Williamsburg Christian Academy (WCA) for ten years and then became head of school. Our son is a businessman and has been the athletic director at WCA for ten years. He recently decided to step away from that role and coach girls’ basketball instead. As a result, Gwen and I are immersed in basketball because John lives and breathes it. He has from the time he was a child. Gwen (a former high school and college basketball player) used to shoot the ball with him out back, and I guess it caught on.”

Looking back, Lin reminisces about spending time with his grandchildren out on his farm, but laments those seasons with the kids are passing all too quickly.

“The grandkids have grown up,” he says. “We have one of our grandchildren at Liberty University, three that have graduated, a grandson who married a young lady who got her pharmaceutical doctorate from VCU (Virginia Commonwealth University). They live in California; she’s an Air Force officer, and he’s a pastor. We also have a granddaughter that lives in New Kent County. She’s our oldest grandchild, and she has two little girls; one is a preschooler and the other one is in second grade. They

# Coming Soon!

**Roberts Furniture & Mattress is opening a new location at 3032 Richmond Rd.**



Watch for Our Opening!

## Your Full Service Family Furniture Store

Serving Hampton Roads since 1960 with locations in Hampton, Newport News, Gloucester, and Winchester and

**Now in Williamsburg!**



**Guaranteed Lowest Price on Merchandise!**

**Now You Can Get High Quality Furniture at Affordable Prices!**

**LIVING ROOM • BEDROOM • DINING ROOM  
HOME ENTERTAINMENT • MATTRESSES**

**Grand Opening Special!**

**Cherry Poster Bed  
Only  
\$499**



**Our service is second to none. Stop by and see why we want to earn your business!**

**All the Quality Brands You Trust!**

Ashley Furniture • Best Home Furnishings • Broyhill  
• Simmons Upholstery • Vaughan-Bassett and more!



**3032 Richmond Rd. (Formerly Ethan Allen)**

6750 Main Street 2238 Valley Ave. 3012 West Mercury Blvd 465 Denbigh Blvd.  
Gloucester, VA Winchester, VA Hampton, VA Newport News, VA

We have several financial institutions to qualify you for your purchase with low interest rates.

[www.robertsfurniture.com](http://www.robertsfurniture.com)

**757-345-6155**



# After 90 years, our story still begins *with you.*



## Stepping Up

Old Point acts fast,  
assisting The Arc of  
the Virginia Peninsula

When The Arc of the Virginia Peninsula found themselves without a roof, Old Point stepped in to help them find and finance a new headquarters.

Join us in celebrating the next 90 years of  
*Community Banking at its Best.*



**OldPoint.com**  
**757.728.1200**



©2013 Old Point National Bank  
Member FDIC

are families of character. The younger grandchildren struggle with a different set of values today with what is going on in the world, but they hold true to their Christian values.”

Despite the challenges such a responsibility might pose, Lin says his family’s commitment to living in harmony with high moral standards has been their impetus for finding fulfillment in life.

“We’re old-fashioned,” he says, laughing. “You’re talking to old-fashioned people. Our kids grew up during the Vietnam era. There was a lot of commotion and turmoil and rebellion in the streets and that type of thing, so we had to deal with some of that. The world was changing at that time. I was a naval officer, so to use their terminology: we ran a pretty tight ship. We always held the course of keeping a standard for our children. Today, there are a lot more distractions. One of the biggest distractions is the digital media we carry around. It’s hard to have a conversation with your grandchildren because they’ve got their face on the screen of an iPod or an Android phone. It’s a huge distraction. The art of conversation is beginning to be affected and diminished greatly. To set a child down and just kick back and tell stories is difficult because they’re married to these gadgets.”

Lin says that, if we let them, the myriad of seemingly harmless distractions we pile high on our plates can lead to a sense of dissatisfaction.

“The challenges for kids today are tied up in everything the world has to offer - having the right shoes, the right clothes - all of that is dramatically more pronounced than it was when our children or even our grandchildren were growing up. It’s a real challenge today to be a parent. In our opinion, if you do it God’s way, it works. If you do it the world’s way, you’re going to head into a big storm.”

Rain, sleet or shine, Lin says that honoring commitments will always be the heart of his family’s faith.

“We place great value on the institution of marriage,” he says. “My son has been married to the same lady for close to 22 years. Our daughter and son-in-law have been married for over 30 years. We counseled them both before they got married and told them they were committing to one another for a lifetime. In our family, we’ve always said that divorce is not an option. When you get married you are committed under God to hold the course – win, lose, draw, good times, bad times. That’s what the oath is all about, and it works if you do it that way. It works.”

Talking with the Perkins leaves little doubt that they have strong opinions about the course a life should take, but, when you look at the results of their faith, their position is hard to challenge. Recently, Lin and Gwen celebrated their 60th wedding anniversary at the Landing - a one-hundred fifty person celebration hosted by their children. Their celebration of six decades of marriage is a strong testament that they have cast their nets on the right side of the boat to find peace in a troubled world.

“So far, so good,” Lin says. “We believe very much in the providence of God in things. In our family, it’s unquestionably the truth. We believe God has engineered our circumstances from front to back. It’s been a real adventure. It really has. The results turned out well.” NDN

[dtic.mil/dtic/tr/fulltext/u2/a363085.pdf](http://dtic.mil/dtic/tr/fulltext/u2/a363085.pdf)

# The Joy of Being Grandparents

By Rebecca Smith



Lisa W. Cumming Photography

Kent and Doris Gray are the epitome of loving grandparents, thoroughly enjoying any time they can get with their thirteen-year-old grandson, Carter, and their ten-year-old granddaughter, Louise. However, the effort in making sure their family is close didn't happen overnight; Kent and Doris attribute their grandchildren's strong family values and

affection to the years the couple spent passing on the same lessons and values to their children, who are now passing them on to the next generation.

Kent and Doris began their family in the midst of Kent's military service, so remaining physically close to extended family was a challenge; however, they placed a heavy importance on keeping their son, Chad, and their daughter, Monica, very close to their grandparents.

"When they were younger, we would send

**ACE** Family Owned and Operated  
PENINSULA HARDWARE Serving the Area for Over 60 years

**The Helpful Place Just Got More Helpful!**  
Ace Rewards Members Get Instant Rebate Savings Right In the Store!

**INSTANT SAVINGS!**  
Ace Rewards Members Get Instant Rebate Savings Right In the Store!

**FOUR LOCATIONS TO SERVE YOU!**

- Williamsburg Shopping Center  
1230 Richmond Rd. (757) 229-1900
- Newport News  
12490 Warwick Blvd. (757) 594-9890
- Gov's Green Shopping Center  
4511 John Tyler Hwy. (757) 220-9362
- Hampton  
2098 Nickerson Blvd. (757) 850-0544

www.acepeninsulahardware.com **OPEN MON - SAT 7:30AM - 8PM • SUN 9AM - 5PM**

**CAKES by TAWANDA**

*Custom cakes for any occasion!*

**TRY OUR CUSTOM CAKE POPS!**

7191 Richmond Rd., Suite B • [www.cakesbytawanda.com](http://www.cakesbytawanda.com)  
**757-345-2440** • clients by appointment

them back to Indiana for a couple of weeks to be with their grandparents,” Doris says, “because we felt like they would be missing a lot.”

The same familial closeness was instilled in all aspects of their life as a family, not just on trips to see the grandparents. Kent and Doris made the effort to ensure that their family ate dinner together every night, that they spent special times together baking cookies for their children’s friends at school, that they celebrated every holiday together as a family, and that they even went out on the town as a family once a week.

Doris recollects, “I remember Friday night was always our night to go out. We would always go out for pizza no matter where we lived.”

Kent thinks back on the lack of technology as having enhanced their time spent together as a family: “There was no interference with social media ... so things were pretty good. There didn’t seem to be a communication gap between us.”

Even with the increased prevalence of tech-

nology and social media, Kent and Doris see some great improvements in the way their daughter and son-in-law parent when comparing their days of parenting. “We both worked full-time, and we were out of the house,” Kent says. “Our kids had a lot more responsibility because we were gone.”

Their daughter and son in-law, on the other hand, are able to be much more involved because of their flexible work schedules. This added time with their children allows the family to be even closer, partaking in biking, sports and other outdoor fun together. Kent and Doris are quite proud of their family’s closeness being passed on to future generations.

Even though both Kent and Doris agree that it is “awesome” and “wonderful” having grandchildren, they admit it was difficult for them to step back and allow their daughter and her husband to begin parenting on their own. “It was a little harder,” Kent says, “because we are really close to them. We probably were overly involved at times. Instead of stepping back, we sometimes would interject when

we shouldn’t have.”

They are still occasionally asked for opinions, but as the grandchildren have grown up, the couple focuses on simply enjoying every minute they have with their grandchildren. Kent and Doris maintain daily contact with their daughter’s family, and stay involved with their grandchildren by calling, emailing, or even texting them, and attending various milestones and events that Carter and Louise are involved in.

“The best thing about being a grandparent,” Kent says, “is watching your grandchildren growing up and achieving and meeting expectations in school and their activities.”

“I think seeing them work at a goal, and at such a young age being committed to something and really coming through and proving themselves, is so rewarding as a grandparent. I love it!” Doris adds.

They make sure they are present at the many events Carter and Louise are involved in by keeping a detailed running calendar of the children’s activities. Both grandchildren gush

## Entertain With Style!

Graduation • Weddings • Mother’s Day • Memorial Day



As always, we will meet or beat any competitor’s price!

The Finest Outdoor Furnishings, Accessories and Grills on the Peninsula!



Enhance Your Home With Top Name Brands!

1480-2C Quarterpath Rd.  
(Next to Harris Teeter)

**757-221-8070**

Open Mon. - Sat 10:30 - 6, Sun 11 - 3

Accepting All Credit Cards

Just for  
**MOM!**



Mother’s Day  
is May 12th

**schmidt's**  
*flowers & accessories*  
A Williamsburg Tradition Since 1939

6596 Richmond Rd. • (757) 229-1665 • [www.schmidtsflowers.net](http://www.schmidtsflowers.net)

with appreciation through the hugs and kisses shared after an achievement and the numerous thoughtful thank-you notes.

“I also think it is important to see how they provide us such great feedback. It is wonderful to feel that connection you have to your grandchildren,” Kent says.

Doris wholeheartedly agrees, saying, “We really have some special grandchildren. They are complimentary, they are thoughtful, they send thank you notes, they are great!”

Along with staying involved in the children’s activities and events, Kent and Doris also enjoy having their grandchildren visit the couple’s water-front home, where they go boating, swimming and fishing together and even put on crab races. Doris says the races are the most enjoyable aspect of it all because the children bring their friends, and each child waits patiently to catch a crab with a chicken leg on a string before the children paint numbers on the crabs’ backs and race them down the pier.

However, fun times at Grammy’s and Pop’s aren’t restricted to the summer. The children also frequently come to spend the night and

make cookies and watch James Bond movies. Doris and the grandchildren even have their own book club, regularly sharing books they think each other would enjoy. At the end of their time together, Doris gathers up all of her pictures and makes little videos with captions and music using SmileBox, which she eagerly emails out to friends and family to share the fun and joy of Carter and Louise’s latest visit.

As for spoiling the grandchildren, Kent and Doris do their part, but they teach them moderation as well. They make sure that the spoiling happens within Carter and Louise’s needs, much like how they parented their own children. Teaching “value” to children, whether in objects or family time or communication, Kent and Doris continue to pass down important morals through the generations.

Being grandparents and simply enjoying fun times spent with their grandchildren is what keep Kent and Doris going, and in the process, they are leaving amazing memories of love, family and fun that both Carter and Louise will carry with them for the rest of their lives. NDN

# Next Door Neighbors

Publisher.....Meredith Collins  
 Editor.....Greg Lilly *greglilly@cox.net*  
 Copy Editors.....Al White, Ginger White  
 Photographer.....Lisa Cumming  
 Graphic Designer...Sue Etherton, Lara Eckerman  
 Account Manager.....Anne Conkling

## Writers

Linda Landreth Phelps, Rachel Sapin,  
 Brandy Centolanza, Sandy Rotermund,  
 Alison Johnson, Ryan Jones, Lillian Stevens,  
 Erin Zagursky, Erin Kelly, Narielle Living,  
 Natalie Miller-Moore, Rebecca Smith  
 Susannah Livingston

## Advertising Information

**Meredith Collins**

(757) 560-3235

meredith@williamsburgneighbors.com

*www.WilliamsburgNeighbors.com*

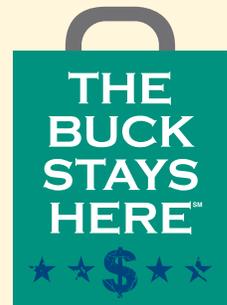
*Next Door Neighbors* is a monthly, direct-mailed magazine serving the residents of the Williamsburg area.

Circulation: 37,751



PO Box 5152, Williamsburg, VA 23188

# Live. Shop. Bank.



## Make Every Day Shop Local Day.

Chesapeake Bank, the Greater Williamsburg Chamber and Tourism Alliance<sup>SM</sup> and area businesses are promoting Shop Local. Because when the buck stays here, we recirculate money in our community, creating a stronger and more prosperous economy. Demonstrate your support for this initiative every day by patronizing local businesses displaying The Buck Stays Here<sup>SM</sup> decal and the Williamsburg Farmers Market on Merchants Square, the essential shop local experience.

Find the latest Shop Local information at [blog.chesbank.com](http://blog.chesbank.com).

**CHESAPEAKE BANK** + You  
 IT'S ALL ABOUT COMMUNITY.<sup>SM</sup>

**LAFAYETTE**  
 1229 Lafayette Street  
 757-253-9080

**FIVE FORKS**  
 4492 John Tyler Highway  
 757-221-7001

**LIGHTFOOT**  
 6619 Richmond Road  
 757-565-1199

**PATRIOTS COLONY**  
 6000 Patriots Colony Drive  
 757-941-3353

**WILLIAMSBURG LANDING**  
 5700 Williamsburg Landing Drive  
 757-259-0760

# CHRIS AND MINDY GODDIN



Lisa W. Cumming Photography

## CREATING A FAMILY

By Narielle Living

*Not flesh of my flesh, nor bone of my bone, but still miraculously my own. Never forget for a single minute, you didn't grow under my heart – but in it.*

– Fleur Conkling Heylinger

Marcel and Connor are preschool age children who happen to be biracial. Their parents are white. “When people come up to me and say something like, ‘where did they get that head of curly hair?’ I always tell them they got it from their father,” Mindy Goddin says,

laughing. “It’s the truth.”

Chris and Mindy Goddin were foster parents to Marcel when he was one year old, and eventually adopted him. When Marcel’s biological mother became pregnant again, Chris and Mindy were given the opportunity to

**Celebrate Mother's Day  
Without all the Work!**

**Catering Available!**  
Party Platters & Dessert Trays

**10%  
OFF**

Good thru 5/31/13



**10%  
OFF**

Good thru 5/31/13

5251 John Tyler Hwy.  
Williamsburg Crossing

**We Make  
it Fresh!**

[www.florimontes.com](http://www.florimontes.com)  
**757.253.2266**

**Your Solution for  
Graduations, Parties  
& Picnics!**

Select from Our Delicious Salads, Hot  
or Cold Buffet Items & Pastry Trays

**HOT WATER HEATERS**

**Installation & Servicing All Brands!**

**6 Year “no hassle” Warranty  
with Annual Flush**

Gas, Electric and Tankless



**Professional Plumbing Services**

**757-566-2240**

Repair, Remodel, Construction & Gas  
[www.profplumbservices.com](http://www.profplumbservices.com)

**FREE  
Estimates!**

adopt the baby as well. "It made perfect sense to grow our family, and of course we wanted Marcel to have his brother in his life," Mindy says. The decision to pursue the process of fostering children came after careful consideration of other options. The Goddins explored the idea of adopting children from other countries, but decided this was not the right thing for them to do. "There are so many kids in the United States that need homes, we decided to look in this area," Mindy says.

When they looked into local adoptions, they learned they could participate in the foster program, which can lead to a placement resulting in adoption. The foster system in Virginia places children in need in foster homes. Although the ultimate goal is reunification with the birth family, sometimes that is simply not possible.

"With the foster system, adoption is not the primary goal," Mindy says. "Reunification is what they are trying to do. But unfortunately, sometimes people simply don't have the right life skills to handle parenting, so placing the children back into the home is not possible." Mindy and Chris agree - there are lots of sad stories of children who were removed from homes. They insist there are lots of success stories as well, and sometimes all a parent needs is life skills classes in order to become a successful parent.

Chris and Mindy have lived in the Williamsburg area for ten years. He is originally from Poquoson, and she is from New Jersey. With relatives in Hampton, Newport News and Poquoson, living in Williamsburg is ideal for the Goddins. "It's quiet here, and this location is closer to where I used to work in Richmond," Chris says. "It's ironic, because years ago my in-laws built a home a few streets over from here. Back then I thought it was an incredibly desolate place to live. And here we are, in the same neighborhood. We love it here."

Working with the James City County Department of Social Services was a positive experience for both Chris and Mindy. The Goddins decided to work with them after looking at other adoption agencies in Virginia. "There are lots of agencies that handle adoptions," Mindy says. "But we didn't want to run the risk of working with someone and having the mother change her mind."

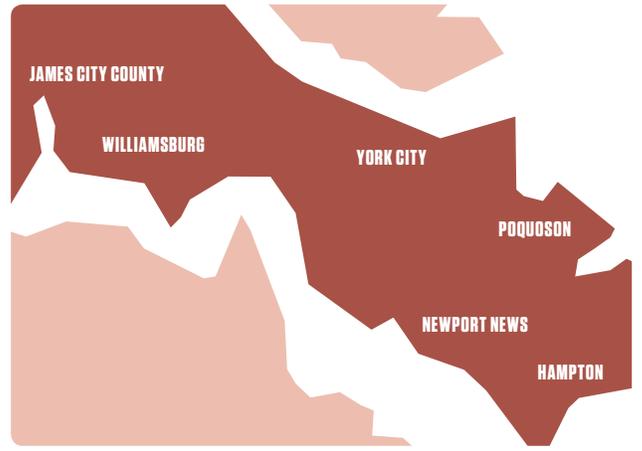
According to the Goddins, they met some wonderful people during their foster experience. Prior to becoming a foster parent, every person must take classes, fill out a myriad of forms and have a social worker visit the home. Chris and Mindy agree that James City County social workers made this a positive experience for them. "You meet a range of great people, and everyone is there to help the children," Mindy says. "It's all about the kids, which is how it should be."

Because they have formally adopted Marcel and Connor, the Goddin's case file is officially closed. However, both Chris and Mindy agree that if they ever needed anything for themselves or the boys the social workers would not hesitate to assist them. "Our file is technically inactive, but James City County still communicates with us," Chris says.

The Goddins also keep in touch with the boys' birth parents, and they send pictures and updates to the birth family. "I think of them as extended family," Mindy says. "The more people that the kids have in



# WHERE DO YOUR BANKING DOLLARS GO?



If you bank with Virginia Company Bank, your money stays on the Peninsula.

**HERE'S HOW**

- Re-invest **\$100,664,827** in loans locally
- Support **243** local businesses that employ over **5,000** workers
- Contracts with **148** local businesses
- 2,280 HRS** volunteered to local community non-profits

**VISIT US TODAY** to find out how Virginia Company Bank supports the Peninsula.

- NEWPORT NEWS BANKING OFFICE IN CITY CENTER**  
11801 Merchants Walk • Newport News, VA 23606 • (757) 327-0150
- WILLIAMSBURG BANKING OFFICE IN HIGH STREET**  
1430 Building 12 High Street • Williamsburg, VA 23185 • (757) 206-1904
- HAMPTON BANKING OFFICE IN COLISEUM CENTRAL**  
2198 Coliseum Drive • Hampton, VA 23666 • (757) 224-4300

**It Doesn't Get Any Fresher Than This!**



**10% off Entree!\***

**Catch the Freshest Fish at**

**GIUSEPPE'S**  
ITALIAN RESTAURANT

5525 Olde Towne Rd. • Williamsburg • (757) 565-1977 • www.Giuseppes.com

\*with coupon. Offer good for lunch or dinner. Limit one coupon per person. Not valid with other offers. Excludes gratuity, tax & alcohol. Exp. 5/31/13.

**CALL MIKE ROCK**

**Nationwide®**  
On Your Side

When is the last time you reviewed your homeowners insurance? We've got you covered!

**(757) 564-8900**



**Mike Rock**

1303 Jamestown Rd. Unit 119 • rockm1@nationwide.com  
Auto • Home • Life • Business

©2008 Nationwide Mutual Insurance Company and Affiliated Companies. Nationwide Life Insurance Company. Home office: Columbus, Ohio 43215-2220. Nationwide, the Nationwide Framemark and On Your Side are service marks of Nationwide Mutual Insurance Company. Not available in all states. We offer non-Nationwide homeowners insurance products only in FL.

**Capitol**  
GRANITE Premium Custom Countertops

**Granite**  
Kitchen Countertops



**\$49/ft<sup>2</sup>**

Your choice of 12 in-stock granite colors and 3 standard edge profiles.

This special offer ends April 30. Call today to get started on your free estimate!

**(757)221-0040**

Capitol Granite // 5810-E Mooretown Rd, Williamsburg, VA 23188  
Showroom: M-F, 8am-5pm & Sat, 9am-1pm // capitolgranite.net

their lives the better it is for them. There are too many kids out there with no family at all." Chris and Mindy agree that when the boys are older it will be their decision as to whether or not to pursue a relationship with their birth family.

Once they were approved for foster care, Chris and Mindy began taking in foster children. "We had three children, prior to the boys," Chris says. He encourages people to participate in the foster program. "I think lots of people avoid fostering children, because the reality is that the child could leave your home at any time," he says. "That's difficult, because you get attached to the kids." He goes on to say that James City County is candid about the reunification process and provides assistance to help foster parents work through issues they may have when it is time for the child to be placed back with the birth family. Both Chris and Mindy agree, fostering children is one of the best things they've done in their lives, and it is something more people should consider.

As far as advice for parenting, Mindy offers this: be patient. "It takes lots of patience to parent a child. Sometimes it's easy to get caught up in all the things you have to do, not the things you want to do. You have to make time to do the fun stuff, too, because the kids are only going to be this age once."

Chris agrees. "It's easy to get caught up in work and taking care of the house, but I try to do something fun with them at least once a week. Usually that's at the car wash," he says, laughing. "They love going to the car wash, and even though I only take them once a week it's a memory and experience we can share."

Like so many other first-time parents, the difficult part of parenting for both Mindy and Chris was the adjustment to a different lifestyle. "I was 43 years old when we got Marcel," Chris says. "It was a big change for us. We used to foster pets, and then we had a child to take care of... it was a whole different world."

The children are in preschool now, and the Goddins try to maintain some of the structure from school in the kids' lives. "We help them practice using scissors, writing their name, that sort of thing," Mindy says. "We also spend time doing arts and crafts, things like that. We try to reinforce what they are learning in school."

For Chris and Mindy, some of their parenting style is a reflection of how they were raised. "Not everything I do is how my parents raised me," Mindy says, "but some of it is. We have similar routines that I had as a kid, but things like 'time outs' were not something my parents had when I was growing up."

Chris and Mindy had lots of support from friends and family as they went through the foster and adoption process. The boys are doing well, clearly surrounded by a network of loving family and friends. "They are very energetic young boys," Chris says. And they both agree, adopting the boys and creating a family is one of the best things they have ever done.

"I wouldn't trade it for anything," Chris says. NDN

# Williamsburg Neighbors

Search. Learn. Share. Connect With Your Community.

"We have improved our website to help you learn more about your neighbors and your community. We invite you to visit [www.WilliamsburgNeighbors.com](http://www.WilliamsburgNeighbors.com) often as it grows and becomes a comprehensive resource for what's happening in our community.

This **NEW** website offers you advanced functionality that allows you to connect with others who call Williamsburg home. We have established departments to help you find out more about your community in the areas of Business, Non-Profit, Health and Wellness, Education and Government. You can **Search** individual members within these departments, **Learn** more about what they are doing in our community, **Share** your findings with others and truly **Connect with Your Community**.

By visiting this site regularly, you can become more informed about what is going on in your hometown. Search this website to learn about events and happenings that may be relevant to you and your family. Share your thoughts and ideas,

place free classified ads, post your favorite recipes, comment on things you read about and share your ideas with others. You can even "follow" your favorite business, non-profit organization or any other member of this site so you will receive timely updates about what they are doing.

[www.WilliamsburgNeighbors.com](http://www.WilliamsburgNeighbors.com) is a work in progress and we are just now getting started. As more people discover how to use this site to connect to others, the more everyone will experience the value of the site. We invite you to become part of this new endeavor by joining today!

We will bring you excerpts from this site each month to highlight some of the postings you and your neighbors are making.

Read on and ... **Search. Learn. Share. Connect with Your Community!**"

~ Greg Lilly, Editor

## [www.WilliamsburgNeighbors.com](http://www.WilliamsburgNeighbors.com)

### BUSINESS

#### • Bedcrafters by Michelle

Michelle has recently moved her custom mattress store, Bedcrafters by Michelle, to Courthouse Commons on Monticello Ave. Previously her store was located on John Tyler Highway at 5 Forks. She also has a mattress store in Short

Pump in Richmond.

#### • Fitness Together

Ever wonder why killing yourself in the weight room, buying the latest greatest diet book, or waking up early to get your morning run in may help you feel like you're getting in better shape - but still falls short? That's because you need the

right strength, cardio and nutrition approaches all working together. Our proprietary systems work in harmony, utilizing the most current science for a complete fitness solution.

#### • Collins Group, LLC

Williamsburg's *Next Door Neighbors* is a magazine for people who call Williamsburg home.

## Now You Can Lose Weight with a measurable and safe medical plan.

- Medically supervised weight loss program
- Full body composition analysis
- Program options to meet your individual needs
- Meal replacement and whole food options available
- Professional counseling



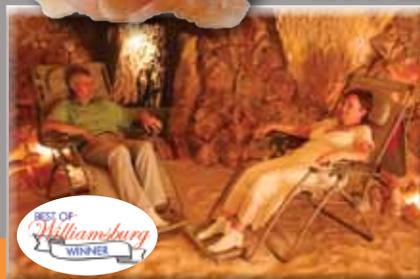
1-877-881-4143 [www.mdbethin.com](http://www.mdbethin.com)  
5424 Discovery Park Blvd., Suite 203



Marlene Capps, MD



## Spring Allergies Relief First Salt Spa on the East Coast



Salt Spa Sessions are Effective in Alleviating:

- allergies • asthma
- chronic respiratory tract illnesses
- cardiovascular diseases
- bronchitis • depression
- thyroid gland disorders
- weakened immune system
- COPD • Cystic Fibrosis

Wide Selection of Himalayan Salt Lamps & other Salt Products

1111 Old Colony Lane • Williamsburg • Please call for reservations **757-229-1022**  
[WWW.WILLIAMSBURGSALTSPA.COM](http://WWW.WILLIAMSBURGSALTSPA.COM)

rates as low as  
**2.875%**  
 for 10 year term  
**3.125%**  
 for 15 year term

# THE MORTGAGE TERM-INATOR

## NO CLOSING COSTS\*\*

baylandsfcu.org  
 888.843.2520

\*The rates are as of 3/30/2013 and reflect the current minimum rates offered. The rates may be adjusted based on individual credit standing and terms. At least 20% equity in primary residence is required. Maximum amount of outstanding loans to a Baylands member may not exceed \$350,000. With a rate of 2.875% (3.387% APR), the loan payment on \$180,000 with a 120-month term would be \$1,727.73 (\$84) per month. \*\*Waived closing costs include appraisal, lender's title fees, processing fee, Docutech, flood certificate, credit report, and Deed of Trust recording fees. If loan is closed within three years of opening date, the waived fees will be added to the loan pay-off amount. Additional fees, terms and conditions may apply to this offer. Offer is subject to change or end without notice. For further details please contact a Mortgage Loan Officer. This credit union is insured by the National Credit Union Administration.

It is direct mailed monthly to 38,000 homes in the Williamsburg area and is written about locals, for locals.

### April 24th....Business Insight

Held at the Mason School of Business, William and Mary. Catesby Jones is our next guest speaker. He is the owner of Peace Frogs, makers of t-shirts, sweatshirts, boxers, hats, and a variety of accessories. The frog's combination of positive energy, whimsical attitude, and peaceful outlook has proven universal and enduring. Over twenty-five years since its conception, Peace Frogs is still growing and now found nationally in major department stores and theme parks, as well as in Peace Frogs stores and kiosks, mail order catalogs, and websites. To find out more visit: [peacefrogs.com](http://peacefrogs.com)

### Video Share

*Steve Jobs' Advice for Entrepreneurs.* Find this video under Collins Group, LLC - Videos

## NON-PROFIT ORGANIZATIONS

### • Hospice House

Provides respite support at home or at Hospice House, end-of-life care at Hospice House, spiritual care and support, bereavement care to terminally-ill persons and their families at no cost to patients or their families. Care is provided that is not covered by insurance. All services are free of charge due to the philanthropic support of individuals, businesses, supporting groups and foundations.

### April 20th....Hospice Hike - A Walk to Remember

Held at Governor's Land. Join us for a leisurely 2 mile walk followed by a Celebration of Life on Saturday, April 20, 2013 at Park East in Governor's Land, 2700 Two Rivers Road, Williamsburg. 12:15 - 4:30pm  
 Walk to celebrate the memory of loved ones, in honor of someone, or just to support Hospice House!

### • Literacy for Life

Provides valuable services to the greater Williamsburg community in so many meaningful ways. As an independent 501(c)3 organization, Literacy for Life has been working for nearly 40 years to provide literacy services to help community members function more effectively. It is the only organization in the area that provides individualized, one-to-one and small group tutoring for adults in reading, writing and math skills as well as instruction in English for speakers of other languages.

### Video Share

*Larry J. Shares His Experience with Literacy for Life.* Find this video under Literacy for Life - Videos

### April 26th....30/30 job Search Event

At the College of William and Mary School of Education. Out of work, or needing a better job? Are you a college student seeking that first job after graduation? Is there a place you want to live but people say you can't get a good job there? Or, do you have a poor work history or think no one will hire you? On April 26th at the W&M School of Education, Neil P. McNulty, a nationally acclaimed employment expert, career strategist, and best-selling author, will explain how anyone can find satisfying employment near almost any point on a map, and in all economic conditions. Neil is the lead author of *The Quick 30/30 Job Solution* an Amazon,

# Choice Seats!

**Your place in the Sun just got a lot cheaper.**

Take a Seat and SAVE!  
**\$299** cash & carry  
 REG. \$399

**Outdoor Furniture • Firepits  
 Grills • Umbrellas  
 Backyard Essentials • More!**

• Never Needs Painting  
 • Six Colors  
 • 10 Year Warranty  
 • Marine Stainless Fasteners

**(757) 229-3722 • 157 Second St. • [www.taprootstore.com](http://www.taprootstore.com)**

Barnes and Noble, and Target best seller about the "30/30 Job Search" ... a unique process for finding satisfying employment within 30 miles of anywhere, and within just 30 days. Neil's unique and often contrarian views on job hunting have been covered across the USA in such media as the LA Times, The Chicago Tribune, Fox News, Career Builder, The Ladders, Monster.com, and career advice books such as Job Interviews for Dummies. This event is free to the public and sponsored by Literacy for Life and Davis Media.

### • United Way of Greater Williamsburg

United Way of Greater Williamsburg Supports our communities in a variety of ways. Our Community Investment Process entertains proposals from local social services and makes grants to over 32 programs annually. These programs serve young to old, basic needs to prevention and individuals to families. Our community is a better place to live because of the programs supported by United Way with your contributions. In addition to our grant making process we also assist with Disaster Response with a Volunteer Center and direct assistance to those affected by disaster. We work with numerous partners to provide direct services through the Community Resource Center located here in the same building.

### CHX4CHNG

The Women's Leadership Initiative, CHX4CHNG is planning an October event for women that will make a difference in their lives. Robin Carson, Chair of the Leadership Council and the GM of Kingsmill Resort, hosted the first small group meeting during November. A group of women came together to discuss and plan for the work of the Leadership Council and the group has recently determined what their 2013 community project will be. Stay tuned...

### • Dream Catchers

Located at the Cori Sikich Therapeutic Riding Center, Dream Catchers provides therapeutic riding and other horse-related activities to children and adults with special needs in a caring and safe environment. Dream Catchers at the Cori Sikich Therapeutic Riding Center in Virginia is a PATH International premier accredited center serving Williamsburg, the greater Hampton Roads and Richmond areas. Each year, Dream Catchers provides more than 4,000 therapeutic riding lessons to help children and adults with special needs reach their potential and make their dreams come true.

### May 18th...Bridles & Bow Ties

Bridles & Bow Ties is an exciting evening which includes: tours of our riding facility, a student riding demonstration, cocktails and an elegant dinner catered by The Catering Company, and a live auction with extraordinary trips and packages! \$100 per ticket. Festivities begin at 5:30 pm at Dream Catchers located at 10120 Fire Tower Road, Toano. Bridles & Bow Ties is held at our therapeutic riding center in Toano, Virginia. Its purpose is to share Dream Catchers' mission to celebrate the successes of our program participants, and to introduce our staff and volunteers to the community. It also serves as our major fundraising event of the year ~ anticipated revenue from Bridles & Bow Ties represents 14% of our annual operating budget. NDN

Visit this website often to find out more about what your neighbors are doing in Business, Non-Profit Organizations, Health & Wellness, Education and Government.

[www.WilliamsburgNeighbors.com](http://www.WilliamsburgNeighbors.com)

# Buon Amici

Fine Italian Cuisine

*Come meet new Executive Chef Donald Hart  
Sample our new Spring 2013 Menu  
We've taken the classics you love and added the  
flavors of the world for a unique Italian Fusion Menu*



*Award Winning Italian Right Here in Williamsburg*

**Sunday Brunch Buffet 10:30 am-3:00 pm**  
Open for Lunch and Dinner Monday - Saturday

Find us on Facebook and Twitter  

 5201 Center Street (New Town) Williamsburg  
**757.220.8188**

View our hours, menus and make reservations online at  
[www.buonamiciwilliamsburg.com](http://www.buonamiciwilliamsburg.com)

**Watch for our Grand Opening!**

*Tommy's ALL American Grill*

**Jump back into the 50's  
when American Food  
was as Good as it Gets.**  
Open for Breakfast, Lunch  
& Dinner 7 days a week.

5203 Center Street New Town Center Williamsburg  
757-345-3180

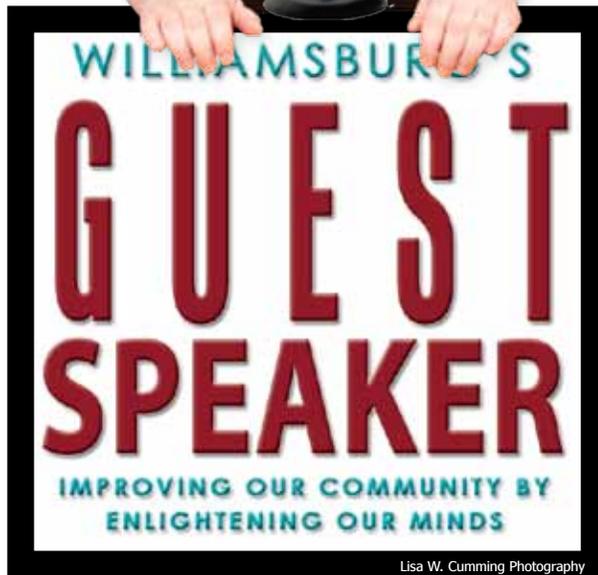
**10% off guest  
check with ad.**

One per table. Expires 5-4-13

# KATY SUITER



## ON SENTARA WILLIAMSBURG REGIONAL HOSPITAL AUXILIARY'S PINEAPPLE GIFT SHOP



Lisa W. Cumming Photography

Katy Suiter has had a variety of retail experience in Williamsburg. She worked for a number of years at The Toymaker of Williamsburg in Merchants Square and was promoted to floor manager during her last six years there. Today, she is the manager of the Sentara Williamsburg Regional Medi-

cal Center Auxiliary's Pineapple Gift Shop.

"I'm happily married to David Suiter for 25 years," she says. David also works at Sentara, in Plant Operations. "I originally learned about the Pineapple Gift Shop position from my husband." Katy became the man-

**WE FILL AND DELIVER YOUR PROPANE TANKS**  
**757-221-8070**  
 heainc@hotmail.com

Colonial Propane Exchange  
 Residential/Commercial  
 A DIVISION OF HEA LIVING

**Join Us for Lunch or Dinner**  
**Dine In or Carry Out**

**10% off** **Entire Check**  
 Excludes Alcohol • Offer Expires 5/30/13  
 6546 Richmond Rd. (757) 564-9258 NDN

**NEW YORK DELI**  
 AND PIZZERIA RESTAURANT

**\$10 OFF**  
**BRACELETS & NECKLACES**  
**Rugged & Romantic**  
**Island Cowgirl Jewelry**  
 see more at [quirksartstorenv.com](http://quirksartstorenv.com)

**Quirks Of Art**  
 757-645-4366 • 1430 Richmond Rd.  
[www.kinksandquirks.com](http://www.kinksandquirks.com)  
[www.facebook.com/quirksart](http://www.facebook.com/quirksart)

ager on August 5, 2007.

### What is the mission of the Auxiliary's gift shop?

The Auxiliary was organized on November 20, 1962.

The purpose of this organization is to provide funding and physical assistance to achieve the highest level of technical and educational standards in the hospital. Projects funded by the Auxiliary support various health needs and scholarship programs in the community. The Pineapple Gift Shop raises funds to help the Auxiliary's purpose.

The Auxiliary appreciates the contributions by individuals, businesses and institutions in our community. The loyalty and dedication of all members have enabled the Auxiliary to uphold the mission of the Hospital which is "to

improve health every day."

### What types of things are available at the gift shop?

The Auxiliary is proud to offer a wide variety of merchandise including baby gifts, jewelry, handbags, clothing, stuffed animals, home décor, inspirational items, balloons, candy, greeting cards, giftware, seasonal, and natural skincare and hair care products. There is truly something for everyone! In addition, we encourage patients, staff and visitors to inform us of their interests which we try to accommodate whenever possible.

### What are some of the unique items in the shop?

The Pineapple Gift Shop prides itself on answering the needs of our patients and our community. The medical center staff is encouraged to in-

form us about items that will promote the safety and healing of their patients. For instance, our Rehab Therapists and Ortho Joint Center nurses requested leg lifters, gait belts, dressing sticks and sock aids for their patients. Our oncology unit appreciates our selection of tube scarves and unscented moisturizers for their patients, as well as the free caps knitted by the Auxiliary's chemo cap team. We also offer a variety of magazines and books. A new favorite is signed copies of *Bayou Cocktail*, an action/adventure story written by our very own surgeon, Dr Rennie Howard. We also have "experienced" golf balls. These balls are collected throughout the area by the Ballhawks, who pick out the best quality balls, clean them up and sell them in our shop for a very fair price.

Our top seller continues to be our

We don't work for a Bank.  
We don't work for Wall Street.

# We work for you.

"Our focus is to help you achieve your financial goals through independent investment planning."



- Retirement Planning
- Wealth Transfer Planning
- Investment Management
- Employee & Executive Benefits
- Education Cost Planning

**BayRivers Group**  
WEALTH ADVISORS

368 McLaws Circle, Williamsburg  
**757-259-2450**  
bayriversgroup.com

**Charles P. Lucy, CFP®**  
Partner

**Alan Broderick, CFP®**  
Partner

**Bruce Lemley, CFP®**  
Partner

Investment products and services are offered through Wells Fargo Advisors Financial Network, LLC (WFAFN), member SIPC. Bay Rivers Group is a separate entity from WFAFN.

# Custom Builders & Remodelers of Quality Homes



- Custom work by Edward Pultz
- On site personally every day
- Exclusive *Top 10 List of Preferred Builders* in Ford's Colony



## PULTZ BUILDERS, INC.

(757) 880-5077

Email: [pultzbuilders@aol.com](mailto:pultzbuilders@aol.com) Website: [www.pultzbuilders.com](http://www.pultzbuilders.com)

jewelry. Recently a loyal customer pulled up front and announced she was "on a mission." She ran in to get some accessories she needed to complete her outfit for a big business meeting she had later that day. She knew she would find just the right thing in our shop and she did.

The staff reminds us of how much the gift shop helps them with work/life balance. It's not unusual to get a call from an employee saying they have a baby shower to attend and could we come to the rescue? Or we'll get a call from one of the physicians who remembered it was his anniversary, and he desperately needs flowers for his wife. Whatever the case, we gladly assist by selecting the requested items and transporting them via our Transport volunteers.

Lastly, we get calls from around the country from family and friends requesting flowers, candy, balloons, stuffed animals, etc. to be delivered to a patient or to surprise/recognize a staff member.

### What types of projects does the gift shop fund?

Our Pineapple Gift Shop volunteers work tirelessly throughout the year to raise money for Auxiliary community outreach programs such as the Free Mammogram and Bone Density programs, the Unique Boutique and the high school and staff scholarships. In addition, they support staff requests and have provided funds for the Healing Garden and Chapel, the Bioness L300 for our MS, stroke and brain injured patients, the annual Breast Cancer Survivors Retreat, and the sound system to play soothing instrumental music throughout the Women's Imaging Pavilion. Our volunteers also provide a pancake breakfast for medical center staff during Hospital Week and dinner with Santa for the staff's children, just to name a few of the projects.

### What can readers do to help the gift shop with its mission?

Visit and shop at the Pineapple Gift Shop. The gift shop, located in the main lobby entrance, is the Auxiliary's largest fundraiser and considered among many as the best kept secret in town. Reflecting the symbol of hospitality, the Pineapple Gift Shop provides a welcoming environment and a uniquely diverse variety of items sure to please everyone. Whether a first time visitor or a long time loyal patron, all can be assured knowing their purchases contribute to the success of the Auxiliary's community

## Use Our Convenient Post Office and Receive

# 20% off

## Any One Item in Our Store\*!

- Home Medical Equipment
- Wine
- Gifts
- Bath & Body
- Greeting Cards
- Candy
- Cigars
- ...and more!

\* Offer excludes prescriptions and postal services. One coupon per customer. Expires 5/15/13



**Williamsburg  
DRUG/CO.**



established 1895

(757) 229-1041 • 240 McLaws Circle

Next to Starbucks -

Route 60 near Busch Gardens in Market Place Shopping Center

outreach.

### What are the plans for the near future for the shop?

We continue to be impressed with the success of the shop's boutique section. We anticipate expanding and enhancing that area which includes jewelry, clothing and accessories.

In addition Sentara recently launched a new Music and Medicine program. It's exciting to consider ways the gift shop is supporting this by showcasing local musicians such as harpist, Kathy Kasley, and multi-talented string musician, Tim Seaman.

### What are some personal experiences you have had that renew your commitment to the Pineapple Gift Shop?

One of my most memorable experiences was witnessing the success of the purchase of the Bioness L 300 during the Auxiliary's annual meeting at the Williamsburg Lodge a few years ago.

A member of our community stood and shared her Bioness success story. As a young mother who had been stricken with MS and confined to a wheelchair, she never dreamt she would ever walk again.

She learned from her therapist about the Auxiliary being the first on the Peninsula to purchase this equipment. She was hopeful that she would be considered a candidate to use the equipment. Sure enough she qualified and proved to the audience just how successful she was by freely walking from her chair to the podium. There was not a dry eye in the place as she shared her story to a standing ovation. That really made an impression on me!

### How has your work with the Auxiliary and the gift shop affected your personal life and outlook?

I work alongside an amazing group of kind, compassionate, hardworking men and women in this community who consistently make others' needs their priority. It is refreshing to know that what motivates them is the wellbeing of others.

Martin Luther King, Jr. taught us to ask ourselves, each day, life's most persistent and urgent question: "What are you doing for others?" Our volunteers embody this attitude every day! NDN

# Boyer's

DIAMONDS & FINE JEWELRY

Think Boyer's When You Think...

## Diamonds!



### Ice on Fire Diamonds

Our uniquely branded ICE ON FIRE diamonds are cut to spectacular dimensions by master diamond cutters assuring you the maximum brilliance. See an exclusive ICE ON FIRE diamond only at Boyer's today!

They are clear as ICE and full of FIRE.

## 10% OFF All Wedding Bands

Not valid with any other offers.  
Expires May 31, 2013.



Verragio • LeVier • Elma Gil • Sylvie

6564 Richmond Road, Williamsburg, VA 23188

Just minutes from the New Williamsburg Pottery

Mon-Sat 10 a.m. - 5:30 p.m. • 757.565.0747

[www.boyersjewelry.com](http://www.boyersjewelry.com)

**Qest Water Pipe Replacement  
Including All Drywall Repairs**

Polybutylene (PB) pipes tend to crack and split with age. Homes that have pipes made from PB could experience leaking pipes and water damage.

**Call me to replace or repair your problem pipes!**

- Specializing in interior PB Pipe Replacement since 1995
- New pipes installed using CPVC or Copper
- First Class workmanship at a fair price
- Expert drywall repairs included in your quoted price

**John A. Tompkins & Son**  
32 Years Plumbing Experience

**Call for More Information and a FREE QUOTE.**

Virginia Class A Licensed **757-221-0019** Insured Plumbing & Building Contractor  
[www.metroplumbing.com](http://www.metroplumbing.com)



**William E. Wood**  
and ASSOCIATES  
REaltors



**Patricia D. Myers**  
PROPERTY MANAGER/REALTOR®

**Specializing in  
Property Management  
in the Williamsburg Area**

Cell: (757) 291-0284 • Office: (757) 253-8533  
[pmyers@williamewood.com](mailto:pmyers@williamewood.com)

5208 Monticello Avenue • [www.williamewood.com](http://www.williamewood.com)



**Foot or ankle pain?**  
Chiropractic can help!  
We even help with knees, shoulders, elbows, and wrists!

**Dr. Robert Pinto**  
Certified Chiro Sports Physician  
Certified in Rehabilitation  
Certified Extremity Practitioner

**Dr. Ken Muller**

**Dr. Anne Pinto**  
Clinic Director

**PINTO**  *chiropractic & rehabilitation* SM

- Spinal Decompression - Cold Laser -  
Therapeutic & Spa Massage -  
Consultant to Sports Medicine at  
the College of William & Mary  
*Most Major Insurances Accepted*

5408 Discovery Park Boulevard, Suite 200 | Williamsburg

**757-645-9561**  
[www.pintochiro.com](http://www.pintochiro.com)

# LPGA MEMORABILIA

By Greg Lilly, Editor

No one can do business in a vacuum. Businesses are comprised of owners, employees, vendors and customers. That should not be the extent of how businesses interact with the community, according to Steve Genakos, owner of the Sportsman Grille.

“It’s all about the community,” he says. “If there is an art event or sporting event, put that poster in your business window or a flyer by the door. We’ve had sporting events, breast cancer cure fundraisers, kid’s concerts, whatever – we support that, at least by posting their information for the customers to see. I approach it as supporting each other in the community.”

An example of Steve’s commitment is his support of the LPGA tournament at Kingsmill. “If we can get more people into this town, the

busier every business will be. The golf tournament is huge. When we have tournaments, events, workshops and summer camps, everybody benefits.”

Steve took over the reins of the Sportsman Grille in early 2008. “When the women (LPGA) came to town that year, it was such a big lift for the business that I decided to put together a LPGA room.” He had become friends with some of the tour followers, and various people gave him some memorabilia from the tournaments.

Steve’s father had a career in the military that took the family all over the world. They settled in Williamsburg in 1975. “My dad retired here,” Steve says. As Steve got older, he started bussing tables at Mama Steve’s House of Pancakes.

“I worked at Mama Steve’s for 25 years,” he says, “with a wonderful man, John Baganakis, who taught me a lot about the business. I left there in 2007 and had the opportunity to join Rick Phillips, who owned the Sportsman Grille.”

In February of 2008, Steve closed the restau-

rant to make some improvements.

“We closed down for about eight weeks. We reopened in April 2008 and were in business until the following July (2009) when we had a fire. We were down for 11 months and reopened in June of 2010.”

Like the mythical Phoenix, the restaurant was reborn from the ashes. “Really,” Steve corrects, “it was mostly smoke damage. But, during that time, we moved the bar, changed the Golf Room, and made a few adjustments. The original Sportsman Grille that Rick had for a number of years was more of a hunting and fishing theme. This is more sports themed.”

When the women of the LPGA came to town, Steve saw the impact it had on business. His collection of memorabilia grew. “I was so impressed with the business boost for the community and for my business, that I kept collecting LPGA memorabilia. Now I have this room where I have collected over 400 signed items. I think this is the most extensive collection in the country, certainly in any of the tour stops. The Golf Channel has done a story on it. I support the LPGA.”

Steve’s Top 10 favorites in his extensive collection are:

- 1) Michelob open signed flag Annika Sorenstam the year she retired.
- 2) Suzanne Petersen signed winners flag.
- 3) Solheim Cup signed picture with all players signing 2 years.
- 4) Signed Brittany Cans picture.
- 5) Signed Joanne Carner picture.
- 6) Winners Flag Michelob Ultra Tournament Christie Kerr.
- 7) Christina Kim signed picture and personal note.
- 8) Signed picture Nany Lopez.
- 9) Signed picture Natalie Gulbis.
- 10) Signed picture Belen Mozo.

The rest of the memorabilia in the restaurant are items Steve has collected over the years. “I’m a big sports fan. I’m a big Steelers fan,” he says. “We’ve had the opportunity with the sports camps and the pros that come with those to Williamsburg, to meet and get some signed items. I’ve had many things given to me. I’ve bought some pictures at auction. It’s something I like to collect.”

A sports themed restaurant was something Steve wanted to do. “I’ve always been in the restaurant business. It’s in my blood. Mama

## A SPECIAL PLACE FOR A SPECIAL

# Mom.

Looking for a special place to shop for – or enjoy a day out with – a special mom? **New Town Shops on Main** offers a lively mix of national and local retailers, from **Barnes & Noble** to **Jo-Ann Fabrics & Crafts** to **American Family Fitness**. And with so many choices, you’ll have no problem finding the perfect place to dine, no matter what mom has in mind. Make it a Mother’s Day to remember – at **New Town Shops on Main**.

AMERICAN FAMILY FITNESS | ANN TAYLOR LOFT | BARNES & NOBLE | BATH & BODY WORKS | BONEFISH GRILL  
BUFFALO WILD WINGS | CHARMING CHARLIE | CHICO’S | CHRISTOPHER & BANKS | COMPUTER CONCEPTS  
THE CORNER TACK SHOP | CRUISE HOLIDAYS | DONCASTER | DUDLEY’S BISTRO | EL TAPATIO | ELEMENTS  
HAVANA CONNECTIONS | HI-HO SILVER | ICHIBAN | ICING | IT’SUGAR | JO-ANN FABRICS & CRAFTS | JUSTICE  
KAY JEWELERS | MARINE RECRUITING | MASSAGE ENVY | THE MOLE HOLE | NAUTICAL DOG | NEW TOWN ART  
GALLERY | NEW TOWN CINEMAS | NEW TOWN NAIL SPA | OPUS 9 STEAKHOUSE | PAISLEY | PANERA BREAD  
SALON VIVACE | SAPORI RISTORANTE ITALIANO | SPORT CLIPS | SWEETFROG | US ARMY & NAVY RECRUITMENT  
VIRGINIA DINER SHOPPE | VICTORIA’S SECRET | WHITE HOUSE / BLACK MARKET | WILLIAMSBURG CUPCAKE | ZPIZZA



**NEW TOWN  
SHOPS ON MAIN**  
OPEN 7 DAYS A WEEK



# Love • Money Control



Dick Ferris

## Answers from your Estate Planning Attorneys at Ferris & Associates

Division of Carrell Blanton Garrett & Van Horn, PLC

460 McLaws Circle, Suite 200 Williamsburg, VA 23185 (757) 220-8114

During years of practicing Estate Planning law, this question often arises in the first consultation with a client - "Should I use a will based plan or a revocable living trust plan?" In other words, which approach is "RIGHT" for me and my family?" The answer depends on what you wish to achieve in your estate plan for yourself and your family. As explained to clients, Estate Planning is much more than money and property. It's about people: spouses, children, grandchildren, favorite family members and close friends. It's about their security and prosperity without you. It's also about state and federal taxes, including income, death and gift taxes. It, too, may be about your favorite charity and how you can remember it in a thoughtful way. Estate planning is life planning. It is a living statement of your commitment to others. It is the ability to share your successes with others. Estate Planning allows you to achieve your goals, objectives, dreams, desires and hopes. It provides you the opportunity to control your assets during life and to make sure your inheritance is received by your loved ones, at the "right" time and in the "right" way.

Returning to the question, "Is the revocable living trust plan appropriate for me and my family?" The answer is "Yes," if you want to achieve the following wishes: (1) I want to control my property while I am alive. I want to take care of my loved ones and myself if I become disabled. (2) I would like to give my property to whom I want, in precisely the way I want. Further, I wish my beneficiaries to receive my property only when I wish them to receive it. (3) I want to save every last tax dollar, both state and federal, and still accomplish my objectives and I also want to avoid, or at least reduce, legal fees

and court costs at death. (4) Lastly, I don't want myself or my family involved in a lot of red tape that is public and prevents my objectives from being accomplished quickly and in an efficient and effective way. Interestingly, these are the key benefits of a Revocable Living Trust: (1) Protects the Trustmaker, if disabled, from court appointed guardianships; (2) Allows Trustmaker to control decisions and assets during life; (3) Always can be changed; (4) Avoids probate expenses on assets in the trust; (5) Allows the estate plan and affairs to remain private at death; (6) Provides significant estate tax savings if properly established; (7) Is very difficult to contest by disgruntled beneficiaries; (8) Provides a comprehensive way to plan for second marriages and blended families.

A well drafted revocable living trust will have extensive language about you and your family. It will define what "disability" is and how your trustees will care for you. It will have your instructions as to how and to whom property will pass at your death. It will name your back-up trustees, whether they are family members, friends, advisors, bank or trust company, who will follow your instructions at your disability or death. If you are married, it will contain precise tax provisions to protect each spouse's Federal Estate Tax Exemption and avoids any state death tax at the first death.

For most families, the **Revocable Living Trust is The Will Substitute That Has Come of Age.**

If you would like to learn more about how you can develop a revocable living trust to protect yourself and your loved ones, please visit our website for workshops or call our office at (757) 220-8114 to schedule an in office consultation with one of our firm's attorneys.

Steve's was a breakfast and lunch business, but I always wanted to do a sports restaurant. A place where people could come in, watch a game, be very casual, where you could sit all afternoon if you wanted," he describes. "I wanted a local spot that tourists could enjoy as well."

He stresses that he has a sports grill, not a sports bar. "Families with young kids can watch a game or match comfortably in this environment."

That family atmosphere is part of the LPGA and seems to draw tour participants during the Kingsmill Championship. "The LPGA room is a tribute and a thank you to them for coming to town," Steve explains. "The community is behind the tour 100 percent. A lot of the players and caddies come in here. We're going to do a caddie cornhole tournament for them as a thank you. It's a fun, fun week."

The customer experience is a prime concern for Steve. "My core employees are like friends," he says. "We want everyone to have fun. We have sports on the television. We're playing music. It should be a fun time. I'm more introverted. I grew up in the back of the house. I hire people who are better at engaging customers than I am. I've put people in place who take care of the customer."

Williamsburg still has the small town feel, and businesses that incorporate that community experience create loyalty. "It's human nature if you feel comfortable and see the same people, you feel at home and welcome. I've had the same chef, longer than I've been here. I have a guy who was with me at Mama Steve's. These guys have been with me for a long time. Without them I wouldn't be anything."

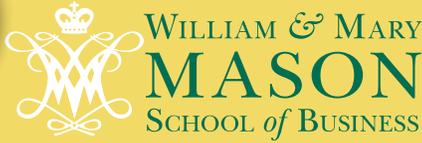
He credits the help of his family and community. "Make no mistake that I could not have done this without my parents' help, my friends and the local customers. I have had friends come in and help me paint and build tables. The staff I have is wonderful. I can depend on them to keep the place going, when I'm away, at the level I expect."

The restaurant business is a difficult industry, especially in a tourist town. "Why do I do it? It gives [me] a great feeling when a customer says 'That was great. We had fun. We'll be back.' That's what it's all about."

The community engagement extends with a new venture for Steve. He has added a radio show. "We started an Internet sports talk radio show: the Doug Merrill Show [CoachMerrillRadio.com]. As far as we know, this is the first time it's been done as a free download [a podcast]. You can listen to it on your computer or phone. Doug and I, along with Michelle, one of the producers, will travel to places like the Verizon Center for the regional finals for basketball. We'll do a show there." The show has already been syndicated in some markets for broadcast. That can be a huge thing for me personally and for the restaurant. It really fits for us, in this environment."

As events come to Williamsburg – whether it's sports, arts, entertainment or fundraiser – Steve wants to support it as much as possible. "We're always doing things like cornhole tournaments for good causes like the police, breast cancer awareness...we're doing one for Bacon Street soon. We're family-oriented, community-centered. That's my focus." 

**WED.  
APRIL  
24TH!**



ENTREPRENEURSHIP CENTER

# Business Insight

**A Series of FREE Seminars Designed to Educate,  
Enlighten and Inspire Entrepreneurs**

Presented by: The William & Mary Mason School of Business, Next Door Neighbors Magazine, and the William & Mary Technology & Business Center

If you are looking for a networking event where you also have an opportunity to learn something new that will help you in your business, this seminar series is just right for you.

We've invited several successful entrepreneurs from different industries to share their stories, insight and success in business. They will make their comments relative to you, no matter what type of business you own or manage. We've made them convenient for your work schedule and early enough in the day to get you home to your family in time for dinner. All seminars are free.

Our next guest speaker is Catesby Jones. He will speak on Wednesday, April 24th. Read more about Catesby in the column to the right.

**Please register online by going to:**

**<http://businessinsightcatesbyjones-es2005.eventbrite.com>**

All seminars will be held at the Mason School of Business located on the campus of William & Mary, at the corner of Ukrops Way and Jamestown Road. Doors open at 3:30 pm, program starts at 4:00 pm. Light refreshments will be served. Guest Speakers will share their business experiences for 40 minutes. A 20 minute Q&A period will follow. For more information contact the Technology & Business Center at 757-221-7825 or email [webean@wm.edu](mailto:webean@wm.edu).

## Parking

Parking passes for the garage will be emailed to registered guests. The garage is located on Ukrops Way just past the Mason School of Business on the left.

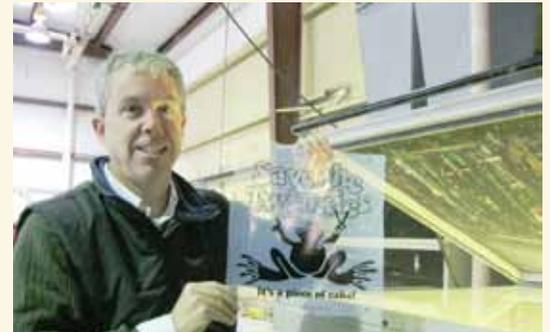


Wednesday, April 24th Speaker:

**CATESBY JONES,  
OWNER OF PEACE FROGS**

He is the owner of Peace Frogs, makers of t-shirts, sweatshirts, boxers, hats, and a variety of accessories. The frog's combination of positive energy, whimsical attitude, and peaceful outlook has proven universal and enduring. Over twenty-five years since its conception, Peace Frogs is still growing and now found nationally in major department stores and theme parks, as well as in Peace Frogs stores and kiosks, mail order catalogs, and websites. To find out more visit:

[peacefrogs.com](http://peacefrogs.com)



## ON BUSINESS INSIGHT

"Thank you for sponsoring Business Insight! It has been inspiring to have the opportunity to listen to successful "like minded" entrepreneurs. The Speakers have been open and transparent in discussing their successes and failures. It is refreshing and motivating!! We have also found it to be a helpful place to network with other local businesses and the William & Mary community!!!"

Patti and Dave DeBlass  
Schmidt's Flowers

**SPONSORED BY**





**State of  
Cha-Ching.**

**Javier Fuentes LTCP, Agent**  
4516 John Tyler Hwy  
Williamsburg, VA 23185  
Bus: 757-220-9910  
www.sfvirginia.com

Get discounts up to 40%\*  
Saving money is important.  
That's why you can count on  
me to get you all the  
discounts you deserve.  
**GET TO A BETTER STATE™.**  
CALL ME TODAY.



\*Discounts and their availability may vary by state and eligibility requirements.  
For more information, please see or call a State Farm agent.  
1101216.1 State Farm, Home Office, Bloomington, IL



Corey Miller Photography

# Swing

for the fence!

By Greg Lilly, Editor

Sports experiences tend to create life lessons for the players. Lafayette High School senior, Destiny Davis, finds her softball team has given her a solid foundation for her future and an attitude to aim past the outfield.

"I enjoy softball because it's really a team sport," Destiny says. "You have to encourage yourself and the other players on the team, to keep people up when they strike out or miss a ball, just really staying optimistic. Sometimes it can be hard when you're losing and it's a rough game. You have to stay positive."

TRADITIONAL  
**Latin Food**  
at El Sabroson



122 Waller Mill Road (757) 220-3145  
10:30 am - 10 pm • 7 days a week

**Try a delicious, authentic Latin meal today!**

Ask about our catering and group meeting offerings that include breakfast!



**Buy One Entree, Get One Half Off!** **\$500 off**

Must be of equal or lesser value.

El Sabroson • (757) 220-3145  
122 Waller Mill Rd. • expires 5/13/13

With the purchase of two entrees!  
Not valid with any other offers.  
Excludes Pupusas

El Sabroson • (757) 220-3145  
122 Waller Mill Rd. • expires 5/13/13

[www.ElSabrosonVa.com](http://www.ElSabrosonVa.com)

Destiny says she, her older brother, Gualano, and her parents have lived in many places before Williamsburg. Her father was in the military. "I've lived in Williamsburg since I was in the third grade," she says.

Her parents, Gualano and Angela, introduced Destiny to sports at a young age. "When I was little, I played in a lot of Recreation leagues for softball and basketball – youth teams, things like that. My dad coached me in the Rec sports leagues. He's good at encouraging players and teammates. That was helpful having him as a coach. I've been playing softball for nine years now, since I was seven or eight."

Destiny plays the outfield on her school softball team. "It's really fun in the outfield when I get a pop fly – running and diving to catch the ball – that's what I like a lot." When the game is slow or all the action

is close in, she keeps her attention on the ball and her body moving to be ready for a pop fly.

"You have to be able to work," she says of the traits that make a great softball player. "It takes a lot of patience to get the right swing down for batting. It takes work just like any

to bat," she says, "like dropping my shoulder. It's muscle memory that you have to learn by doing the proper swing over and over."

As a young child, she started learning to bat, as most children do, with the ball on a tee. She practiced swinging and hitting the ball with it stationary. Once that was accomplished, she moved up to having the ball pitched to her. A word of caution from Destiny: Softballs are really not soft. "It's not fun to be hit with one."

Besides the lesson of avoiding getting hit by a pitch, Destiny says softball and other sports have taught her to be organized, the importance of practice, the value of a positive outlook and how cooperation helps you reach a goal.

These are traits that will take her far.

"In addition to softball, I'm the reporter for the SCA (Student Council Association), and I play the oboe in the concert band. These

"It takes a lot of patience to get the right swing down for batting. It takes work just like any sport. You have to have patience and practice a lot." ~Destiny Davis

sport. You have to have patience and practice a lot. Anyone can play softball if they work hard." Patience and hard work pay off.

"I used to have bad habits when I went up

## Now Accepting New Patients!

# Colonial Center for Hearing



- Best Hearing Aid Selection in 150 mile radius
- Personalized Hearing Solutions
- Passionate Patient Care

757-229-4004

430 McLaws Circle | Suite 101

[www.williamsburghears.com](http://www.williamsburghears.com)

Appointments available Monday - Friday 8am to 5:30pm



Jude Liptak, Au.D.



Krystle Hanna, Au.D.

commitments have taught me to be organized. I enjoy having a lot of things to do. I'm not bored, and they help me stay organized."

When she gets home from school and practice, Destiny says she goes straight to her homework. "I developed patience in learning to play softball. In the classroom, learning something new is the same as with sports. You have to practice with homework to help learn something new."

She stresses that homework isn't busy work, but she looks at it as practicing what she learned in class. "You do the same thing in sports. Learn something new then practice it until you master it."

She says the Lafayette softball team looks promising. "Since I've been here, we've had three different coaches – almost a new coach each year. That brings challenges," she admits. "We've had some rocky seasons. We're starting fresh this year with a lot of underclassmen, freshmen and sophomores, who have bright futures in softball. They are all willing to work

hard at it. I'm looking forward to this season. We'll do well if we keep working hard and working together."

As the team's only senior, Destiny takes on a leadership role as a team captain. "I try to lead by example, and I don't let them get discouraged if they miss a ball or strike out. It's all part of the process to make mistakes to learn and get better in a sport. That's my role on the team – lead by example."

For this season, Destiny's last in high school, she has a positive outlook. "I definitely want to win some games," she says with a smile. "But, even if we don't win a lot, I have a goal that we play good softball, and we all have the right fundamentals – a game we can be proud of – knowing that we fought hard."

She's college bound in the fall. "I'm going to George Mason University. I'm very excited," Destiny says.

Lessons learned in softball go with her to George Mason. "Yes, it will help me in that when you first try out for a team, you don't

really know anyone, but then you work together. The team environment helps with cooperating with other people. That's the same as going to college. I'll be meeting new people, and sometimes I'll need to work with them in the classroom, just like working with players on a team. Softball has taught me cooperation and how to work with others to accomplish a goal."

She says she's going to George Mason as an "undecided" major. "I'm really leaving the door open to what I want to do in the future. I want to experiment with different academic areas, trying to narrow down a career. I really like George Mason because it is a unique school, very diverse and modern. I visited the campus last year and I fell in love with it," she says.

"I hope to go out for a team there or just do a club sport. Collegiate sports are very hard to do, but I definitely see myself continuing to play sports, both competitively and for fun. I enjoy it." NDN

**QUARTERPATH  
DENTAL CENTER**  
MICHAEL C. SHUCK, DDS



"As we entered 2013, we realized we had outgrown our present phone system. As we began to shop, we knew we wanted to buy local. We began our search with Duke Communications. While we received quotes from other businesses, no one compared to the professional customer care and service we were afforded at Duke. From the original appointment, through the purchase and installation and now in day-to-day monitoring/maintenance, the team has been available for every question and need. Duke designed a system for us that not only works for us now, but will allow us to continue to grow with our expanding business needs."

~ Michael C. Shuck, DDS, *Quarterpath Dental Center*

**DUKE COMMUNICATIONS**  
TELEPHONE & INFORMATION SYSTEMS  
**(757) 253-9000**

1781 Jamestown Rd. • [www.duketel.com](http://www.duketel.com)

EVERYTHING WE TOUCH  
TURNS TO

*Sold!*



*Elaine Roberto*  
(757) 880-3330

*Roberto  
& Cobb*



*Debbie Cobb*  
(757) 345-8944



Real Estate. Reinvented.™



# The Art & Science of Music

By Greg Lilly, Editor

Playing the trumpet came easily to Dr. Paul Bhasin as a young student. He experienced the elation of interpreting and feeling the music flow.

"Because it had come so naturally to me, I never thought about what I did," he says. "Re-learning how to play at 16, I came to appreciate, respect and revere the process, art and science of learning to play an instrument. That was an experience that gave me a real love of teaching."

Today, Dr. Bhasin is the Director of Bands and Assistant Professor of Music at the College of William and Mary, along with being the new Williamsburg Youth Orchestra Music Director

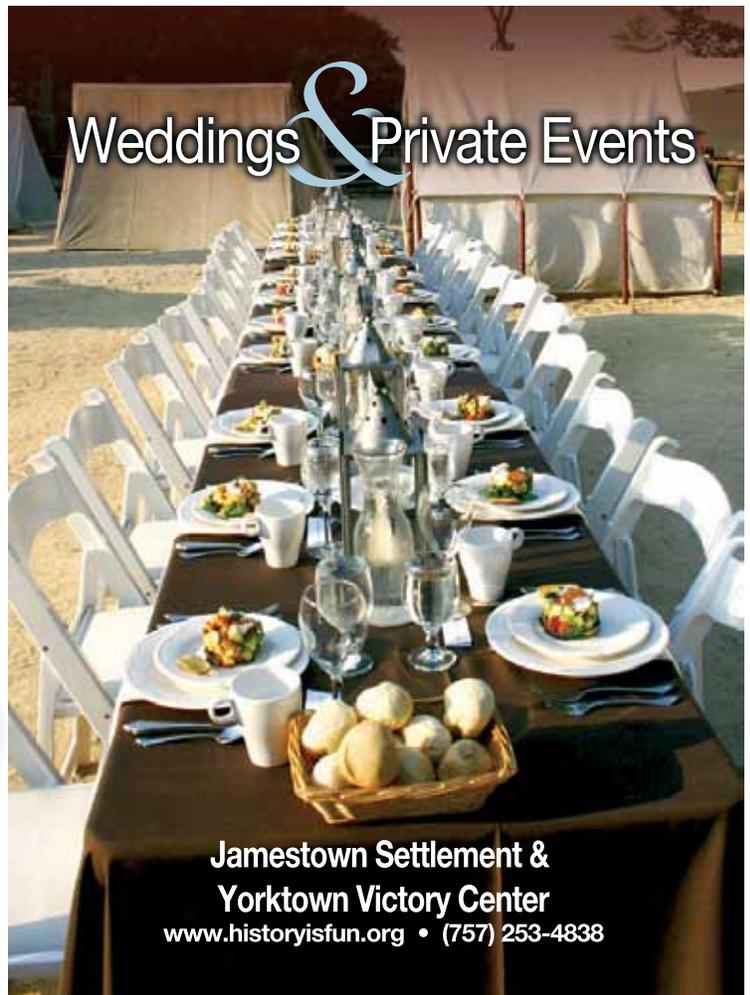


and Symphony Orchestra Conductor.

Born in New York City, Dr. Bhasin and his family moved across



Lisa W. Cumming Photography



Weddings & Private Events

Jamestown Settlement &  
Yorktown Victory Center  
www.historyisfun.org • (757) 253-4838

## Storm Season starts June 1, 2013

Experts are predicting 2 to 4 major hurricanes.

**We Can Protect Your Business Data  
But We Have To Get There First.**

Call Today to Get Started With a Backup Strategy  
and a True Disaster Recovery Plan.

Act Now to  
Prevent a Data  
Disaster and Get  
a Free Disk Health  
Checkup!

"If you have been frustrated with your IT support and desire a professional company that believes in a "holistic" approach, call me and I will provide a warm introduction. Identifying problems, crafting a solution and eliminating said problem...what a concept!"

~ Charlie Marcotte, American Pride Automotive

Computer Systems Audit • Secure, Monitored Backup  
Disaster Recovery Support

ēthos  
INFO



Marty Campbell,  
Owner  
Graduate Of



757-645-9121 • 5388 Discovery Park Blvd., Suite 230

New Town, Williamsburg

www.ethosinfo.com • info@ethosinfo.com

## FEATURED RECIPE:

### FUSTINI

#### INGREDIENTS:

6 oz. Sparkling water, Mineral water or Club soda  
½ oz. Imperial Olive Balsamic Vinegar of your choice, or  
more if desired  
¼ C Imperial Olive Sicilian Lemon Balsamic

#### DIRECTIONS:

Mix ingredients together, stir, add ice and enjoy! We  
recommend our Peach, Blueberry or Espresso flavors.

FOLLOW US ON FACEBOOK FOR MORE RECIPES.

# THE OLIVE IMPERIAL

IMPORTED OLIVE OILS & BALSAMIC VINEGARS



**20% OFF** Sicilian Lemon Balsamic  
with this coupon. Expires 5/30/13

WHERE WORLDLY FLAVORS MEET ROYAL TASTE

5223 Monticello Avenue, Suite B • Courthouse Commons

# Welcome

to ILLUSIONS BY MARCUS



**Back row, L-R:** Louise Gold, Jane Quick, Marcus Quick, Lora Stafford, Rhonda Poteef. **Front row, L-R:** Patty Johnson, Amparo Crawford, Yana Rahn, Kim Barajas, Audrey Whitehead

**\$5.00 off**  
**Haircut**

With this ad. Select Stylists.  
Expires 5/23/13

**Illusions**  
by Marcus  
www.illusionbymarqus.com

**Voted Best  
Hair Salon 2012**



374 McLaws Circle, Suite One  
Phone for your appointment today!

**757-253-7790**

Summer Hours: Tues - Fri 8am to 8pm  
Sat. 7am to 12pm  
Evening Appointments Available

the river to New Jersey before he entered high school. His love of music grew from his family's cultural roots. "My parents were not musicians. In fact there were no musicians in my family whatsoever," he explains. "My father was born in India. My mother's family came from Puerto Rico. Even though my parents were not musical, my father's family and my mother's family – in India and Puerto Rico – were both very expressive and musical people. The culture they each came from was very musically-charged." Family gatherings often featured performed music. He describes the Indian and Puerto Rican cultures encouraging singing and playing musical instruments.

"When we got together with the family-at-large, I was listening to Indian classical music and indigenous music from Puerto Rico. Music was always around, but definitely not western European Classical Music – the one type of music no one exposed me to at all."

When he was in middle school, he was asked by the band director if he would consider playing the trumpet. "They needed trumpets in the band, and my uncle happened to have a trumpet in his attic that he let me use. It was a decision of convenience for me. It was definitely not calculated, and I had no idea the year I started playing trumpet what was going to happen." He took to the instrument naturally and excelled in his mastery of it.

During this time in high school, he developed a passion for classical music. "I used to spend my weekends going into New York City's Lincoln Center to hear the New York Philharmonic perform," Dr. Bhasin says. "I played baseball like the other students and had the traditional high school experience in many ways, but I was also consumed with playing, listening to and learning about orchestral music."

Dr. Bhasin applied and was accepted to the youth symphony at Tanglewood. "The real formative experience in my youth," he describes the summer at Tanglewood that brought high school musicians together from all over the world. "It changed my life and made me want to pursue a career on stage in music."

He describes that summer as the building of a community. "Before Tanglewood, I didn't know there were other people as ravenously excited about classical music as I was. People from our country, elsewhere in North America, Europe, Asia, South America... that there were people my age, just like me, in terms of their enthusiasm and excitement for Richard Strauss, Gustav Mahler, Leopold Mozart and Beethoven – things that your average high schooler in the Greater New York/New Jersey area would not have been excited about. There were people at Tanglewood even more excited about classical music than me. That made me feel like there was a community of young people that I had yet to truly experience."

Another formative aspect of that summer was Tanglewood's association with the Boston Symphony. "We would be conducted by conductors who were working with the Boston Symphony that week. I worked with conductors like Leonard Slatkin and Keith Lockhart. That youth orchestra was a living, breathing thing. Members of that orchestra are now in every major professional orchestra in North America. We have stayed in touch and remained friends. It was the first real moment of high-level youth symphony playing that I had experienced. To this day, it forms my pedagogical and repertoire and conducting approach with young people, including here at the Williamsburg Youth Orchestra."

His teaching approach is also influenced by an injury to his lips half-

way through high school. "It was a mild injury, but I had to re-learn how to play the trumpet, start from scratch. For a high schooler, who had been doing so much regionally and nationally, I had to learn to reconnect with my instrument, not in a natural way, but in a more methodical and patient way. It gave me an appreciation and a real love of learning how to develop as a music performer."

At that young age, Dr. Bhasin had experienced the free-flying elation of creating music and the hard work of the mechanics of body and instrument. His teaching style today is influenced by both sides of music: the art and the science.

"The principle philosophy of an educational conductor is to remove obstacles to a student's musical success. These obstacles can be either technical or expressive. In rehearsal, I encourage students to overcome these challenges through musical means, often through my non-verbal conducting cues. This process helps students listen to and engage in a musical dialogue with one another while addressing performance issues. Once students feel confident in taking technical and musical risks they are primed to experience real growth in an orchestra."

Dr. Bhasin experienced the obstacles himself when he had to rebuild his playing as a 16 year old. "What had come naturally became incredibly awkward and exasperating. The technique, the technical side of playing the trumpet, suddenly had become hard for me. It was frustrating and difficult for me only because I had experienced the ease of making music before did I know it would be worth the hard work."

One of the more memorable youth concerts for Dr. Bhasin as a student was a side-by-side concert at the Aspen Music Festival in Colorado. "We students had the opportunity to play next to our teachers," he says. "I played by the side of musicians from the New York Philharmonic. I learned more in 60 minutes of rehearsing with those professionals than I ever dreamed possible." On May 4, he gives that experience to the members of the Williamsburg Youth Orchestra in a side-by-side concert with the Williamsburg Symphonia.

"Some of the best experiences I had as a trumpet player were these side-by-side concerts. The Williamsburg Youth Orchestra and the Williamsburg Symphonia are committed to a partnership that enhances the experience of our students. This is a new type of concert that shows Williamsburg the best of our orchestral organizations, whether an educational one like the youth orchestra or a professional one like the Symphonia." Along with the side-by-side concert, Dr. Bhasin prepares the Williamsburg Youth Orchestra for their Spring Concert. "Every spring, we feature a member of the orchestra in a solo concerto appearance. Our soloist is a young woman, Sophie Leruth. She's performing Mozart's 'Fourth Violin Concerto.' In addition to that, we'll perform orchestral classics like 'The Barber of Seville' by Rossini. We're also premiering a new transcription for orchestra that I composed by Clara Schumann, who was Robert Schumann's wife. She was a pianist and composer in her own right. This came about from a grant from the Women's Philharmonic Advocacy organization."

In his years as a student, then as a university professor, conducting and performing with orchestras from all over the world, Dr. Bhasin says he is impressed at the level of talent in Williamsburg. "This community is so dynamic. It's amazing that we have our own youth orchestra. Our numbers keep growing and that speaks volumes to what this community celebrates and values in terms of the arts." NDN

# CELEBRATING 25 YEARS!

Hampton Roads Biggest Selection of Outdoor Furniture  
Huge On-Site Inventory with Extensive Collections

## Williamsburg Wicker & Patio, Inc.



Katie Carpenter & Anne Sheeran



**LOW COUNTRY**

Lane Venture • Lloyd Flanders • Braxton Culler • Hanamint • Gloster • Telescope Casual • South Sea Rattan • NCI • Summer Classics

*Wicker, Aluminum, Upholstery, and Sling for Indoor, Outdoor, and Porch*

MON - SAT 9:30 a.m. - 5:30 p.m.  
SUN By Appointment  
BEST OF Williamsburg WINNER

**LLOYD FLANDERS**  
WOVEN FOR LIFE  
www.williamsburgwicker.com

**757.565.3620**  
7422 Richmond Rd., Williamsburg



James A. Burden D.D.S. & Associates

Family and Cosmetic Dentistry



~ Prompt Emergency Service ~  
~ New Patients Welcome ~  
~ Children Welcome ~

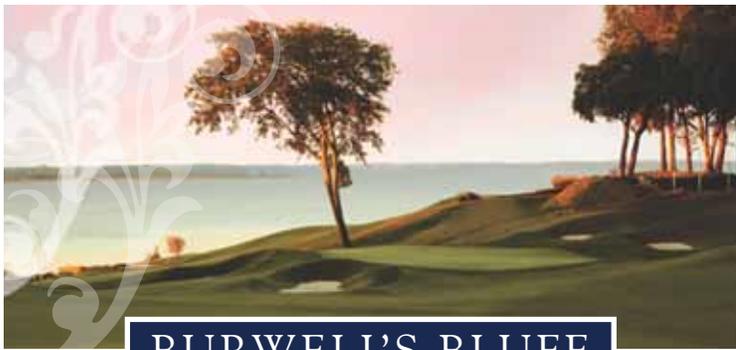
**(757) 229-1224**

[www.SmilesOfWilliamsburg.com](http://www.SmilesOfWilliamsburg.com)



277 McLaws Circle, Williamsburg, VA 23185  
Approx. 1 mile West of Busch Gardens





## BURWELL'S BLUFF

### 31 Golf Homes

Velvet green fairways of the LPGA Championship River Course, tranquil lakes and the James River border this newest Kingsmill neighborhood. Choose from four charming house plans ranging from 2250 SF to 3200 SF. Rustic homes with a 'low country' feel, spacious screen decks with outdoor fireplaces are perfect for those who enjoy nature.

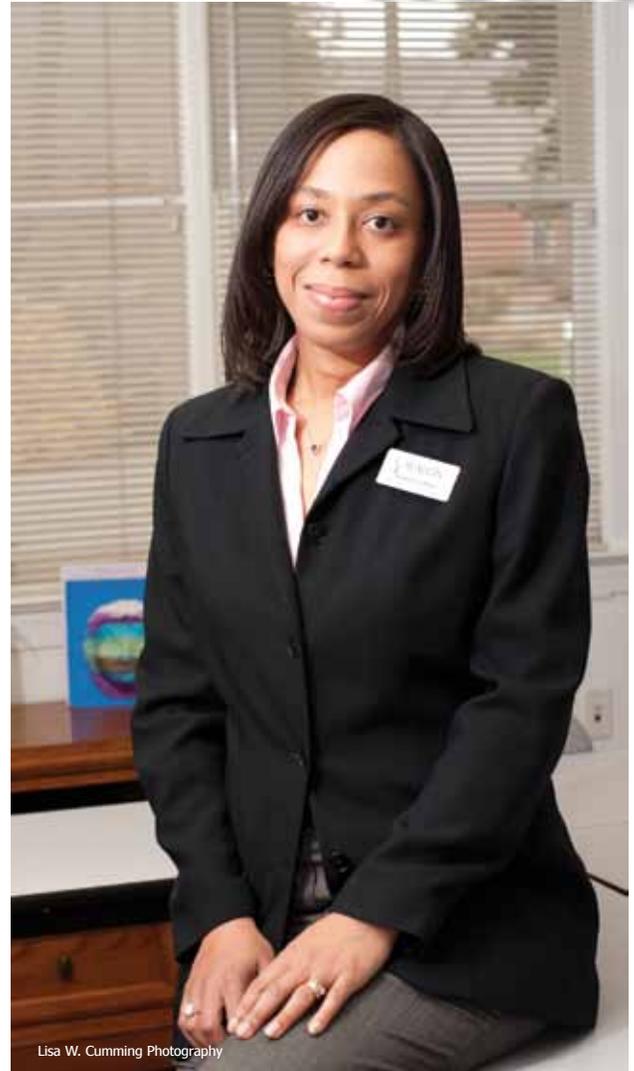
For tours call 757.253.3953 or stop by our sales office 9 a.m. - 5 p.m.

*This is not an offer to sell, nor a solicitation of an offer to buy, to residents of any state or province in which restrictions and other legal requirements have not been fulfilled. This offer is void where prohibited by law. Exclusively listed with Kingsmill Realty, Inc.*

For more information register at  
[www.kingsmill.com/realestate](http://www.kingsmill.com/realestate)



1010 Kingsmill Rd • Williamsburg, VA 23185



Lisa W. Cumming Photography

# Role Models

for the Next Generation

By Greg Lilly, Editor

Juanita Graham is the Director of Community Outreach Services at Avalon: A Center for Women and Children. As part of her work, Juanita focuses on Teen Dating Violence Awareness. "One out of five teens reports that she or he knows a friend who has been a victim of emotional abuse. One in eleven reports being a victim of physical violence."

With a grant received through the assistance of Soroptimist International of Williamsburg, Juanita and her team at Avalon are able to spread the word about teen dating violence. "The grant helped us continue the Youth Leadership Council," Juanita explains. "Its premise is that we train a group of young leaders, most are high school juniors and seniors. We empower them to talk to and educate their peers. They

**Experience the Advantage!**

## Pre-Season Sale



up to **\$1,250** Trane Rebate

\***\$500** Advantage Rebate

up to **\$500** Tax Credit

**\*FREE 10 Years Parts & Labor Warranty**

**\*FREE Z Wave Thermostat**

**\*50% OFF Trane CleanEffects**



**\*1st 50 systems sold**



# Advantage

Heating and Cooling, Inc.

Southside 757-499-9735 • Peninsula 757-220-9735

[www.advantageheating.net](http://www.advantageheating.net)

\*\*See your participating independent Trane dealer or visit Trane.com for complete program eligibility, dates, details and restrictions. Available through participating independent Trane dealers. Special financing offers 0% instant rebate from \$109 up to \$1,250. All sales must be to homeowners in the United States. Void where prohibited. Valid on qualifying systems only. Promotional dates from March 15 to May 31, 2013. \*With purchase of a Trane XLI System. For limited time only.

# COMING SOON!

## New Town Summer Fest



**Saturday, June 15**  
**Sullivan Square**

### **1pm to 5pm**

Sample some of your favorite craft brews by local breweries including Star Hill, Williamsburg Alewerks, Brass Canon, St. George's, O'Conner, Devils Backbone, Legends and Smartmouth.

Receive your commemorative pint glass with logo plus 5 tasting tickets for \$12. You must have a wrist band for tasting.

Local home brewers will compete in a competition for the best home brew. Come root for your neighbors! (Samples will not be served.)

### **2pm**

**Cornhole Tournament begins.** Enter before Thursday, June 13th at Ironbound Gym or Cogan's Deli to win cash in a double elimination tournament!

### **6pm to 9pm**

**Free concert by The Hark** - Featured band at Chowder Fest and the Chocolate Affair.

**Domestic beer, wine and food available.** Food served throughout the day by Cogan's Deli and Sports Pub, The Corner Pocket and Center Street Grill.

**Craft Brews**  
**Corn Hole**  
**and Music!**

**All ages are welcome to attend!**

## SPONSORS



**For more information visit: [www.newtownwilliamsburg.com](http://www.newtownwilliamsburg.com)**

can talk about the issues of dating violence, bullying and sexual violence happening in that age bracket.”

Juanita completed her undergraduate and graduate work at the College of William and Mary. “That was in the agency counseling part of the School of Education,” she says. “I did some substance abuse counseling prior to switching to domestic and sexual violence counseling.”

She was drawn to the non-profit sector. “I knew there would be people who couldn’t afford a private practice counselor. I wanted to make sure that everyone would have an opportunity for counseling. I was always drawn to the non-profit world.”

Ten years ago, she joined Avalon to oversee the outreach office and to counsel individuals and groups. “We counsel both women and men in that office,” she says. “I also do community education and presentations about the issues of domestic and sexual violence.”

Domestic and sexual violence are both about power and control. “Domestic and intimate partner violence is when there’s an intimate relationship – whether that’s a parental relation-

ship or an intimate female/male relationship, male/male or female/female. Sexual violence can include parent to child, siblings, stranger, acquaintance, dating partners or marital rape. Lots of times people don’t think of marital rape, but no means no.”

By starting education in the teen years, the high school students may be able to stop the behavior early. “That’s when the issues really start, when teens start dating,” she says. “Ideally, middle school would be the best time to start education. However, the maturity level at that age can make the concepts difficult to teach.” The program focuses on the high school juniors and seniors who will be the role models for the younger students and their own younger siblings.

“We hope for a trickle-down effect with the education. But dating violence starts as early as middle school. Our goal is to educate at that age so there’s not as many coming through the door at an adult age.”

What starts as kids teasing each other and jockeying for peer pecking-order may lead to a habit of abuse. “It’s hard to know,” she explains, “because teens joke around in their

friend-groups. But when a person is constantly putting another person down, trying to exert power over that person, trying to control how they feel, what they do, what they wear, who they hang out with, [and] that becomes abuse.” She explains, “It is a pattern that continues. When someone is trying to get you to do something that you don’t want to do – and using power and control to do it – it’s crossed over into abuse. That may mean following you to your classroom to make sure you don’t talk to anybody along the way, or texting you day and night to check up on you.” Technology has connected people, but it has also opened the door for cyber-abuse/bullying. “That constant connection allows more abuse.”

Juanita says there are signs to watch for in a teen who may be suffering from emotional or physical abuse.

“You may find that grades suffer. The teen may be isolated more because that’s one of the elements of the abuse – the abuser wants to isolate his/her victim from friends and family.” Along with falling grades, confidence levels may drop. “Depression is a part of it. On the opposite end, the victim may become abusive

Family-Style Relaxing Waterfront Dining



## The Blue Heron Restaurant

Overlooking the Chickahominy River

We Specialize in Fresh LOCAL SEAFOOD and SIZZLING STEAKS!



Take Mom to Dinner!

Roses for the first 100 Mothers to Dine on Mother's Day!

Only 15 minutes from Williamsburg!

Call 804.829.9070 for dinner reservations.

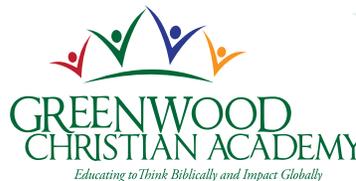
River's Rest Marina • 9100 Willcox Neck Rd, Charles City, VA

[www.riversrest.com](http://www.riversrest.com)



NOW ENROLLING FOR FALL 2013!

Greenwood Christian Academy takes pride in providing Williamsburg children the finest Christian education from Preschool to 5th grade.



Call today to schedule your private tour

757.345.0905

[www.GreenwoodChristianAcademy.com](http://www.GreenwoodChristianAcademy.com)

to others.”

There are physical signs too. “Unexplained bruises and cuts,” Juanita describes. “It is equally prevalent with both boys and girls. Both sexes can be abusers or victims.”

Abuse is a loss of control for the teen. “There may be some behaviors where the teen is trying to get some control back into their life: eating disorders, substance abuse, something that enables them to take control, usually in an unhealthy way – that may be a sign.”

Her advice to parents is to talk with your son or daughter. “Your mission should be to let the teen know you care and want to talk. Let them know you are concerned about the behaviors you’ve witnessed. Ask how to help. You want to give them their power back, with your input and willingness to help.”

Go into it, she advises, with the notion that the teen will be part of the solution. “That goes a long way in helping them recover some of that empowerment.”

Even before signs might spark concern, create an open line of communication with your teen. “The goal is to help the teen feel she or he can talk to you about these things,” Juanita adds.

Seeking help from a counselor or from Avalon should come as soon as the survivor of abuse is ready. “Pushing someone to get help usually has the opposite effect,” Juanita warns. “A parent wants to take control, but forcing it may back-fire. You can encourage, nudge along, but force may put up barriers. Let it be part of the solution that the teen sees.” The counseling is not just for the teen, but also for the parents and siblings to help in the recognition and recovery.

The entire community can help by showing young people what healthy relationships look like. “Sometimes it easier to show what is healthy,” Juanita says, instead of trying to pinpoint what a teen should avoid. “All of us have the right to a healthy relationship, not to be judged, to say what you want or speak your mind without feeling like you will be put-down or emotionally abused for it. You have the right not to be physically hit. Knowing what a healthy relationship looks like sets a picture for when something unhealthy happens, it is recognized.”

While teens begin to experiment with relationships, they don’t always know what a good one looks like. Sometimes, they depend on

what they see on television or movies – usually not a good role model. “Parents should model healthy relationships.” Help show a healthy relationship and conflict resolution.

“Remember parents, that the initial reaction is [the] key. If a teen tells you something and you overreact, the teen might shut-down, and you’ll not hear the rest. Teens tend to test the waters. Be as calm as you can. Be open and honest, but don’t overreact.”

Juanita says she would love to be out of a job because there was no more domestic or sexual abuse, but until that happens she will work hard educating people on how to recognize it and to stop it.

“I want to continue to help people,” she says of future plans. “It’s not a job, it’s a calling. I enjoy watching people grow and heal. We are teachers for the next generation. Show them what is healthy in our lifestyles and in what we do so that the teens will emulate that.”

Juanita has a deep faith in the good of people. Teen dating violence is real, but can be eliminated with awareness, education, role modeling and the work of the community. That’s a calling that she steps up to and champions. NDN



## Life at Williamsburg Landing ...*embrace it*

*It's* about what's important in life – spending time with loved ones, trying new things and new places. At Williamsburg Landing, you have the time to do all of this and more.

Embrace a maintenance-free lifestyle, where your home is taken care of by our professional staff. There's also restaurant-style dining, endless educational and social pursuits, state-of-the-art Health Club & Spa, and healthcare if you need it.

The hardest decision may be choosing what to do with your time.

Welcome to Williamsburg Landing, a Continuing Care Retirement Community. *It's life at its best.*

Call today  
for a tour

(757) 585-4435

[www.WilliamsburgLanding.com/nd](http://www.WilliamsburgLanding.com/nd)



Williamsburg's only  
accredited Continuing Care  
Retirement Community.



Corey Miller Photography

# PATRIOT LINEAGE

By Greg Lilly, Editor

“My mother always wanted to join the DAR (Daughters of the American Revolution),” Bob Spencer says. “I can remember as a kid, going through cemeteries with my mother and father tracking down gravestones. She never got there. I always had in the back of my mind – put on hold for 30 years – that I was going to do something about it.” Bob is the president of the Williamsburg Chapter of Sons of the American Revolution (SAR).

To become eligible for membership for DAR or SAR, a person needs to establish lineage to an ancestor who aided in achieving American independence.

“I went online to Ancestry.com, put in the name of my ancestor, Jere-

provided by the Williamsburg  
Association of REALTORS®

## what's up in real estate



April is an important month for us as real estate professionals here and across the country.



by **Sam Mayo**  
President

**Williamsburg  
Area Association  
of REALTORS®**

This April is the 45<sup>th</sup> anniversary of Fair Housing month and REALTORS® take this time to reaffirm their continuing commitment to fair and equitable treatment and a professional level of service for all in their search for real property. The 1968 Fair Housing Act prohibits housing discrimination on the basis of race, color, national origin, religion, sex, familial status, or handicap.

“We are always interested in the promotion of Fair Housing,” says Linda Kinsman, Association Executive of the Williamsburg Association of REALTORS®. “April is the month we specifically recognize the value and principles of Fair Housing, but it is actually something REALTORS® promote all year long.”

We also celebrate the nation’s largest Open House weekend April 20-21 with REALTORS® and state and local real estate associations throughout the United States and internationally.

While participation in the Open House event is not mandatory for associations or its members, the importance of such an event is certainly not lost. Statistics provided by the National Association of REALTORS® show that 45 percent of home buyers in 2012 used open houses as a source in their home search process. This figure also suggests the value of open houses even in the Internet era. In fact, 46 percent of the buyers who went to open houses found out about them through internet searches. Please forgive the shameless plug, but open house

information for homes listed by members of the Williamsburg Multiple Listing Service is always available on the Association’s web site. Just click your way to WAAREaltor.com and look for the open house tab at the top of the home page.

Kinsman also addressed the value and importance of the Open House weekend. “The REALTOR® Nationwide Open House is a fantastic opportunity for those interested in homeownership to connect with a REALTOR® who can offer expert guidance and advice on the home buying process. Open houses are also a great way for potential buyers to get a feel for what is available in their local market.”

REALTOR® open houses have been on the rise in recent months with many taking advantage of the improving weather and what appears to be the front edge of a rebounding market. According to those same NAR statistics, the southern portion of the United States appears to be most active in the conducting of open houses. First-time home buyers also seem to be taking full advantage of open houses as they shop for a home. And buyers in the 45- to 64-year-old age group also show a growing desire to look around and visit open houses.

If you are in the housing market, please visit some of the fine homes that are being held open in our area. You’ll be glad you did.

For additional expert information and guidance, consult a REALTOR®. For a complete and accurate listing of homes for sale, visit [www.WAAREaltor.com](http://www.WAAREaltor.com).

**Williamsburg Area Association of REALTORS®**

757-253-0028 / [info@WAAREaltor.com](mailto:info@WAAREaltor.com)

5000 New Point Road, Suite 1101, Williamsburg VA 23188-9418



miah Lott, from Bucks County, Pennsylvania,” Bob explains. “I put the name in and his timeframe, and out pops the name of a woman who is an expert on Jeremiah Lott. I got in touch with her, and we’ve developed a great relationship over genealogy.”

As Bob tracked down records from his parents, grandparents and on back through time, he discovered facts that brought his patriot ancestor to life and gave a face to what he had learned in school about the American Revolution.

“Jeremiah Lott was 20 years old in the early years of the Revolution. Young and illiterate, he didn’t have great job prospects, I would guess,” Bob says. “He wanted to join the militia. His pension records indicate he fought in many of the battles in that area of Pennsylvania and New Jersey such as Trenton, Princeton, Monmouth Court House, Brandywine and Germantown.”

Bob didn’t realize that his ancestor had walked the same areas he had walked. Bob was born and raised in Jersey City, New Jersey. His

father was an elementary school principal for many years in Jersey City.

“William Caine, who was involved in horse racing,” Bob says, “established a scholarship fund for Princeton University for graduates of the high schools in Jersey City and other New Jersey localities.” Bob won that scholarship from his school – Snyder High School – and went to Princeton. He graduated from Princeton’s Woodrow Wilson School of Public and International Affairs in 1959. Then he enrolled and graduated from Columbia Law School. “I was a Harlan Fiske Stone Scholar at Columbia. I started on Wall Street as a tax lawyer then became the assistant general counsel for Dictaphone Corporation and then I moved to general counsel for Olivetti Corporation.” After that, Bob returned to private practice.

“When I was with Dictaphone Corporation, we moved to West Chester County, New York – Tarrytown. We lived there for 38 years. I was president of the local school board, Rotary, many civic organizations and charities. My wife was equally busy. Carolyn spent almost

30 years with the Tarrytown Volunteer Ambulance Corp. She retired from being swimming instructor at the Greenburgh Town Community Center.”

Carolyn decided she wanted to move away from the Metropolitan New York area. “We had lived there all our lives. We decided we wanted to go south. We really liked Williamsburg. We’ve lived in the Stonehouse area for the past eight years.”

Here in Williamsburg and retired, Bob had the time to begin his research into his ancestor, Jeremiah Lott.

“In 1779, he joined the Fourth Regiment of the Continental Light Dragoons, which was a cavalry outfit,” Bob describes. “He was up in the New York Metropolitan area. I wish I had known that when we lived up there because he was involved in activities in West Chester County. I didn’t know about that at the time we lived there.”

Later in the year of 1779, Jeremiah Lott shows up again in battle records, but now in South Carolina. “He was under General Na-

# PRESERVE YOUR WEALTH for Future Generations

## The Peninsula Center offers the following services:

- ▶ Estate Planning Services
- ▶ Incapacity Planning
- ▶ IRA and Retirement Planning
- ▶ Special Needs Planning
- ▶ Asset Protection & Business Planning
- ▶ Guardianships & Conservatorships
- ▶ GLBT Estate Planning
- ▶ Pet Planning
- ▶ Veteran’s Benefits & Medicaid Planning
- ▶ Probate & Trust Administration

**THE PENINSULA CENTER**  
for Estate Planning and Elder Law

*“I look forward to serving you.” - Helena S. Mock, Attorney*



757.969.1900 • [www.tpcestate.com](http://www.tpcestate.com) • 263 McLaws Circle (Atrium Building), Suite 104, Williamsburg, VA

thanael Greene fighting Cornwallis throughout the south during the end of the war. A particular one mentioned was the Battle of Eutaw Springs. He stayed in the war until 1783 – really he fought for eight years. When he left the army, he got his back pay and a land grant in the ‘Western Reserve’ (now eastern Ohio). He sold that and lived in western New Jersey and had nine children.” Bob’s lineage came from one of those nine children – Bartholomew Lott.

Bob found that his more recent ancestors were almost as difficult to trace as the 18th and 19th century ones. “Fortunately my great-grandfather and grandfather on my mother’s line were both Methodist ministers. I went to the Methodist historical archives at Drew University in Madison, New Jersey to trace records. They had the obituaries of both my great-grandfather and grandfather. Those documents were very helpful in establishing the line.”

Bob says it took him about a year to pull the information together to submit his application

to SAR. “I had a lot of help from the registrar/ genealogist from the chapter to get the application completed.”

The Williamsburg Chapter of SAR encourages interest in the historical period of the American Revolution, patriotism and service to the community. With those attributes in mind, the men pay tribute to residents who make the area a better place to live. “We honor a teacher of the year, [and] public safety officer of the year,” Bob lists. “We have an essay contest for students. We give certificates to Eagle Scouts.”

On May 4th, the local chapter will dedicate a plaque in the Bruton Parish Church to honor three early American patriots. “We’re involved in the Memorial Day Parade. We honor the Battle of Spencer’s Ordinary and the Battle of Green Spring.”

Bob wants to “keep the energy going in the chapter and in the programs about Revolutionary history and genealogy.” The chapter meets once a month and welcomes anyone interested in the American Revolutionary War. “It’s an in-

teresting group of people.”

Along with SAR, Bob is involved in many civic organizations and non-profits in the area. “Williamsburg,” he says, “it’s the best decision Carolyn and I made. It’s a great community. I teach an estate planning class at Christopher Wren Association each year. I met a lot of people when I was one of the first LEAD Historic Triangle class graduates. I still see and interact with those folks today at meetings for different groups around town.”

Bob and Carolyn have six children. “Two boys who are biological children,” he lists, “we adopted two girls from Korea, we have a foster daughter and a Rotary Exchange daughter from Brussels, Belgium.”

Bob Spencer looks back at his ancestors, but also enjoys seeing the future bloom ahead. “We’re having a family reunion this June. All of them will be there plus the eight grandchildren.” He’s honoring the sacrifice of his Revolutionary ancestor while making his own mark today. NDN

<http://williamsburg.virginia-sar.org>



There's  
more to  
*life*

**AT MORNINGSIDE OF WILLIAMSBURG**

- Assisted living and our award-winning Alzheimer's and Memory Care program
- Five star dining
- Emergency response system
- 24-hour, specially trained, caring staff
- Active social, recreational and educational programs

**ASK ABOUT OUR SPRING SPECIALS!**

**MORNINGSIDE OF WILLIAMSBURG**  
ASSISTED LIVING & ALZHEIMER'S CARE

**FIVESTAR SENIOR LIVING**

440 Mcclaws Circle • Williamsburg, VA 23185

**757-221-0018**

[www.MorningsideOfWilliamsburg.com](http://www.MorningsideOfWilliamsburg.com)

©2013 Five Star Quality Care, Inc.



DELI • WINE • BEER • GROWLERS • CHEESE • CIGARS • GIFT ITEMS & MORE!

**The  
Official Wine  
of the LPGA!**



**MIRASSOU.**  
WINERY



**May 1: Meet & Greet Wine Tasting  
by Steve Mirassou**

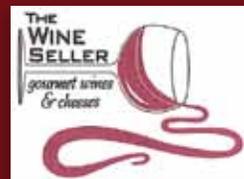
6pm to 8pm • \$20 per person.  
Wines paired with hor'doerves. Call the  
Wine Seller to make reservations.

**May 4: Run for the Roses - Derby Day**

**May 12: Mother's Day**

**FREE! Weekly  
Wine Tastings!**  
Fridays: 4pm - 7pm

Saturdays:  
2pm - 6pm



**4680-15 Monticello Marketplace • (757) 564-4400**  
[www.grapesbythecrate.com](http://www.grapesbythecrate.com)

# Hey Neighbor!

Please visit [www.WilliamsburgNeighbors.com](http://www.WilliamsburgNeighbors.com)

and click on **Hey Neighbor!** for a complete list of current community announcements.

To submit your non-profit event to Hey Neighbor! send a paragraph with your information to:  
[heyneighbor@cox.net](mailto:heyneighbor@cox.net)

## **Hey Neighbor!** **FREE TAX PREPARATION**

Ongoing  
Williamsburg-James City County Community Action Agency will offer free tax preparation services to low-and moderate-income workers. Families and individuals with an income less than \$50,000 may be eligible to claim the earned income tax credit, which can reduce the amount of income 757-229-3316 or 757-229-9332.

## **Hey Neighbor!** **HOST AN INTERNATIONAL STUDENT**

Ongoing  
Applications being accepted June 1 through AIFS Foundation (AYA) Academic Year in America, [www.academyyear.org](http://www.academyyear.org) You can choose to host a student either for a semester or a full academic year. All AYA students are 15-18 years old attend high school, have their own medical insurance, spending money, and are fully screened. All you have to do is provide room and board and a loving home environment. For more information please contact Catherine Gude at 757- 525-6491 or [kgude@yahoo.com](mailto:kgude@yahoo.com).

## **Hey Neighbor!** **RC AIRPLANE AIRSHOW**

Ongoing  
Colonial Virginia Aeromodelers (CVA) is a Radio Control Model Airplane and Helicopter club. Our members are from all walks of life with ages ranging from 8 to 80 years old. The public is invited to come see us fly at our flying field on week-

end afternoons (weather permitting). Our flying field is located on Route 5 one mile west of the Chickahominy River Bridge in Charles City County behind the Branscome Concrete plant. A free flight with a flight instructor can be arranged upon request. For more information, including dates for our special events, visit our website at [www.cvarc.homestead.com](http://www.cvarc.homestead.com), or call 757-229-7698, or email [jb753@cox.net](mailto:jb753@cox.net).

## **Hey Neighbor!** **TIDEWATER DECORATIVE PAINTERS**

Ongoing  
First Methodist Church, 10246 Warwick Boulevard Newport News. 2nd Saturday at 9 am, each month except July, Aug, and Dec. (Members come from Greater Hampton Roads). Contact Donna Pultz, [dpultz@aol.com](mailto:dpultz@aol.com). Call 757-229-4997 for information.

## **Hey Neighbor!** **PARK PACKS**

Ongoing  
Want to enhance your visit to York River State Park? Then a Park Pack is what you need! A Park Pack will help you explore the park on your own. Each pack contains binoculars, guide books, story books, bird-song players, and more. Park Pack themes include Birding, History, Rivers, and more. Check out a Park Pack for up to 3 days at the Park Office Mon-Fri. 9 am to 3 pm. York River State Park, 5526 Riverview Rd, Williamsburg.

## **Hey Neighbor!** **SHOP - DONATE - VOLUNTEER**

Ongoing  
Habitat for Humanity ReStore, discount building supply and home store, located at 1303 Jamestown Road, Williamsburg, 603-6895.

## **Hey Neighbor!** **EXPERIENCED EMPLOYEES IN TRANSITION JOB CLUB**

Ongoing  
Join the Experienced Employees in Transition...A 45+ and over Job Club. Meeting the 2nd and 4th Tuesdays of the month, 9-10:30 am, the Senior Services Coalition of Williamsburg is offering a support group for unemployed and under-employed adults. For current meeting topics, directions, and other information please refer to our website: <http://www.seniorservicescoalition.com/jobclub/>. Cost: Free. Meetings held at the Historic Triangle Community Service Center, 312 Waller Mill Road, Conference Rooms A&B, Williamsburg.

## **Hey Neighbor!** **WHAT'S NEW AT WALT?**

Ongoing  
The Williamsburg Area Learning Tree (WALT) is offering more than 65 courses this spring for anyone who wants to "Try Something New!" A complete list of course descriptions and instructor bios is online at [www.wuu.org/WALT](http://www.wuu.org/WALT) plus registration is available through PayPal and also through the mail with a check. WALT is not for profit education program that brings neighbors together to share learning experiences and is a community service project of the Williamsburg Unitarian Universalists. Register-

tion forms are available on line at [www.wuu.org/walt](http://www.wuu.org/walt), the W/JCC libraries and various offices around town. For more information: call 757-220-9975.

## **Hey Neighbor!** **ZUMBATHON FUNDRAISER**

April 19, 2013  
Lambda Lambda Omega Chapter of Alpha Kappa Alpha Sorority, Inc. and the R.F. Wilkinson Family YMCA are co-sponsoring a Zumbathon. All proceeds will support Strong Communities and scholarships. for W-JCC/ York High School seniors. Time: 6-9 pm. Location: YMCA - 301 Sentara Circle, Williamsburg, VA 23188. Price: YMCA members-\$10; non-members -\$15. For more information, contact YMCA staff at 757- 229-9622 or Wilma Bond at [wbond4@cox.net](mailto:wbond4@cox.net).

## **Hey Neighbor!** **LIBRARY BOOK SALE**

April 19-21, 2013  
The Friends of Williamsburg Regional Library sale of used books, DVDs, CDs and more will be held at the Williamsburg Community Building, 401 North Boundary Street (across the street from the Williamsburg Library). Proceeds from the sale benefit the Williamsburg Regional Library. Members of the Friends have first chance at the bargains at a special Friends-only advance sale on Friday, April 19 from 3-8 pm. Friends' memberships will be sold at the door for non-members wishing to take part in the Friday evening sale. On Saturday, April 20, the public sale takes



## **Kiwanis Club of Toano Golf Tournament**

Williamsburg National Golf Club

**Friday, May 17th • 1 pm Shotgun Start • Captain's Choice**  
Sponsorships and Foursomes Available

**For more information call Lynda at (757) 229-7888**

**FRIDAY, SATURDAY & SUNDAY**  
**Buy One Entree,**  
**Get One HALF OFF!\***

Casual Family Dining in  
 a Sports Atmosphere

**Kids Eat Free All Day, Everyday!**




240 McLaws Circle, Suite 154, Williamsburg  
 (757) 220-4634 • Fax: (757) 220-4678  
 www.thesportsmansgrille.net

\*Cannot be used with any other specials or discounts. Exp. 5/31/13

**Your Invitation Headquarters**

Graduation  
 Announcements,  
 Cards & Gifts!

Remember Mom  
 with Our Cards  
 & Special Gifts

Wedding & Party




**Parlett's Paper  
 Expressions**

4309 New Town Ave., Williamsburg • 757-561-0231

*Building the Best Team to Serve Our Patients*



WILLIAMSBURG CENTER  
 for **Dental Health**<sup>SM</sup>

Stacey Sparkman Hall, D.D.S.



We are thrilled to introduce our newest hygienist, Linsey Joyner Carter. A graduate of Old Dominion University, Linsey has over six years of dental hygiene experience. We are blessed to have her as part of our team.

Williamsburg Center for Dental Health is a full-service dental provider that focuses on high-quality treatment and a relaxed, positive patient experience.

**ACCEPTING  
 NEW  
 PATIENTS**

*Personalized Solutions You Can SMILE About*

757.565.6303 | [appt@williamsburgdentalhealth.com](mailto:appt@williamsburgdentalhealth.com)  
**WILLIAMSBURGDENTALHEALTH.COM** |  

5231 Monticello Ave. | Suite E | Williamsburg, VA 23188  
 Located in Courthouse Commons, next to the Fresh Market

place from 10 am – 4 pm. CD offerings only will be replenished on Saturday. The Sunday, April 21 sale takes place from 11am – 3 pm and all items will be half price. Purchases can be made with cash, check or Visa/MasterCard. For information on joining Friends of Williamsburg Regional Library, call Benjamin Goldberg at 757- 259-4042 or visit [www.wrl.org/friends](http://www.wrl.org/friends).

**Hey Neighbor!**  
**W.I.S.E. RACE**  
 April 20, 2013

8 am start time Mariners' Museum, 100 Museum Drive, Newport News. The race is in support of W.I.S.E. (Women's Initiative for Success and Empowerment). Dedicated to improving the lives of women and children in Hampton Roads through education, financial skills, life skills, teen outreach and other projects. Come out and join the Junior League of Hampton Roads to run, walk and have fun with live entertainment, free admission to Peninsula Fine Arts Museum, face painting, health/fitness expo and much more. Register at [www.jlhr.org](http://www.jlhr.org) or [www.active.com](http://www.active.com).

**Hey Neighbor!**  
**BARRELS AND BINS**  
 April 20, 2013

In the Botanical Garden, the Williamsburg Master Gardener Barrels and Bins team will show gardeners how to grow healthy and delicious fresh vegetables and herbs using sustainable and environmentally friendly projects. The team will demonstrate how to build a rain barrel, how to make a composter using readily available materials and how to construct a self-watering container. In Freedom Park Interpretive Center or Williamsburg Botanical Garden. Time 10 – 11:30 am. Free and open to the public.

**Hey Neighbor!**  
**CONCERT: WREN MASTERS**  
 April 20, 2013

This quartet of William & Mary faculty members plays period instruments in performances of 16th to 18th century music, featuring works by Bach, Couperin, Handel, Telemann and Vivaldi. Time: 7:40 pm at the Williamsburg Baptist Church. Free and open to anyone who wishes to attend. All concerts are held at 227 Richmond Road, Williamsburg. For more information call the church at 229-1217.

**Hey Neighbor!**  
**"THE AMERICAN CIVIL WAR AT HOME" CONFERENCE**

April 20, 2013  
 The Virginia Sesquicentennial of the American Civil War Commission, in conjunction with William & Mary, will host the conference, featuring some of the nation's most prominent Civil War experts, is open to the public. To register, go to [www.virginiacivilwar.org](http://www.virginiacivilwar.org) or phone 804-786-3591. Cost for the conference is \$15. Convened by W&M professors Scott Reynolds Nelson and Carol Sheriff, the focus is on the limits of emancipation and internal dissent in the Confederacy and the Union.

**Hey Neighbor!**  
**HAPPY 1st ANNIVERSARY**  
 April 20, 2013

Celebrate with us 9 am - 5 pm at the Habitat for Humanity ReStore on Jamestown Road. There will be food, fun, special anniversary discounts, and door prizes. We will also be accepting donations and recycling. Volunteers needed to help make this event a huge success. Contact Tina McCabe 757-603-6895.

**Hey Neighbor!**  
**HIKE FOR HOSPICE, "A WALK TO REMEMBER"**  
 April 20, 2013

12:15-4:30 pm at Governor's Land. Hospice House & Support Care of Williamsburg is holding its first annual Hike for Hospice, a leisurely two mile walk, followed by a Celebration of Life. Participants may walk to celebrate the memory of loved ones, in honor of someone, or just to support Hospice House. This important fund-raising event will also feature music by DJ Bobby Hornsby, dancing, food, drink, a silent auction and raffle prizes. Register online at [www.williamsburghospice.org](http://www.williamsburghospice.org), or contact Hospice House at 757-253-1220 and ask for Stacy.

**Hey Neighbor!**  
**GARDEN TEA AND PLEIN AIR PAINTING**  
 April 21, 2013

Tea and light refreshments will be served on the lawn of the Jones-Stewart Mansion at Chippokes Plantation State Park after a plaque dedication ceremony honoring the Stewarts' donation of the park to the Commonwealth of Virginia. Time: 2 pm. Also Plein Air Painting, Hearth Cooking, and Mansion Tours. Park fee will be waived for the day. Questions, call Joan Miller at 757-229-2132.

## Hey Neighbor! SIMPLY BRILLIANT GADGETS

April 22, 2013

Sponsored by the Peninsula Aging & Disability Resource Network (PADRN), representatives from the Virginia Assistive Technology System at Old Dominion University will hold a hands-on presentation of assistive technology devices that help individuals age in place. Time and place: 10 am in the Historic Triangle Community Services Center, 312 Waller Mill Road, Seating is limited. For more information contact the PADRN office 757-345-6277 or padrn@paainc.org.

## Hey Neighbor! MARLINSPIKE & KNOTS: WHAT KNOT TO DO?

April 23, 2013

Kingsmill Yacht Club's Community Education program, a non-profit entity taking a leadership role in developing the passion of safe and active boating in our communities, offers this class to learn all the best "lines to use, and stay out of trouble" when tying things properly on the deck or on your roof rack. Class will be conducted at the Mounts Bay Recreation Center's Community Room, in Kingsmill, Williamsburg. Because space is limited, RSVPs and \$25 registration fee must be received one week prior class. Full course descriptions and dates can be obtained by contacting David Chin at 757-258-1689, or by email at: david.r.chin@wellsfargoadvisors.com.

## Hey Neighbor! CUPCAKE WARS

April 24, 2013

10 am to 2pm. Turn your sweet tooth into a tasty donation to CHKD. Buy your favorite cupcakes, sample goodies and make a contribution. All proceeds benefit CHKD. Liz Moore offices at 5350 Discovery Park Blvd. and 11801 Canon Blvd. in Newport News. For more information contact Lynette Tully: lynnettetully@lizmoore.com.

## Hey Neighbor! SECOND ANNUAL CENTRAL OFFICE - OPERATIONS RELAY FOR LIFE WALK-A-THON

April 25, 2013

At J. B. Blayton ES from 4:30 - 6 pm. Families are welcome to participate! Registration forms are available at Central Office and Operations after February 25, 2013. Cost: \$5 minimum donation For more information, contact Alice Allred allreda@wjcc.k12.va.us.

## Hey Neighbor! 'LA GRAN NOCHE' FUNDRAISER

April 25, 2013

James City Lions Club is organizing its third annual Fundraiser 'La Gran Noche' to support Sight, Hearing and Diabetes Initiatives. The event will be held at La Tienda, 1325 Jamestown Road, Williamsburg from 6-9 pm. Tickets are \$28 for Students and Military and \$40 for non-students. It will be an authentic Spanish evening of tapas, paellas, select wines and beer. Come support a worthy cause. For further details and ticket information contact Earl Kleiser at 757-345-0003 or Divya at divya.singla@mason.wm.edu.

## Hey Neighbor! "A NIGHT AT BLACKSTONE MANOR" MYSTERY DINNER THEATER

April 25-28, 2013

The King's Players will present "A Night at Blackstone Manor", a mystery dinner theater set in England. All performances begin at 6:30 pm with doors opening at 6 pm. Everyone is invited to attend. Tickets are \$25 per person, and includes a meal. Tickets must be purchased in advance. Call the church office at 258-9701. All proceeds will benefit King of Glory's High School youth group travel to the LCMS National Youth Gathering in San Antonio, Texas this summer. Location: King of Glory Lutheran Church, 4897 Longhill Road. For additional information, please contact Mark Elgert at mark.elgert@gmail.com.

## Hey Neighbor! DAY OF GOLF TO SUPPORT BEYOND BOOBS!

April 26, 2013

Registration begins at 10 am and tee off at 12 noon. Ford's Colony Country Club in Williamsburg. \$125 per person or \$500 per team (\$50 off a team of 4 if registered by March 2). Register at www.breastballgolf.com. Join us for a fun day of golf for a great cause. Tee off in the name of breast health and support for young women diagnosed with breast cancer. Come support Beyond Boobs Sponsorship opportunities and registration available now. Enjoy our huge raffle, auction, and after party. Spaces limited. Don't golf? Come volunteer! Call Vicki at 757-846-1095 for details. See you there!

## Hey Neighbor! COMMUNITY OF STARS BANQUET

April 26, 2013

The Williamsburg-James City

In the Nation, we play favorites.



Instead of one company for auto protection, another for home and another for life, you can just go with the one that offers the protection you need. Where you could **save up to 25%**, just for trusting one company to help protect all the things you love. We put members first, because we don't have shareholders.

Join the Nation of one-stop shoppers.



Join me in Williamsburg.

**Elaine Obie**  
Williamsburg Insurance Agency - New Town  
4324 New Town Ave.  
Suite B2  
476-5816



Nationwide Is On Your Side.®

Products underwritten by Nationwide Mutual Company and Affiliated Companies, Columbus, Ohio. Savings compared to standalone price of each auto, home and life policy. Savings based on new customer data from May 2010. Not all Nationwide affiliated companies are mutual companies and not all Nationwide members are insured by a mutual company. Nationwide, Nationwide Insurance, the Nationwide framework, Nationwide is On Your Side and Join the Nation are service marks of Nationwide Mutual Insurance Company. ©2012 Nationwide Mutual Insurance Company. All rights reserved. NPR-0503M1 (07/12)

Let your home work for you with a  
**REVERSE MORTGAGE**

With a federally insured reverse mortgage, you can convert your home's equity into cash. You can use this cash for anything you'd like. Work with a reverse mortgage banker who lives and works in Williamsburg! **Increase your monthly income and peace of mind today with a reverse mortgage!**

**CONTACT CRAIG MINTON TODAY!**

 **Craig L. Minton, rmb #459935**  
Regional Vice President  
Phone: 757.254.1331  
E-mail: craigminton@atlanticbay.com

 Your Local Lender  
**ATLANTIC BAY**  
MORTGAGE GROUP  
"Lends Peace of Mind"

Consult your tax advisor before choosing a reverse mortgage. Atlantic Bay Mortgage Group LLC is licensed by the Virginia State Corporation Commission, license MC 936, RMLS #72043.

# treat yourself!

Buy Any Cone at Regular Price  
and get Any Single Cone for **99¢\***



\* With coupon. Cones must be purchased at same time. Good through 5/31/13. Cannot be combined with other offers.

**757.220.8930**

5289 John Tyler Highway



## Technology Challenges Made Easy

Is Your Computer:

Still in the Box? Working Real Slow? Got Viruses?  
Do You Need Custom Training & Lessons? I can help.

- ~ Jessica Hughes, Owner
- Technology repair services
- "Just what you need" training
- Follow-up phone assistance



**By Your Side  
Technology**

FREE ESTIMATES!

(757) 253-7603

Licensed & Insured [www.byyoursidetechnology.com](http://www.byyoursidetechnology.com)

Come See. Come Sigh.



**Come Buy!**  
26 James Square  
Bike to W&M from  
this 3 BR townhome  
with many updates. A  
"Bargain-Buy" at  
**\$139,900**



Be the First - not the Last to call!  
Quick sale anticipated at this price.

**757.403.7676**  
[ivanabasnight@cox.net](mailto:ivanabasnight@cox.net)

**Iwana  
Basnight**

Associate Broker, ABR, CRS, GRI, Accredited  
Staging Professional, Senior Real Estate Specialist

**Prudential**  
Towne Realty

© 2012 BRER Affiliates, Inc. Real Estate Brokerage services are offered through the independently owned and operated network of broker member franchisees of BRER Affiliates, Inc. Equal Housing Opportunity. Prudential Towne Realty is an affiliate of TowneBank.

## New! One-on-Two Personal Training!



You & a friend pick your fitness goal & we'll create the custom workout just for you! You'll pay half the cost of 1-on-1 personal training... with twice the fun. Call today to get started!

**Studio A**  
inspired fitness

Five Forks Shopping Center on the Corner of  
John Tyler & Ironbound - Across from Farm Fresh | 757-345-5556  
[studioAfitness.com](http://studioAfitness.com)

County Community Action Agency will hold its 10th Annual Community of Stars fundraising banquet at Colonial Heritage Clubhouse at 6500 Arthur Hills Drive in Williamsburg. Proceeds from the banquet will go toward the agency's programs and services, to include Head Start pre-school and youth, family and emergency services. Tickets are \$50 per person, \$90 for two and \$450 for a table of ten. To purchase tickets, contact Yvonne Joseph at 229-9332.

### Hey Neighbor!

**JILLIAN MICHAELS "MAXIMIZE YOUR LIFE"**

April 26, 2013

At 8 pm at Christopher Newport University's Ferguson Center for the Arts, Newport News, the world's leading health and wellness expert appears live on stage. Promising an evening of inspiration that will forever motivate and change lives, America's health and wellness guru Jillian Michaels is set to launch her first ever "Maximize Your Life" tour this spring. More information can be found at [www.fergusoncenter.org](http://www.fergusoncenter.org) or [www.jillianmichaels.com](http://www.jillianmichaels.com).

### Hey Neighbor!

**"NAACP: FACING CHALLENGES, DRIVING CHANGE"**

April 27, 2013

NAACP Life Membership Banquet will be held at the Williamsburg Lodge. Keynote Speaker is Oscar H. Blayton, Civil rights attorney, human rights advocate, and social change agent. Presiding: Barbara H. Harris. Entertainment provided by Liz Montgomery. Silent Auction/ Reception - 5 pm. Dinner/Program - 6:30 pm. Proceeds support the Branch civil rights and youth programs and community outreach efforts. For tickets call NAACP Branch Office at 229-3113.

### Hey Neighbor!

**WILLIAMSBURG CHARITY MOTORCYCLE RIDE (POKER RUN)**

April 27, 2013

The ride starts and ends at Shorty's Diner at James-York Plaza, route 143, proceeding through James City County, Charles City County, New Kent County, and City of Williamsburg. Registration 8 - 11 am. No rider/bike out before 8 am and last bike/rider out at 11 am. All riders must return to Shorty's Diner no later than 3 pm. Option 1 - bike and rider \$20, includes one poker hand. Option 2 - you can get people to sponsor you on this ride, Any

rider who turns in \$100 or more will receive free registration and \$15 gift certificate from Charly's Airport Restaurant at Williamsburg-Jamestown Airport plus eligibility to win flat screen TV. Additional rider \$10. Additional poker hands for either option \$5.00. Awards for different kinds of poker hand. For more information, contact Charley Rogers at 757-565-3484 (home) or 757-229-9256 (work) or [charleyrogers@yahoo.com](mailto:charleyrogers@yahoo.com) or [fiveforksruritan@yahoo.com](mailto:fiveforksruritan@yahoo.com)

### Hey Neighbor!

**LITERACY FOR LIFE'S 7TH SHRED-A-THON**

April 27, 2013

From 8-11 am, bring your confidential documents for drive-thru, on-site shredding at the Williamsburg Outlet Mall! The Stealth Shredding trucks can handle all paper, CDs, DVDs, paper clips, staples, binders, large clips, and video tapes. Contact Literacy for Life for questions or sponsorship opportunities at 757-221-3325 .

### Hey Neighbor!

**BARK IN THE PARK SPRING FLING -GIVING SHELTER DOG'S NEW LEASH ON LIFE**

April 27, 2013

Bark in the Park is PAWSing in 2012 to spring back in 2013! From 10 am - 3 pm. James City County Parks & Recreation will once again partner with Heritage Humane Society Auxiliary to sponsor this Pledge Driven Walk & Family Festival at Chickahominy Riverfront Park in Williamsburg. This supports our Mission statement, which is to provide a fun and educational day, and directly support our homeless animals and finding them a forever home.

### Hey Neighbor!

**VIRGINIA NATIVE PLANT SALE**

April 27, 2013

Time: 9 am - 1 pm. The John Clayton Chapter of the Virginia Native Plant Society will be selling Virginia native flowering perennials, ferns, grasses, shrubs, vines, and small trees. Plants for all conditions: sun, shade, moist or dry; butterfly and bird gardens; RPAs and more! The sale will occur at the campground on Jamestown Road, across from Jamestown Settlement. Master Gardeners and the Williamsburg Botanical Garden will also have plants for sale. For more information, contact Lucile Kossodo at 757-565-0769.

## Hey Neighbor! WOMEN'S REFRESHER MINI-CONFERENCE

April 27, 2013

Ladies you are cordially invited to our annual Women's Refresher; a Mini-Conference that will be sure to refresh your spirit. It will be held at Calvary Chapel Williamsburg Church (located off Olde Town Road – behind Food Lion) from 5–8:30 pm. This year's theme is; "The heart of the Father is to have us follow His Son." We will have a pot luck dinner, with worship, teaching, and fellowship to follow. Call Jeanne at 757-220-8400 if you have any questions.

## Hey Neighbor! 50TH ANNUAL ART ON THE SQUARE

April 28, 2013

Hosted by the Junior Woman's Club of Williamsburg from 10 am – 5 pm, free and open to the public. Rain or shine. Merchant's Square, Williamsburg. Featured painting to be raffled at 4:30 pm. Raffle tickets available at JWCW registration tent: 1 ticket/\$2 or 3 tickets/\$5. See [www.williamsburgjuniors.org](http://www.williamsburgjuniors.org).

## Hey Neighbor! 5TH ANNUAL WILLIAMSBURG AQUATIC CLUB GOLF TOURNAMENT

April 28, 2013

Shotgun start at 1 pm at Ford's Colony Country Club. Includes 18 holes of golf, cart, box lunch, tee prize, raffle prizes, and trophies. Captain's Choice \$85 per player or \$340/team. To register, contact Chris Burrows 757- 345-0382 or [cburrows1@live.com](mailto:cburrows1@live.com). For questions, contact Carey Sprigg at 757-645-3260.

## Hey Neighbor! TRINITY ORGAN CONCERT: AARON RENNINGER, ORGANIST AND MARJORIE MOLLENAUER, HARPIS

May 1, 2013

The free concert will include a variety of classical pieces performed by Saint Bede's organist Aaron Renninger and classically trained harpist Marjorie Mollenauer. Time: 12 noon. at Saint Bede Catholic Church, 3686 Ironbound Road. Bring a friend and your lunch. Beverages provided. For more information, call 757- 229-3631 or visit [www.bedeva.org](http://www.bedeva.org).

## Hey Neighbor! SIGHT AND SOUND THE-

## ATRE TRIP TO PA

May 3, 2013

A 3-day trip consisting of "Noah" at the Sight and Sound Theatre in Strasburg, PA. Call 259-4187 for more information. 5301 Longhill Rd, Williamsburg.

## Hey Neighbor! VIRGINIA PENAL CODE COMMUNITY DIALOGUE

May 1, 2013

Speaker: Former Professor at Marshall-Wythe School of Law, Prof. John Levy. The League of Women Voters Williamsburg Area is holding a series of Community Dialogues on Felony in Virginia. Free, public encouraged to attend. Held at the Williamsburg Library Auditorium, 515 Scotland Street, 6:30 pm registration, 7 pm Program, 8:30 pm Networking and Refreshments. Contact: Nancy Hummel, Chair, Felon Study Committee, League of Women Voters Williamsburg Area Cell 757 254-2536.

## Hey Neighbor! BENEFIT CONCERT FOR STUDENT MUSICIAN AWARDS

May 3, 2013

At 8 pm, "An Evening with Thomas Pandolphi" who performs the music of George Gershwin on the Steinway piano in Kimball Theatre. The concert benefits the Williamsburg Music Club's Grants-in-Aid Student Musicians Awards. Tickets are \$20. and available thru Williamsburg Music Club members or Kimball Theatre. For more information please access the WMC web-site at [www.williamsburgmusicclub.org](http://www.williamsburgmusicclub.org) or Sylvia Lynn 757-741-0006.

## Hey Neighbor! "FEMININE, FASHIONABLE, FLIRTATIOUS" FASHION SHOW

May 3, 2013

The Woman's Club of Williamsburg-GFWC is hosting a Fashion Show luncheon in the Ballroom at Colonial Heritage. Registration will start at 10:30 am, lunch served at 11:45 am, and modeling beginning at 12:45 pm. Raffle prizes, 50/50 drawing, and sample boutique. Cash bar available. For reservations, send checks in the amount of \$35 per person to The Woman's Club of Williamsburg GFWC, 107 Crownpoint Road, Williamsburg, VA 23185-4417. For additional information call Reservations Chair Jean Migneault at 220-0036 or [jmigneault@cox.net](mailto:jmigneault@cox.net).

## Hey Neighbor! 4TH ANNUAL PROJECT LIFE-

## Our Advisors Plan With Your Goals in Mind

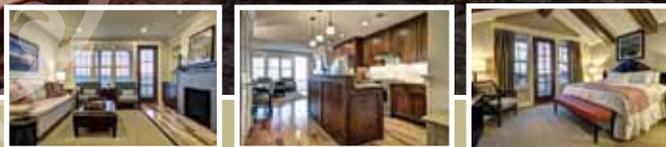


**WFG** | WILLIAMSBURG  
FINANCIAL GROUP

4365 New Town Avenue • Williamsburg, Virginia 23188  
757.941.2600 (phone) • 757.941.26011 (fax)

[www.WilliamsburgFinancialGroup.com](http://www.WilliamsburgFinancialGroup.com)

Securities offered through LPL Financial, Member FINRA/SIPC



## COTTAGES ON THE JAMES

### 18 Unique Resort Cottages

Featuring 3 & 4 bedroom plans, located riverside and within walking distance of all Kingsmill Resort's Amenities.

Model open 7 days a week. For tours call 757.253.3953  
or stop by our sales office 9 a.m. - 5 p.m. at the resort center.

*This is not an offer to sell, nor a solicitation of an offer to buy, to residents of any state or province in which restrictions and other legal requirements have not been fulfilled. This offer is void where prohibited by law. Exclusively listed with Kingsmill Realty, Inc.*

For more information register at  
[www.kingsmill.com/realestate](http://www.kingsmill.com/realestate)

**KINGSMILL**  
Resort Development



1010 Kingsmill Rd • Williamsburg, VA 23185



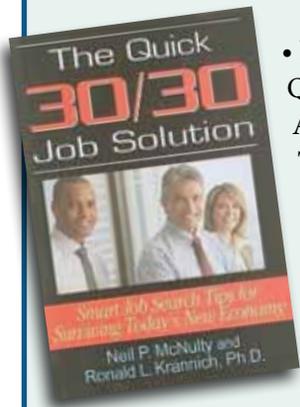
# YOU'RE INVITED

# 30/30

# Job Solution Seminar

**Friday, April 26th from 9:00 to noon**  
College of William & Mary School of Education

- Out of work, or needing a better job? Are you a college student seeking that first job after graduation? Is there a place you want to live but people say you can't get a good job there? Or, do you have a poor work history or think no one would hire you?
- On April 26th at the W&M School of Education, Neil P. McNulty, a nationally recognized employment expert, career strategist, and best-selling author, will explain how anyone can find satisfying employment near almost any point on a map, and in all economic conditions.



- Neil is the lead author of "The Quick 30/30 Job Solution" an Amazon, Barnes and Noble, and Target best seller about the "30/30 Job Search"...a unique process for finding satisfying employment within 30 miles of anywhere, and within just 30 days.

*This event is free to the public and sponsored by Literacy for Life and Davis Media.*



**To register, visit [www.WYDAILY.com](http://www.WYDAILY.com) and look for the button below.**



## SAVER CAR SHOW

May 4, 2013

From 10 am – 3pm, at Warhill High School, 4615 Opportunity Way, the James City Co. Police Dept. and the Classic Cruisers Car Club present the 4th annual Project Lifesaver car show. Registration is \$10.00 and a canned food item. The funds raised at the event support the police dept's. Project Lifesaver program. For information or questions contact Officer Todd Dill at 757-603-6025.

## Hey Neighbor!

**TREES ON THE WILLIAM & MARY CAMPUS**

May 4, 2013

The John Clayton Chapter, Virginia Native Plant Society, at 9:30 am presents a look at trees on the William & Mary campus, led by retired Botany Professor Dr. Marty Mathes, who was responsible for many of the plantings on campus. Register by contacting Helen Hamilton at 757/564-4494 or helen48@cox.net

## Hey Neighbor!

**WILLIAMSBURG CHORAL GUILD'S "AMERICANA"**

CONCERT

May 4-5, 2013

May 4 at 7:30 pm and May 5 at 4 pm. The program features a collection of folk songs, hymns and spirituals, with piano and organ accompaniment. At Williamsburg Presbyterian Church, 215 Richmond Rd. Tickets: \$15 in advance; \$20 (\$10 for students with ID) at the door. Contact 757- 220-1808 or [www.williamsburgchoralguild.org](http://www.williamsburgchoralguild.org) for information.

## Hey Neighbor!

**LIVE TO THRIVE - WOMEN'S HEALTH AND WELLNESS FAIR**

May 8, 2013

Free and open to all women ages 15 and older. Visit with numerous agencies that will be onsite offering various types of health screenings which may include glucose, blood pressure, body mass index, depression and HIV. Also win prizes by participating in the free raffle! The event will be held at the James City County Recreation Center (5301 Longhill Road, Williamsburg) from 2-7 pm.

## Hey Neighbor!

**LIONS CHARITY GOLF TOURNAMENT**

May 10, 2013

James City and the Newtown Lions Clubs are hosting a Charity Golf Tournament at Colonial Heritage, 6520 Arthur Hills Drive in Wil-

liamsburg across from the Pottery. Registration time is 8 am with men's and women's flights. The cost is \$300 for a Foursome and \$80 for Individuals. There will be a silent auction featuring North Carolina beach house stays, rounds of golf and much more. Proceeds from this tournament support sight, diabetes, and hearing programs in the greater Williamsburg community. For information, contact Dave Hartsough at: Harth2otec@aol.com.

## Hey Neighbor!

**"THE POWER OF SONG" CONCERT**

May 10, 2013

The Williamsburg Women's Chorus presents their spring concert, at 7:30 pm at Walnut Hills Baptist Church on Jamestown Road. The concert is inspired by the book "The World in Six Songs" by Daniel Levitin. The chorus will perform songs from the 6 categories which Levitin proposes are sung world-wide: Friendship, Joy, Comfort, Knowledge, Religion and Love. For ticket information contact Dianne, 757-903-4602-or Mdianna510@yahoo.com .

## Hey Neighbor!

**GRANTS AUDITION MUSICAL WINNERS AND SPRING LUNCHEON.**

May 15, 2013

The Williamsburg Music Club will host its Annual May Luncheon and present musical performances by the very talented Grants Auditions winners. The awards will be presented. Luncheon is \$18 at Windsor-Meade. Reservations required. Please contact Sylvia Lynn at 757-741-0006 or [www.williamsburgmusicclub.org](http://www.williamsburgmusicclub.org).

## Hey Neighbor!

**VIRGINIA CORRECTIONS SYSTEM COMMUNITY DIALOGUE**

May 15, 2013

Speaker: Mr. Harold W. Clarke, Director of Virginia Department of Corrections. The League of Women Voters Williamsburg Area is holding a series of Community Dialogues on Felony in Virginia. Free, public encouraged to attend. Held at the Williamsburg Library Auditorium, 515 Scotland Street, 6:30 pm registration, 7 pm Program, 8:30 pm Networking and Refreshments. Contact: Nancy Hummel, Chair, Felon Study Committee, League of Women Voters Williamsburg Area Cell 757 254-2536.

Visit [www.WilliamsburgNeighbors.com](http://www.WilliamsburgNeighbors.com) for more events.

*Williamsburg's*  
**IN THE  
NEIGHBORHOOD**  
photo challenge

**LACROSSE  
AT WISC**

Find the 12 differences  
between the original  
photograph (top) and  
the altered photograph  
(bottom).

**Enjoy!**



INTERMEDIATE LEVEL

**Look for the answers  
in the next issue of  
Next Door Neighbors.**

April 2013  
In the Neighborhood  
Photo Challenge





Real Estate. Reinvented.®

# NOW IS A GOOD TIME TO ENJOY A NEW HOME!



### THE VINEYARDS

2689 Jockey's Neck Trail offered for \$950,000

Stately 5 BR, 5 BA home on one acre lot on Lake Ajacan. 3 car garage and in-ground pool! Over 5,300 sqft., 2 staircases, office, music room, spacious gourmet kitchen whose dining area has floor to ceiling windows overlooking expansive water views .



(757) 869-5533  
amerika@lizmoore.com



### MONTICELLO WOODS

Seated at the end of a cul de sac & backing to a nature preserve offering spacious rooms & tremendous upgrades. Kitchen opens to Great room w/wet bar & wall of windows. 1st floor BR w/ full BA, MBR w/ gas FP. 3 add'l BRs, loft, bonus room. Outdoor living is the best: screen porch, Trex deck, paved patio. 3,222 sqft., 5 BR, 3 BAs. \$545,000.



757-503-1999  
Deelyn@lizmoore.com  
www.PremierWilliamsburgRealEstate.com



### QUEENS LAKE

Refreshed 3,127 sq. ft., 5 BRs, 3 full BAs & 3 finished levels. Upgrades include: extensive oak flooring, gas furnace, new interior paint, leafless gutters. Total kitchen renovation. Large maple top island, extensive cabinets, granite counters, 5 burner gas cooktop & Shaw farm sink. LR w/ FP & access to DR through new French doors. First FR opens to large deck. All BAs updated. Lower walk-out level has updated 2nd FR w/ new carpeting, gas FP, large laundry rm & 3rd BA. 2 car garage, private lot & charming tree house. MLS# 30033910. \$449,000.



757-876-3838  
susansmith@lizmoore.com  
www.lizmoore.com/susansmith



### 110 FORD'S COLONY DRIVE

*Ford's Colony*

This 5 BR, 4.5 BA, 4,535 sqft. brick masterpiece is beyond compare. Offering a wonderful balance of formal and casual spaces with extensive mill work, gorgeous hardwoods, artful tiling and a vibrant yet tasteful color palate. Serene front & rear porches overlook beautiful mature landscaping. \$699,000.



757-784-4317  
charlotteturner@lizmoore.com • www.homesbycharlotte.com



### 3724 CARLAS HOPE

*Monticello Woods*

Custom Built, Southern Living Monroe model! Beautifully appointed with gleaming hardwoods, chef's kitchen (3 ovens), extensive moldings to include transoms, tray and vaulted ceilings, wrought iron staircase railings, 1st and 2nd level Masters, leaded glass front door and screened porch. Upgrades throughout this 3,100+ sqft., 4BR, 3.5 BA, 1.5 story home! \$499,000.



Lorraine Funk  
lorrainefunk@lizmoore.com  
757-903-7627 Licensed in VA  
www.lizmoore.com/lorrainefunk



### QUEENSLAKE

Meticulously maintained, both inside and out, this beautiful 2,739 sqft., 4BR, 2.5 BA home has been lovingly cared for and sparkles from top to bottom. Freshly painted interior and exterior with new windows and remodeled Kitchen and Bathrooms. 2 fireplaces, gleaming hardwood flooring, granite countertops and S/S appliances....A MUST SEE! \$399,000.



(757) 291-9201  
dianebeal@lizmoore.com



### 3563 SPLITWOOD RD. • Stonehouse

4 BR, 2.5 BA. Open floor plan, cathedral ceilings, plantation shutters. Gourmet kitchen w/gas stove, granite counters and island. Large 1st floor master w/separate shower, jetted tub. Great room w/fireplace. Peaceful deck, lots of storage, auto back up generator. Move in ready. \$400,000.



Tim Parker  
(757) 879-1781  
Cyril Petrop  
(757) 879-8811  
www.timparkerrealestate.com



### 6512 LLOYD'S LANE

*James City County • Colonial Heritage*  
Full basement includes recreation, game & exercise rooms, plus 2 huge storage rooms. Spacious 1st floor master suite, stunning interiors, high end finishes and architectural details. Upgrades include whole house natural gas standby generator & water conditioner. \$376,700.



Ken Mitchell  
Always Focused on The Finish Line  
(757) 903-8535  
(800) 825-2707  
kenmitchell@lizmoore.com